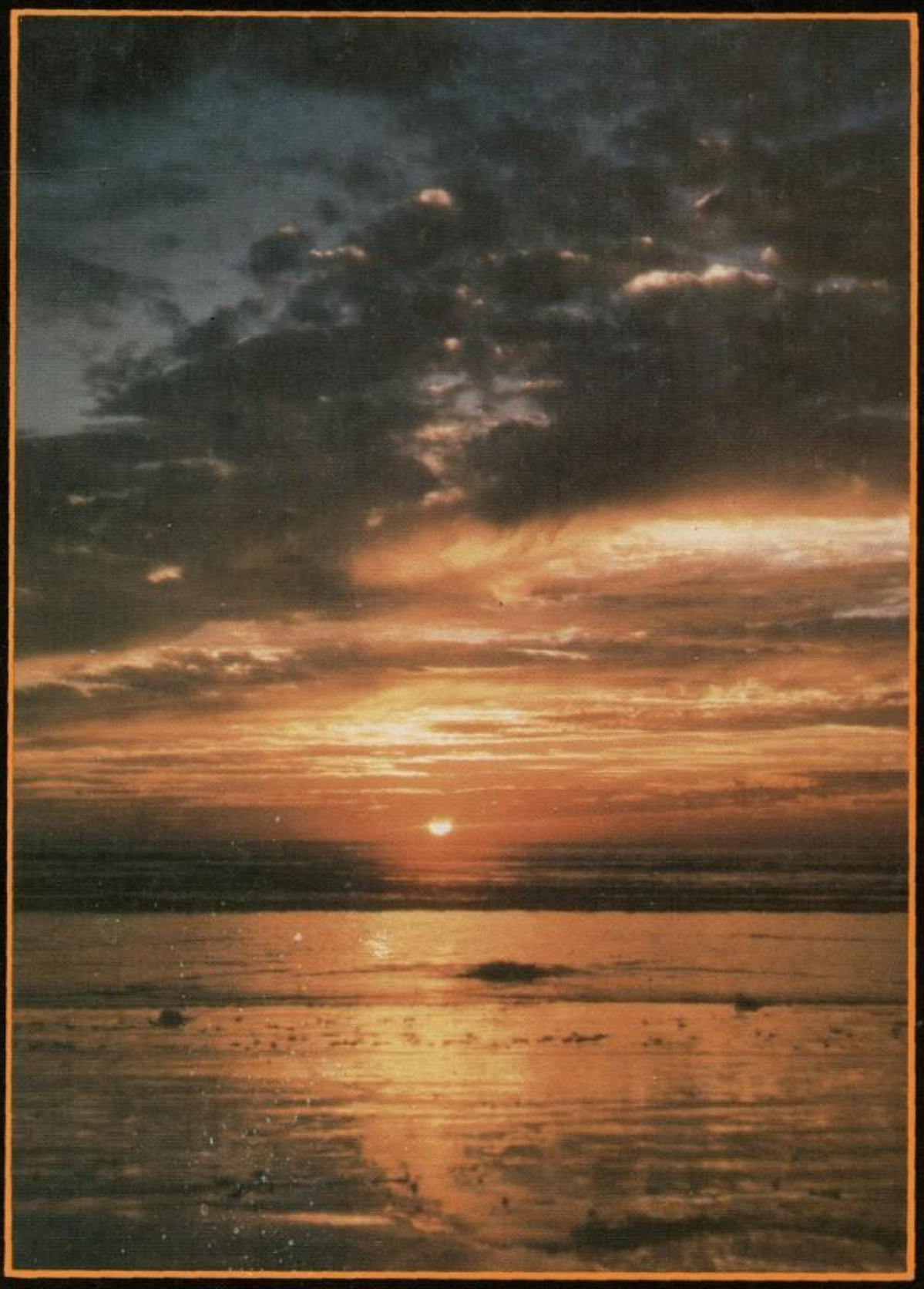

Emilyn C. X. Fernando L.

Fernando G. Laguda Class of "82"

HORIZON '80

This book belongs to:
Fernando Laguda

Hi, Fernando,
you don't know
me but Hi

Fernando,
nice art work
friend. Your
right a lot
life (a hu
tiel to be
ra
next year

Fernando,
it was really
having you for a
music! You has
of happiness
will how
a big journey

Fernando, Es una
pena que no
estemos en la
misma clase
pero espero
que podamos
ser amigos
para siempre
Bye

Hi Fernando,
Que tal?
Yo estoy
bien
Me gusta
mucho
la música
Adios

Hi Fernando,
Como estas

Fernando
I really don't
know you, but thats ok you're
still a very nice person, and hope
to get to know you better, so mean
while stay kool and out of trouble
Have a nice Summer

LOVE
Eva Knight
Class of "81"

Fernando,
I'm really glad
I got to know you this
year, although I really
don't know you all that
well. Hopefully we can
become better friends next
year.
Take it easy this
summer.

Love,
Terri Prewitt
"81"

Thanks -
good luck next
year at mc keep
a cool And Feet like
a butterfly And Stings
like a beeyatch
Paul Bleary

JOSE',
THANKS FOR
LESSONS DUEING THE DANCE
DAYS ☺. HOPE THAT YOU
PASSED WHATEVER CUSS
THAT YOU WERE DETHINKING
I'M SURE
P.E.

FERNADO
Hold on - Be Strong
Jose

Fernando -
Well - boy, finally it's over
is over!! It's y'all we graduate
didn't do much talking!
But, last year we sure did!
& hope you remember and
cherish all of the good and
bad-times we shared!
Don't ever forget me!

Take Care Buddy.
Lewis
Salvato

Dear Fernando,
I really don't know you very
well, only that you are kind
nice, and a Junior. But from
just knowing you a little, you
are a cute darling sweet guy.
I hope this letter finds you
well during your departure
do ya rectal, have a great
summer.

reserved for Victor

4/11/80

FERNANDO,

WELL BUDDY, IT'S BEEN TWO YEARS OF FERNANDO AND VICTOR DOING THINGS TOGETHER. I KNOW WE DIDN'T QUITE DO TO MANY THINGS TOGETHER THIS YEAR, BUT DON'T WORRY, WE STILL HAVE THE SUMMER TO GO. AS A MATTER A FACT WE REALLY DIDN'T TALK TO MUCH THIS YEAR EITHER. THAT WAS KIND OF BOTH OUR FAULTS THOUGH. I WAS TO BUSY WITH STUDIES AND WORK, YOU WERE BUSY WITH WEIGHTS AND GIRLS, OR SHOULD I SAY THOSE MIRA MESA "WOMEN!" I'M NOT SAYING I DIDN'T WANT TO TALK TO YOU BUT YOU KNOW YOU AND ED & CARLOS GOT PRETTY TIGHT SO.... HEH IT'S COOL, WE'RE STILL THE BEST OF BUDDIES HERE AT P.Q. YOU KNOW HOW HARD IT WAS FOR ME TO SIT DOWN AND RELATE. WITH THE FILIPINO GROUP, IT WAS BECAUSE EVERYBODY HAD THEIR LITTLE THINGS GOING ON, AND I DIDN'T WANT TO GET INVOLVED. BESIDES I REALLY DON'T KNOW ANY OF THOSE FILIPINO'S ANY MORE. BUT I KNEW IF ANYBODY SAID ANYTHING ABOUT ME, I COULD COUNT ON YOU.

WE REALLY HAD SOME FUN TIMES. DO YOU REMEMBER SNEAKING OUT, PLAYING FOOTBALL ALL SUMMER, GOING TO THE BEACH, LEARNING DANCES, LIFTING WEIGHTS, PLAY BASKETBALL, PARTIES, FIGHTS, BUT MOST OF ALL, "BECOMING TIGHT BUDDIES! HEY, YOUR A FRIEND I CAN COUNT ON. THERE WERE TIMES WHEN WE GOT INTO OUR DISAGGREEMENTS BUT WE WERE ALWAYS BUDDIES.

NOW FERNANDO, ED AND I WON'T BE THERE NEXT YEAR SO I HOPE YOU AND CARLOS TAKE CARE OF EACH OTHER, ESPECIALLY YOURSELVES. HEY, IF THOSE FILIPINO'S WANT TO TANGLE WITH ALL THE WHITE BOYS THEN LET THEM, YOU DON'T HAVE TO GET YOURSELF INVOLVED. JUST TALK TO HURST OR HOLIGAN! I'M SURE YOU'LL BE ABLE TO TAKE CARE OF YOURSELF. BUT TAKE CARE OF BIG MEAN VAL[redacted] OOPS TOO. I HOPE YOU FIND YOURSELF FERNANDO, BECAUSE YOU HAVE A HEAD ON YOUR SHOULDER, NOW ALL YOU HAVE TO DO IS USE IT! DON'T DITCH CLASSES ANYMORE BUDDIE! IF YOU WOULD JUST UNDERSTAND THAT IT WILL WORK OUT FOR THE BETTER. FERNANDO, YOUR VERY MATURE FOR YOUR AGE, ATLEAST MORE THEN I WAS, BUT YOU SEE YOUR EASILY INFLUENCED, YOU SHOULD THINK THINGS OUT THEN OVER AGAIN! BUT DON'T MAKE A MISTAKE TWICE! YOU'VE REALLY BEEN A GOOD TIGHT FRIEND TO ME. I HOPE THAT EVEN IF I GO AWAY TO COLLEGE WE REMAIN CLOSE FRIENDS FOREVER! DON'T WORRY I WON'T GET PREGNANT OVER THERE EITHER! I'M A WANDERER! WE REALLY HAD SOME GOOD TIMES FERNIE! AT RON WOULD SAY! I'M GLAD YOU DID MAKE THAT DECISION TO TALK TO YOUR PARENTS INSTEAD OF LIVING IN SAN FRANCISCO LIKE A HERMET!

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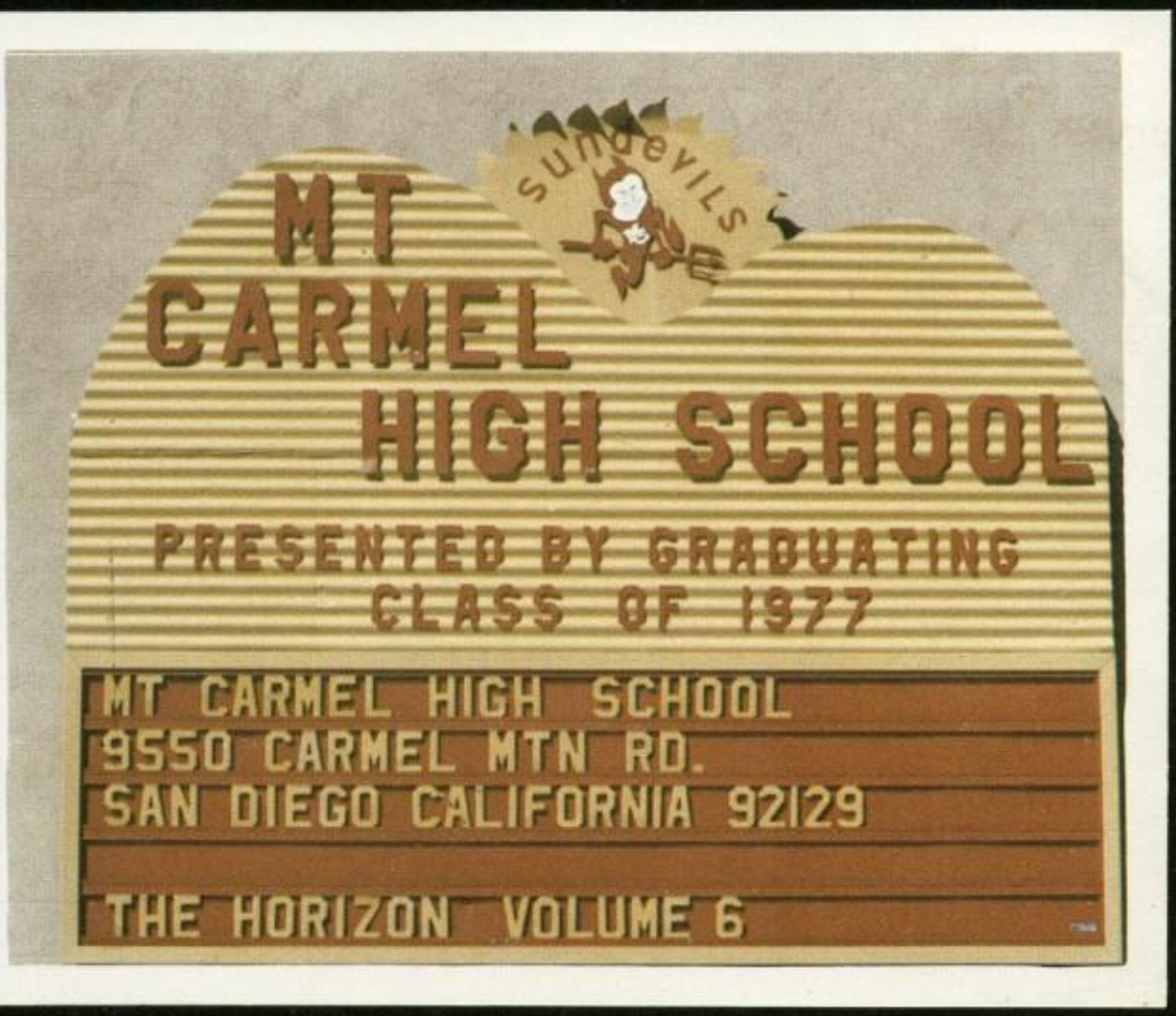

THE HORIZON
Volume 6, '79-'80

WHO AM I?

reserved for Valerie

Hey cutie well this year is over and it was pretty good. Well there was a lot of bizarre stuff that went how things go. I'm glad that I got to know you this year, I've known you for two years now but we never get to talk like we do know. I hope that we can get a lot of class together next year. I really enyoyed learning yer suzie and cynthia in my P.E class. I just hope that yall don't forget me this summer like every one else will. Suzie never calls unless she want some homework but there is no more school left so no one will call me. Well I know that we will have a hell next year because were the best. Don't forget to call me this summer. I hope that we can go to some parties on one of my Romatic Nights. They are so great ask any body

'80

I wish yer luck this summer.

love Valerie Bowens

reserved for Cynthia

Hey Kid!

Well, Kid its almost ~~the~~ end of the year and it was a pretty-good year and I enjoyed your friendship this year because your a super-~~good~~ groovey guy and I hope that you get every-thing in life that you so rightly deserved. I know your boogie-board will get good use this summer!! I hope we have some classes together next year and hopefully the people won't be so bad and more people can become friends and people can Keep a smilin' like me!! :-)!!

I really didn't want to write all over the girl, but I'm running short of space, but hey! You take-care of your-self and Keep in touch - 484-3004

Well, I wish you lots of love and happiness in the years to come.

With Love Always,

Cynthia

I AM . . .

. . . BEGINNING 6

. . . A COMPETITOR 16

. . . LEARNING 78

8/7/80

Fernando,

Hiya? So how's everything with you? Well I just knew you for a short while, but that's good enough with ME? I remember the first time I saw you, I thought that you were Kirk Dequz[illegible] that? I kept asking Emilyn Kirk? I guess I made a Oh well now that I know are? I just wanted to say nice meeting you? You're a very cute? Sometimes you crazy? Trix?

Sorry about if you were big mistake? Who you that it was really sweet get really

Oh Yeah? Thanks

156 real fun ride. . HISTORY

for that you gave me the last time you came over? I mean that was really fun going to the Ice Cream not buying nothing & back had a trip? Trix? Am I in? Sorry?

shop and home? I really rubbing it what else yourself & you guys you too for a

Well I don't know to say but to take care of Emilyn? I really wish a lot of luck? I hope will stay together

166 . . . INVOLVED

long time? Don't fight over small things? Oh yeah? Good luck with your job future? Good luck in with your parents? See time you come down?

& your school & the next Ba-Bye?

Luv ya,
Marilou

218 . . . IN CHARGE

P.S.
So when are we ever gonna go cruzing?
Trix?

Hi there Fernando?

. . . SEARCHING

for self indentity and self worth occupies a considerable amount of time during the high school years. It is a time when acceptance and friendship are an important part of life. For some, identity is established by the group, the team, or through experiences shared with a "special" someone. For others "Who am I?" is a question answered only through constant personal struggles and challenges. But we are all unique — unlike anyone else. Where personal happiness and satisfaction are found depends as much on the individual as on the circumstances surrounding us. Individual worth is measured not by appearance, material possessions, or even group membership. Worth is defined by attitudes, by talents that are put to use, by goals that are set and achieved, and by kindness and acceptance extended toward others.

Throughout the year at Mt. Carmel we were provided with the challenges and the opportunities to help define who we are, to determine our worth, and to extend to those around us the kindness and understanding that help shape our little world.

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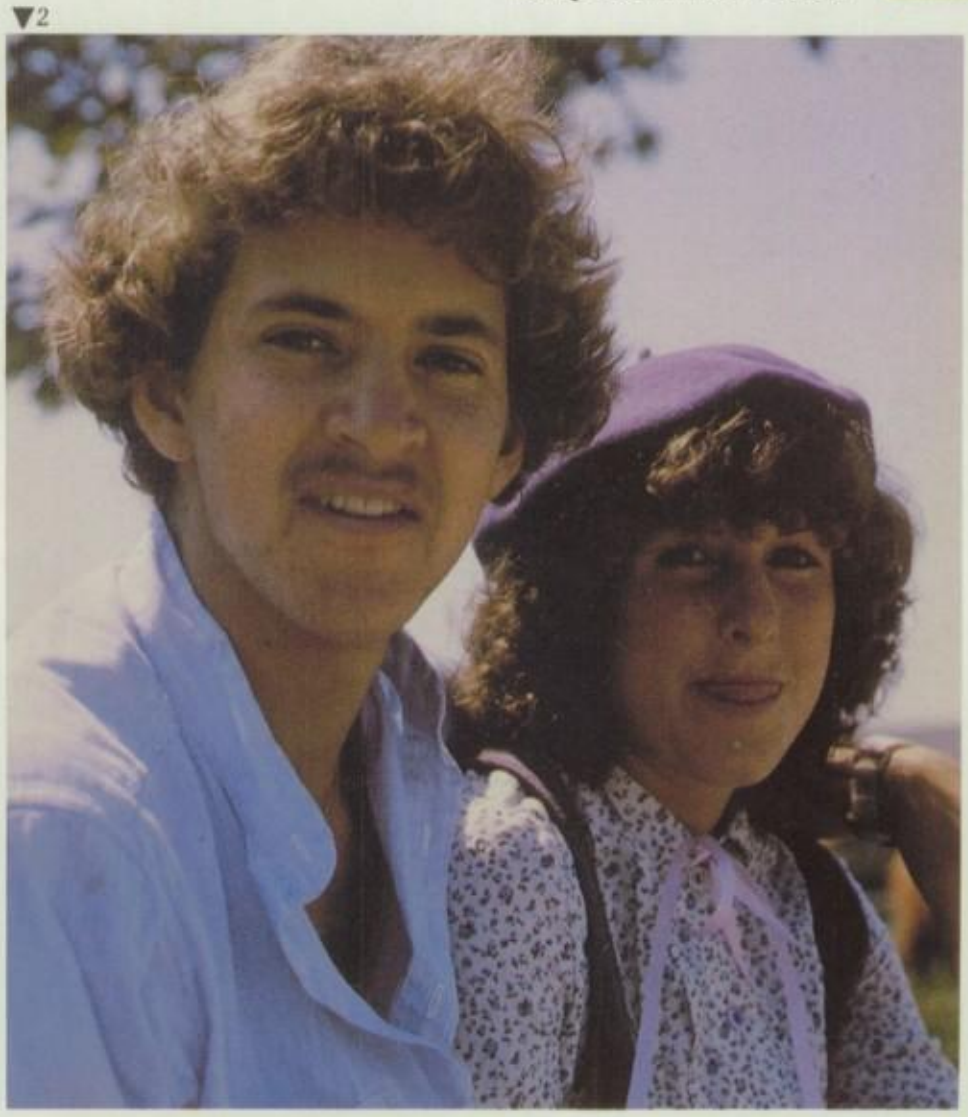

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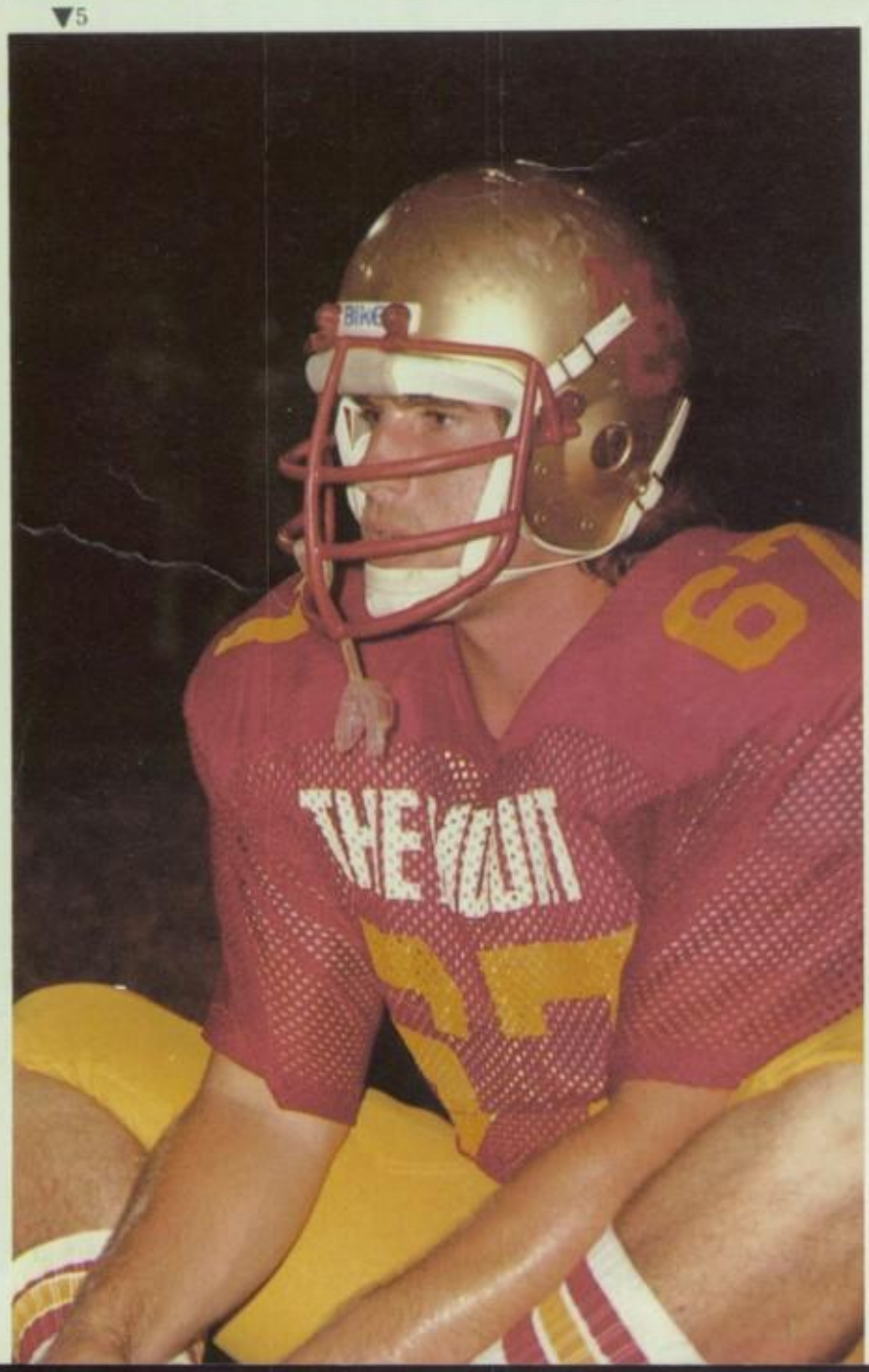
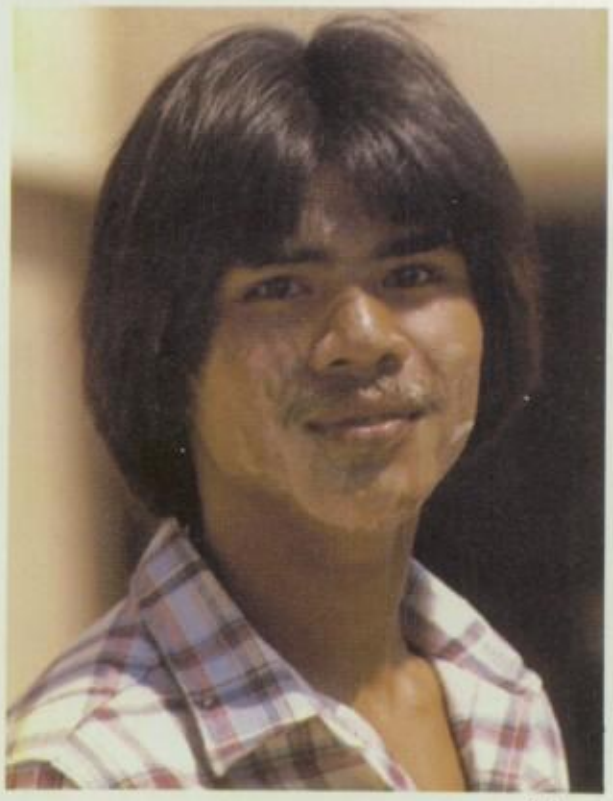


1. Joan Embick and Debbie Seale pose as Raggedy Ann and Andy on one of the many dress up days held throughout the year.
2. Taking time to soak up a little sun and enjoy each other's company are Rob Aquais and Cheryl Corindia.
3. If you can't go to the beach for a picnic, try to bring part of the beach to you. A "surfer" cake helped Bonnie Hendrickson and friends get in the beach mood.
4. Members of the freshman football team take a little time to tell their friends just how good they really are.
5. Preparing for the game against Poway involved both physical and mental conditioning for Kerry Provence.



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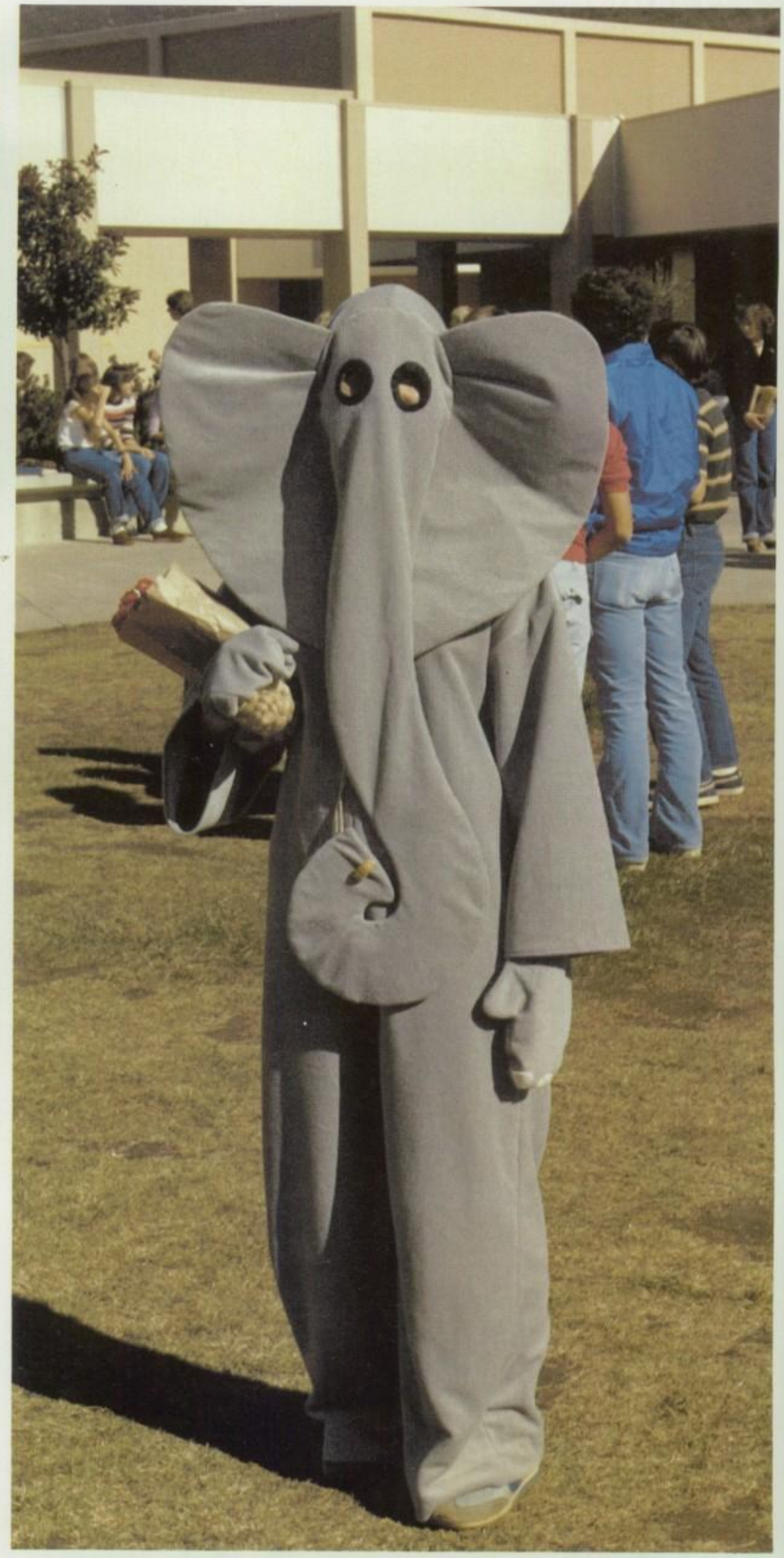
. . . PARTICIPATING

in activities at noon time helped break up the monotony of the day. Lunch activities encouraged students to throw food at an individual instead of into a crowd. An example of this was the egg-dropping contest in which the "bomber" often appeared to deliberately miss the target. For those interested in role reversal, there were the girls' tug-of-war, and the performance of guy cheerleaders. Fashion conscious students had ample opportunity to display their taste on hat day, color day, Halloween dress-up day, and the theme days during Spirit Week. The ability to consume large quantities of food also were tested in the banana split building and eating contest, the baby bottle feed, and the caramel-apple contest. For those who were able to survive the weekly competitions, there was Homecoming to enjoy.



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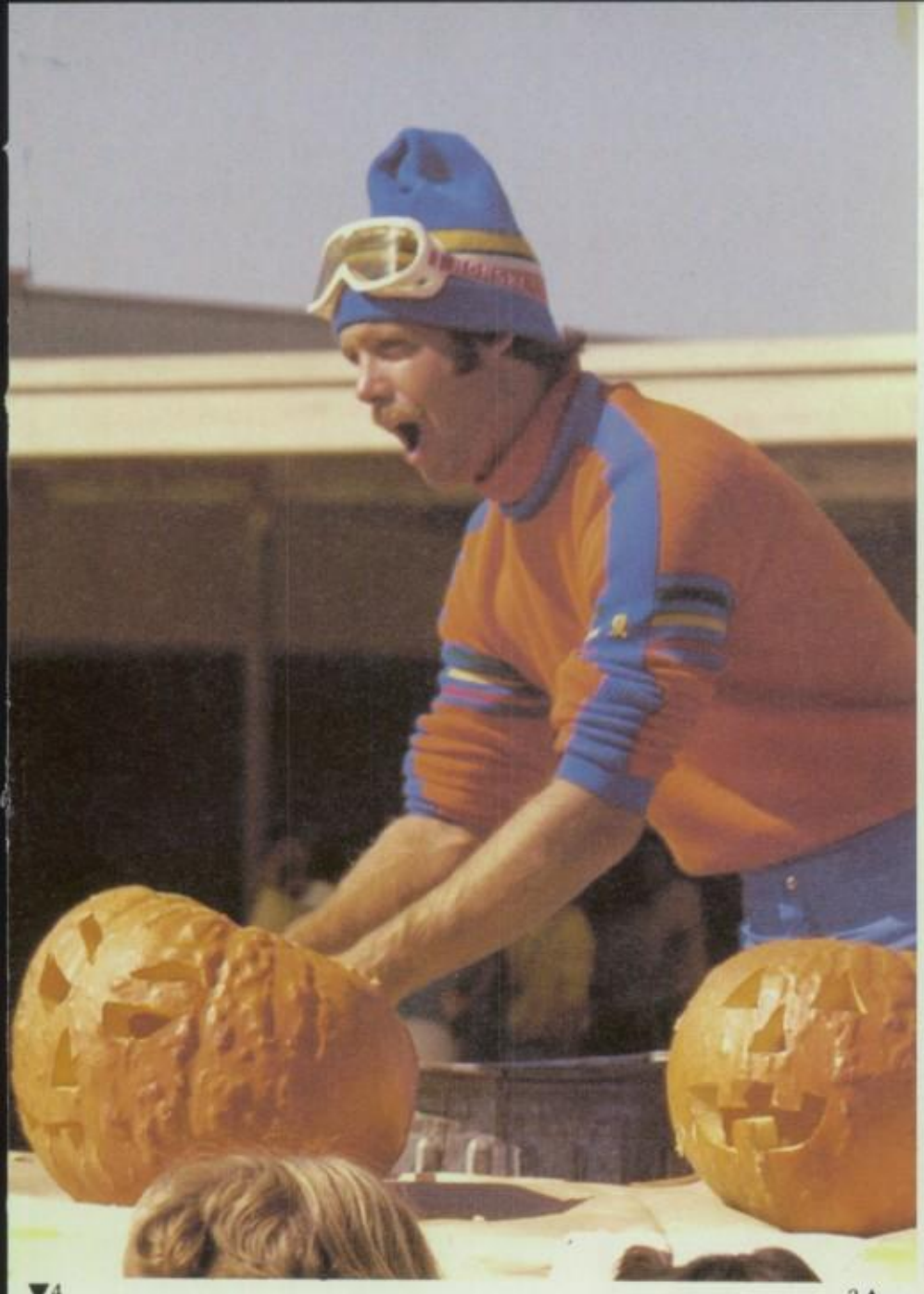

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1. The banana split eating contest left its mark on the face of Rod Gaerlan.
2. The elephant in search of a memory and some extra peanuts was Julie Christensen, who took part in the Halloween festivities.
3. A.S.B. Advisor, Brad Johnson, got his hands in the pumpkin carving contest as a member of the faculty team.
4. Elaine Aufderheide found herself all wrapped up in the class competition as a participant in the mummy wrap.
5. Hat Day allowed Donna Sanchez the opportunity to reveal her real cowgir! nature.
6. The egg drop proved to be the messiest of the competitions as shown by the face of the freshman competitor.

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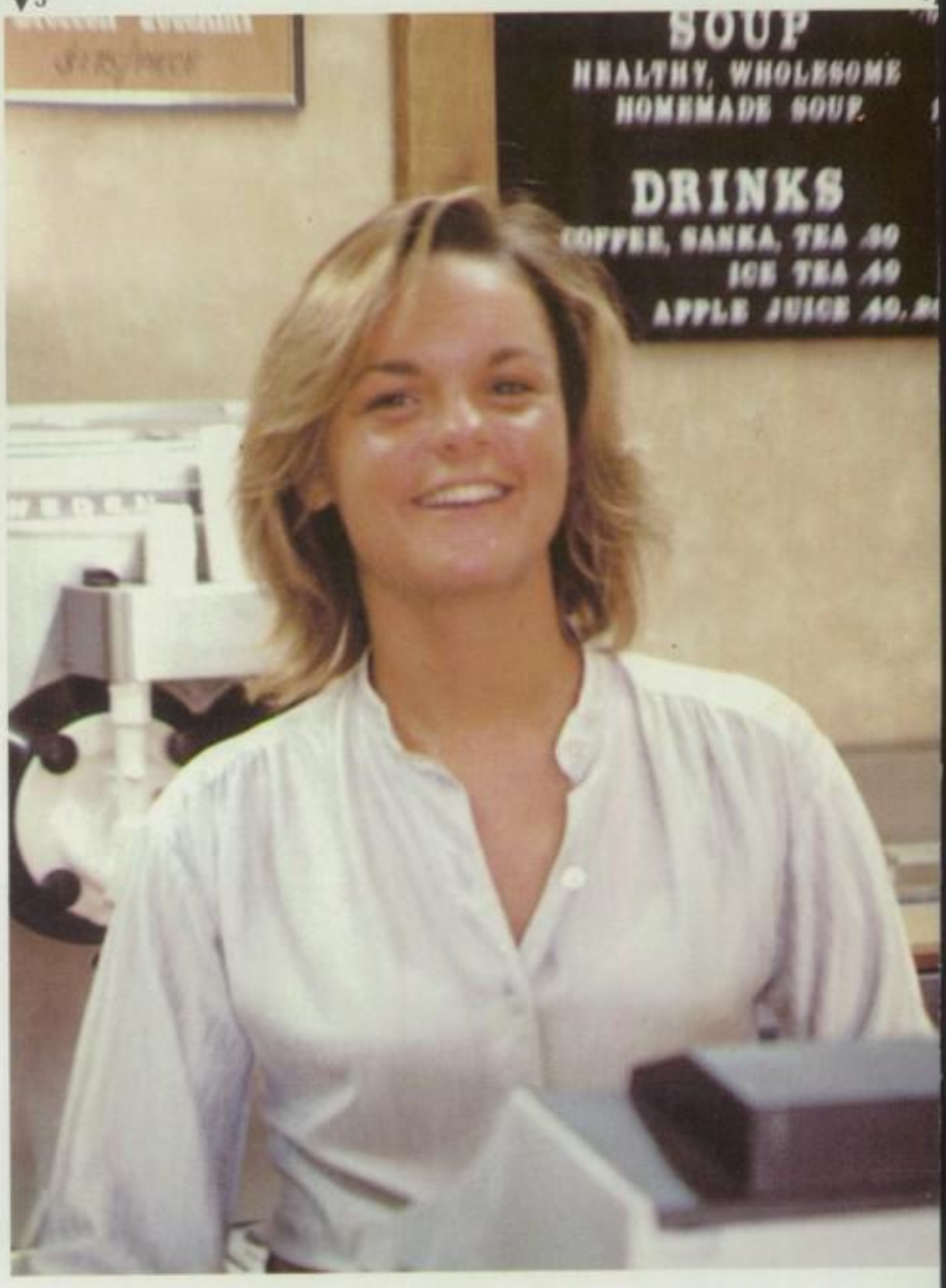

1. This scene is typical of how some Mt. Carmel students spend their time.
2. A great amount of time was spent by Mt. Carmel students waiting for the bus.
3. Denise Coulter earned her extra money by working at Yogurt Country.

. . . INVOLVED

in a variety of activities outside the school, Mt. Carmel students often reflected the life styles and forces that are a part of the Southern California scene. While most transportation was provided by our own brand of busing, (85% of the student body relied on this to get around), the need for a car was always a constant. To accomodate this, and to keep up with the rising cost of gas, 10% of the student body held jobs after school. These varied from gas stations attendants and clerks, to baby sitting and hostessing at local restaurants. For entertainment the "in" place was the famous Moonlight State Beach. On a given weekend, and occassionally a school day, a number of students from Mt. Carmel could be found enjoying the warm California sun among other things. In addition, interests of the students included horses, hang gliding, surfing, dirt biking, and cruising down Valley Parkway in Escondido.

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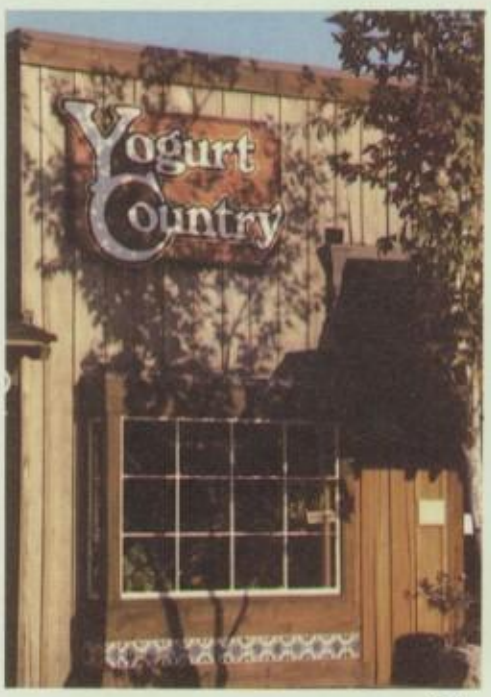

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1. On any given day, many of Mt. Carmels students can be found at Moonlight Beach.
2. Robin Kruth awaits the opportunity to help another customer.
3. Yogurt Country is where many of Mt. Carmel's students stop in for quick snacks.
4. One of Misty Young's many duties at Boise Cascade is to answer the telephone.

. . . RECOGNIZED

for their contributions to Mt. Carmel, Bill Beane and Kathy Riley were chosen by the student body to reign as king and queen over "Homecoming 79." The theme was The 21st Century, and activities were planned around different decades of the century. Floats, skits, and dress-up days each recalled a period in American history.

The freshman class dealt with the 80's, and their float portrayed the sun as the energy source of the future. The freshman prince and princess were Pat O'Brien and Alina Lewis.

Royalty for the sophomore class were Kurt Schlegel and Galyn Donaldson, and their float, "Rock Around The Clock" was a replica of the malt shops of the 50's. For their theme, the junior class chose the turbulent 60's and was depicted by their float "Death Mobile" from the movie "Animal House." Reigning over the class were Steve Walker and Karen Webb. The senior float, a replica of a victrola from the 20's, preceded the senior court. In addition to the king and queen were Kerry Wallace and Kathy Brewster, and Steve LaMarca and Bonnie Hendrickson.

Highlight of homecoming was a fireworks display which lit up the Poway skies, and a surprise appearance by a helicopter dropping 1,500 red and yellow carnations into the stands. Also featured was a reception following the game for returning alumni.

The entire evening ended on an unbelievable note as Mt. Carmel defeated previously unbeaten Orange Glen, 21-16.

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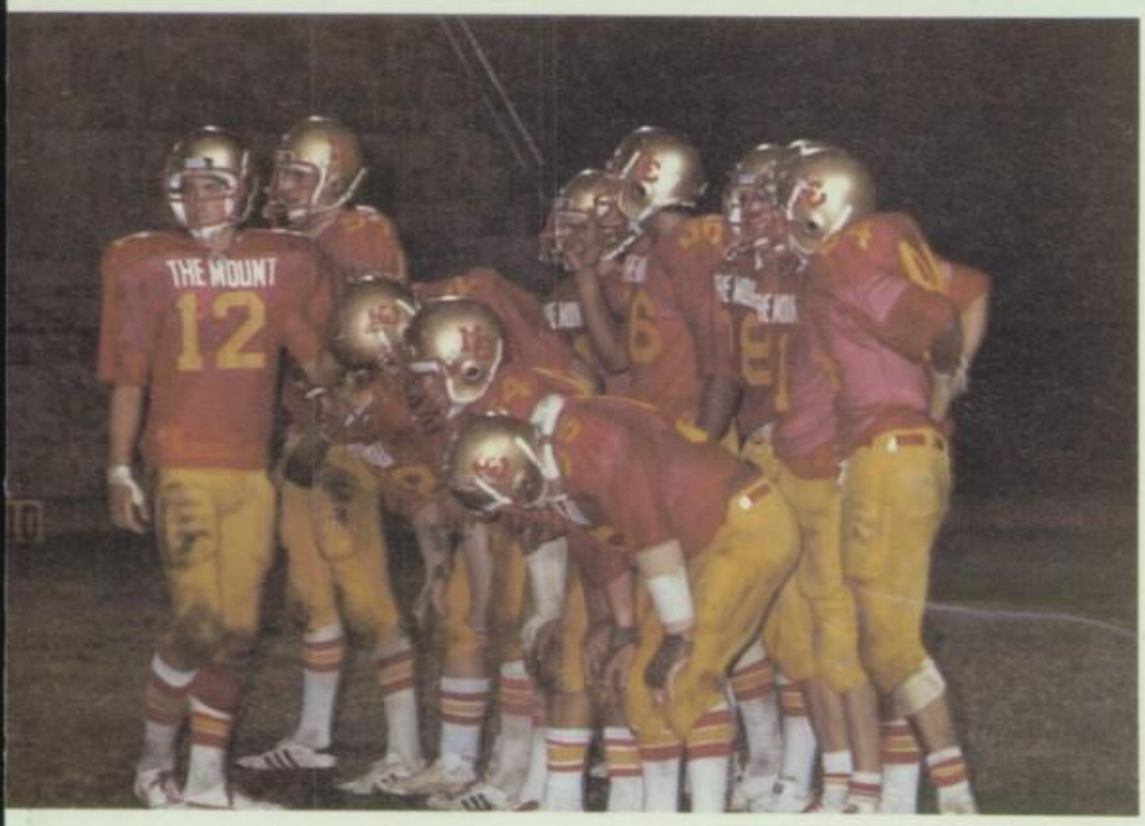

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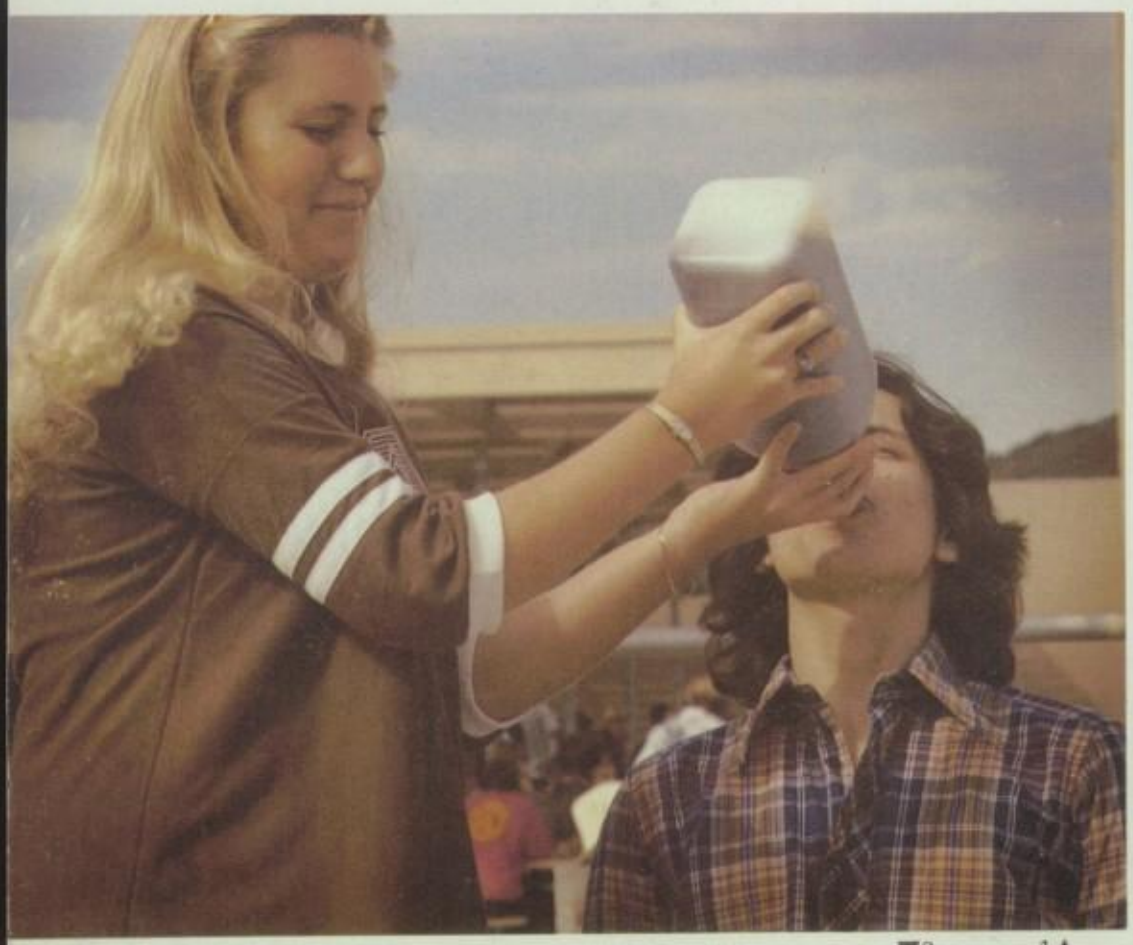
1. Kathy Riley and Bill Beane nervously approach the stage for the announcement of King and Queen.
2. Varsity football players return to the field after half-time activities.
3. Ingrid Robinson delivers the carnations which were sold as part of the Homecoming activities.
4. The theme of the Sophomore float depicted the "fifties."
5. Offensive players receive their plays from quarterback Todd Landreth.



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1. Denise Gentry feeds Mike Winters rootbeer during one of the festivities of Homecoming week.
2. Dawn Fuesi sings "Evergreen" at the Homecoming game.
3. The freshmen proudly display the homecoming float "Energy for the 80's."
4. Junior Class Prince and Princess, Steve Walker and Karen Webb, happily walk across the field.
5. The "Death Mobile" from the movie "Animal House," was represented by the Junior Class.
6. As Dawn Feusi displays her singing talent, the 1980 Homecoming Court looks on.

"83 is Still the Way!!
E.C.

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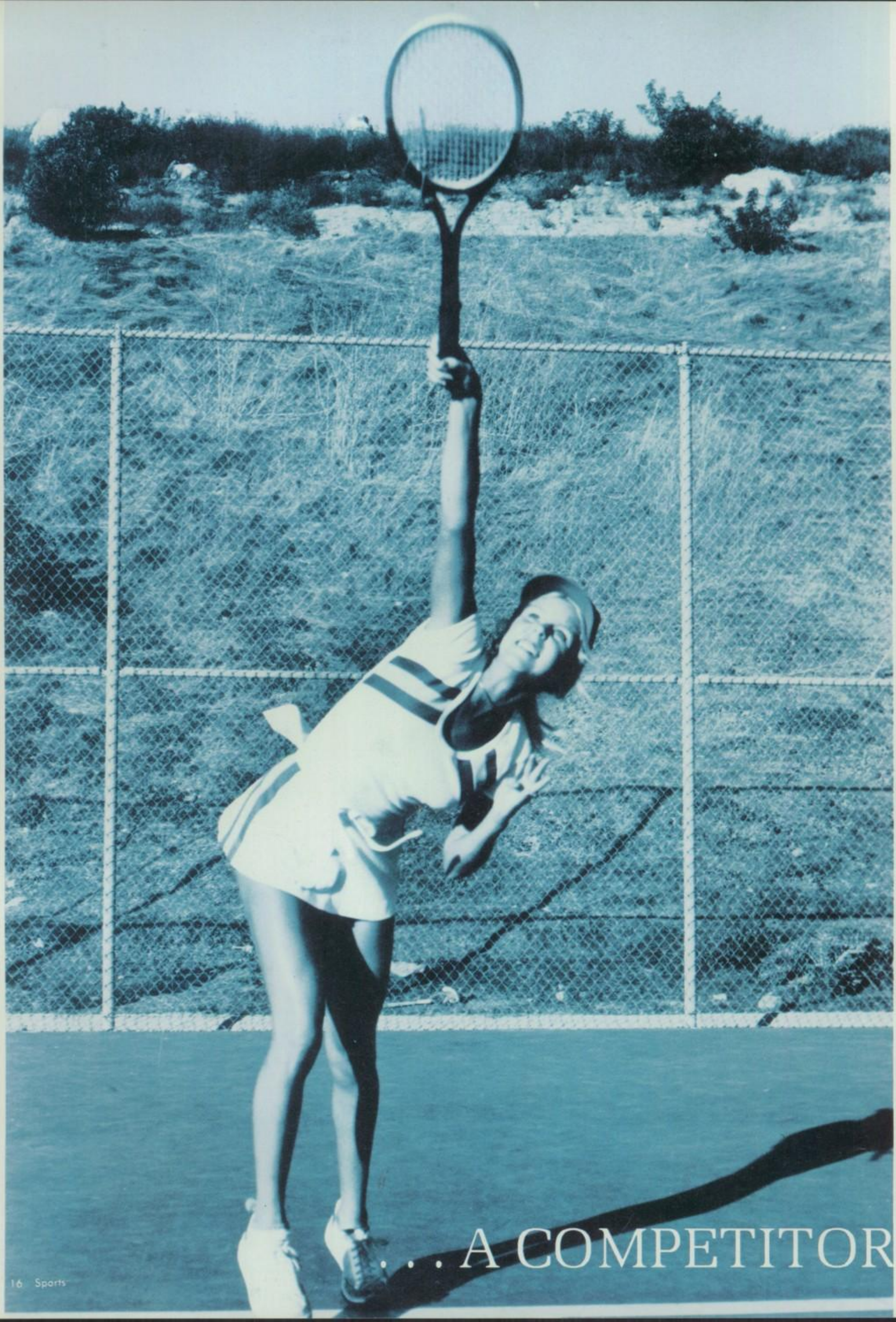

. . . A COMPETITOR

Competition is a contest between people, each seeking the same goal. This goal may be to win, but this is not always the case. Being a competitor demands arduous training, character and dedication, and trying to achieve this may be one's true goal. Motivation is the key to sacrificing the many hours of training for a competitor's goals. For many of Mt. Carmel's athletes, it is the striving that counts. There are no short-cuts in trying to do your best, but there is great satisfaction in doing the best one can. Whatever the situation, whether it be athletic or scholastic, it has meaning for all of us. This past year, Mt. Carmel High School formed a league with other schools in the North County. The Palomar League is proving to be one of the most competitive in all of San Diego. The other schools include Vista, Fallbrook, Torrey Pines, Orange Glen, and Poway.

1. Pregame activities allowed Tim Sinclair the opportunity to prepare emotionally for the game.
2. Mandi Galt "fires one over the plate" on one of the few dry days during the softball season.
3. For Jim Kruse, the race wasn't over until the final sprint for the finish line.
4. Wendy Harter added a dose of intense concentration in her speciality.
5. In a sport that features strictly one-on-one competition, Jim Bellarosa prepares to meet his opponent on the wrestling mat.

3▼ 1▲

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Togetherness Key to Spikers Wins

Togetherness was the key to this year's volleyball team, finishing a fine season with an 8-4 record and second in league. This advanced the spikers into CIF play, where unfortunately they were eliminated after the first round. Still, the Mount's volleyball team ended up in the county's top eight teams.

Pam Myers was selected as the team's most valuable player while also making the All-League first team. Wendy Harter had a great season as she improved greatly. Two most inspirational awards were given out; this year being Lisa Miranda and Miki Quaresma. Overall, it was a very together team and big things are expected of them next year.

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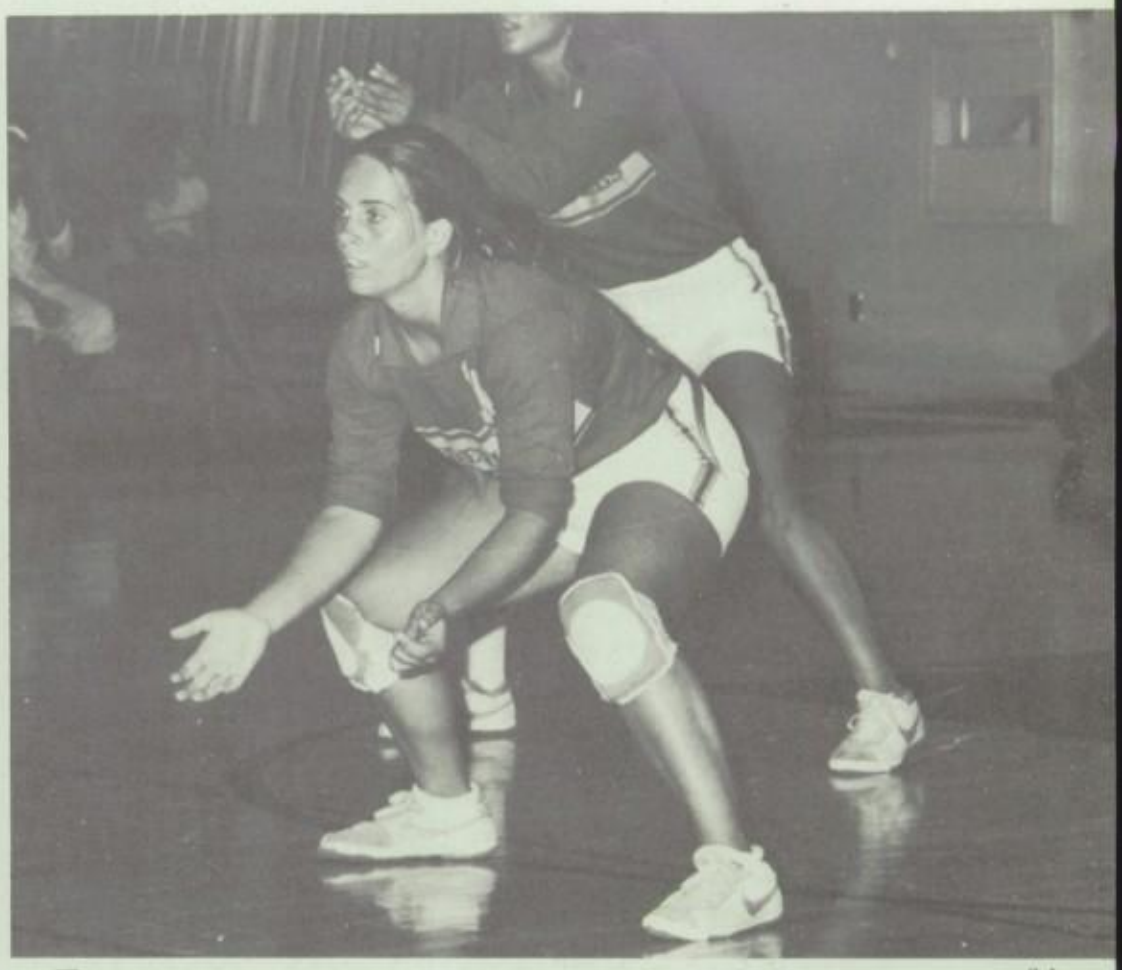
1. JV Volleyball: Row 1: Coach Oliver, Rita Helm, Mary Beth Holmes, Lauren Harter. Row 2: Mandy Galt, Allison Coleman, Joanne Sherman, Joy Hussain, Terry Orr, Kim Warner, Julie West, Barby Krainock, Becky Rodriguez.
2. Team spirit is enhanced as JV members congratulate each other after a play.
3. Becky Rodriguez bumps the ball to other team members as they watch in anticipation.

3▼



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1. New varsity member Amy Gale has been a driving force to this club with her consistent all-around play.
2. Miki Quaresma is ready to take on anything that comes her way.
3. Chris Beane, a 95% successful server, prepares to drive one down her opponents throats.
4. Varsity Volleyball: Row 1: Pam Myers, Penny Chelios, Miki Quaresma, Cheryl Corindia, Amy Gale. Row 2: Coach Charlebois, Patti Jo Defabio, Chris Beane, Wendy Harter. Row 3: Michelle Burnett, Lisa Miranda.

1. Terry Fassbender and Connie Trask finish together.
2. Denise Coulter prepares to drive up the hill.
3. Row 1: Karin Hochberg, Lucy Roster, Nancy Hanks, Kim Morgan, Monique Price, Susie Trask, Kathy McCabe, Terry Fassbender. Row 2: Kathy Canyon, Carol Bojador, Karla Stout, Dawn Posey, Dawn Kay, Meredith Tyra, Connie Trask, Caryn Bement, Denise Coulter, Tracy Barber, Linda Miller, Jodi Bellarosa. Row 3: Coach McClanahan, Rona Fuller, Tia Pistilli, Janice Leakes, Eva Knight.

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Harriets Fail in CIF Attempt

Chances for a third consecutive girls' CIF cross country title were reluctant this year as the Mt. Carmel Harriets had to run in a larger and tougher division. They finished a close second to Vista in league action while finishing fourth in the 3A CIF championships.

The team was well led by two juniors, Terry Fassbender and Susie Trask throughout the season, while Connie Trask was hindered by illness and injury. Newcomers to the varsity team included Monique Price, Kim Clausen, Cathy Canyon, and Tracy Barber.

This was accomplished by long hard miles off ánd during the season. Although this may appear to have been an off-year for our usually powerful harriets, all but one varsity member will return next year to try to regain that CIF title.

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1. Transfer Kathy Canyon gets a little help after completing the grueling two mile course.
2. During the Poway race, Caryn Bement rambles to the finish.
3. Coach McClanaspam lectures on the finer points of running.
4. Top runners Suzie Trask and converted swimmer Monique Price converse after their race.

1. Richard Gaboury runs the difficult hills.
2. Straining to pass his opponent is Mike Tansey.
3. Cross Country Team: Row 1: Mark Williams, John Witcher, Eric Koch, Rick McKinney, Jim Gaboury, Eric Reyes, Alex Bukoski, Jeff Senkir. Row 2: Coach Cummings, Ken Scott, Mike Cates, Doug Cook, Mike Whitton, Pat Bojador, Chris Payton. Row 3: Chuck Beeson, Doug Small, Jim Kruse, Mike Tansey, Ernie Price, Richard Gaboury, Tom Keegan, Joe Dimapilis, Percy Bojador, Bill Hazard, Steve LaMarca.

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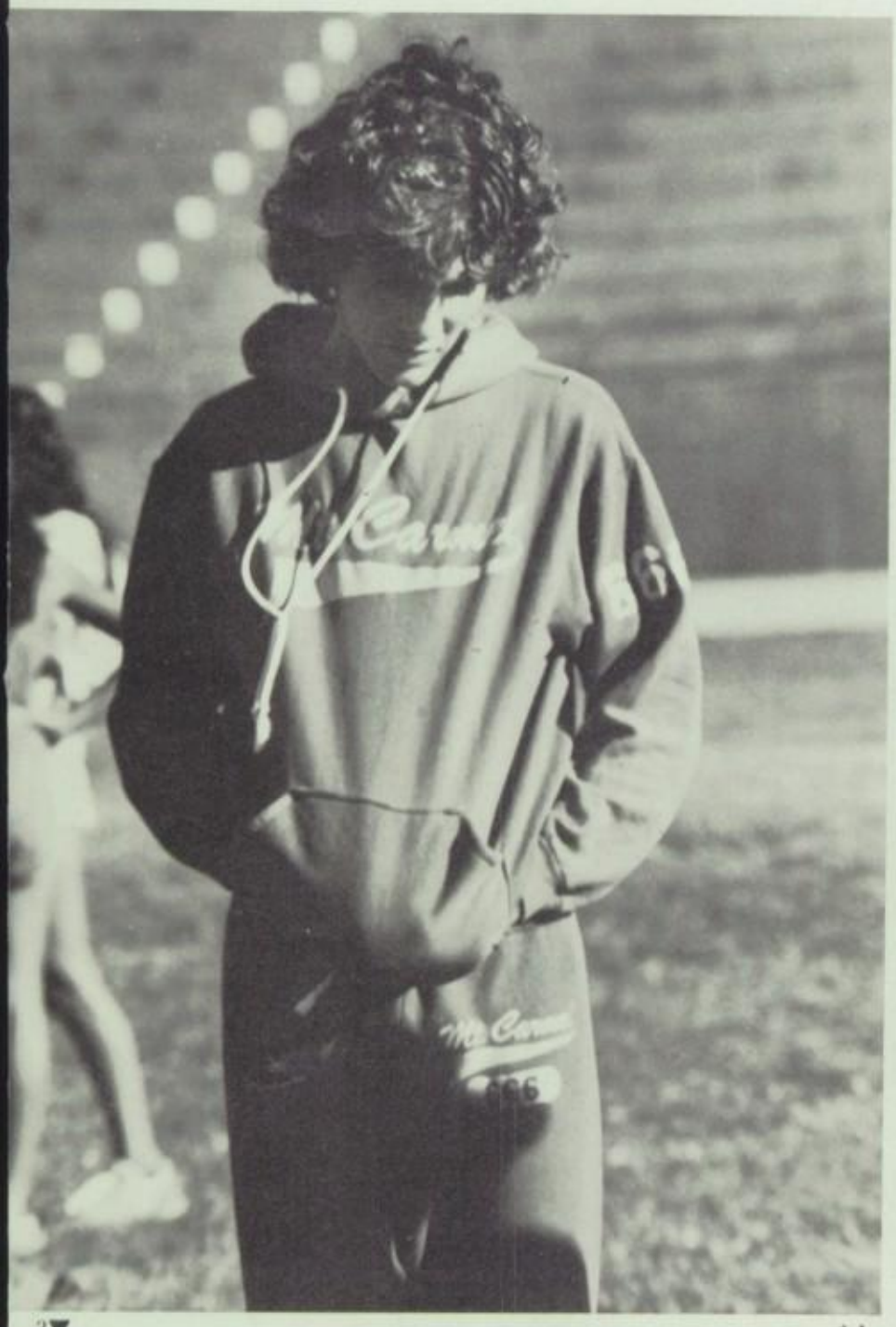
End of Season Hampered by Colds

Although their league record of 4-2 doesn't show it, this was probably Mt. Carmel's finest team ever. The Harriers were amongst the top four large schools division teams in San Diego, after finishing third in both the Southbay and Pt. Loma Invitationals. But the varsity's worst opponent was illness; many of the top runners had colds at the same time at the worst time of the season: league finals and CIF competition. Despite their ailments the Mount still managed to finish within the county's top ten teams.

Leading this year's team were Percy Bojador and Ernie Price, while consistently finishing high in the standings was a greatly improved Richard Gaboury. Other standouts included Bill Hazard, Chuck Beeson and Jim Kruse. Coach Cummings feels that next year's team will be very strong with a tough group of juniors returning.



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1. First year man Jimmy Kruse proved to be a great asset to the varsity team.
2. Co-Captain Ernie Price warms up at the CIF meet in Balboa Park.
3. Using his last reserves, Joey Dimapilis sprints for a high place.
4. A familiar sight among the runners of the Palomar league was the tight Mt. Carmel pack. Here, Percy Bojador and Richard Gaboury take the lead over Orange Glen.

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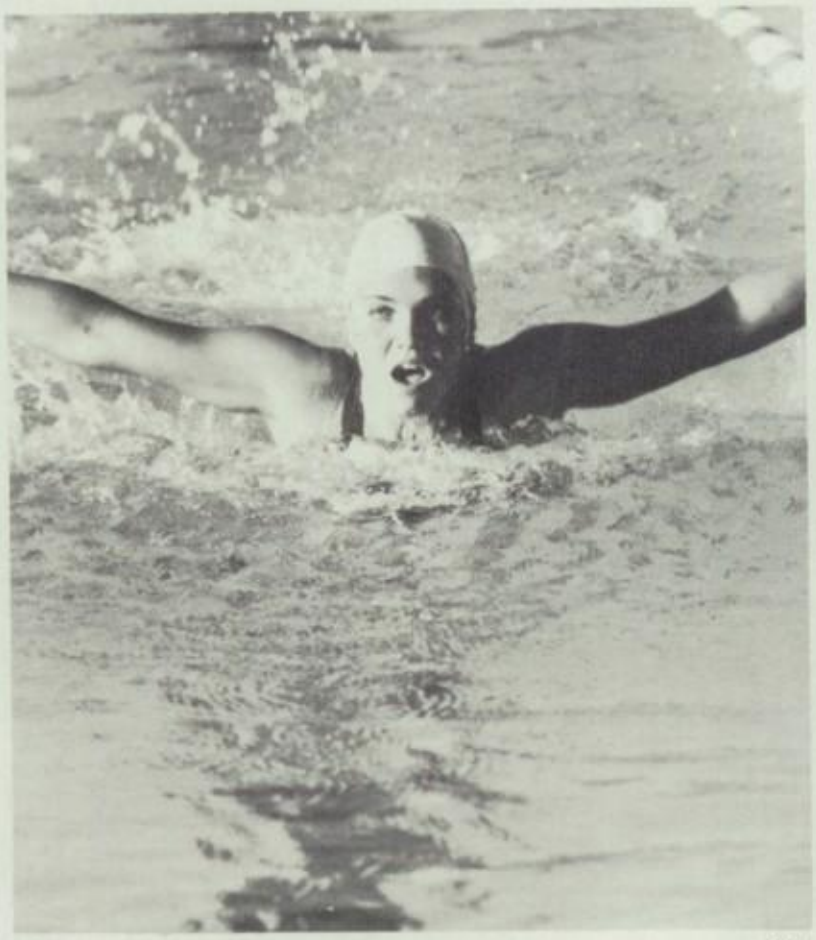
1. Beth Nowak demonstrates her butterfly form.
2. Concentration marks the face of Leslie Lowe as she prepared to dive.



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Swimmers Undefeated in League

The Mt. Carmel swimming and diving team has had a reputation around San Diego schools as being a very powerful team. This year has been no exception. While most teams have suffered losses because of the change into a tougher league, the swim team has brought a league championship to the Mount; finishing the season with an undefeated league record and a non-league loss to Coronado. The junior varsity proved equal to the task as they too received only one loss.

Although the team lost over a dozen lettergirls, they still demonstrated a lot of depth. Leading the team to victory wa Nelle Eisberg in the 100 fly and 500 free, Fiona Curnow in th 100 back and 200 IM, Kari Kasche in the 50 and 100 free, an Lori Winship, also swimming in the 50 and 100 free. In th diving circle, it was school record holder Leslie Lowe tha won points for them. The whole team were true competitors working hard under the skillful leadership of Coach Eisle Through it all, the girls finished sixth in CI

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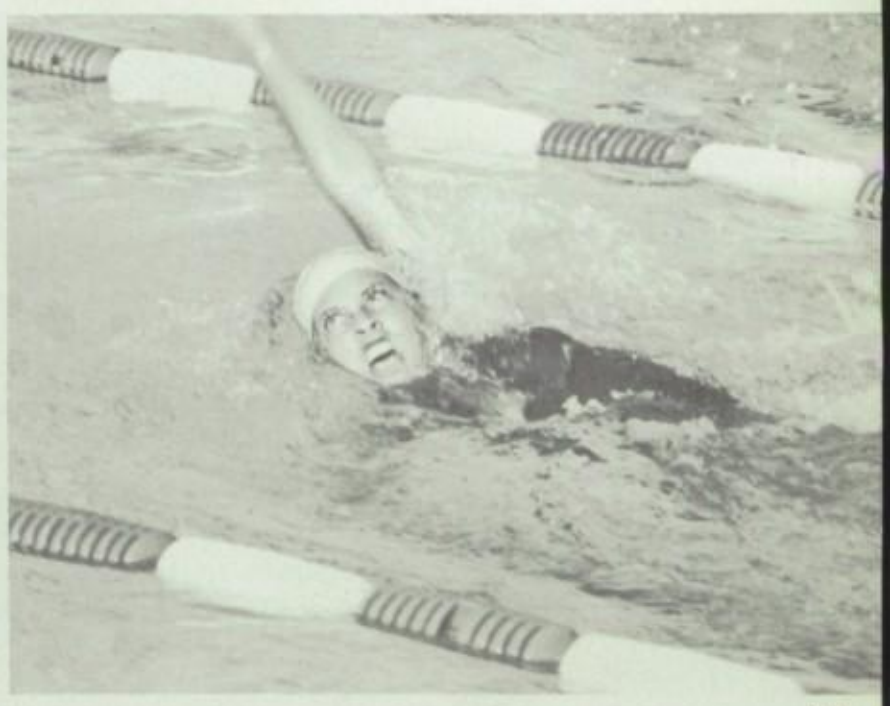

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1. Girls' Swimming: Row 1: Becky Lopez, Laurie Larsen, Heather Thompson, Kim Collander, Renee Schnaath, Marcia Mohrman, Mary Walters, Nathalie Bera, Elisa Koss. Row 2: Kari Kasche, Laurie Skinner, Susie Deremer, Lauren Russell, Tanya Robinson, Theresa Nugent, Marla Hagan, Vicki Christensen, Kim Walsh, Suzanne Kelly, Nelle Eisberg, Fiona Curnow, Mrs. Robinson. Row 3: Coach Eisler, Julie Bennett, Paula Miller, Carrie Pearson, Kim Stillwell, Debbie Stovall, Robin Christopher, Chris Openshaw, Lori Winship, Erin Noll, Connie Bolt, Nancy Hanlon, Leslie Lowe.
2. Robin Christopher backstrokes her way through the water.
3. Caught in the middle of a dive is Becky Lopez.
4. Natalie Bera takes a rest from the competition.
5. The mentor behind the success of the team is Coach Eisler.

Fernando,
Well I can't remember if I wrote in this yearbook already so I just as well write now. So how ya been this year? I hope you've enjoyed it as much as I do. Take care of yourself and stay cool. Love Ya Sis,
Hunnie
Missy Rubio '82
6-10-80

Varsity Gridders Fumble Away Optimistic Season

Mt. Carmel's football program was very optimistic about the 1979-80 season with the arrival of a new coach, Bill Christopher. Pride and discipline was stressed on the hopeful team. Yet, that was not enough, as many of the Mount's games were lost because of fumbles. The talent was there, as shown by the exciting running game of Kerry Wallace and Steve Lewis. Through the air, it was Steve Walker and Greg Austell with the receptions. All league first team line backer, Brad Boozier, led the defensive unit. Mt. Carmel ended the season with a league record of 2-1-2 with a win over Poway High and a very satisfying Homecoming upset over highly-rated Orange Glen High.

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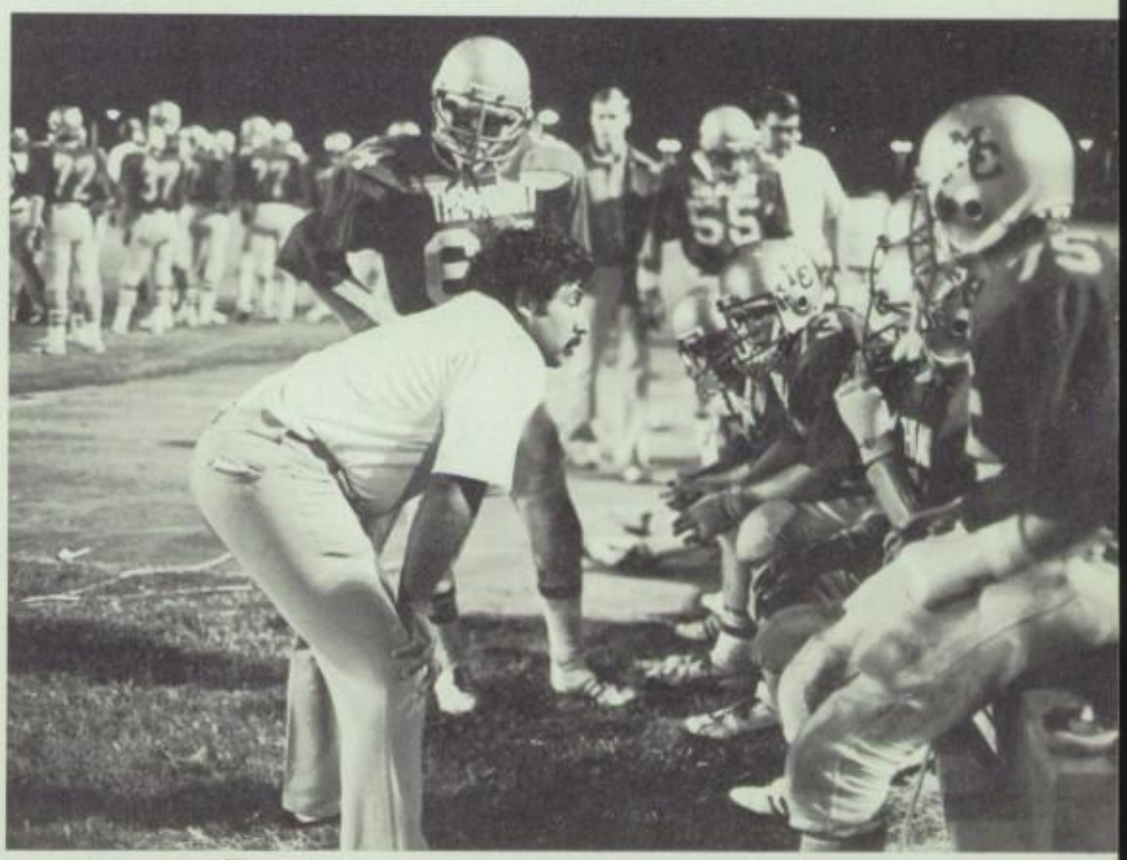
1. Darrin Valley intently watches his team from the sidelines.
2. Richard Goggin defends amidst a mass of Patrick Henry players.
3. Football Team: Row 1: Ed Tucker, Frank Claus, Greg Austell, Steve Castleberry, Mike House, Darrin Valley, Dexter Davis, Wade Lindenberger. Row 2: Mike Hughes Jim Riesehuber, Rob Tinley, Randy Scott, Bill O'Brien, Freddie Gorospe, Sherman Nuckols, Steve Lewis, Brad Boozier, Coach Factor. Row 3: Coach Christopher, Jack Yamasaki, Richard Goggin, Scott Whaley, Barry Pealstrom, Shell Scott, Bob Melvin, Matt Fairshter, Bob Shimp, Coach Ochsner. Row 4: Coach Jolk, Steve Walker, Mark Sandzemier, Todd Landreth, George Gould, Tony Cooper, Mark Bolt, Vance Harkson, Coach Andruski. Row 5: Steve Maze, Kerry Provence, Dale Doyle, Kerry Wallace, Dan Williams, Brian Pierce, Don Sheehan, Jack Burney.

1. A weary Jack Burney takes a well-deserved break from the action.
2. Coach Factor lends encouragement the defensive line.
3. Top college prospect, Kerry Wallace shows his fluid running form.
4. Number 28 Steve Walker takes a shot after taking in a reception from quarterback Mark Sandzemier.



1. A Varsity running back managed to slip into the JV football page, but not by an Orange Glen tackler.
2. Varsity quarterback, Todd Landreth, calls out the signals to his offensive unit.

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JV Suffers Disappointments

These past year's, Mt. Carmel junior varsity football programs have come away with fine winning seasons. The players worked hard and they had the talent. But this year the JV team ended the season with a disappointing two wins, three losses, and one tie, in the new Palomar league. One definite reason for this was the advancement of so many of last year's players to the varsity team. Although this was not obviously their best record, most worked hard and proved to be strong competitors.

According to coaches Tuttle and Jolk, there were some standouts.

Larry O'Brien used his footspeed as a wide receiver, while on defense, Rich Duby played well as a nose guard. Other players that stood out in their position included Eric Schlegel, Lance Bach, and Johnny Jones. Many of these and other players should contribute greatly to next year's varsity.

Fernando
Have a great summer
and a great next year. See ya
at the beach. Stay away from
the naked women and booze
Jim Rosenbaum

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1. J.V. Football: Row 1: Larry O'Brien, Brett Bowman, Paul Breaux, Greg Graff, Rich Duby, Rich Sandzemier, Rene Paulus. Row 2: Mike Myers, Bill Rodkin, Maurice Williams, John Brannon, Drew Breittholz, David Levitt, Joe Ha, Kurt Schlegel. Row 3: Shawn Palmer, Lance Bach, Scot Grenoble, Thurman Nuckols, Alan Watson, Paul Munsterman, Dwayne Aspis, Richard Sitzler, Kimball Chase. Row 4: Coach Jolk, John Ha, Don White, John Shopmer, Kelly Wallace, Wally Halgado, Chris Clark, Johnny Johnson, Rob Shuman, Coach Tuttle. Row 5: Mike Crawford, Lance Nowak, Todd Koetter, Bob Hayes, Scott Carlson, David Lane, David Olett.
2. A Player eyes the football field upon the closing moments of the game.
3. Listening for the next set of plays while the JV team huddles up is quarterback Greg Graff.
4. Coach Jolk points out special instructions to special teams player, Todd Koetter.

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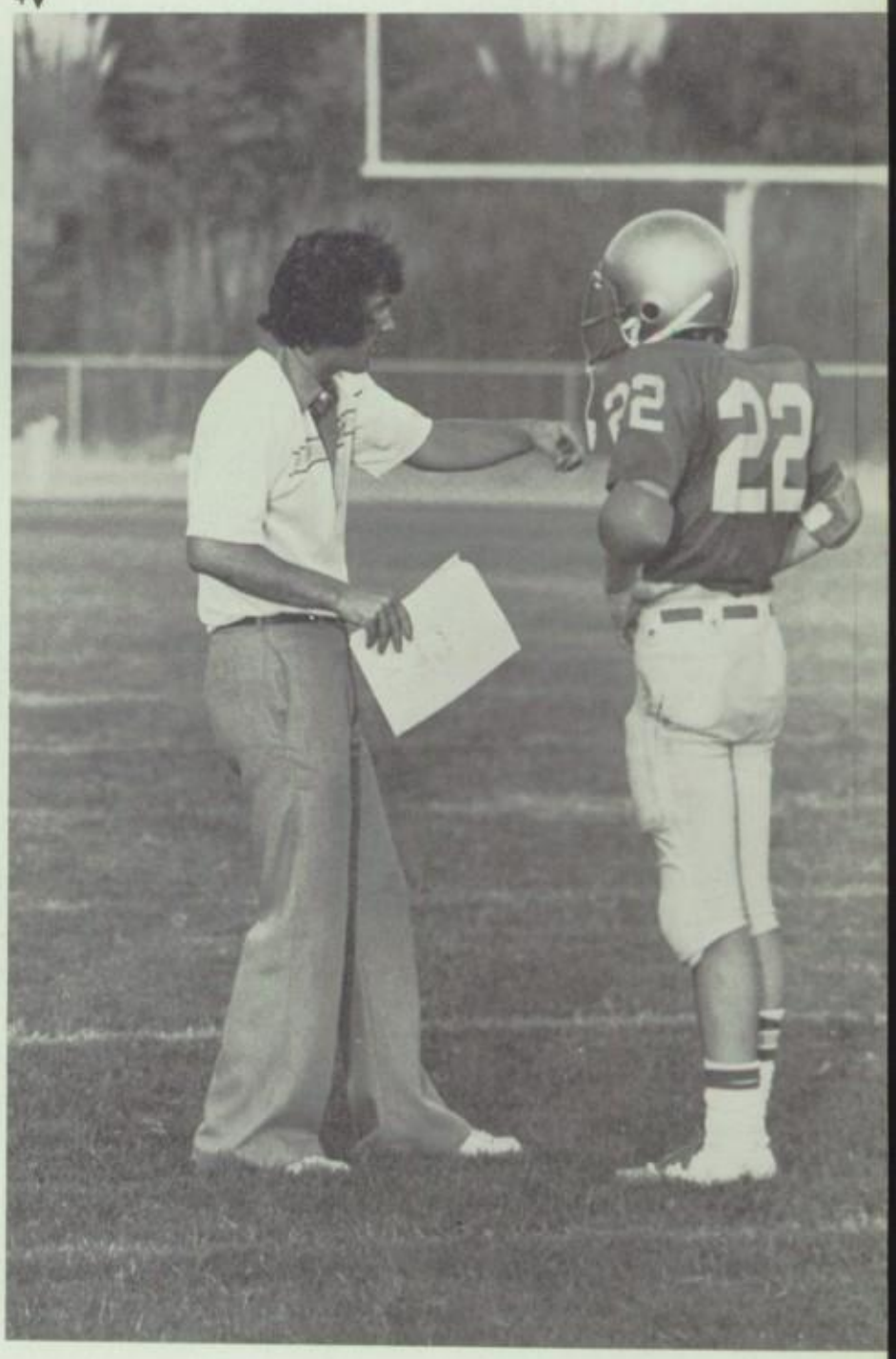

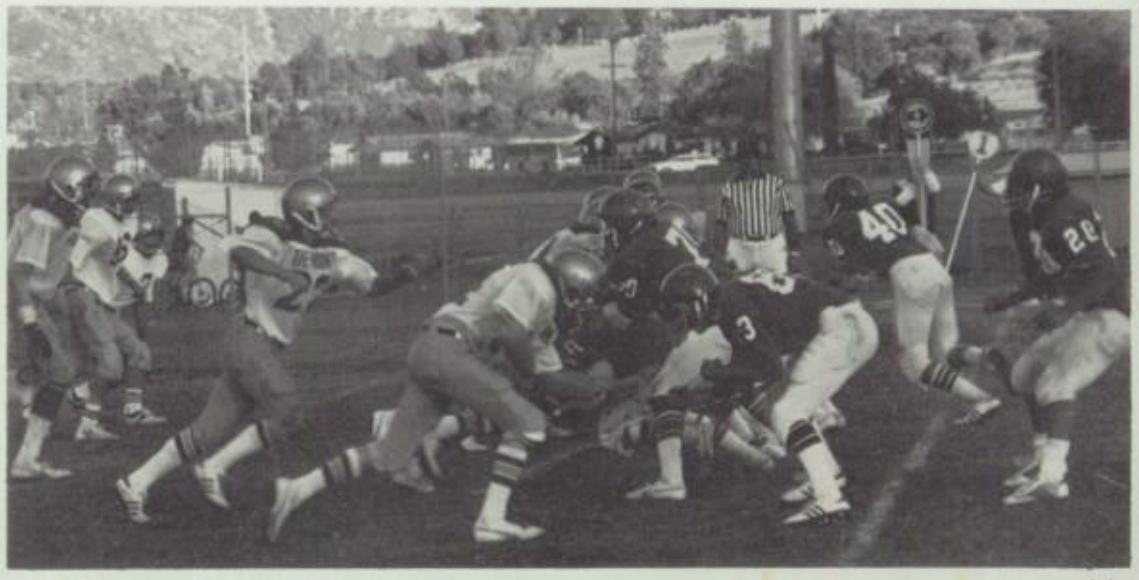

1. The young freshman team gave their all when it came to game time. Here, they struggle to pick up valuable yardage.
2. Team unity is demonstrated here as the freshmen hold hands during the group huddle.
3. Number 24, Jay Southern trots off the field after the team warmup.

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Freshmen Achieve Goals

Team unity, mental discipline, and team pride were the key points in bringing the freshman football team together. Having achieved these goals throughout the season, they all showed what it meant to be competitors. The success of each player was truly a total team effort.

At the freshman football banquet, the following awards were presented: Jon Miyasaki's team spirit won him most inspirational; three Sundevil coaches awards were given to Mike DeFabio, Rey Nicholas, and Shawn Stinson; and the most valuable player was Pat O'Brien, who gained more than 570 yards in rushing over the season. Other team standouts included Tim Sinclair and Jack Duby, who both gained over 240 yards in rushing.

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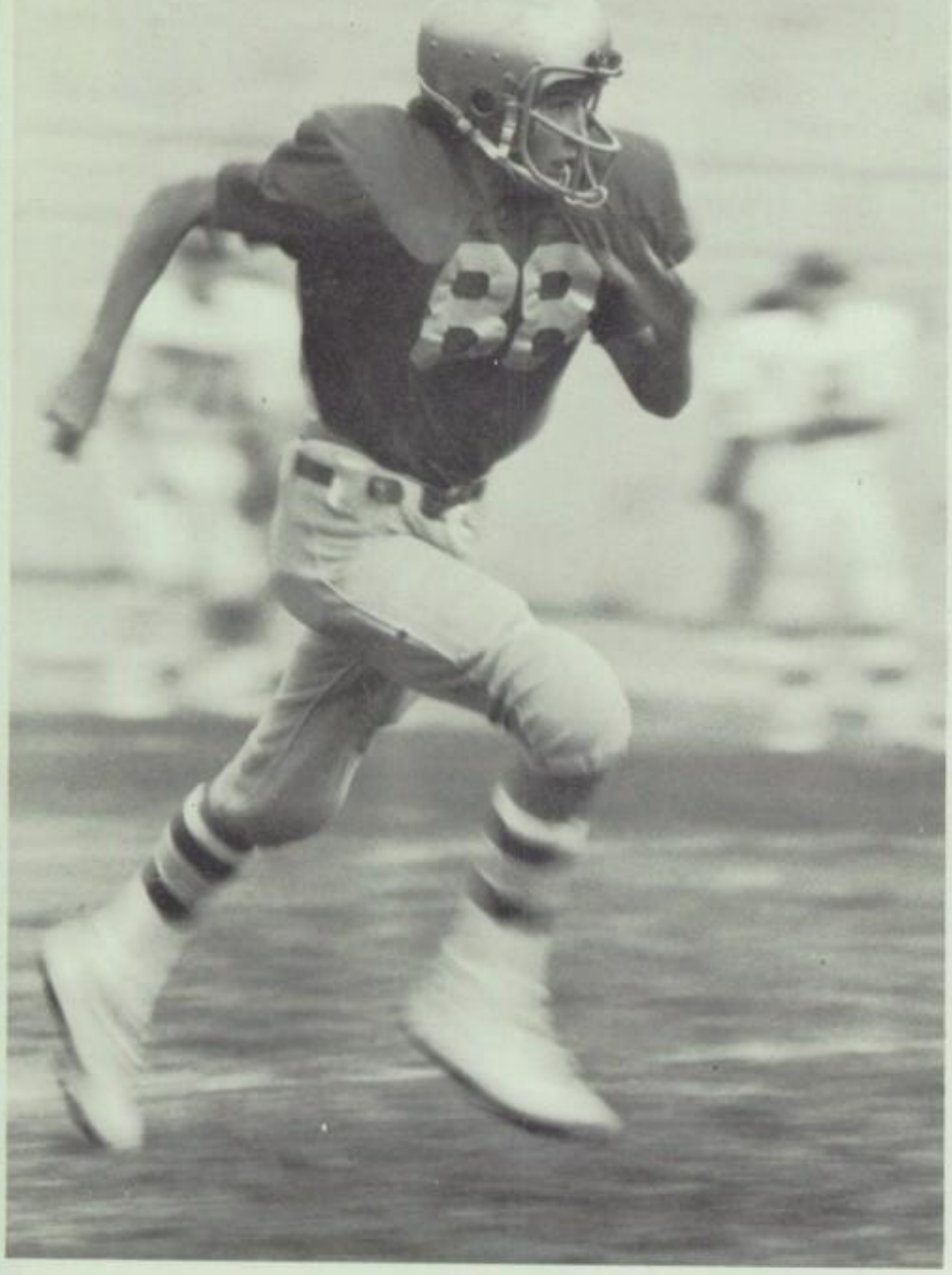

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1. Freshman Football: Tony Abrams. Ed Aguinaldo. Jeff Anderson. Mike Banuelos. Dan Bridgman. Bryce Bulman. Bill Burch. Derek Cartmell. Sam Castleberry. Tom Chintala. Ruben Cleary. David Cortez. Matt Davis. Mike DeFabio. Dan Devlin. Vince Douglas. Jack Duby. Roger Gaerland. Joe Gelormini. Chris Gilligan. Dwayne Gilman. Eric Gonzales. Victor Gonzalez. Rich Hawkins. David Hollingsworth. Mark Holman. Ed Holmes. Jim Hurley. Jim Jernigen. Val Laguda. Paul Lane. David Loop. David Mallary. Jon Miyasaki. Billy Moore. Pat Moore. Rey Nicholas. Bob Noble. Mark Nohr. Dion North. Pat O'Brien. Richard Radsliff. Marc Ratchford. Paki Rebucas. Brett Rhodes. Scott Robinson. Todd Sharp. Tim Sinclair. John Skube. Jay Southern. Rich Stark. Shawn Stinson. Mark Tanner. Russ Thompson. John Wasilk. Tony Widerburg. David Williams. Andy Young. Dave Zimmerman. Coach Chabola.
2. In full stride, Mike Banuelos streaks downfield for a possible reception.
3. Team players watch from the sidelines.

Girls Tennis
Tie for Third in League

With only four members of last year's team returning, the girls' varsity tennis team fared well with such a large group of non-veterans. They amassed an 11-6 overall record tied for third in the league with seven wins and five losses. As one member put it. "We could have done much better but we didn't have the motivation." Still, the girls won the consolation bracket of the Bishops Tournament and sent several members into CIF.

The most valuable player award went to singles star, Cathy Sturdivant; the outstanding senior of the year was Linda Kreitzer; Mary improved tremendously, thus earning most improved; and the Coach Award was won by Rainy Nicholas. Half the team will be lost to graduation next year, but according to Coach Jansci, "We should be getting a lot of support from a strong JV team."

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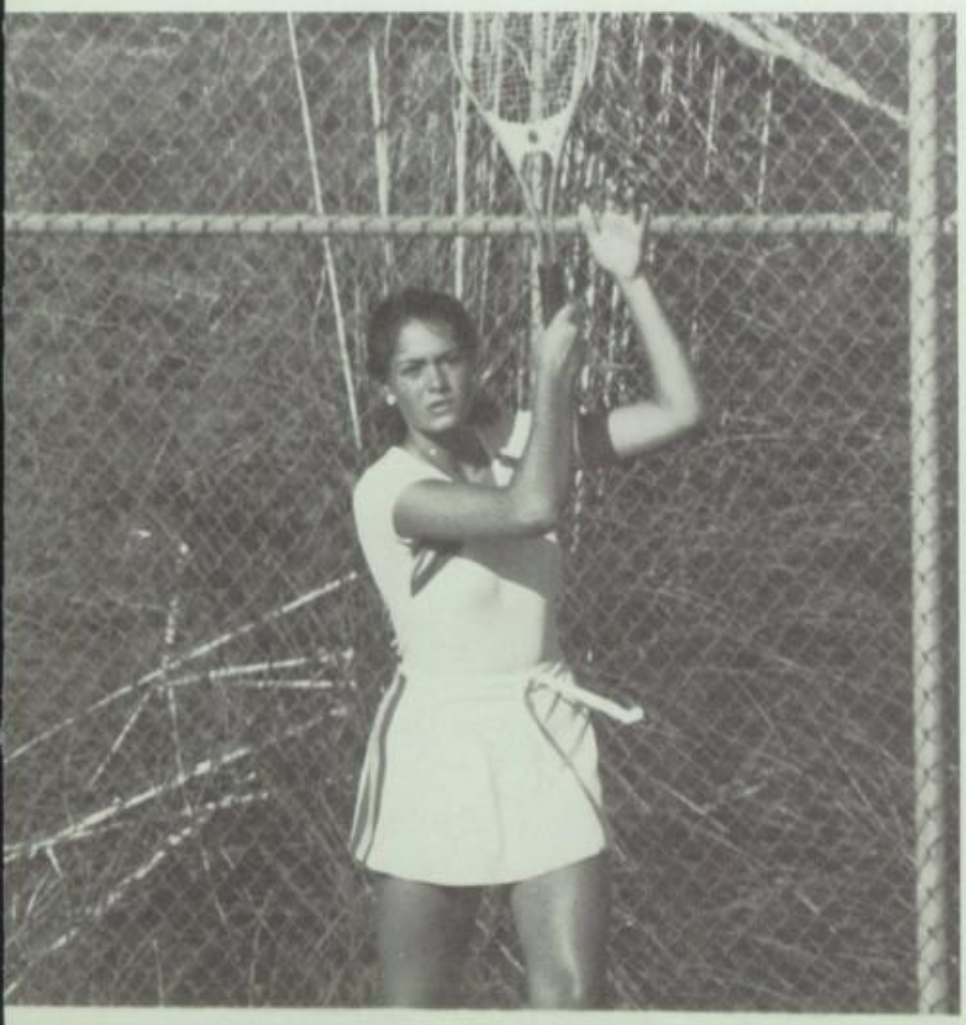
1. Moving up from last year's JV was Laura Breimon.
2. New to this year's team was Liz Walters.
3. Mary Myers uses both hands for more backhand power.
4. Varsity Tennis: Row 1: Tyra Luker, Lori Ryan, Kim Bennett, Tracey Nelson, Kim Bryant. Row 2: Karen Curtiss, Liz Walters, Mary Myers, Coach Jansci, Laura Breimon, Anne Keeney, Linda Kreitzer, Rainy Nicholas, Cathy Sturdivant.



1. First year varsity member, Kim Bryant, keeps concentration intact as she returns a volley.
2. Kim Bennett checks the sidelines on the last call.
3. Rainy Nicholas plays her game with high intensity.
4. Hustling is the name of this game. Cathy Sturdivant proves that point as she reaches for a possible score.

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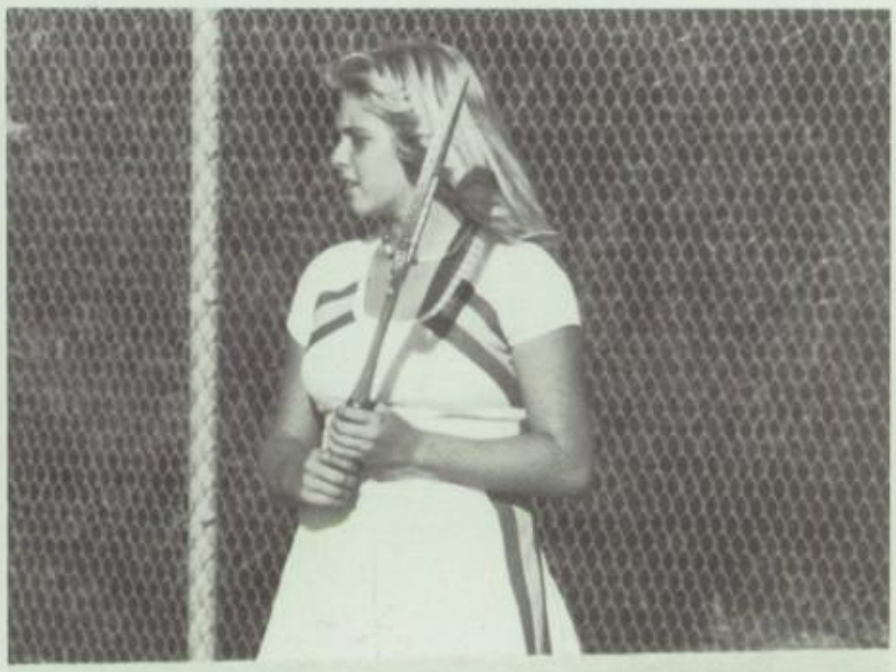

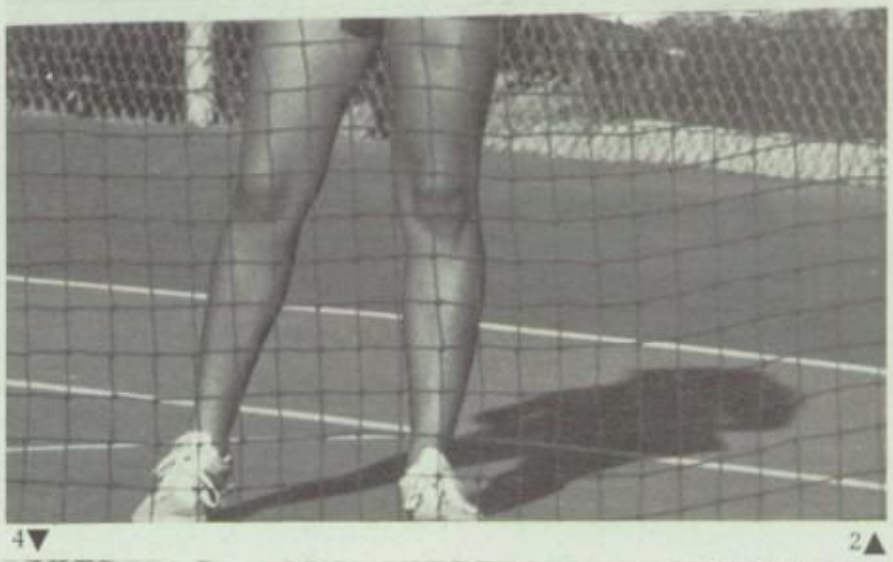

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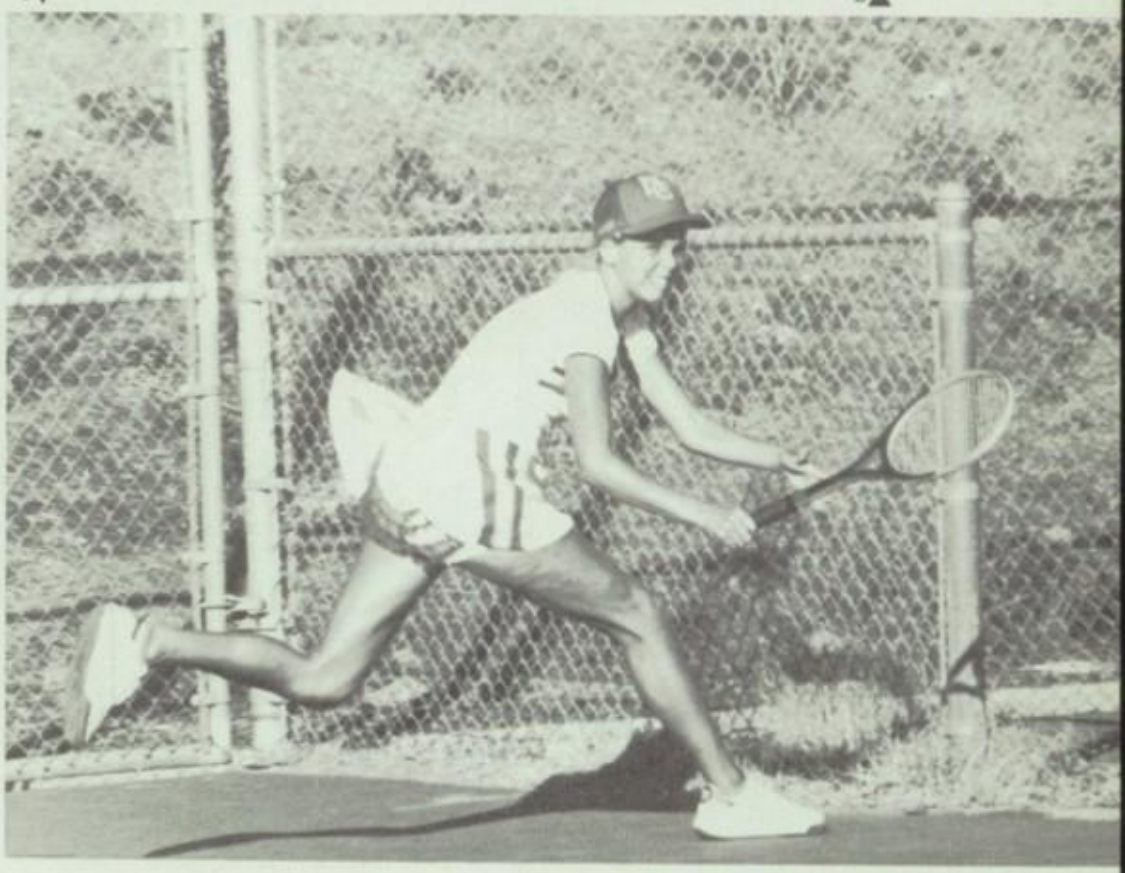

1. Lea Armas appears to be enjoying her game.
2. Going over the day's practice with a few of his JV netters is Coach Goffredo.

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JV Has Outstanding Season

Unlike the previous year where there was mass confusion without a permanent coach, this year's JV tennis team was more productive under the organized leadership of Coach Tony Goffredo. He brought the JV team to an outstanding 14 wins out of 15 matches and wound up as the junior varsity league champs. According to Goffredo, there was a lot of depth and overall strength involved among the players, and it was through this depth that resulted in the team's wins.

But there happened to be some fine individual players also. Lisa Camerino was an outstanding singles player on the JV level and actually earned a varsity letter. Amanda Rickert developed her skills and displayed a talent that awarded her the team's most valuable player while Donni Rossin won the Coach's award.

1. JV Tennis: Row 1: Kathy Krainock, Susie Kazemzaddeh, Donni Rossin, Carrie Shew, Willa Nelson. Row 2: Susan Trujillo, Denise Lane, Linda Breimon, Lisa Camerino, Laura Loop, Susie McDonald. Row 3: Coach Goffredo, Lisa Sharon Longanilla, Julie Trujillo, Missy Morris, Siobhan Mellow, Laura Johnston. Row 4: Amanda Rickert, Eileen Sapinosa, Estelle Villacres, Lea Armas, Lisa Velasco, Jeanette Bernas.
2. Donni Rossin relaxes as she awaits her match.
3. Teresa Collander sharpens up her swing.
4. Anticipation awaits Susan Trujillo after she hits the ball.
5. Developing her forehand power is Jeanette Bernas.

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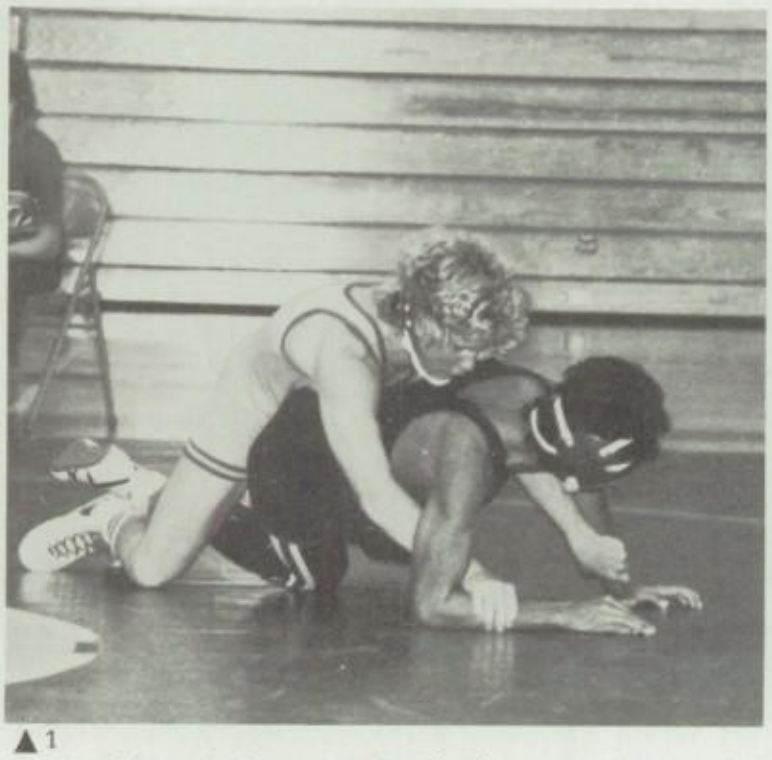
Best Season Yet For MC Grapplers

In previous years, Mt. Carmel wrestling has not been a major power in the Avocado East. Season after season went by as the mat men tried to rebuild into a more experienced team. This just may be that year for as January came to a close, the Mt. Carmel wrestling team was in the middle of their best season in the Palomar League. Up to that time, the Sundevil Grapplers turned in some very impressive credentials: second in the San Diguieto Tournament and a 5-2 slate in dual meets.

Leading this year's team are seniors Randy Wager, wrestling at 112 pounds, who was first at the Upland Tourney and named outstanding wrestler of the match, and Mike House wrestling at 145, who also took a first at Upland and continued to hold an excellent win-loss record throughout the season. Another standout is Bob Anderson at 127 pounds who won at the Orange Glen Tournament. Coach Ochsner, the Mount's new wrestling coach where most of the credit is due for the success of the team, procrastinated early in the season that at the rate House and Wager are improving, they may well wrestle at the state meet



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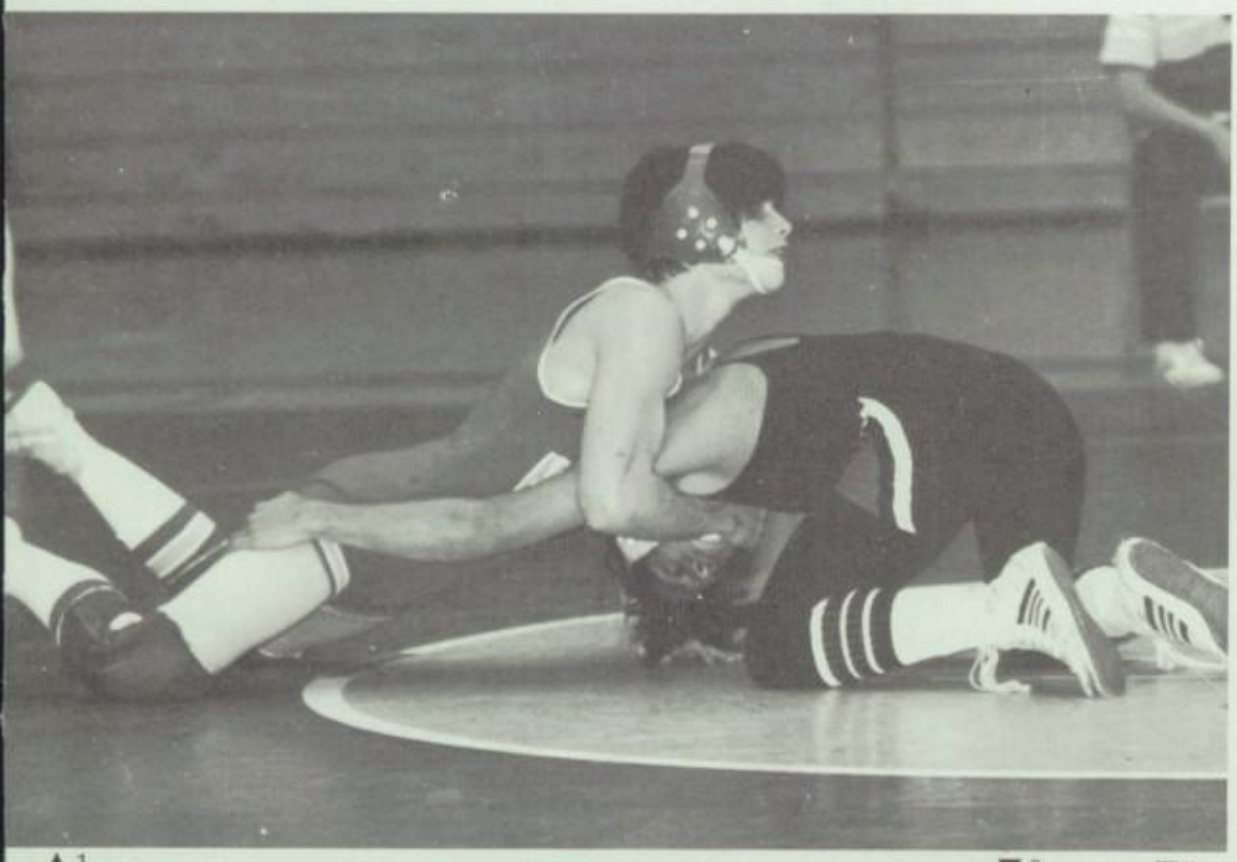
1. Tom House, in the top position, has been a consistent wrestler for the Mount.
2. Showing his competitive spirit to win is Ray Belarosa.
3. Varsity Wrestling: Row 1: Sherman Nuckols, Bob Doyle, Talwar Nitin, Jim Gaboury, Randy Wager, Tony Hockaday, Ray Bellarosa. Row 2: Coach Ochsner, Mike House, Kevin Rexford, Gerry Glynn, Leo Himpel, Brad Boozier.



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1. One of the top wrestlers in San Diego at his weight level is Randy Wager. Here he gives his opponent a hold prior to his takedown.
2. Gerry Glynn and Brad Boozier watch the action on the floor as they wait for their match to come up.
3. Struggling to free himself from this tangling bind is Talwar Nitin.
4. JV Wrestling: Row 1: Mike Demirjian, Blair Loftus, Joe Gelormini, Clayton Meyer, Tony Abrams, Dusty Sims, Tim Sinclair, Jon Whittle, Jim Bellarosa. Row 2: Kurt Rheinhardt. Scot Grenoble, Thurman Nuckols, Neil Larson, Steve Cafferty, Dave Pesta, Ken Peterson, Dave Schoffstall, Jack Duey, John Leo. Row 3: Tom House, Matt Pogue, Jim Reisenhuber, Rich Duby, Jim Parry, Coach Luna.

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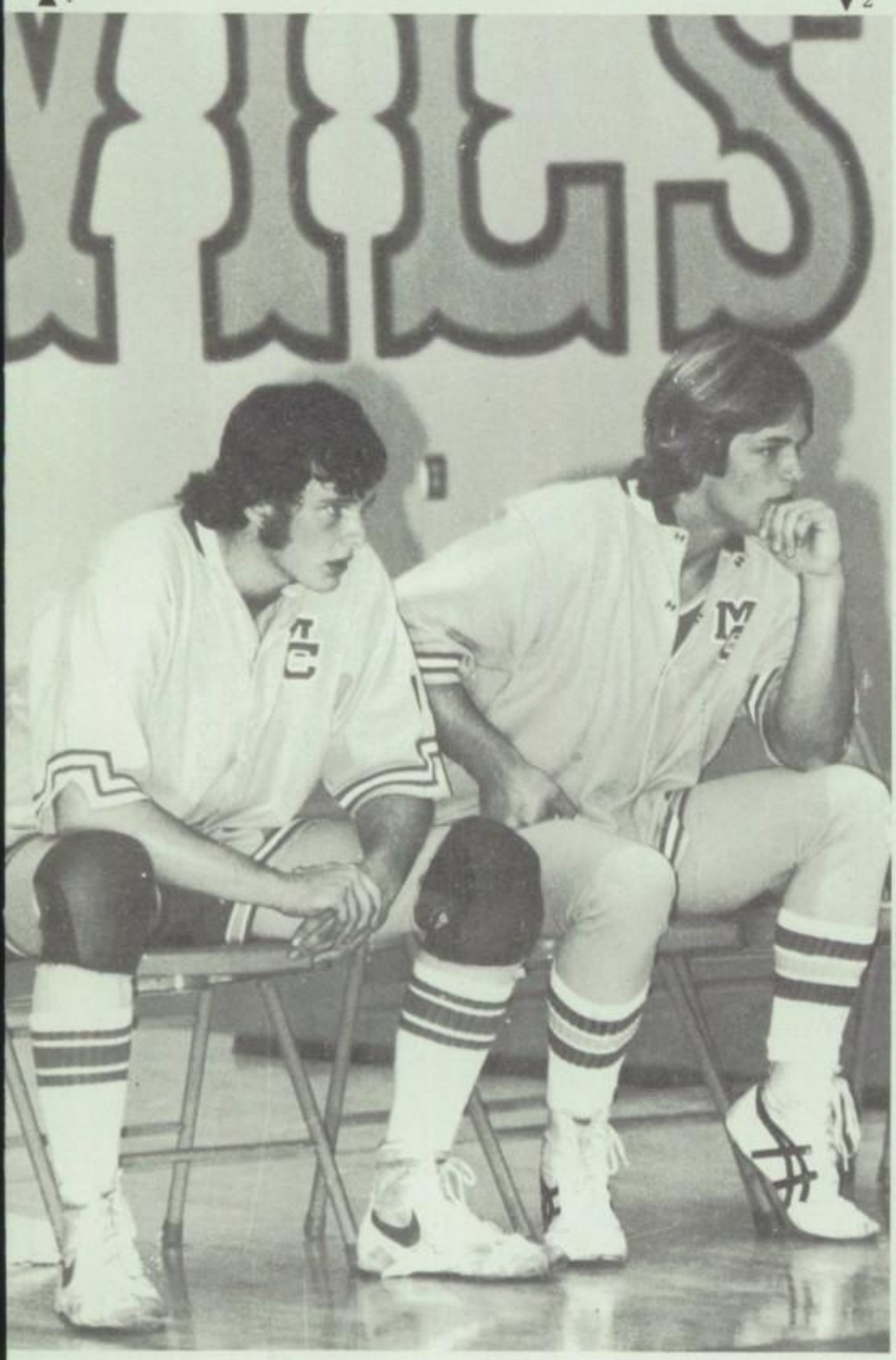

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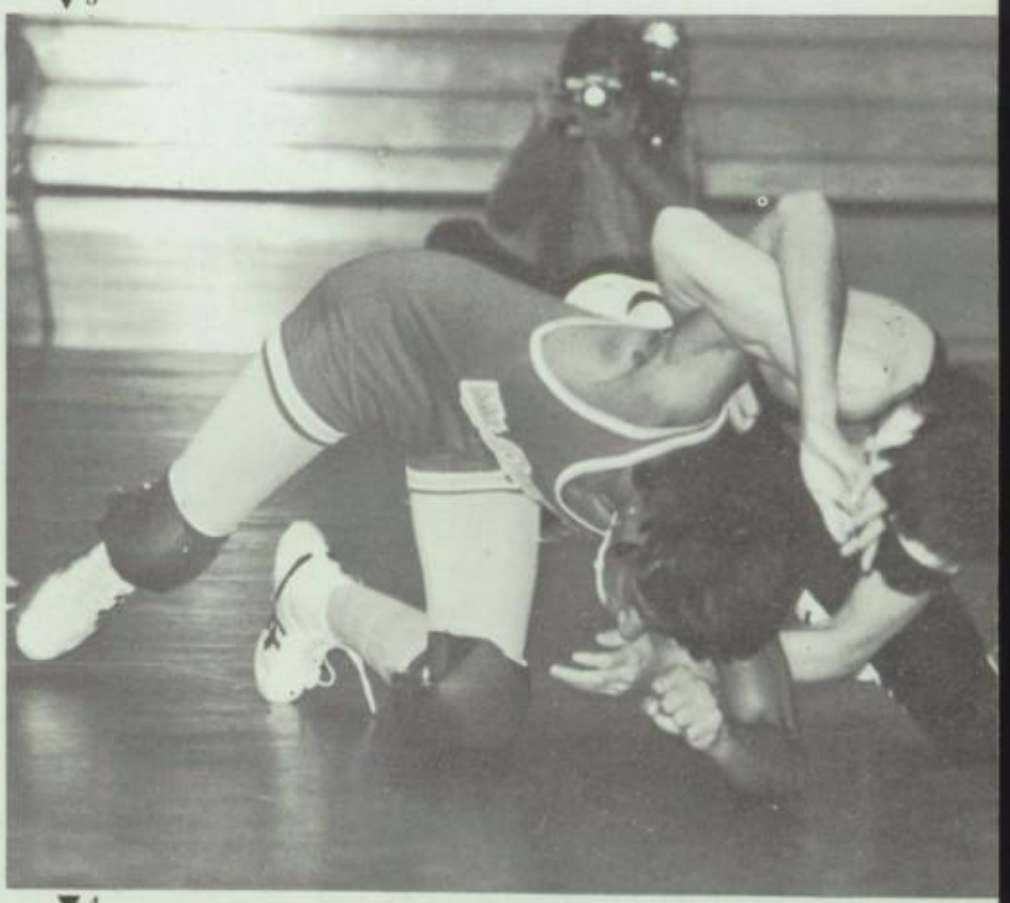

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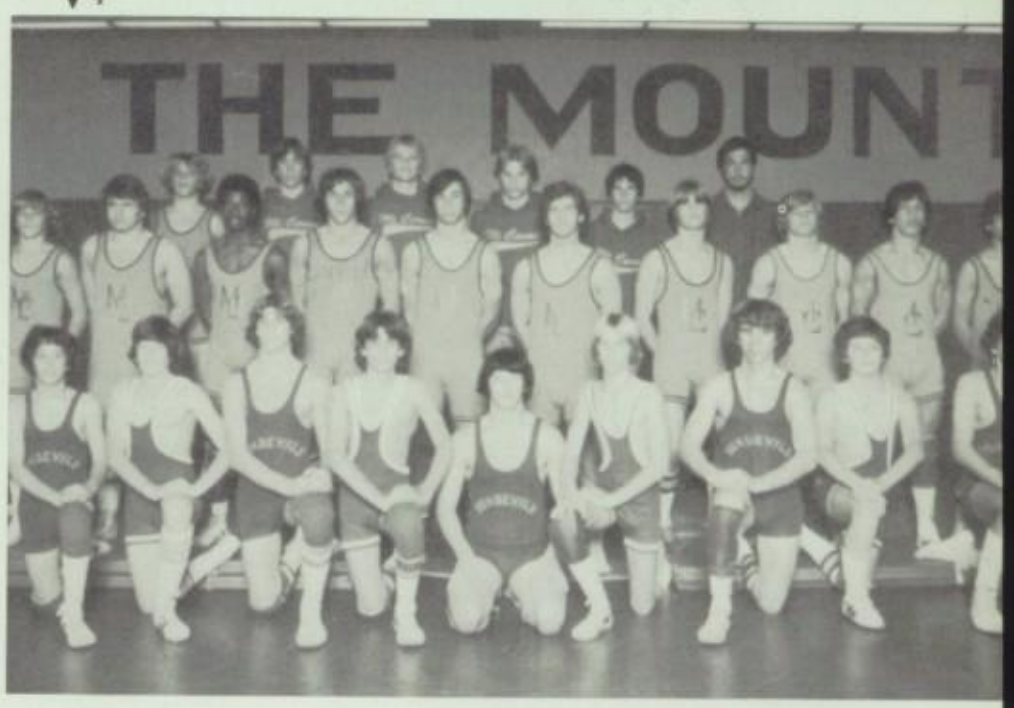

New League Stymies Young Team

As of February 1, the varsity girls' softball team was on a three game winning streak after a slow start in season play. With the switch to a tougher Palomar league, adversaries Vista, Orange Glen and San Diguieto were the Mount's strongest competition. Up to that time, the girls' season record was 3-7 but 3-2 in league. A win against Vista could put the girls into the playoffs. It took time to get used to their new coach, Mr. Colberg; they made errors but they were mostly mental. After the girls' first win, things fell into place

This year's team was a very young one, with only three seniors. In the middle of the season, their most productive hitters were Shari Baker, Lisa Miranda, and Pam Myers. The top pitching came from Patti Howard and Pam Myers. With the return of so many of this years players, next year's team may be one of the best ever

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1. JV Softball: Row 1: Coach Casciato, Lauren Harter, Michelle Crepeau, Kim Ader, Sherri Pearson, Heather Thompson, Kerry Pearson. Row 2: Allison Coleman, Yolanda Rich, Denise Almond, Eva Rodriguez, Jennifer Eisenhaur, Mandi Galt, Mary Bias, Missy Morris, Lucy Rostek.
2. A great asset to the JV squad is Lauren Harter.
3. Last year's most valuable athlete, Lisa Miranda reaches first base after another one of her hits.

Fernando,
Im really glad I met you this year. your a great guy. Stay cute & buff and take care of yourself this summer. Maybe we'll be in some classes together next year & we can get to know each other better.

hope ya
Cindy Reynolds

1. Varsity Softball: Row 1: Pam Myers, Row 2: Coach Colberg, Patti Howard, Cheryl Corindia, Julie West, Janice Leakes, Cindy Reynolds, Coach Brose. Row 3: Lisa Miranda, Maggie Maloney, Debbie Kruck, Shari Baker, Wendy Harter, Kim Warner, Josie McDonalds, Amy Gale.
2. Meredith Tyra coaches first base.
3. Head Varsity coach, Mr. Colberg, watches over his young team.
4. Mandy Galt delivers one over the plate.
5. The catcher is Allison Coleman.

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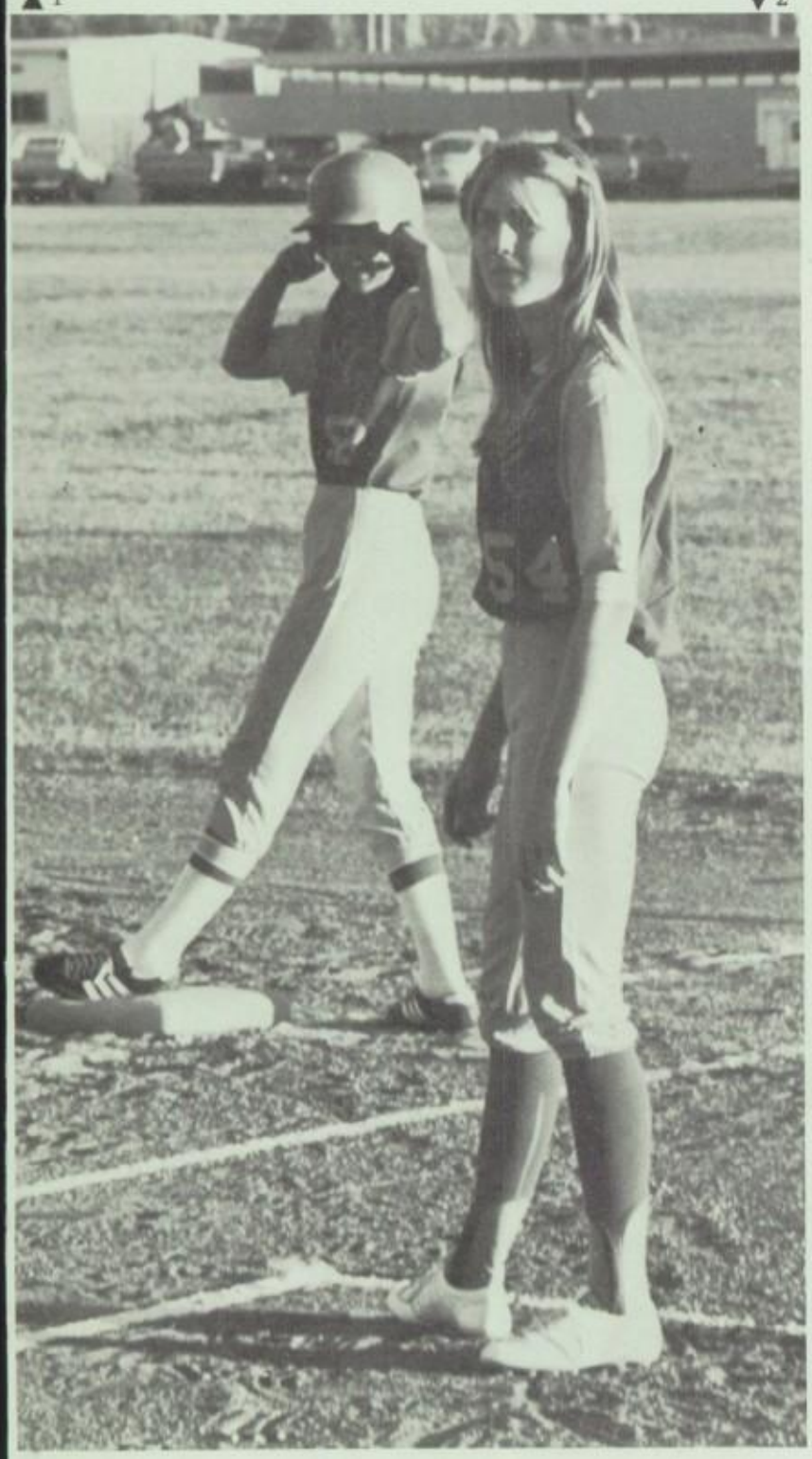

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Varsity Basketball Has Excellent Season

The varsity basketball team had another excellent year as they headed into February. Halfway through the season they piled in 13 wins to 4 losses, still undefeated in league action (including a 65-64 win over top-rated Orange Glen), and were rated among the top seven teams in the county. Although it was fairly early in the season, the players were playing at a high plateau of excellence and still peaking towards the CIF playoffs. Their success has been attributed to closeness of the team; coaches Marincovich and Wealch have worked to promote team unity. The two had very positive attitudes towards the year and this feeling spread throughout to the players. Although Marincovich stressed emphasis on defense, for some time the Sundevils were leading the county in offensive points.

This basketball machine was ably led by a consistent starting five that worked very well together; forwards, Bill Beane and Eric Curry; guards, Kerry Paulson and Greg Lanthier; and at center was Chris Meyers. Depthwise, they had a very strong bench that worked hard and was very aggressive. The team as a whole worked as one unit and reaped the rewards.

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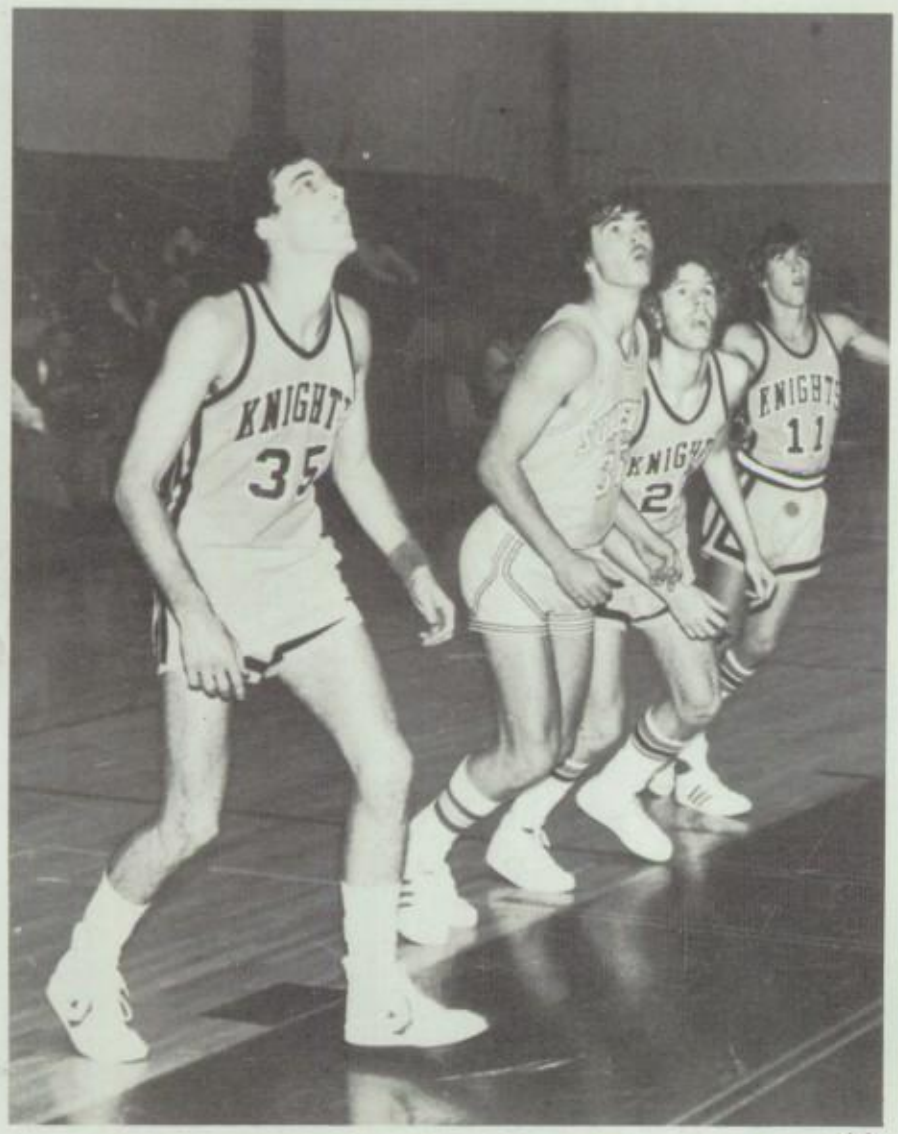

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1. Surrounded by San Marcos players, Steve Walker readies himself for the free throw rebound.
2. Bill Beane works inside against Fallbrook's defense and puts in the layup.

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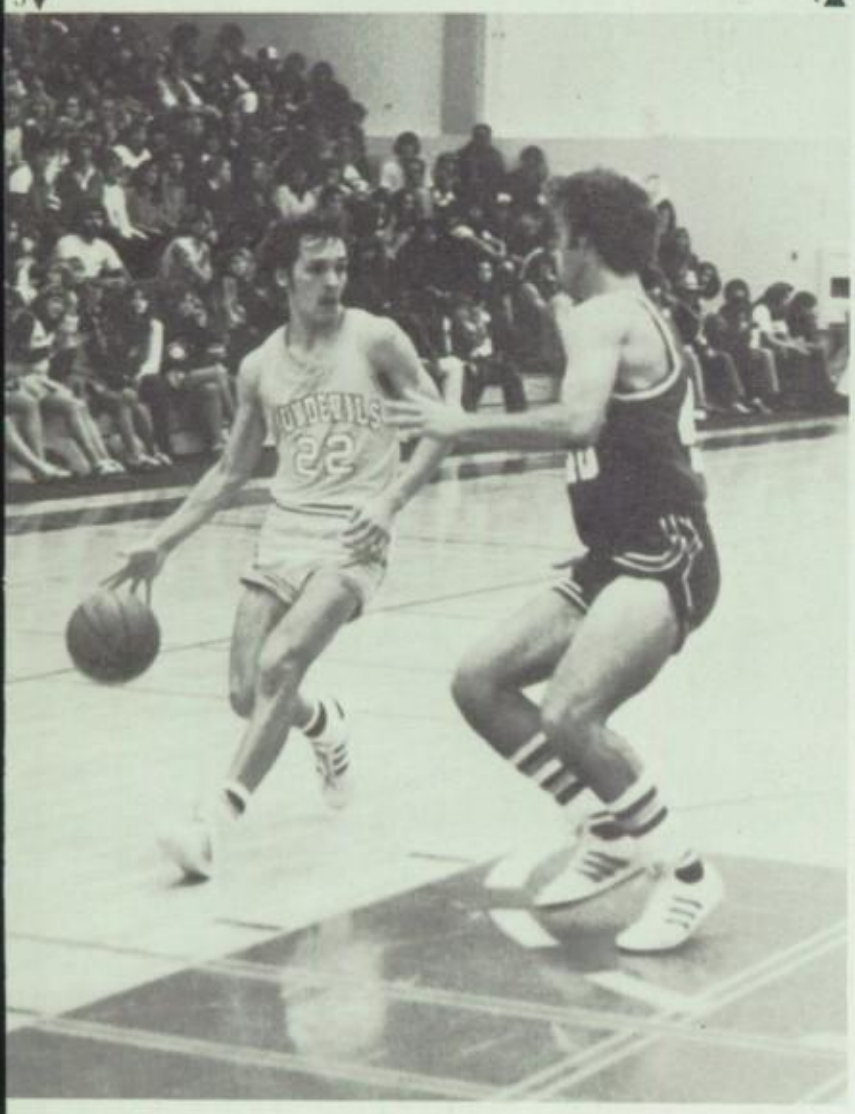

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1. A determined Mike Young goes by his opposing defender and drives to the hoop.
2. Varsity Basketball: Row 1: Coach Wealch, Mike Young, Bill Wright, Brian Mahon, Steve Walker, Rod Jaehn, Kerry Paulson, Bill Beane, Coach Marincovich. Row 2: Chris Meyers, Kerry Wallace, Andy Jedynak, Greg Lanthier, Eric Curry.
3. Eric Curry scores on a fast break.
4. Showing his smooth style of outside shooting is Greg Lanthier.
5. Veteran performer and one of the Mount's all time leading scores in Kerry Paulson.

JV Squad Stil
Breaking Record

Team play and hustle were the main attributes demonstrated by the junior varsity team. The traditionally strong team which produces its share of varsity stars, completed the season with 18 wins and four losses; finishing second in the tough Palomar league behind Fallbrook. The group had their tough games; of them being the finals of the Poway Tournament, Morse, and of course Fallbrook. The team's fine play showed through as they set even more records on team defense and actually ended up breaking 11 of last year's junior varsity record

Leading this year's squad in offense was Kevin Murph and Mike Garrison who had the best free-throw percen age. Shell Scott was a standout on defense with Bo McLain who was the leading rebounder. Although Tro Thrower started out on the JV level his overall outstandi performance earned him a spot on the varsity team near t beginning of the season where he regularly played off t benc

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1. JV Basketball: Row 1: Mike Garrison, Tim Kruse, Mike Russo, Jon Meyers, Bob McLain, Troy Thrower, Shell Scott. Row 2: Ardy Nicholas, Ricky Cortez, Bruce Bowser, Ricky Paulson, Coach Goffredo, Kevin Murphy, Kimball Chase, Darrin Balsley, Tom Fowler.
2. The awkward but efficient form of shooting is demonstrated here by Jon Meyers.
3. The wiry frame of Tim Kruse manages to overpower his lesser opponents for the defensive rebound.

1. Ricky Cortez and teammates watch intently as another accomplished freethrow swishes through.
2. Bob McLain and Ardy Nicholas take their positions outside the key, ready to pounce on a possible rebound.
3. Ardy Nicholas readies to pass inside.
4. Despite the efforts of his opposing defender, Shell Scott passed the ball.
5. A fast break and a moment of indecision for Bruce Bowser as he must choose whether to shoot or pass.

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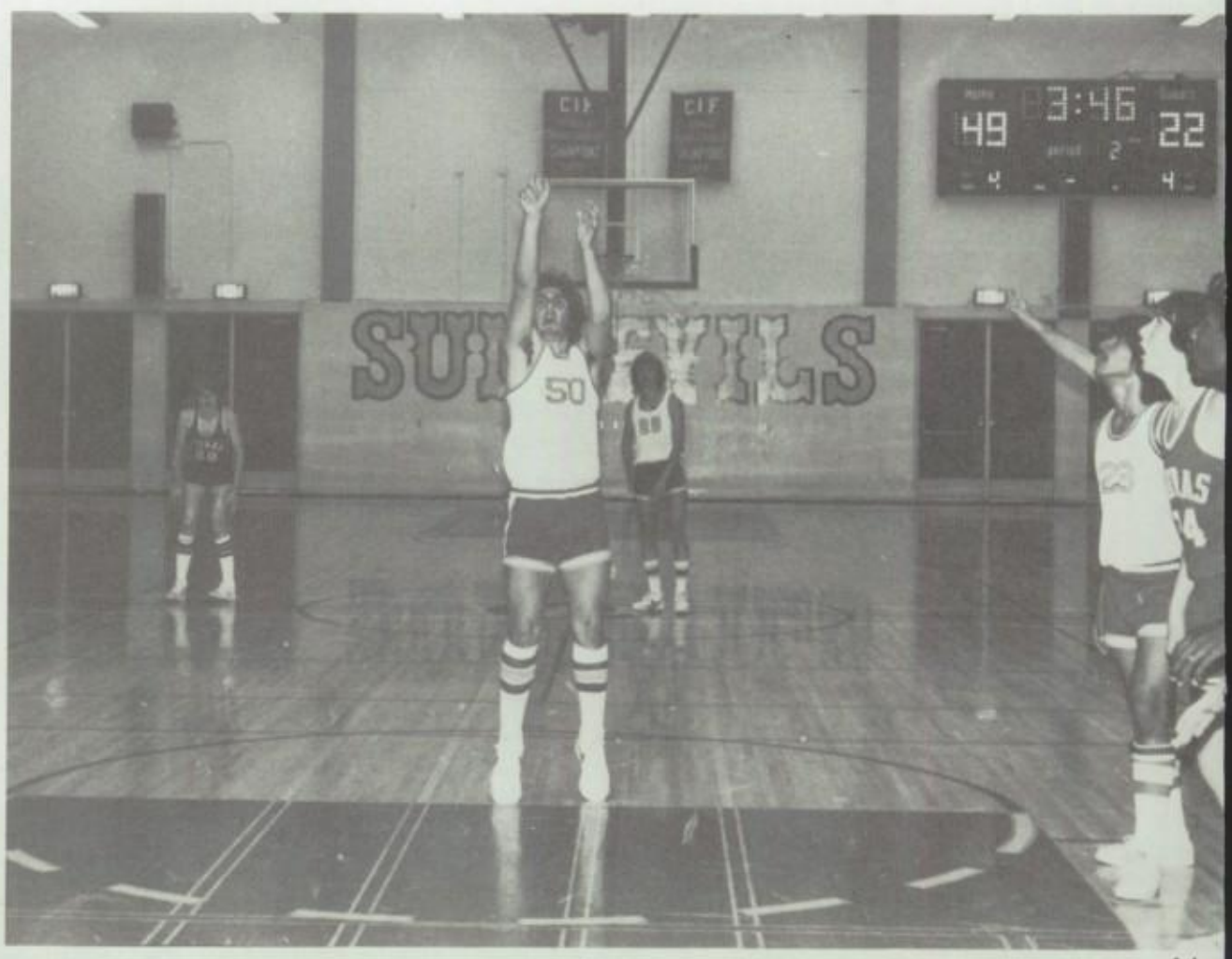

1. Playing excellent defense throughout the season has been Jon Myasaki. Here he displays his talents on the free-throw line.
2. Rey Nicholas has been an exceptional freshman player. Driving to the hoop on a fast break, he concentrates on his shot.
3. Looking one way but passing another is a specialty of Rogelio Gaerlan's.

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Freshmen Go Undefeated

Success to the Mount's basketball program was not restricted to the varsity alone. The young freshman team completed the season with an outstanding 23-0 overall record, making 1980 their first undefeated year. Their only tough game came against a tenacious Fallbrook squad that sent the two teams into overtime before Mt. Carmel came away victorious. This was the highest scoring frosh group yet, averaging 71 points per game and breaking 14 school records. Their success has been attributed to good team-work and conditioning, hard work and unselfishness. Forward Rey Nicholas was the all-time top frosh, averaging 17.6 points a game. Jon Miyasaki played exceptional defense while Mike Defabio was the top rebounder. The effective shooting of guards Ken Deremer, and Mr. Versatility Don Gassoway, Rogelio Gaerlan, Tony Widerburg, contributed greatly in the team effort. Coach Blalock's outstanding frosh record over the past five years has been 103-11 and an incredible 61 wins in league to 3 losses.

1. Freshman Basketball: Mike Defabio, Brent Woods, Jeff Jordan, Dan Mahoney, Rick Krey, Don Gassoway, Rey Nicholas. Row 2: Ken Deremer, Chris Gilligan, Rogelio Gaerlan, Andy Young, Tony Widerberg, Billy Moore, Jon Myasaki, Rob Dupaya.
2. Looking for the open man while his lanky defender uses pressure, Rogelio Gaerlan fakes him out.
3. Forward Rey Nicholas has been the all-time top scoring freshman.
4. Don Gassoway and Rogelio Gaerlan wait anxiously for the ball to come down in a game against the Cobras.
5. Always working hard during a game is Jon Myasaki which is why he was chosen as the best defensive player.

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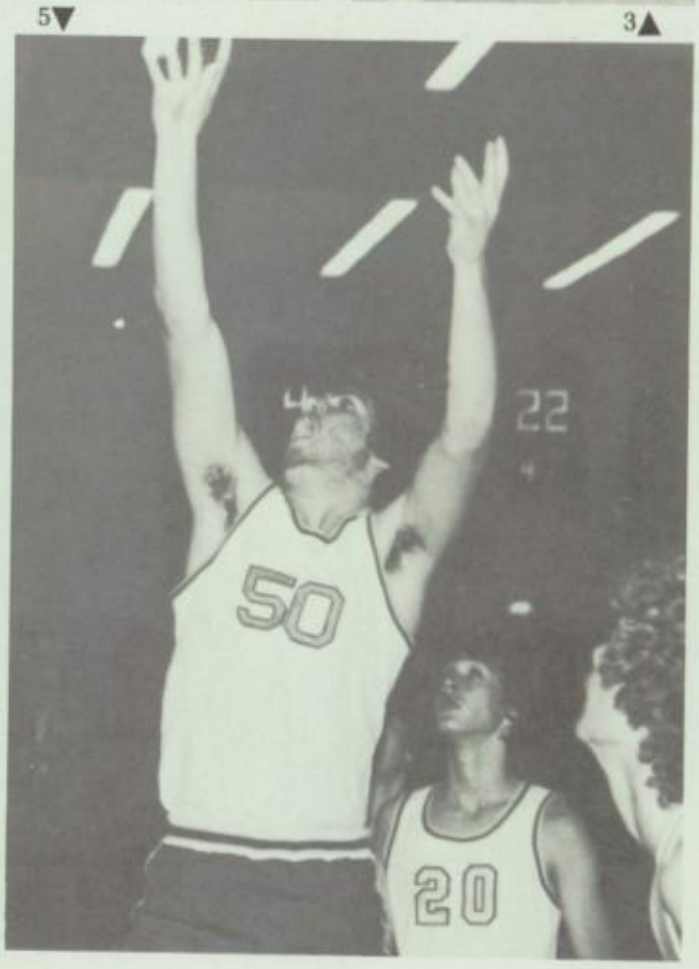

Golf Team Rated High Among C.I.F. Contenders

The varsity golf squad looked forward to another productive season, and possibly a CIF championship. After winning the Monte Vista Tourney and league co-championship last year in the Avocado League, the squad went on to a disappointing fifth in CIF. This year the team came back stronger than ever, by losing only one man from last year's squad. The golfers were paced by seniors Ken Earle, Captain Craig Hall, Lee Crowell, and junior Brian Mahon. Also comprising this year's team was transfer John Marino, who was consistently in the number five spot with the sixth position being fought for by Mike Dobell, Mike McKelvey, Greg Prudham, Kevin Zimmer and Will Weiss. The squad returned to Riverside to defend their Monte Vista crown and was picked to win the newly formed Palomar League. Their toughest competition in league came from Torrey Pines and Poway. The squad was also chosen as a pre-season favorite along with La Jolla, defending CIF champion.

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1. Practicing his putting form is John Delaney.
2. Eyeing his last shot is veteran performer and this year's team captain, Craig Hall.
3. Scott Bjoin selects his next club for an upcoming shot.
4. Varsity Golf: Row 1: Coach Kull, Charlie Burt, Greg Prudham, John Delaney, Coach Carunchio. Row 2: John Marino, Craig Hall, Lee Crowell, Brian Mahon, Mike McKelvey, Mike Dobell, Mr. Don Helson — R.B. Men's Club Sponsor.

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1. Caught in the midst of the scenery at the Rancho Bernardo Country Club is Craig Hall.
2. Waiting for the next player to putt-out is John Delaney.
3. Coach Carunchio relaxes in a patio preparing individual assignments for his notable team.
4. The routine preparation for golf practice is shown here as the team waits for instructions from their coach.

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1. Lines up a putt on the first green at the Oaks West Country Club course.
2. Watching her drive head toward the green is Stacey Colborne.
3. Before the start of a practice round, coach Ron Kull makes a few final changes.

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Fernando,

It was nice knowing you. I hope I get to know you much better in the future!

Have fun in the summer!

Your Lil
Bro,
Grace

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JV Golfers Aid in Building Program

One of the best ways to assure a successful varsity program in any sport is to develop a quality junior varsity team to continuously provide the needed talent. Such is the role of the JV golf team which is again rated among the top teams in the county. While they have a tough act to follow (last year's team was the league champ), they have the personnel to get the job done once again.

Leading the team this year is last year's most valuable player, Scott Bjoin. Also among the best on the squad is Stacy Colborne, one of the two girls to compete on the team.

The other outstanding members of the team are Tracey Earle, Rickey Paulson, Steve Sanderfer, Dave Galanti, Tom Fuscoe, and freshmen, Charlie Bart and John Delaney.

Among the goals established for the team are a repeat as the league champs and a successful defense Poway J.V. Tournament which they won last year. In addition, the team will play in the small school division varsity tournament at Monte Vista.

Varsity Standouts Insure a Successful Season

The Varsity Gymnastics team had many standouts this year. Chris Miller and Lori Lipson were optional standouts. Moving up from JV; Donna Sanchez was strong in the compulsories, Kim Miller, and Dianna Acuna were also strong in their area. Coached by Lynn Oliver, the team goal is to make it into CIF. Becki Wilkins, a strong overall athlete is sure to play a big role in this goal.

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The Junior varsity team consisted of mostly freshme and sophomores making the team for the first time thi year. With their lack of experience it was hard to predic what they would do this season, but Coach Oliver wa optimistic about their season. The team will concentrat mainly on building up the team's fundamentals, insuring strong team next yea

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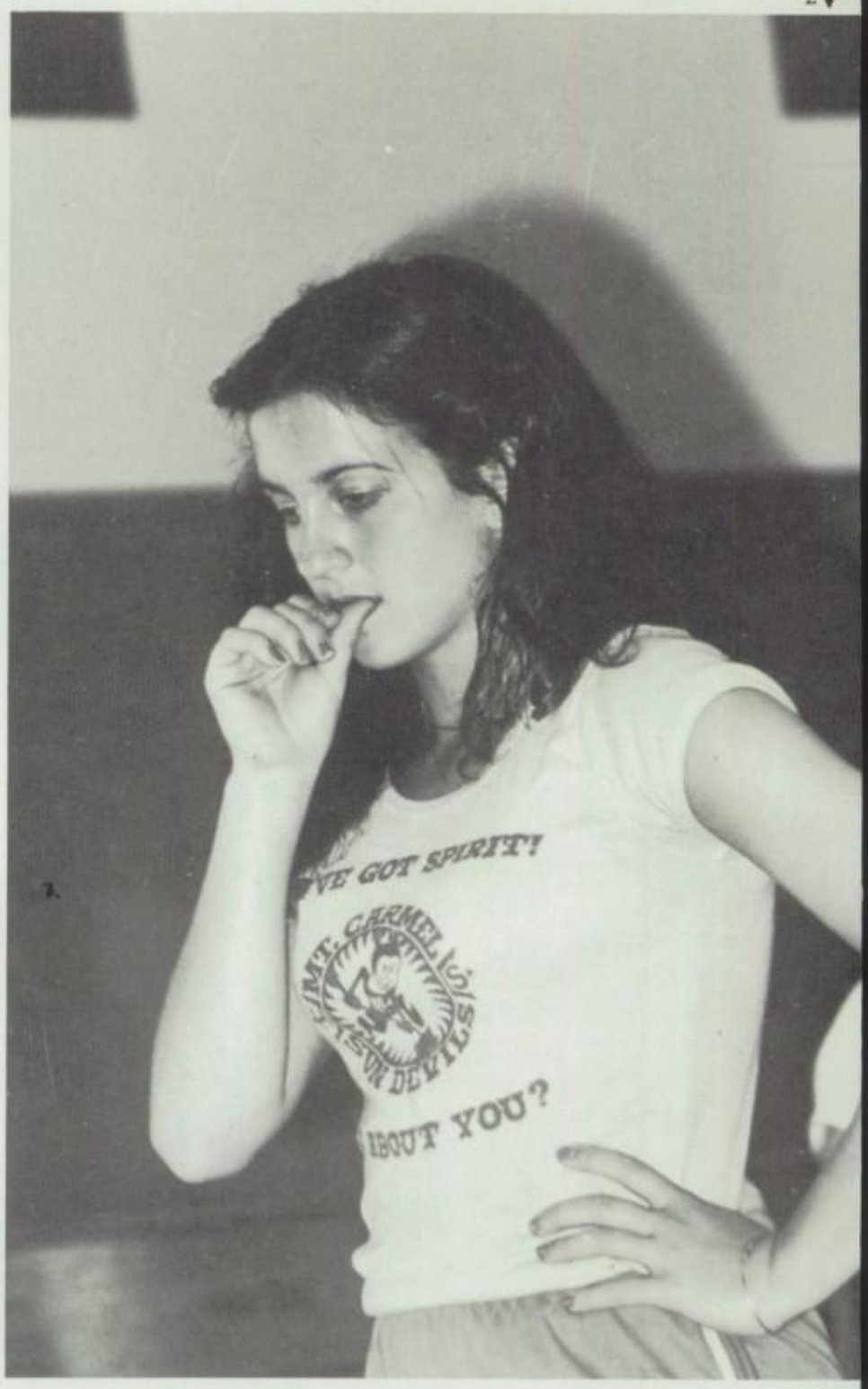

1. Linda Phinney practices her routine on the uneven parallel bars.
2. Anna Hoesch contemplates what to practice next.

1. Chris Miller completes a vault in practice.
2. Varsity Gymnastics team: Heather Parham, Kim Miller, Anna Hoesch, Denise Somes, Paula Miller, Becki Wilkins, Chris Miller, Donna Sanchez, Lori Lipson.
3. Carrie Skinner watches other members of the JV team.
4. Missy Aguilar watches other members of the team complete their routines.
5. Members of the JV Gymnastics team, Sheri Gordon, Judi Meehan, Karen Manning, Linda Phinney, Michelle Crepeau, Mary Walters, Kelly Crosthwaite, Kim Smith, stand in a line awaiting their next instructions.

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Varsity Baseball
Brought Out By Talented Squad

This year's varsity baseball squad was comprised of many outstanding players. As a team, it was the exceptional pitching and defense which brought forth such a strong team unity. There were five solid pitchers; Roger Holdman, Greg Lanthier, Steve Walker, Tim McGill and multi-CIF record holder Bill Beane, that combined efforts to stymie their opposition. According to Coach Blalock, Bill Beane would have been the first MC player to be drafted by pro scouts. Just how high and in what round was uncertain.

Other outstanding players included the quick Eric Curr at second base, freshman varsity letterer and a super shor stop, Shell Scott, and Todd Landreth, playing solid ball a catcher. Pre-season indications noted that all of the abov players had good shots at becoming all-league performer This year's league was very competitive with no wea teams in the Palomar section. Early speculation favore four teams to capture the league crown; those being Vist Orange Glen, Fallbrook, and of course Mt. Carme

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1. Varsity Baseball: Row 1: Robert Moyer, John Foster, Dexter Davis, Roger Holdman. Row 2: Shell Scott, Rob Tinley, Steve Castleberry, Mike Young, Steve Walker. Row 3: Coach Casciato, Bill Beane, Tim McGill, Greg Lanthier, Eric Curry, Todd Landreth, Ken Pulsifer, Coach Blalock.
2. Todd Landreth positions himself on the bag, ready to pick off an oncoming runner.
3. Robert Moyer enjoys practicing on Blalock's well-manicured top field.

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1. Last year's recipient of Mt. Carmel's Most Valuable Athlete, Bill Beane works out on the practice field.
2. Alternate catcher Steve Castleberry scoops in a low pitch.
3. Manning the pitching machine and other equipment is a common chore for Coach Blalock during the dry parts of the season.
4. Rob Tinley concentrates on his hitting form.
5. Steve Walker is one of the few contributing to the fine pitching staff.

1. During tryouts, many of the boys loosened up before going out on the practice field.
2. Wade Lindenberger checks his form during batting practice.
3. JV Baseball: Row 1: Pat Gibbons, Jack Meerchaum, Wade Lindenberger, Gary Gelinas. Row 2: Coach Casciato, Kevin Mirakami, Greg Graff, Tran Pierce, Rick Puelhorn, Larry O'Brien, Coach O'Connor. Row 3: Todd Koetter, Darrin Balsley, Jim Reifeiss, John Bales, Ricky Cortez, Pete Kapsimalis.

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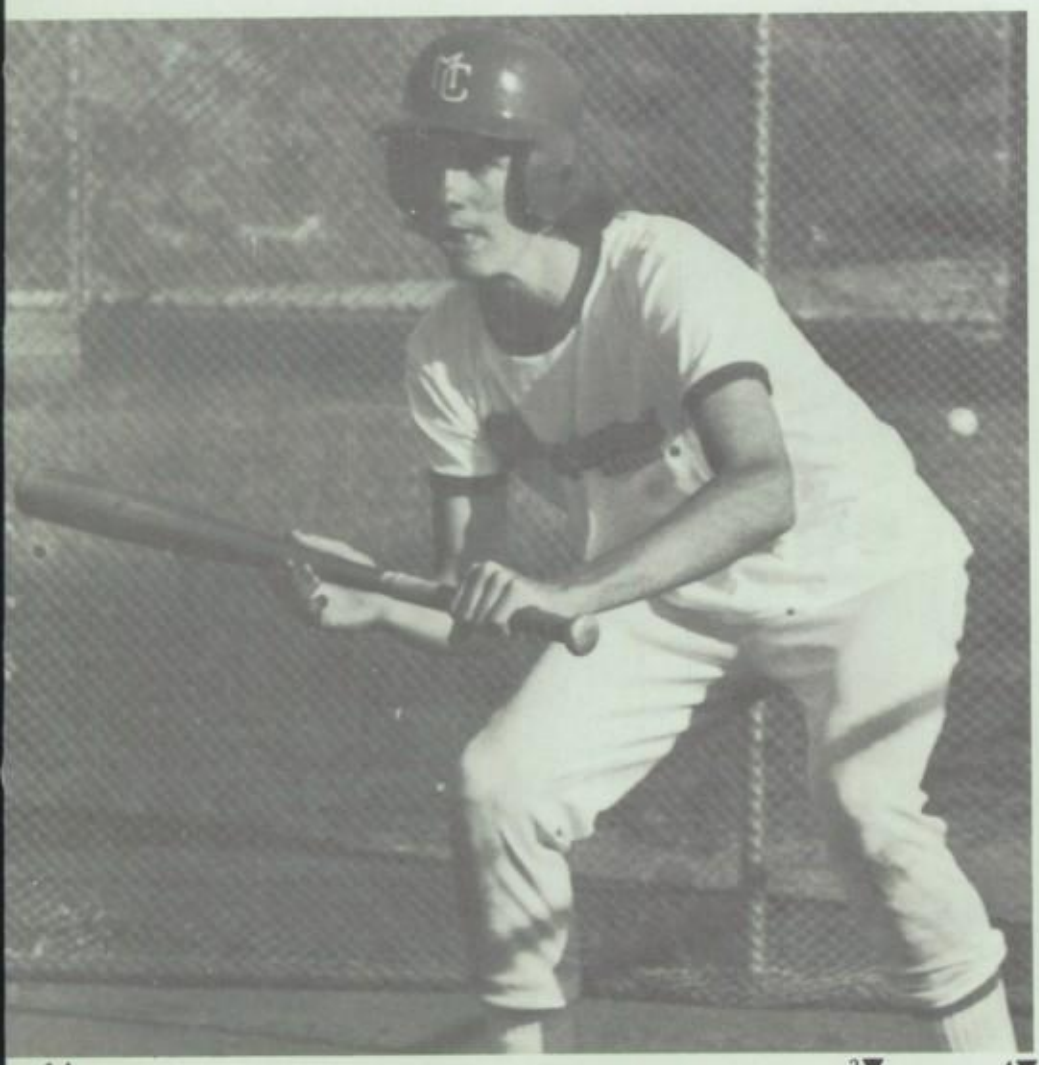
JV Develops Balanced Team

Many young athletes came out, ready to try out for the junior varsity baseball team. Weeks went by as the coaches observed the possible players, mentally noting the good and bad points of each player. After the final cuts were made, a final group of strong players was formed into an overall balanced team. As of March 14, Coach O'Conner made no predictions on the season's outcome but winning the league title was a very definite possibility. He also noted that because of the new schedule of schools, all of the teams would be tough and all teams were to be taken seriously. Mostly sophomores made up this year's team. Players like Darrin Balsley, Todd Koetter, Pete Kapsimalis, and Greg Graff stood out as team leaders.

The squad's aspects were composed of solid pitching as demonstrated by Darrin Balsley and a good overall defense. O'Conner stressed quickness on the bases and pointed towards aggressive base running.



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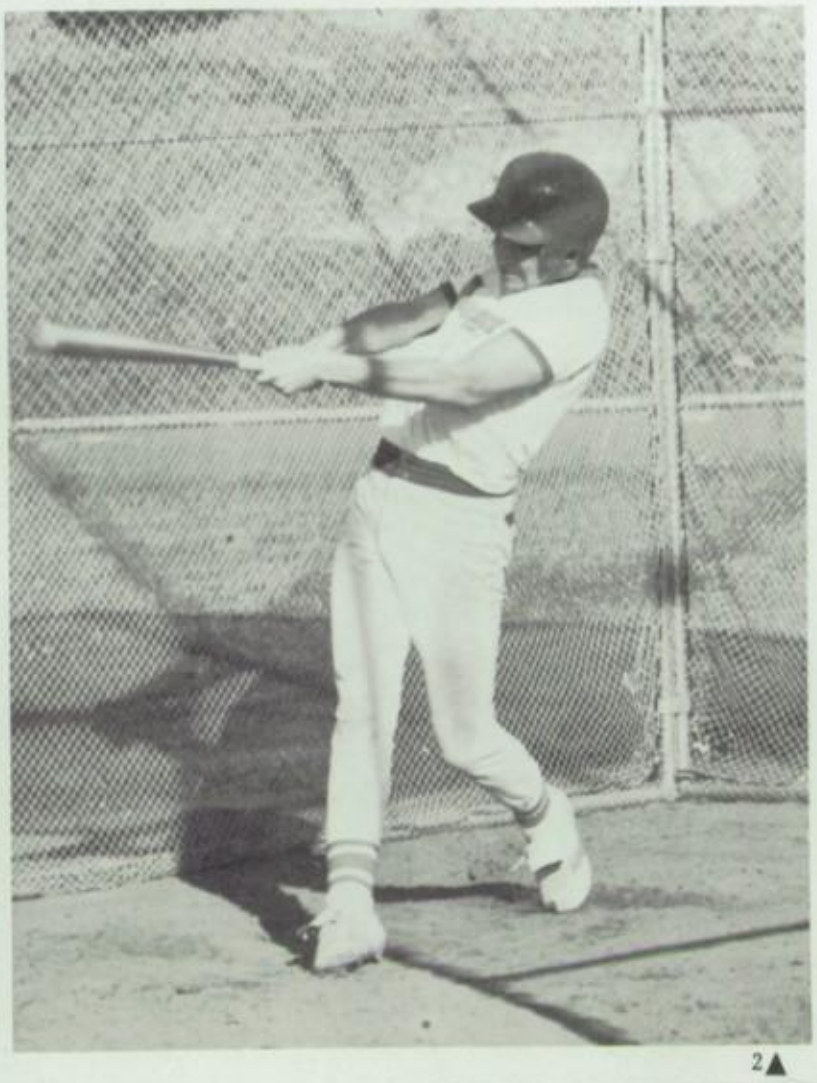

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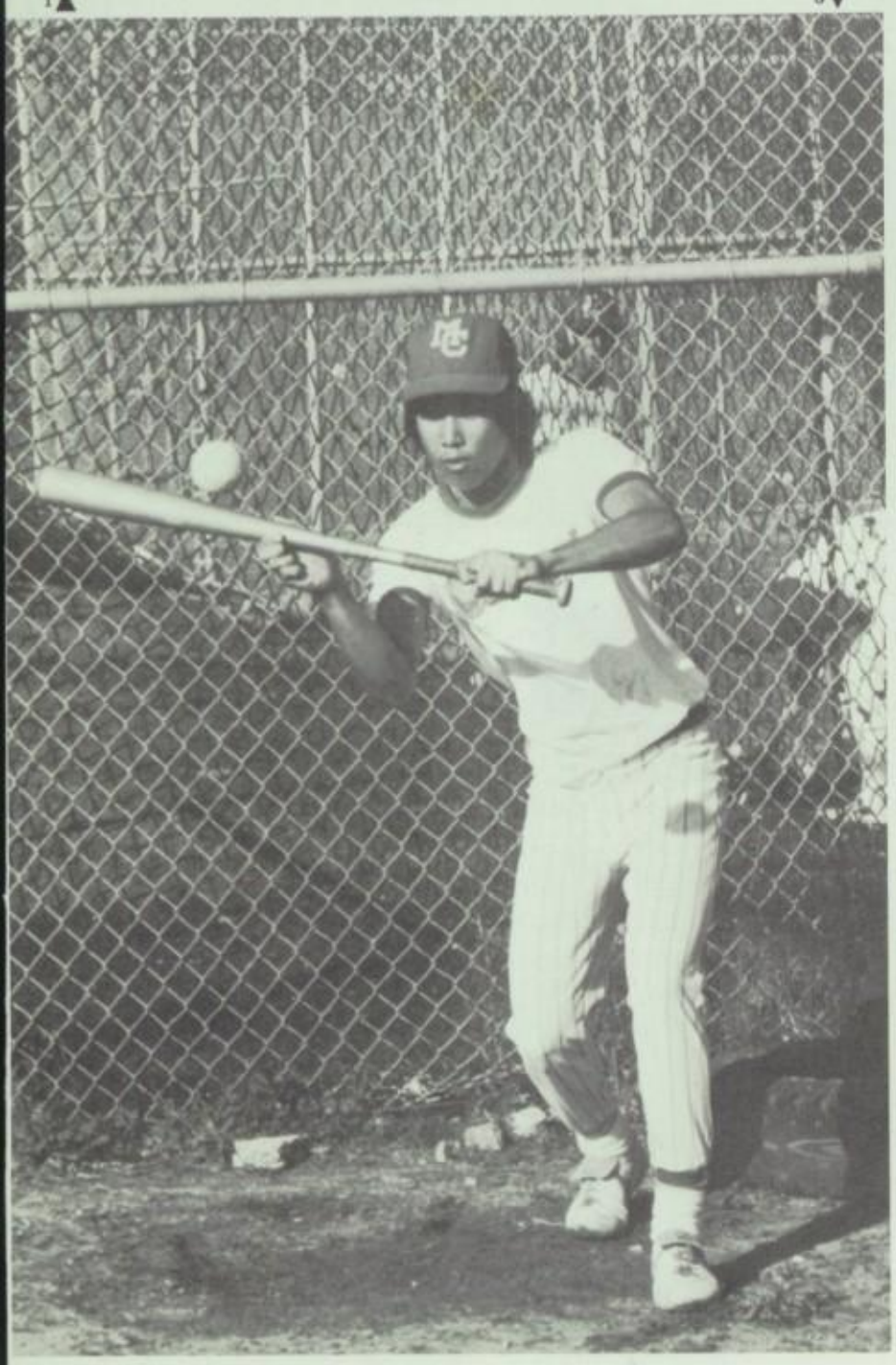

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1. Pitcher Darrin Balsley steps in to bunt.
2. Jack Meerchaum takes a hefty swing while warming up.
3. Ricky Cortez eyes the ball and readies to bunt.
4. A group of JV pitchers gather to discuss the day's practice session.

1. Freshman Baseball: Row 1: Sam Castleberry, David Mallari, Frank Ratchford, Rob Holdman, Mark Scott, Andy Young, David Cortez. Row 2: Brian Murphy, Shaun Stinson, Dan Devlin, Tony Widerberg, Ken Deremer, Rich Humes, Rich Hawkins, James Dean, Jim Sinclair. Row 3: Tom Chintala, Tim Sinclair, John Miyasaki, Mike DeFabio, Todd Sharp, Jeff Anderson, Rey Nicholas.
2. Rich Humes takes a leadoff as Tom Chintala positions himself on first base.

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Freshman Baseball Develop Skills

According to Coach Chabola, the freshman athletes of 1980 were the most outstanding freshman class thus far at the Mount in terms of attitude and talent. In all levels of high school baseball, each program tries to develop skills needed for professional ball. The freshman baseball team worked on the basic skill levels and fundamentals to develop more each year and mold them into future varsity athletes. Chabola says the young group worked fairly hard on the diamond. He expected to utilize their speed and quickness, and general athletic ability to win their games. Standouts for the freshman squad were Jon Miyasaki, Ken Deremer, Shaun Stinson, David Mallari and Tony Widerberg. The pitching staff, one of their positive points, consisted of Brian Murphy, Todd Sharp, Tim Sinclair and Rey Nicholas. The team went against all schools in the Palomar league except Vista.

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1. Director of this freshman team is Coach Chabola.
2. A basic fundamental for baseball is warming up on pitching techniques as demonstrated here by Rey Nicholas.
3. Richard Hawkins patiently awaits his turn at bat.
4. From the infield, Andy Young attempts to cut off the player running home.
5. Alika Gassoway warms up his arm before doing any real throwing.

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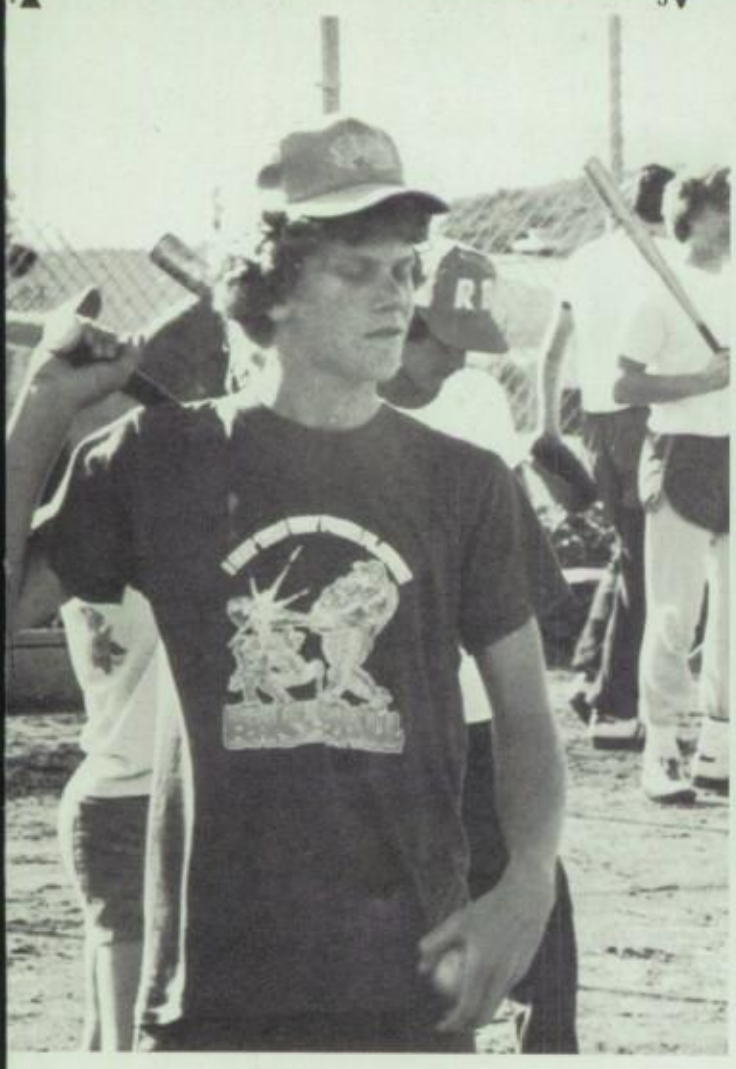

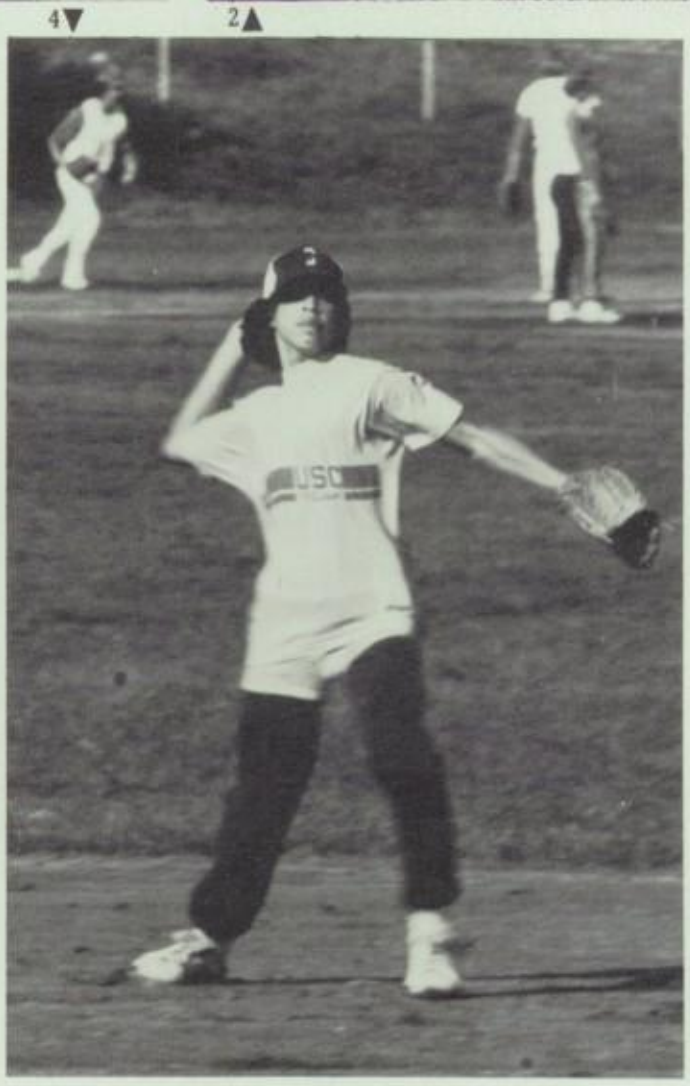

Swimmers Go for CIF Title

Mt. Carmel's swimming and diving team will have a season to remember. According to head coach Mr. Eisler, he feels that this year's varsity and JV swimmers will go undefeated in their dual meets, as they did last year. The varsity team placed second in CIF championship, but this year they are capable of winning the CIF title.

In varsity swimming there were many strengths including freestyle and individual medley. Although Eisler stressed the team concept, varsity captains Tony Pistilli and Eric Williams helped the team tremendously. Outstanding under classmen Matt Gates, Tim Dobias and Martin Gates paced the way to CIF. JV swimming was extremely strong, and outstanding performances were expected from them. Diving surged upward on improvement due to the help of the new assistant coach, Mrs. Robinson. This is thought to be the premier year for varsity, a J.V. swimming and diving.

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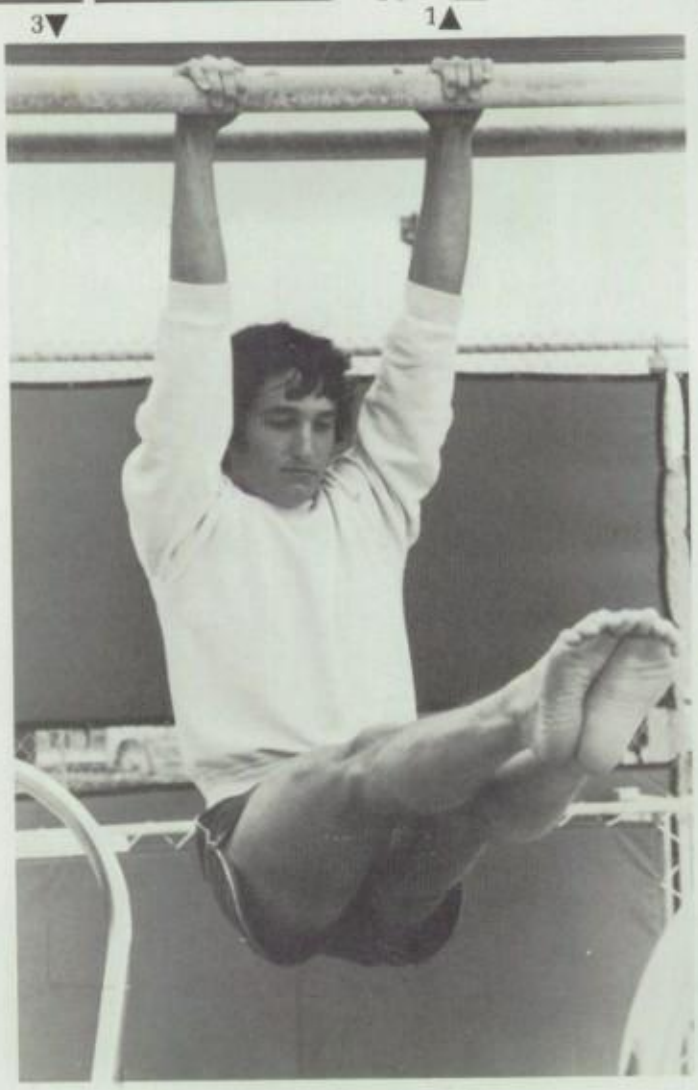

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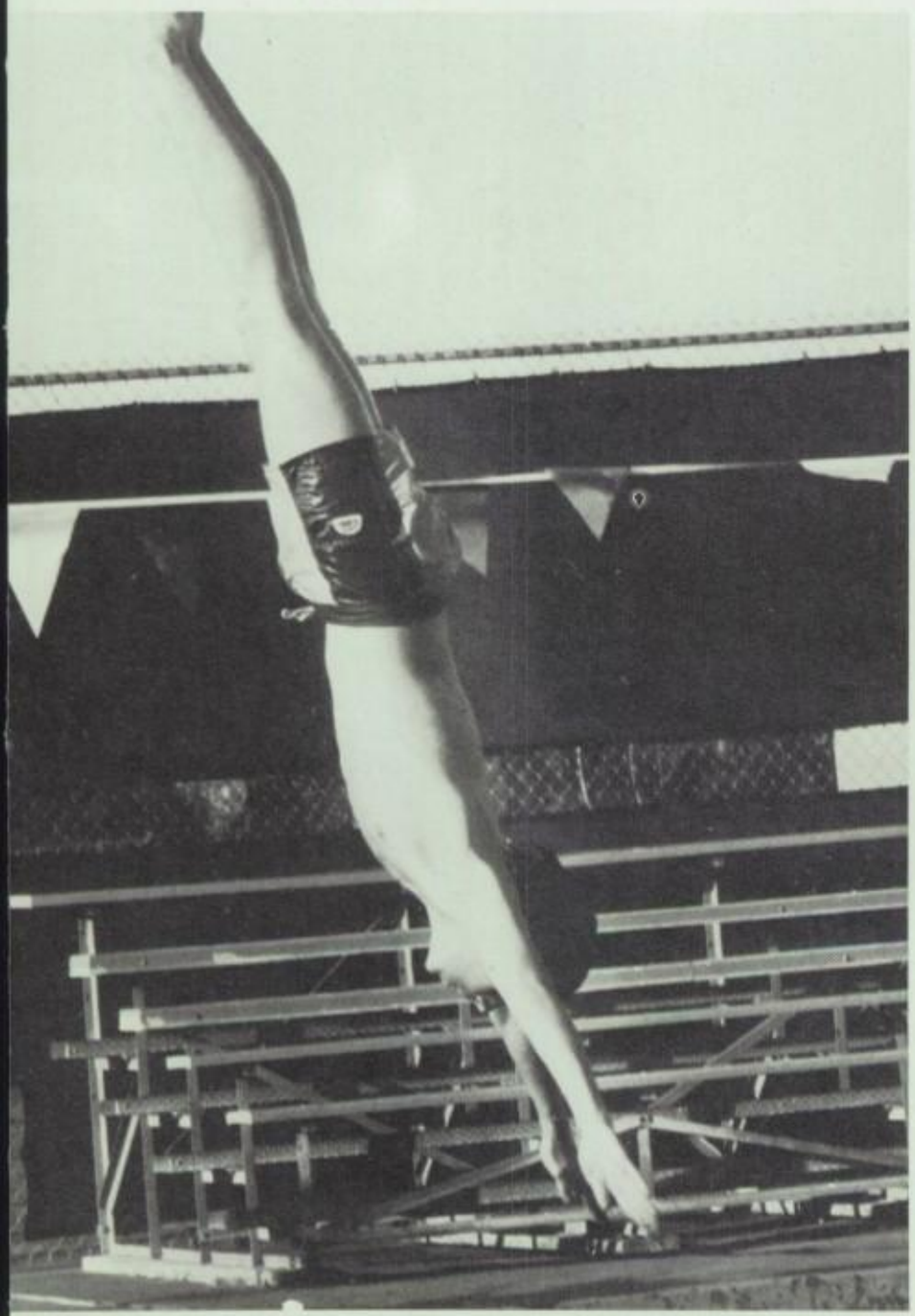
1. Boys' Swim Team: Row 1: W. Norris, T. Dobias, D. Anasts, K. Mueller, R. Brisbine, M. Gates, T. McCullen. Row 2: J. Smith, A. Schuless, T. Pistilli, M. Weede, C. Price, S. Ewalt, M. Skinner, G. Mundt, M. Giben, P. Dobias. Row 3: Coach Eisler, T. Gaasch, R. Strate, F. Cirillo, H. Dambrose, M. Gates, J. Pearson, J. Cook, M. Mata, Assist. coach Mrs. Robinson. Row 4: S. Palmer, T. Gaash, M. Fairshter, L. Amen, M. Brown, S. Ozun, C. Callahan, D. Pistilli, T. Kline.
2. Tim Dobias had an outstanding year in 79. Here, he casually takes it easy between swimming intervals.
3. Limbering up tight muscles before practice.
4. Coach Eisler is the reason for the past successes of the powerful swim program.



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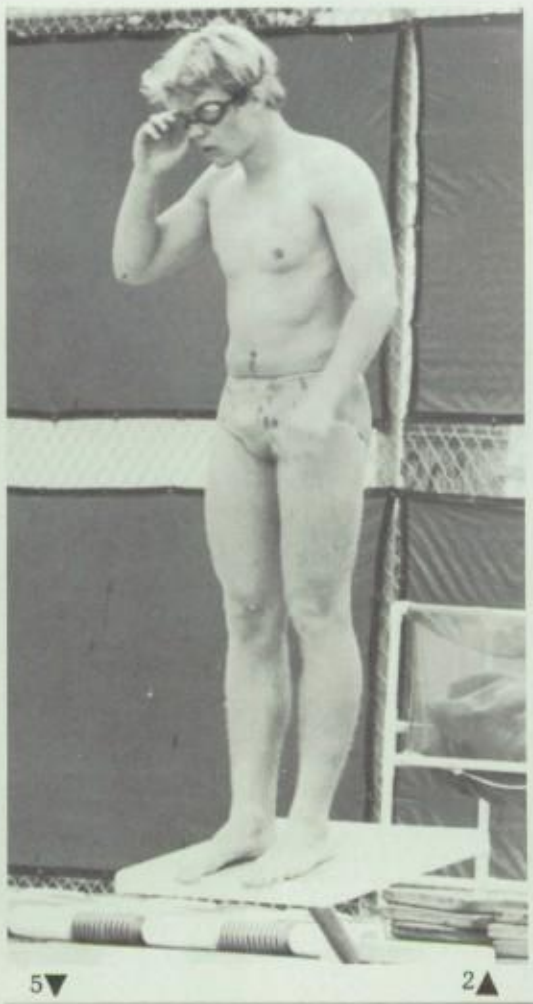

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1. Three-year letterman, Ken Mueller, executes a fine dive off the high board.
2. Martin Gates adjusts his goggles as he prepares to enter the water.
3. This pool appears to be a tad too cold for Peter Dobias.
4. Intense concentration marks the face of Senior, Brian Phelps, as he develops his form on the diving platform.
5. Gregg Mundt takes his mark, ready for the start of the race.

1. JV team members listen as Coach Wealch explains the plans for practice.
2. Tension is shown on the face of Joanne Sherman's face as she awaits her turn to shoot.
3. Julie West and Wendy Harter receive special instruction from Coach Brose on the sidelines.

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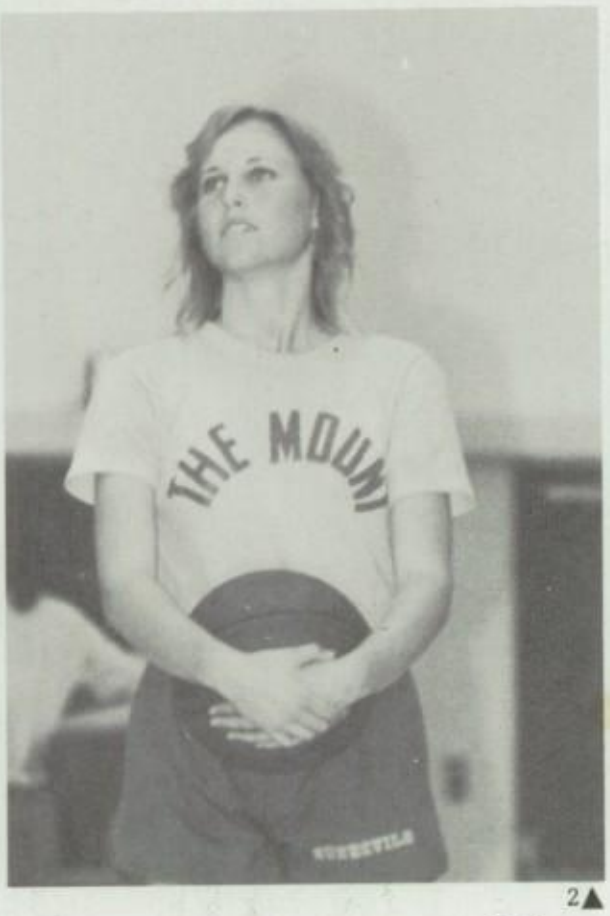

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Cagers Finish Winning Season

Coach Peggy Brose returned to lead this year's girls' varsity basketball team through both a new season and a new league. The uncertainty of the new league did not stop the team as they came together with a new sense of unity. The success of last year, the team finished second in league with a 8-4 record, has put new life in the girls' basketball program at Mt. Carmel. Returning to this year's team were Pam Myers, Jenny Tentor, Fran Wright and 1979 player of the year runner-up, Lisa Miranda. Also four players are up from last year's JV team, and thanks to last year's coaching of John Marincovich are a valuable asset to this year's team.

The team is rounded out by two girls new to Mt. Carmel this year. The lack of height on this year's team did not hinder the girls as they made up for it with quickness and team unity.

The JV team once again had a new coach. Doug Wealch who in the past has only coached boys, had the new experience of coaching girls. This year's JV squad appears to be bigger both in height and enthusiasm than previous teams have been. Coach Wealch expressed that he was not interested in the winning aspect of the team, but more with improving the girls fundamentals to prepare them for future positions on the varsity team.

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1. Waiting for the ball to come out of the corner. Katie MacFarline and Theresa Nugent play defense.
2. Lisa Miranda takes a well deserved break after a long practice.
3. Listening to instructions from Coach Brose, team members take their positions.
4. Sundevil defense take its position under the basket in a game against Carlsbad.

1. Wally Holgado strains to throw the discus.
2. Springing to complete the baton pass to David Lane is Alan Watson.

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New Coach Sets Precedents

The Mt. Carmel track and field program went through some major changes this year. Different guidelines, standards and attitudes came about as a result of new head coach, Dennis McClanahan. The rest of the new coaching staff consisted of Mr. Samaras and Mr. Andruski working with the sprinters; Mr. McKinney with the shot putters and discus throwers; and veteran coaches, Ms. Wiley on various field events and McClanahan presiding over the distance runners. This newly formed staff stressed discipline and hard work for new precedents in the coming years.

Early in the season many runners participated in the annual Jack in the Box Invitational and one co-ed relay team consisting of Denise Coulter, Suzi Trask, Wilbur Hof man and David Lane, took a second place. This set the sta for the upcoming season in a new and more difficult leagu

A strong crop of sprinters led by Jay Jones, Wilbur Hof man, David Lane and hurdler Joe Leakes, helped the tea to its victories. In the longer distances, Percy Bojador, Ric ard Gaboury and Ernie Price ran primary events of the 88 mile and two mile, respectively. The field event men we consistent in the high jump with few varsity lettere returning. No returnees in the weight man's events was th weak point in an overall strong Sundevil tea

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1. Boys' Varsity Track: Row 1: Jay Jones, Gene Edler, Joe Leakes, Alan Watson, Roy Salcedo, David Lane. Row 2: Ed Reyes, John Ha, Mark Bolt, Barry Strayer, Percy Bojador, Tom Keegan, Joe Dimapilis. Row 3: Wilbur Hoffman, Chuck Beeson, Kerry Provence, Criag Maze, Mike Tansey, Ernie Price, Richard Gaboury, Dave Curnow, Wally Holgado, Bill Hazard. Not Shown: Steve Maze, Sherman Nuckols, Doug Small.
2. An entirely new 440 relay team was composed this year consisting of team leader Jay Jones, sophomore sensation Wilbur Hoffman, quarter mile specialist David Lane and Junior standout Alan Watson.
3. A consistant 6 foot jumper, Bill Hazard practices his form on a low heigth.
4. An expression of disgust marks the face of Gene Edler as he must prepare for the 440 yard run.

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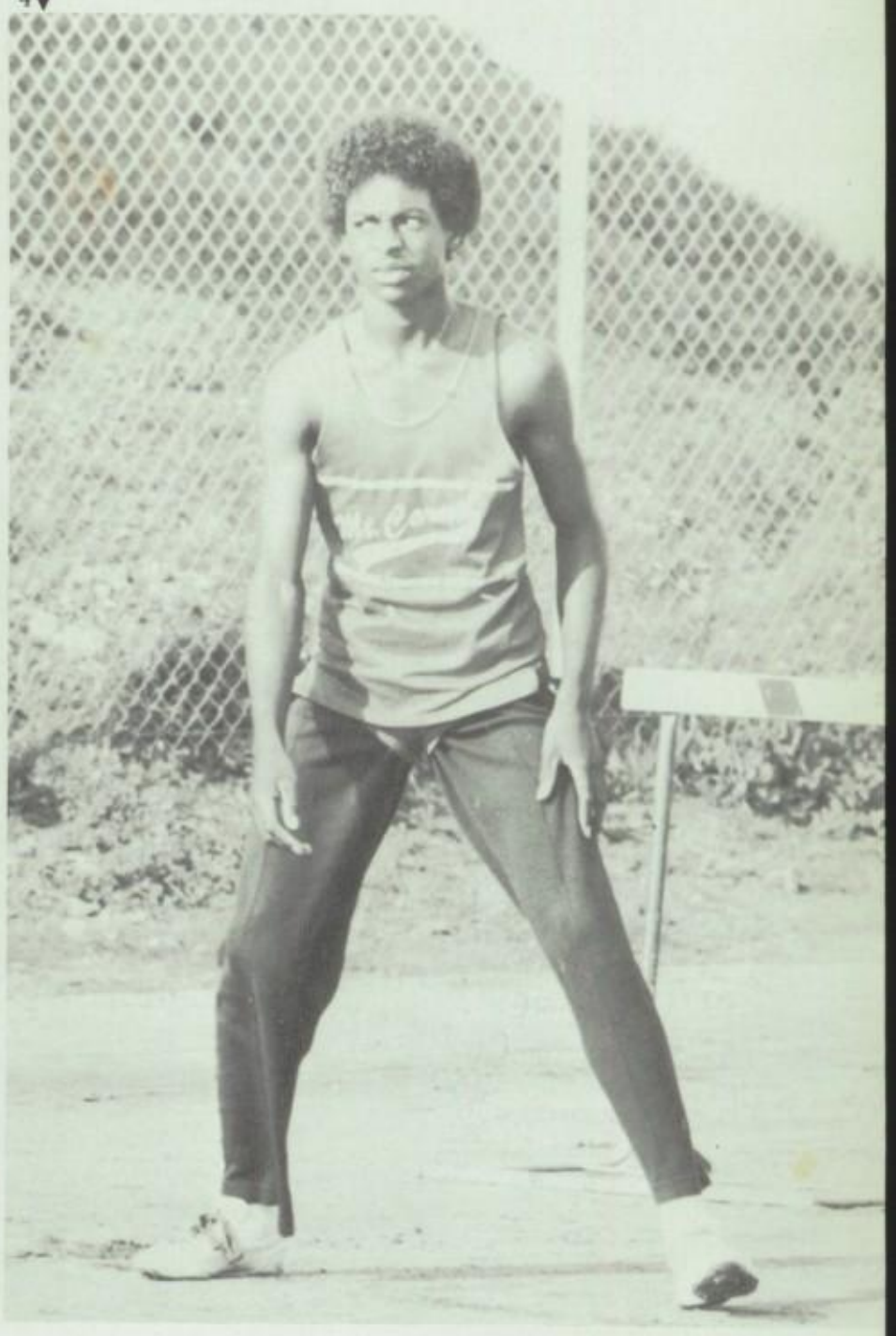

McClanahan Oversees Entire Track Program

Coach McClanahan appeared to have his hands full the first day of practice with roughly 120 people turning out. Much of the track program is supported by the junior varsity squad, with McClanahan supervising all levels including the varsity, JV, frosh and girls. The junior varsity team has experienced success in the past with a combination of generally good talent and coaching from former coach, Mr. Cummings. This year has also been an exceptional one with a lot of talent returning from last year's squad and many new members coming out.

Consistent in the sprints were sophomores Sonny Pangalinan and John Ha. Tim Ortiz used overall talent in both the sprints and the field events while in the long jump and high jump, it was usually Mark Pavlovics who jumped the farthest and highest. Varsity cross country runner, Doug Small, used his endurance to finish high in the standings in the 880 to the two-mile. These performers and many others contributed greatly to the well-rounded team.

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1. Sprinter John Ha strides out on the infield grass.
2. JV Boys' Track: Row 1: Myron Abutin, Mike Whitton, Randy Jackson, Mike Cates, Mike Embick. Row 2: Tony Steiner, Pat Bojador, Frank Velasquez, Doug Cook, Ram Ramil, Mike Crawford. Row 3: Steve King, Mike Marty, Mark Pavlovics, Mike Barnett, John Ha, Doug Beard, Martin Eastwick, Jim Ferguson.
3. Members of the freshman team stretch out tight muscles before practice.
4. Mike Marty works on his take off in the JV high jump.

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1. Coaches Andruski and Samaras go over last minute scheduling of events before a meet.
2. Freshman Boys' Track: Row 1: Rod Shibley, Scott Williams, Ron Topp. Alex Bukoski, Jordan Salcedo, Rick McKinney, Erwin Santa Ana, Jim Gaboury. Row 2: Jenarold Southern, Rick King, Derek Cartmell, Mike Kleist, Shawn Cannon, Ruben Cleary, Ted Manalo, Shawn Gillis, Paul Lane. Row 3: Cockin, Ken McLaughlin, Chris White, Rogelio Gaerlan, Richard Stark, Val Laguda, Chris Alarcon.
3. Even during interval work on the track, the boys and girls work together as a team.
4. When not high jumping, Mike Marty throws the discus.

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Talented Team Paces Girls' League

Losing only a few seniors to graduation, the Mt. Carmel girls' varsity tracksters had another strong team. They started off the season by obliterating Mira Mesa off their own track. In all parts of the team there was talent and there were no real major weaknesses. Leading the sprinters to victory was Eva Knight, and two new faces in the girls' program: sophomore Lauren Russell and freshman Veranda Williams. A strong group of quarter milers; Denise Coulter, Gina Barnett and Tracey Barber formed a standard mile relay team that also teamed up with multi-event standouts Suzi Trask (who ran the 880, mile, two-mile and high jumped) and Amy Gale (who went to CIF in three events and also excelled in the 220, long jump and 110 low-hurdles). In the distance events it was Connie Trask running the half mile; Kathy McCabe, Monique Price and Suzi Trask in the mile; and Terry Fassbender that toured the enduring eight-lapper. And in the shot and discus it was veteran CIF performer, Kaye Goebal that once again threw the farthest.

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1. Connie Trask and Terry Fassbender have been a vital part to this year's team.
2. All-around trackster Suzi Trask takes a break between jumps.
3. Kathy McCabe, Veranda Williams, Mandy Galt, Kaye Goebal, Gina Nett, Tracey Barber, Amy Gale, Dawn Kaye. Row 2: Connie Trask, Debbie Fiero, Denise Coulter, Lauren Russell, Carol Bojador, Suzi Trask, Monique Price, Donna Doerfler, manager Cindy Hicks. Not Shown: Terry Fassbender, Eva Knight.

1. Gina Barnett takes a big heave and forces out the shot.
2. JV Girls' Track: Row 1: Sherry Holt, Debbie Larson, Deanna Walsh, Suzi Kazemzadeh, Caryn Bement, Kim Morgan, Laurie Swenson. Row 2: Tia Pistilli, Suzi Hazard, Julie Peacock, Teresa Whitton, Stacey Breaux, Yolanda Tyson, Lisa Edler, Kim Clausen, Donna Posi. Row 3: Tina Nelson, Valerie Beam, Rhonda Clarke, Denise Lane, Amy Attig, Kim Stillwell.
3. Quarter-miler Denise Coulter stretches out before her sprint workout.
4. Dawn Kaye, miler, relaxes before her race.

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1. Coach Goffredo looks over his highly-rated tennis team.
2. Improving greatly this season, Brian Hartig concentrates on scooping up this shot.

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Tougher League for Netters

The formation of the new Palomar league added top competition for North County participants. Whereas last year's top teams included Poway, Orange Glen and Mt. Carmel, this year's league featured San Diego contenders Torrey Pines and Vista. According to varsity tennis mentor Coach Goffredo, Torrey Pines is "a tremendous, tremendous team — without a doubt the team to beat." But Mt. Carmel was no slouch last year as they posted an incredible 25-2 slate and an undefeated 12-0 in league. Returning to this year's powerful squad was 1979 Avo-East player of the year Scott Senkir, after missing the first couple of game singles champion Dave Bluestein; senior Scott Yankto and first team all-leaguers Andy Schnoeblen and Gle Magpuri. Others rounding out the squad were sophomor Bob McLain, juniors Les Lazareck and Brian Hartig an freshman Omar Encarnacio

The one weak link in the powerful singles-oriented tea was the doubles which needed work at the beginning of th seaso

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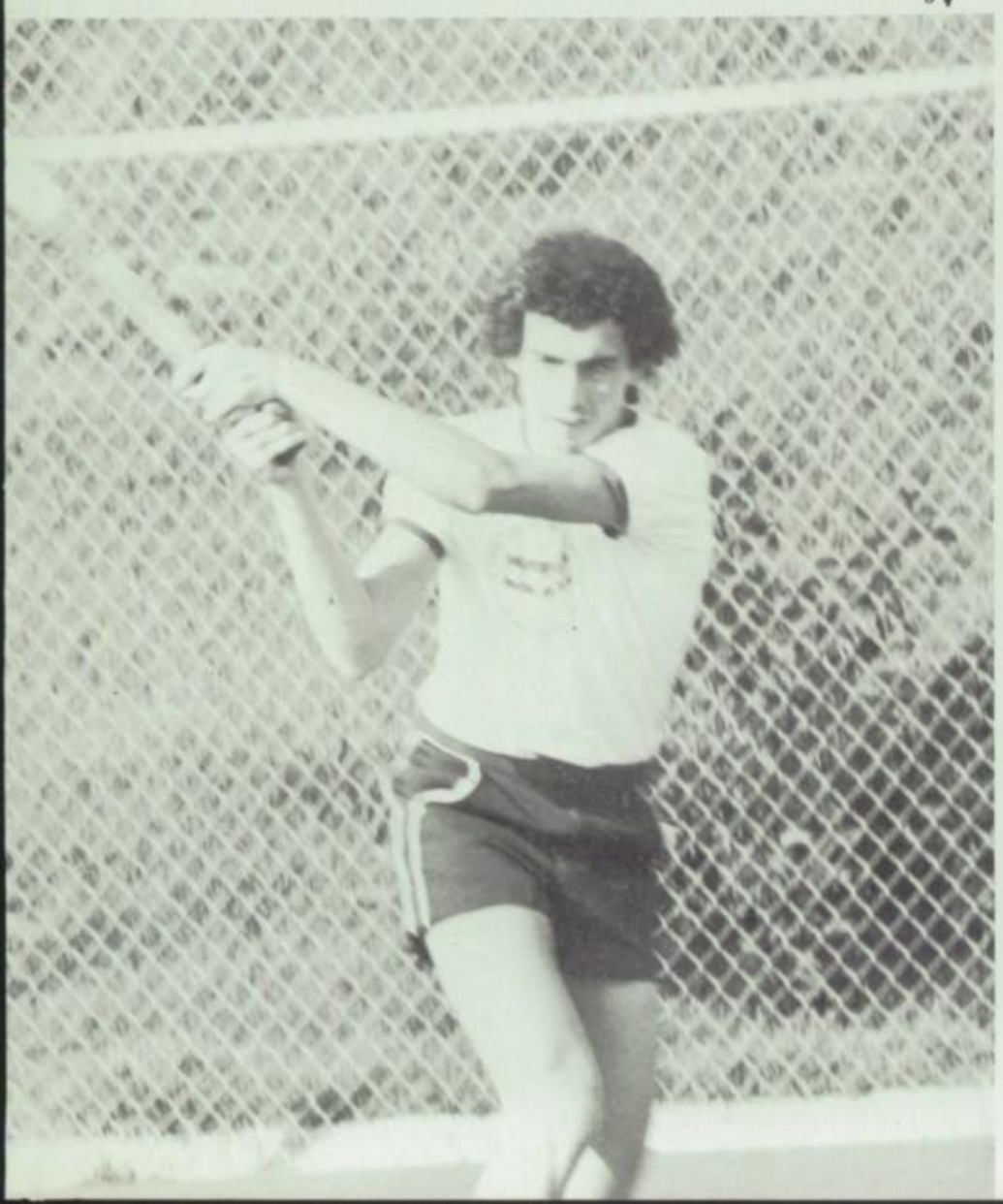
1. Glen Magpuri has played excellent tennis in his past two years at Mt. Carmel.
2. Varsity Tennis: Row 1: Coach Goffredo. Row 2: Glen Magpuri, Brian Hartig, Andy Schnoeblen, Les Lazareck, Omar Encarnacion. Row 3: Rob Aguais, Scott Senkir, Scott Yankton, Bob McLain, Dave Bluestein.
3. David Bluestein shows the form that won him the league singles title last year.
4. Scott Yankton appears to enjoy tennis practice under the California winter sunshine.
5. Rob Aguais reaches for a long ball.
6. JV Tennis: Row 1: Rick Yuson, Glen Armas, Fidel Encarnacion, Mike Vick, Frank Bernas. Row 2: Ron Doncat, Phillip Sammuli, Steve Nario, Mike Hill, Fred Huang, Ariel Sua. Row 3: Steve Lee, Les Cheney, Kimball Chase, Glen Fishman, Leon Tan, Coach Marincovich.

3▼



4▲

5▼

6▼

Varsity Soccer Falters in League Play

"If you're totally dedicated in your sport, you'll do everything in your power to stay eligible, short of breaking the law." This was a statement made by Coach Acquarelli after the varsity soccer team ended the season with a 3-7-2 league record. "I'm very disappointed in our season. We don't have the materials other schools have." But the team's downfall has been attributed to many deficiencies. The terrible rainstorms ruined the practice fields and they were forced to practice on the outdoor basketball courts. A mental letdown was that their home games had to be played at Poway High. And there was a lack of dedication. Under the circumstances, the team had their standouts. Goalie Neil Santos had a tough job to perform, MVP Aaron Ruble, and many of the seniors would be missed next year including Young Yoo, Drew Lettington, fullbacks Dan Morgan, Phil Scott, Jeff Dorsett and three-year letterman Ken Mueller. Helping to coach these boys were two excellent coaches, Mr. Bob Johnson and Mike Horan. Coach Acquarelli also commented, "Hopefully we will improve. We have a young team with five sophomores; no team in the league had that many."

1▲

3▼ 2▲

1. Mike Erickson backs up, ready to take an oncoming pass.
2. Leaping to avoid his opponent and a possible collision is four-year veteran Dan Morgan.
3. Varsity Soccer: Row 1: Rod Caicedo, Casey Chapple, Jeff Dorsett, Aaron Ruble, Eric Johnson, Drew Lettington. Row 2: Coach Acquerelli, Phil Scott, Mike Erickson, Dan Morgan, Rich Thompson, Jeff Anderson, Wayne Eichberger, Brian Meadows, Mike Spearman, Coach Johnson. Row 3: Neil Santos, Young Yoo, Kevin Navarre, Todd Overson, Albert Gaerlan, Howard Dambrose, Richard Billberg. (Photos courtesy Poway Chieftain)

1. Sometimes when the feet won't work, an effective head shot just might do the trick as demonstrated here by Jeff Anderson.
2. JV Soccer: Row 1: Phil Walker, Steve Marsh, Eric Reyes, Bob Holdman, Enrique Pinerua, Steve Rinehart, Brett George, Bill Rodkin, Bob Thomas, Kevin Greer. Row 2: Coach Samaras, Ram Ramil, Ed Reyes, Rich Risner, John Ryan, Wilbur Hoffman, Jim Lang, Roger Holdman, Dwayne Miguez, Fariboz Fazelli, Coach Horan. Row 3: Gary Billberg, Brian Scott, Steve Hicks, Dane Fricker, Norm Tester, Cheng Huang, Bob Rheinhart, Scott Carlson, Bill Hazard, Steve Nelson, Keith Popejoy. Row 4: Jim Ross, Mike Horan, Martin Eastwick, Steve Glynn, Pat Gant, Brad Brown, Tim Ortiz, Mike Vick, Jeff Moblin.
3. Todd Overson passes to a nearby teammate as his befuddled opponent watches helplessly.
4. Brian Phelps may be small, but he makes it up in his speedy and aggressive play.

4▼

2▲

3▼

1▲

well anyways ya just better watch over Val for me good!

THE ATHLETES OF MT. CARMEL

1980

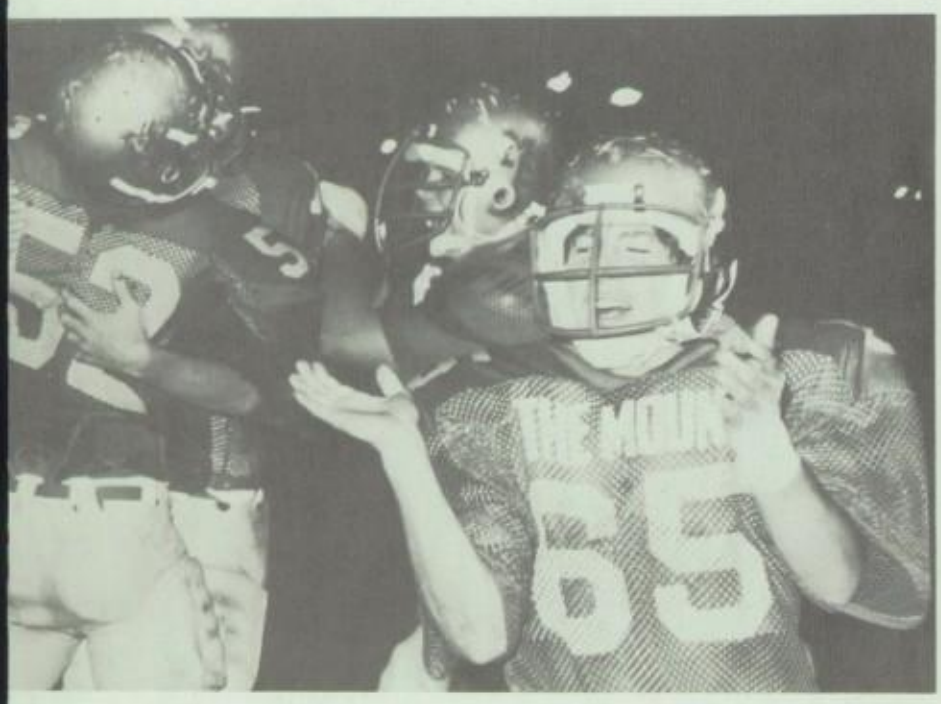
Jerardo,

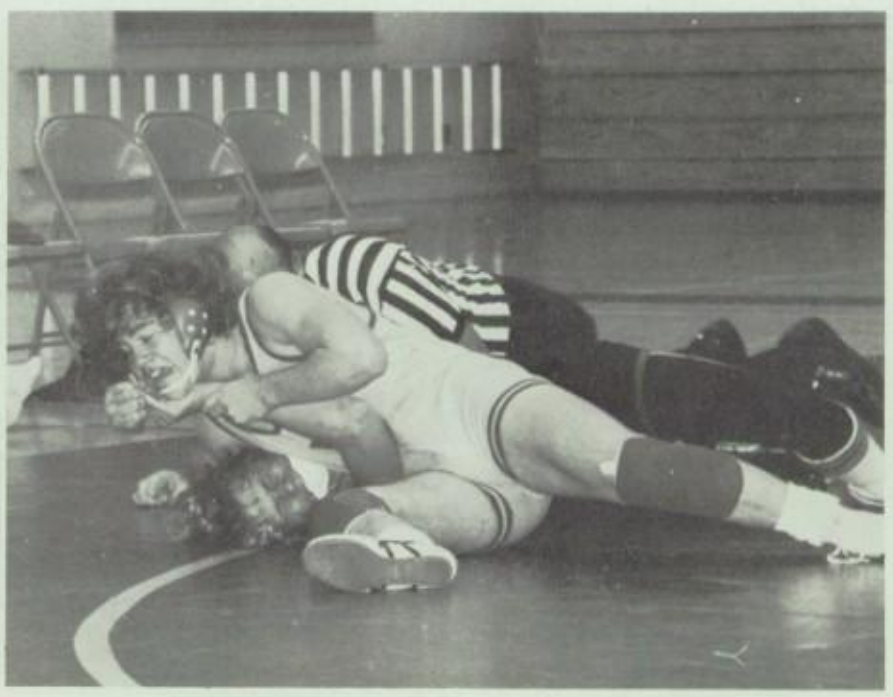
So whats up! This year has gone by fast. Youve been a really nice bro you teach me how to play the drums and everything! Have a nice summer.

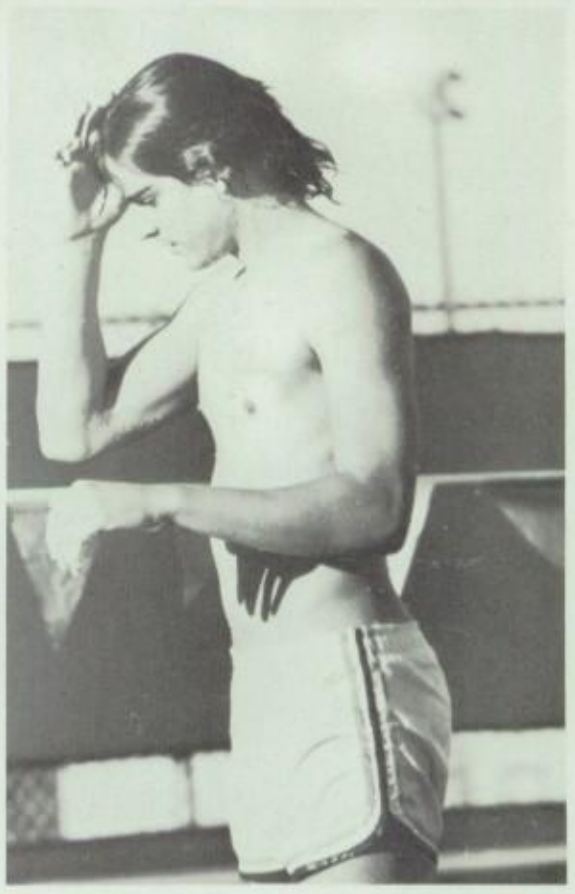
Love Yaz,
Arleyn Panganiban

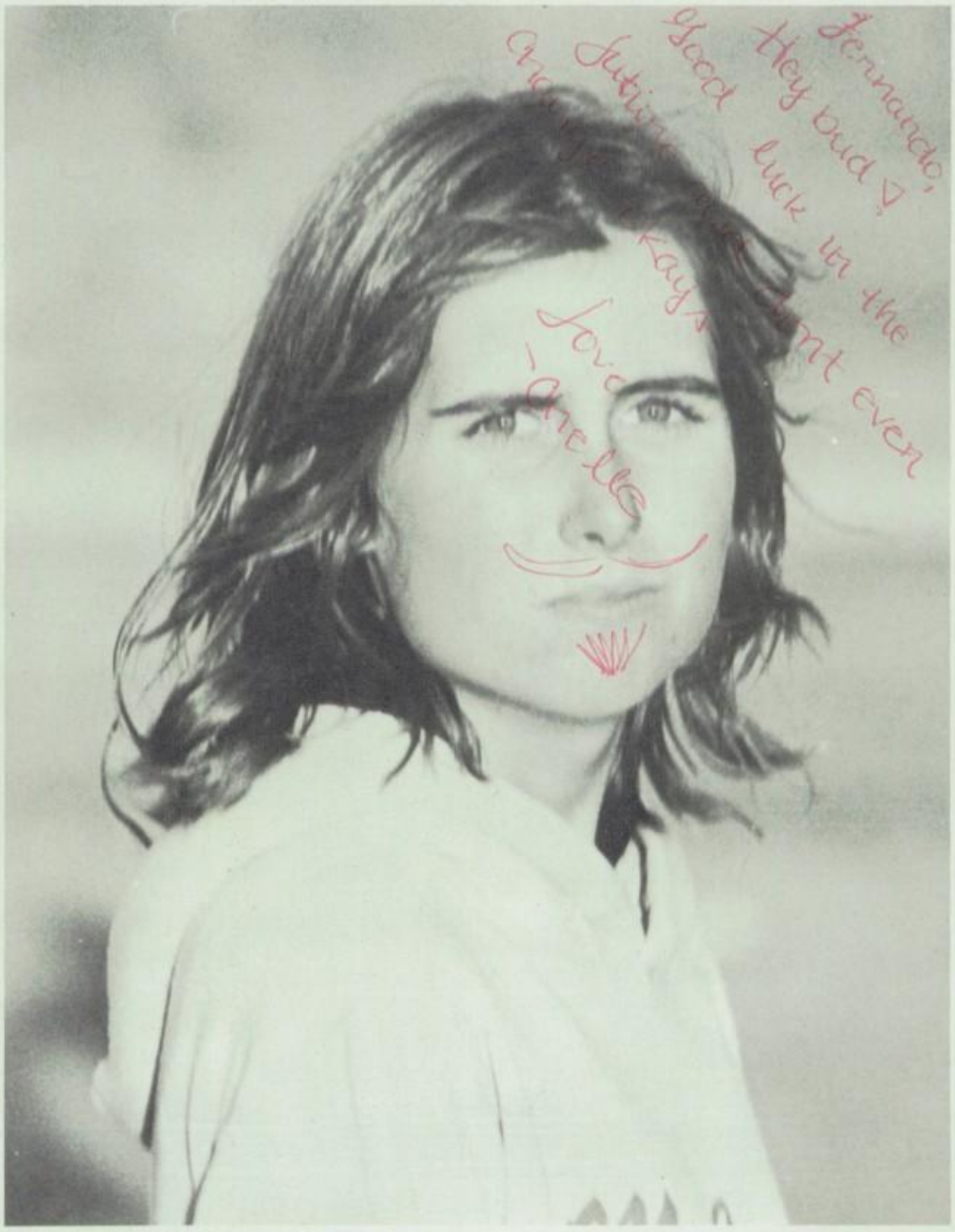
P.S.
Good Luck with your special someone!

Edmond Arleyn

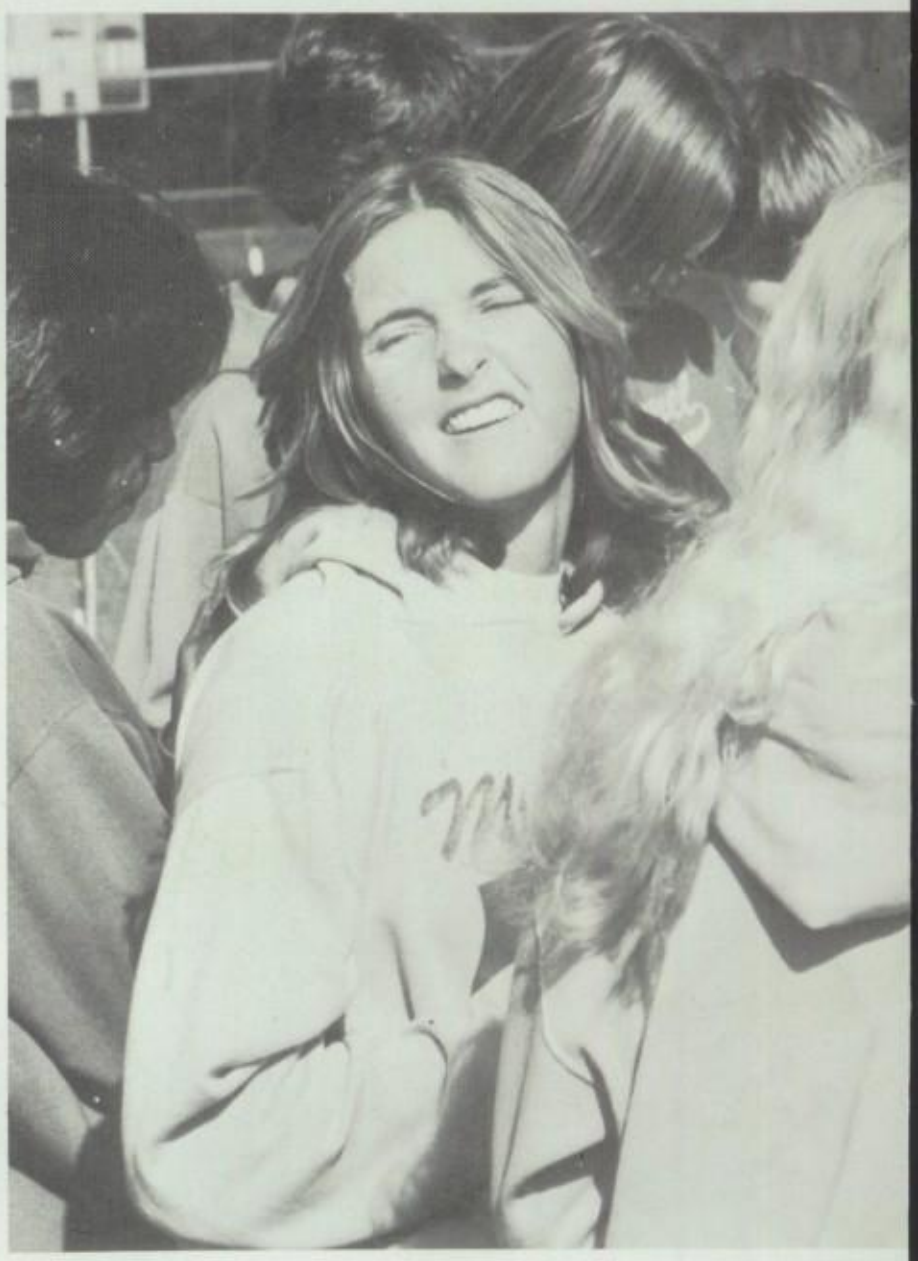




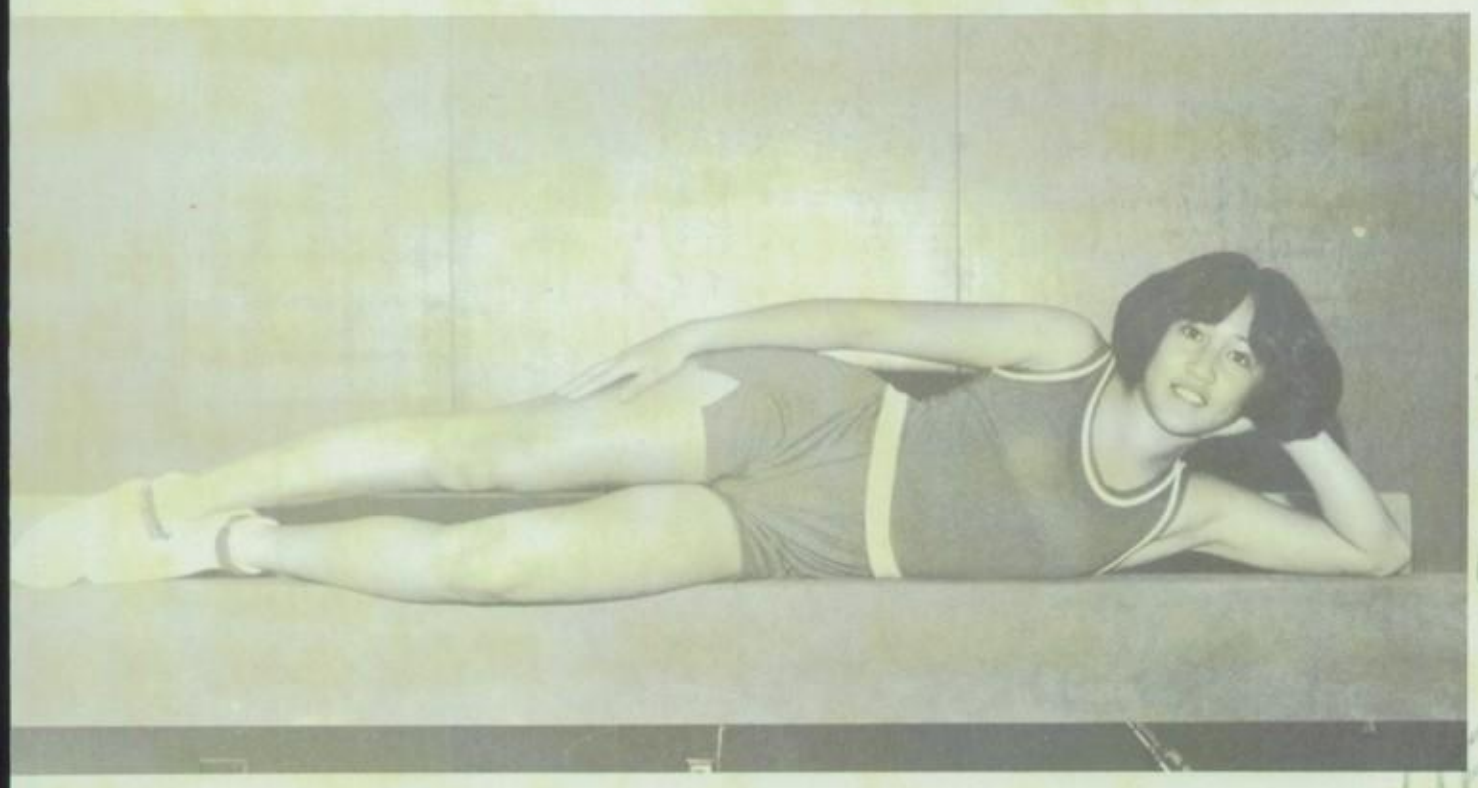



Jennaude,
Hey bud ♡
good luck in the
Love ya
-Amelia

Hey Friends,
This year went by
quick, huh? Anything
this year was better than
it we kicked ass on J.V. in
football and M & M. Good Luck
and stay cool. BROS,
Wendy



I would write about how you derserve so much out of life (even though you do) but every one else wrote that and you know me, always wanting to be different, so i'll just say: Please take care of yourself. You look super since you lost weight. stick to it. Stay out of big trouble little trouble is alright. I hope all your dreamy weamy's come true (now I'm really sounding corny!) Well I'm gonna go even if i did not write enuf OKEY-DOKEY!



LOVE ALWAYS
crazy
Dana

Remember
me always
and that we
are special
special friends

P.S.
Look on
Page
115

Aug. 6, 1980

Hey Boy.

So what's up??? Well I just met ya this summer and I guess you seem like a really nice guy... Oh & do I know ya good enough (trix) I won't sure if ya wanted me to sign your annual... well I think it's a little too late to say. Now you and Emilyn are together and at best stay that way for a long time. O.K.?!? O.K. Fernando, man you mean a lot to Emilyn... so please don't even hurt her for her sake and yours. Cause if ya hurt her then I might have to hurt ya. Don't make me have to hurt ya... all right? And don't get a little misunderstanding get in the way of your two ways. O.K. Enough counseling. Well summers almost over and school is almost back. Oh yea if you think outing school is for the best then do what ever it is you gotten. Just do one thing for me... no make that two things. Stay the nice kind of understanding sweet, considerate chunk of a guy. That was first and second take real good care of my sister... aaaa... ya know... mmm... Emilyn (trix) Just take care of her and yourself. Good luck & God Bless ya...

LOVE & FRIENDSHIP FOREVER

Steff

P.S. I hope ya don't get mad cause I wrote over this white chick.

5/5/5

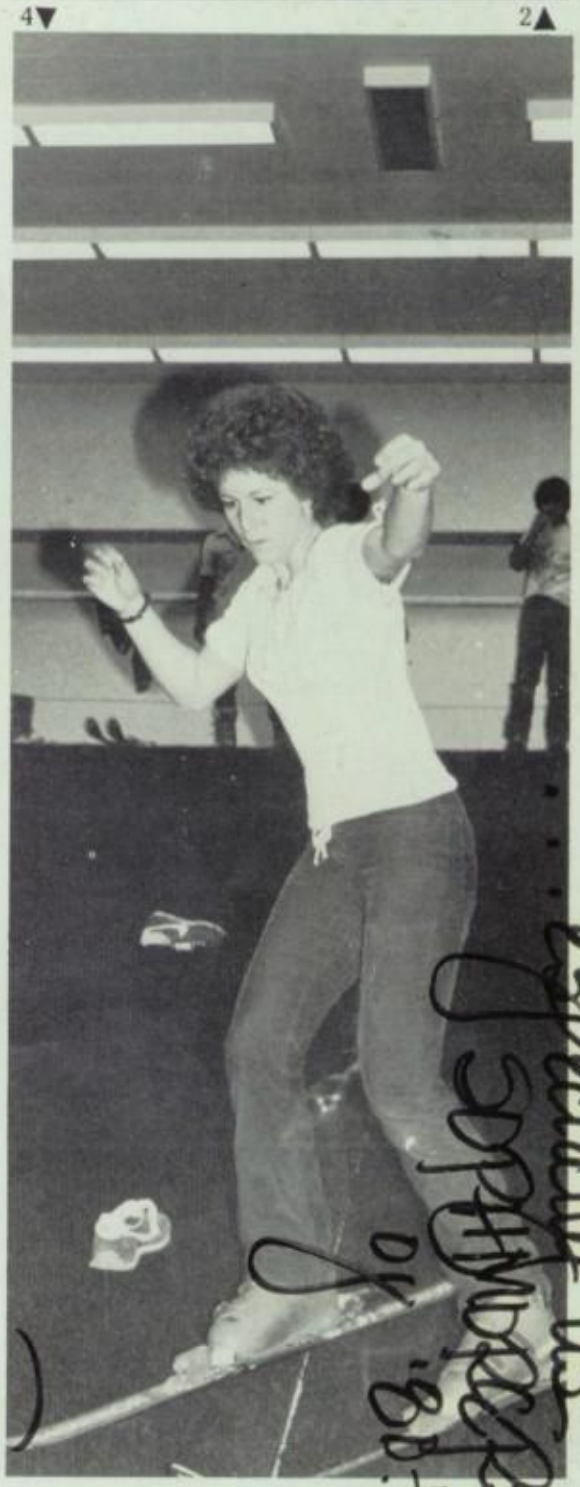
Class of '83 ...
...has got class.
We are bad ...
We are the ...
Islanders of '83.
'83's o.k. fine

The time we spend in our many high school classes, can provide us with some of our most valuble learning experiences. Yes — learning! Maybe, sometimes we can't get into the math, science or history; but the process of learning and thinking out problems to those subjects, builds a better mind. The people with whom we associate adds to this experience. It's said that the friendships we make while we're young, will be the longest-lasting. Classes at Mt Carmel provide us with sharing ideas and interests to help us learn to think and cope.

1. Leland Dorr gives his best effort to complete an assignment.
2. One of the requirements of biology is to measure the development of a rat as shown by Debbie Larson.
3. Trent Funk adds the finishing touches to his drawing.
4. Debbie Childs skis around the obsticles on the manmade ski slope in P.E.
5. Terri Prewitt receives some extra help from Mr. Bussard.

3▼ 1▲

4▼ 2▲



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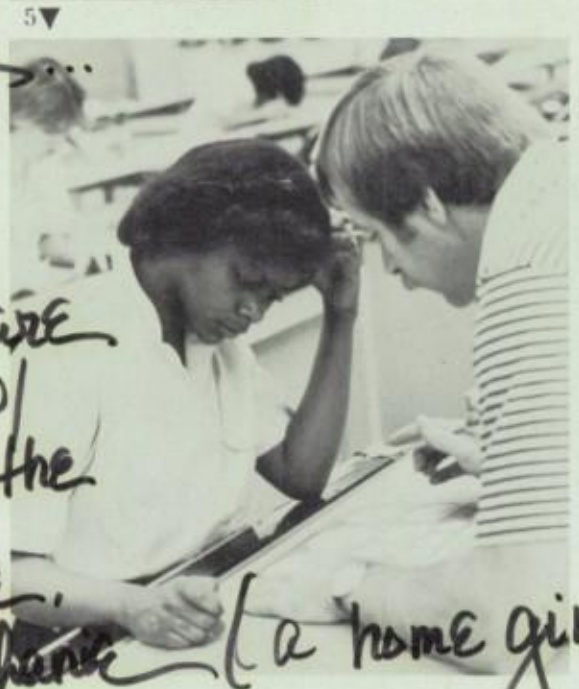


Montgomery Aztec are bad....
...especially us sophmores
Dr. '84-'81

'83 Jams on...
'83.
Hi Val,
Now you take care and good luck w/ the girl I envy the most
Luv ya,
Stephanie (a home girl)

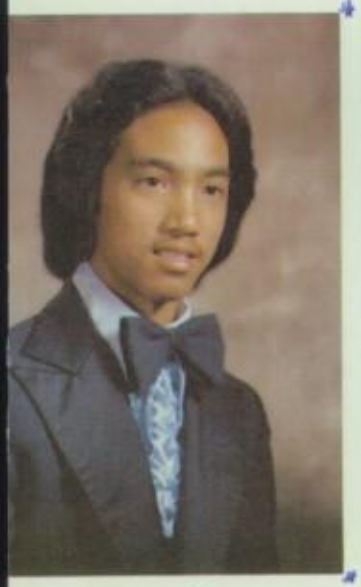
1▲

Senior Class Leads Campus

The seniors are traditionally the undisputed leaders on campus, and the class of '80 was no exception. In terms of athletic, academic, and social leadership, the senior class accepted their responsibilities and set the trend for all the underclassmen to follow. Highlights of the year included the trip to Laguna mountains in February, the spirited involvement in class competition and the memorable closing weeks of school and graduation.

1. Presiding over the class were the officers: Cheri Cheek, secretary; Lauri Skinner, treasurer; Steve LaMarca, president; and Bryan Phelps, vice-president. The advisor was Mr. Bob Bjorquist.
2. Beth Ghrer patiently awaits the arrival of the "bride and groom" during contemporary living.
3. After finding some trouble with a drafting assignment, Kim Nowak gets a little help from Mike Parker.
4. Offering some constructive advice, Jim Greene awaits the results of an experiment by Sheila Keilty and Beth Taylor.

4▼



Larry Abutin

Todd Adams

Robert Aguais

Elton Aguilar

Susan Alexander

Amanda Allen

Leon Amen

Becky Anderson

Carol Anderson

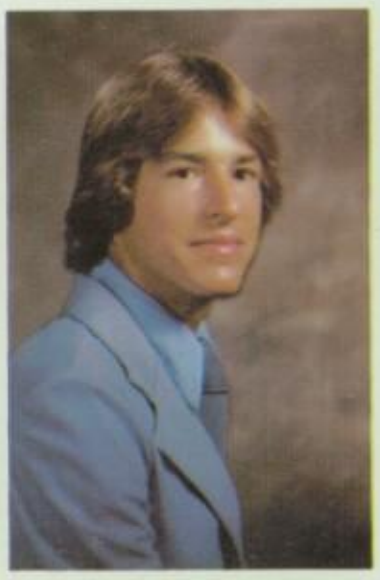
Jim Anderson

Diana Antonetti

David Apple

Diana Attig

Babette Atwood



Greg Austell

Robin Baily

Laura Baker

Teresa Balan

Christine Balchin

Julia Bartlett

Jeffery Batley

Laurie Beam

Jackie Beavers

Susan Becker

Victor Bergado

Adam Berman

Tamara Bertsch

Susie Beversdorf

Joe Bieger

Richard Billburg

With a little help from a friend, Billy O'Brien eagerly stuffs his face during the Banana Eating Contest.

Stephanie Blackshire

Cynthia Blanchard

Percy Bojador

Kathy Booth

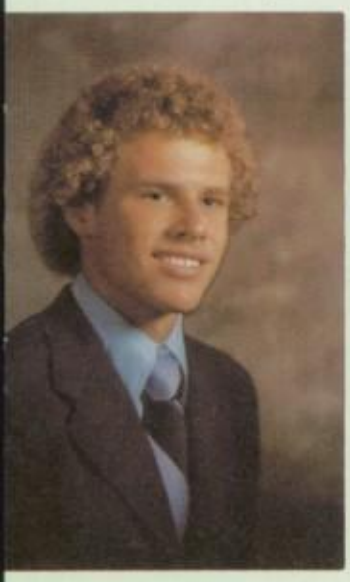
Brad Boozier

Misty Young pitches in to clean up after a class competition.

Sue Brandenburg

Laura Breimon

Kathi Brewster



Trent Brockmeier

Jana Bruun

Cheri Burns

Keith Butterworth

Jon Campbell

Scott Campbell

Carrie Caricato

Mary Jo Carmody

Jim Cavanaugh

Casey Chapple

Cheri Cheek

Sue Cherry

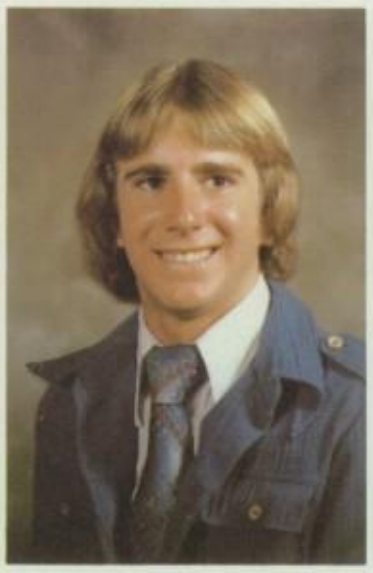
Sandy Chevalier

Daniel Childs

Cammie Chong

Dave Christman

Anthony Cirillo



Dale Clark

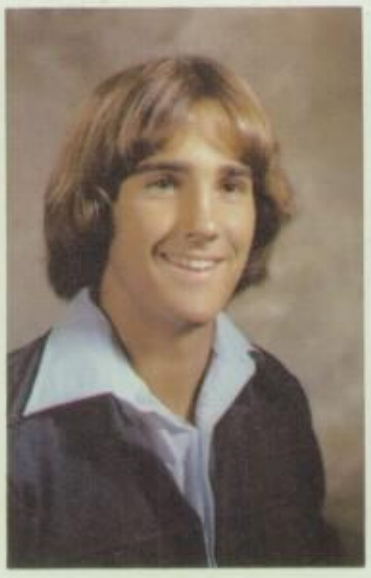
Patricia Clarke

Frank Claus

The senior class sign was proudly displayed at noon activities.

Samuel Clausen

Mike Collins



Wayne Connelly

Gail Cook

Kevin Cook

Laurie Cooper

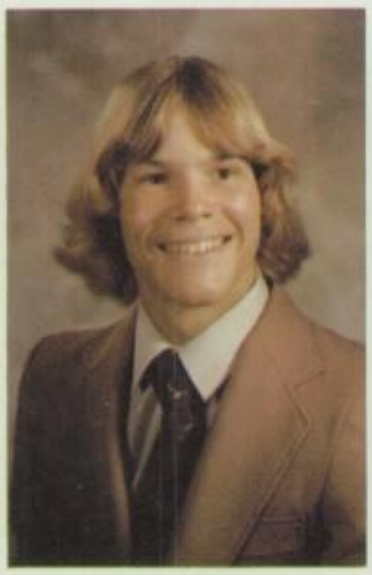
Tony Cooper

Jon Cordovan

Denise Coulter

Thomas Courtney

Tina Craven



Richard Crepeau

Gaylene Cross

Kelly Crouse

Lee Crowell

David Curnow

Eric Curry

Karen Curtiss

Howard Dambrose

Carole Davidson

Dressing up for color day posed no problem for Lori Lipson.

Barbara Davis

Susan Davis

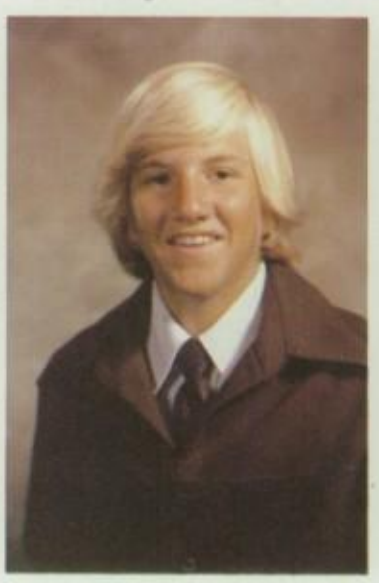
Patti Jo DeFabio

David Densmore

Glenda DeOcampo

Susan Deremer

Darlene Devlin



Steve Devlin

David DeYoung

Denise DeYoung

Robin Dilla

Joseph Dimapilis

Michael Dobell

Patricia Doll

Robert Donchess

Jeff Dorsett

Mary Dosek

Jeff Douglas

Justin Doyal

Dale Doyle

Julie Doyle

Peter Dunsford

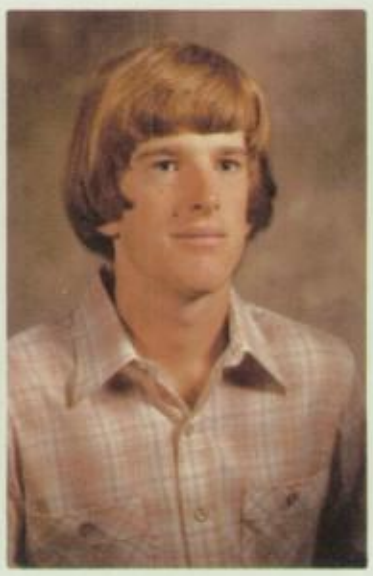
Kenneth Earle

Patricia Ebert

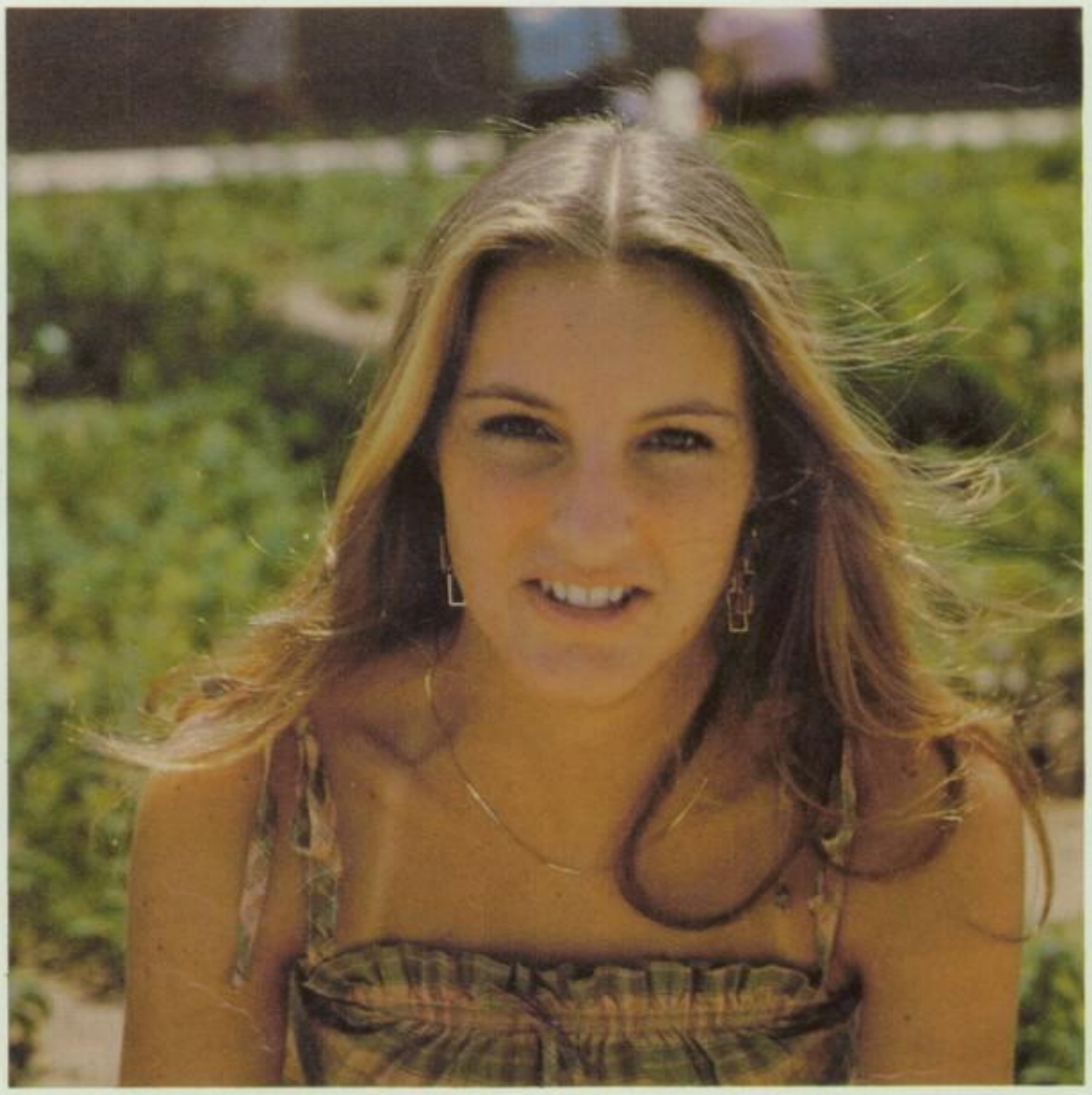
Pamela Eddington

Louise Edler

Rene Ehmcke



Wayne Eichberger



Cheri Burns catches the last rays of summer!

Tenley Ehrsnuerth

Nell Eisberg

Kim Elgier

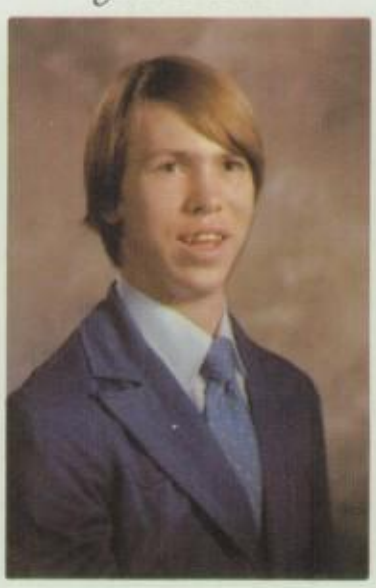
Joan Embick

Daniel Engelken

Tom Engle

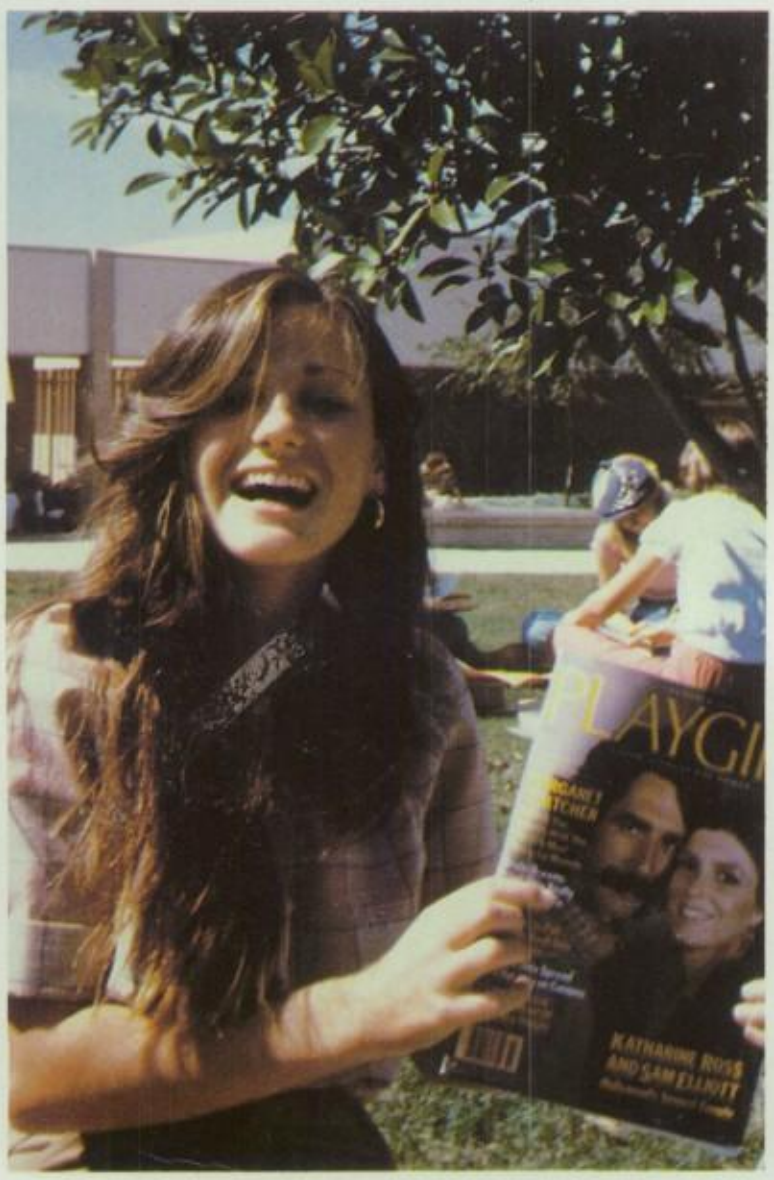
Stephen Etzler

Matt Fairshter



Jeffrey Farr

Michelle Fierro



In search of that special man, Dyan Welch consults a convenient directory.

Shari Fish

Suzanne Flores

John Foster

Michael Foster

Albert Gaerlan

Nicholas Gabarini

Karen Gaudreau

Roy Gelinas

Craig Hall and Simon Salam sit at a local hang out.

Wilma Geniza

Amir Ghorbani

Elizabeth Ghrer

James Gibbons

Laurel Gibby

James Gibson

Paige Gilbert

Maureen Gillen

Debbie Gillette

Courtenay Gilmore

Jerry Glynn

Rhonda Kaye Goebel

Richard Goggins

Teri Gonzales

Martin Good

Anita Goodhart

George Gould

Jeffrey Graham

James Green

Stacy Green

Marie Gregory

Debbie Grey

Bryan Hagee

Craig Hall

Leigh Hamilton

Paul Hammett

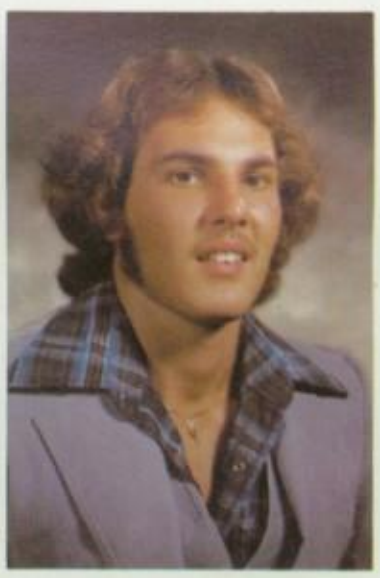
Always eager to show their class spirit, the seniors frequently became tota

Daphne Hanks

Katherine Hansett

Laura Hardison

Mark Hardison



Vance Harkson

Catherine Harmon

Martha Hart

Renee Hartford

Diana Haughelstine

Clive Hayes

rapped up in the noon-time competitions. Once again the seniors show who's #1.

Elizabeth Haynes

Madeline Hays

Michelle Hazard

Cheryll Heath

Robert Heil

Gregg Heinselman

Tyler Henderson

Bonnie Hendrickson

Margo Hengeveld

Diane Henry

Kelly Henson

Virginia Herd

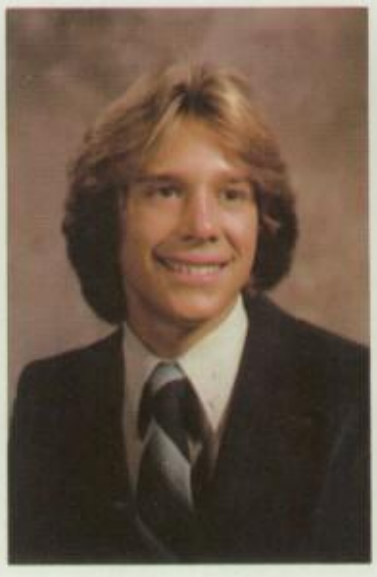
Jim Hight

Sue Hildebrant

Donald Hill

Kalina Hix

Ed Hoboyan



Scott Hochhaus

Ron Hoffman

Randy Hollingsworth

Laura Holmes

Sherri Holmes

Duane Hopkins

Rosemary Horvath

Recovering from a weekend of heavy partying, Kerry Province finds a break in the day to kick back.

Richard Jaeger

Rodney Jaehn

Reylord Javier

Andy Jedynak

Karli Jefferies

Judy Johnson

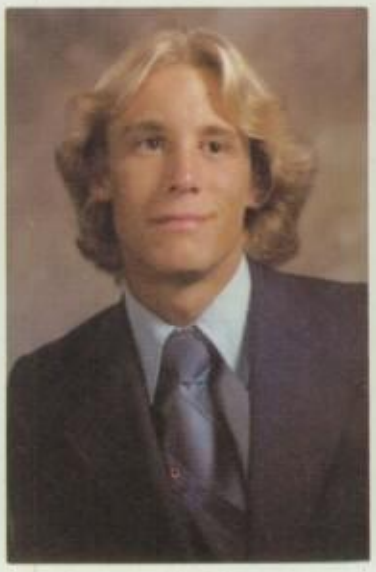
Joseph Jones

Tammy Jones

Lisa Jose

Romulo Karganilla

Danielle Nafie and Cathy Thomas check out the "HOT" guys on campus.



Timothy Kasten

Jay Kawamoto

Karen Kay

Tom Keegan

Sheila Keilty

Brenda Kennedy

Lillard Kennedy

Peter Kennelly

"Did I ever tell you about . . ." exclaims John Foster.

Edward Kessell

Karen Keis

Kyo Kim

Thomas Kimbrell

Christine Kish

Susan Klapwyk

Edward Kline

Barbara Knight

Ruth Kolberg

Cynthia Krause

Mentally preparing herself for the tug-o-war, Esther Meadows shows deep concentration.

Linda Kreitzer

Jim Kruse

Robin Kruth

Steve LaMarca

Debbie Lascari

Lora Lawson

Matt LeClair

Drew Lettington

Randy Lewis

Paula Likens

Lori Lipson

Alison Lloyd

Joan Looi

Joan Loop

John Loop

Karen Loop

Elizabeth Lopez

Tyra Luker

Lisa Lullo

Norma Jean Luneau

Joanne Luthe

Laura MacManus

Alison McAdams

Connie McCarty

Bill McCarty

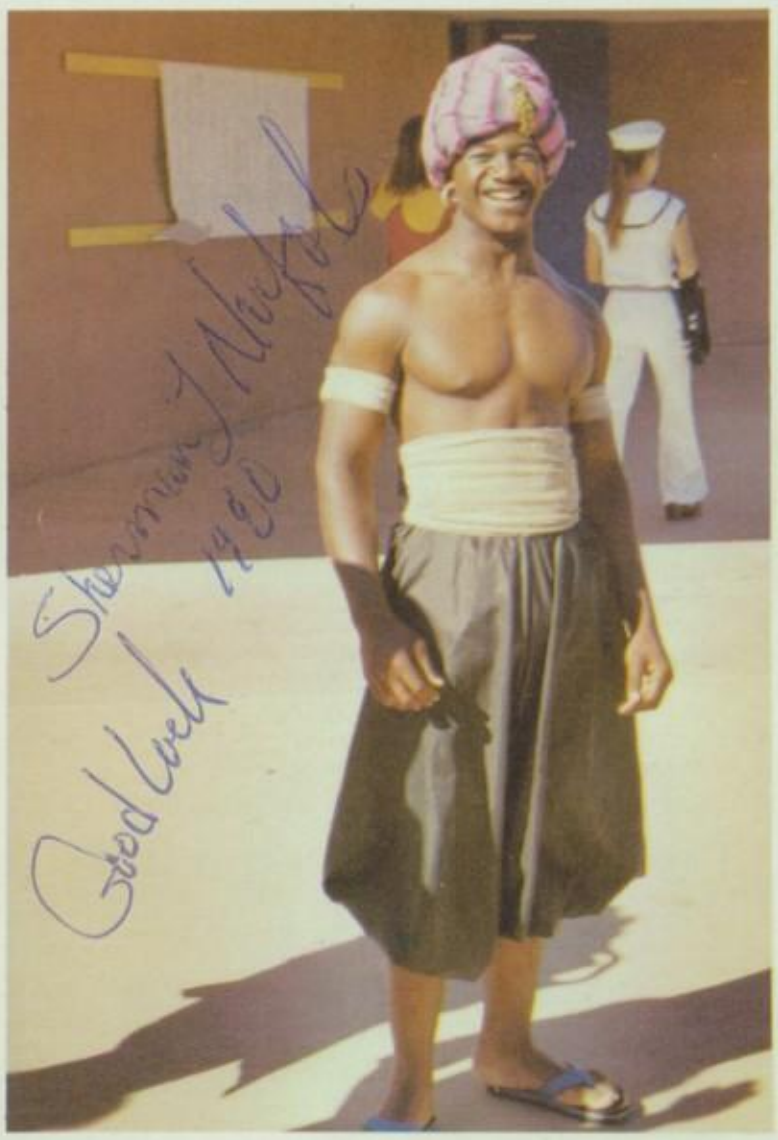
Valerie McDonald

Tammy McGarry

Lisa McHale

Ron McKinney

Tawyna McKee



Halloween brought out the creativity in Sherman Nuckols, alias "Genie."

1▲

Mike Dobell and Justin Doyal came to see one of the Mt. Carmel football games, like many other students.

Michael Mattei

James Mason

Michelle Martinez

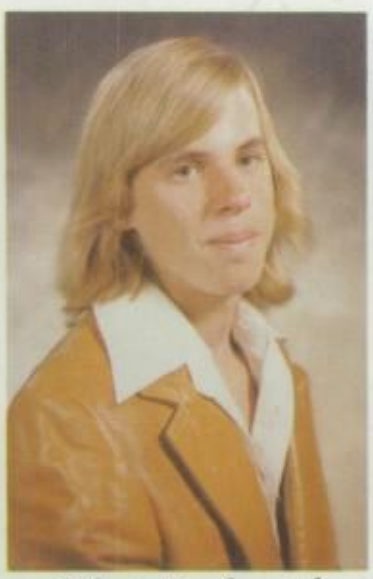
Greg Martin

Gregory E. Martin

Maggie Maloney

John Malloy

Glenn Magpuri



Robert Machrovitch

Mari McNeil

Sharon Mclean

David McLaughlin

Tracy Matthews

Steven Maze

Esther Meadows

Michael Mellow

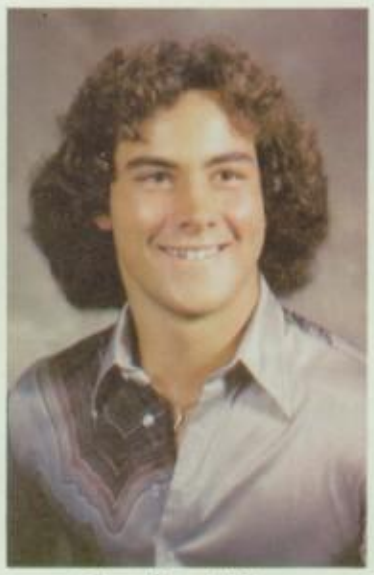
James Melone

Chuck Melvin

Beverly Mendoza

Robert Merrill

Mary Meyer



Gerald Milani

Daniel Milks

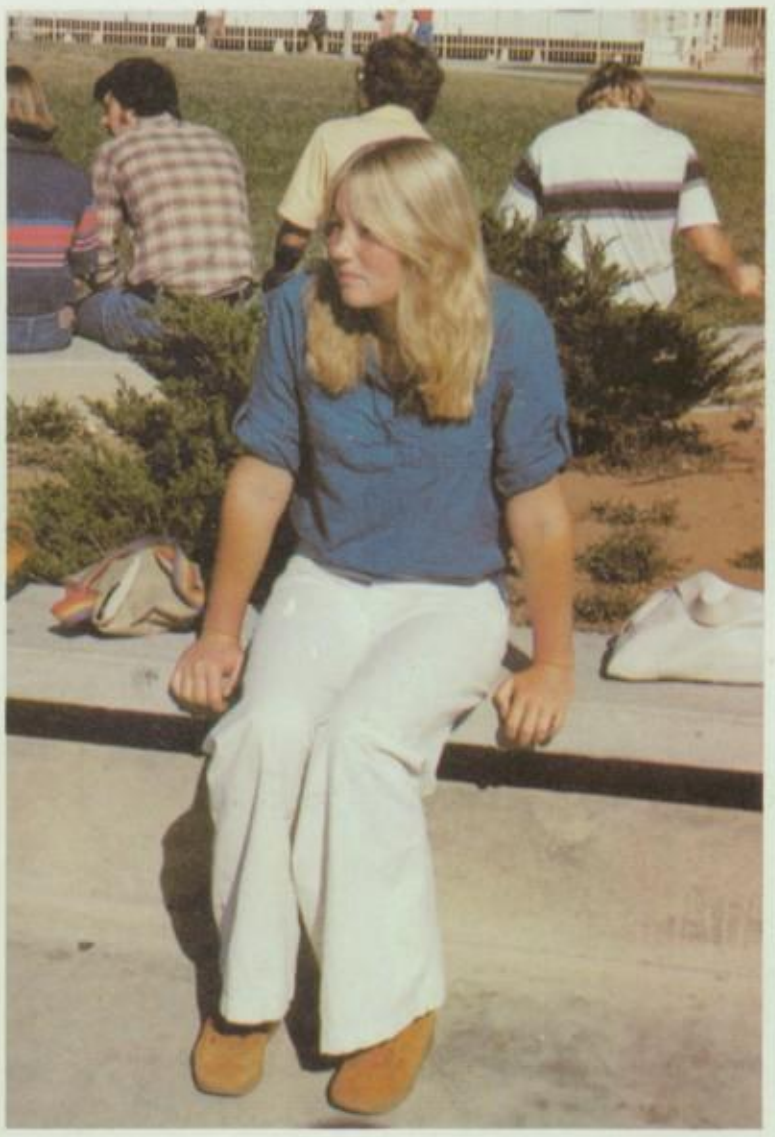
Tracy Miller

Sherry Millien

Clarissa Miranda

Lisa Miranda

Sharon Mitchell



With the approach of graduation, Chris Spawn took time to reflect.

Herman Mokry

Karen Mondy

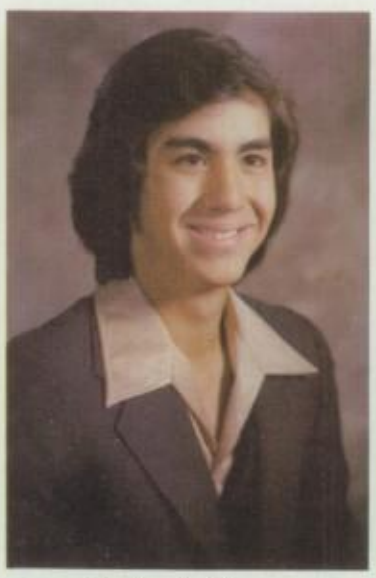
Julie Moore

Martin Moore

Tony Moore

Jay Moorehead

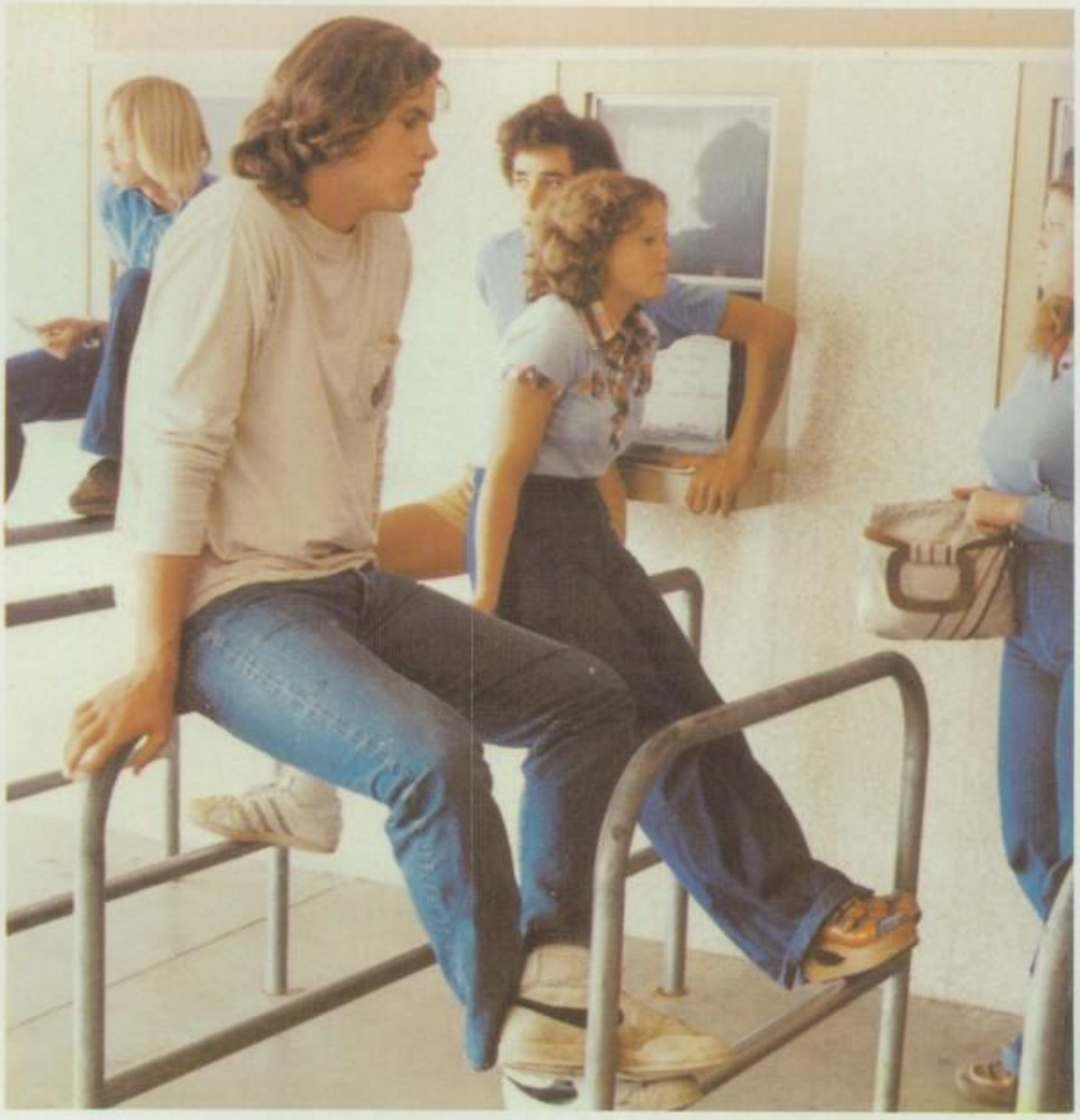
John Morgan



Michael Morgan

Bob Morsette

Vickie Morsette



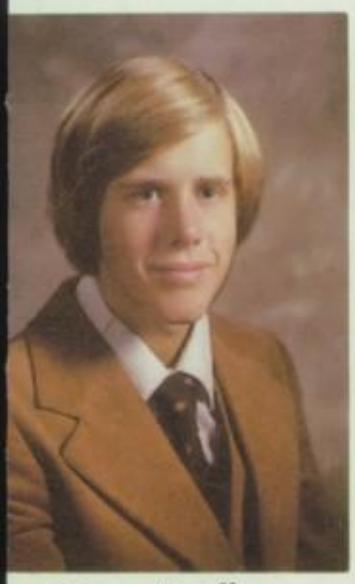
For the really hungry, a wait in lunch line was worth it.

Deborah Moss

Glenn Moss

Robert Moyer

Kenneth Mueller



Kurt Mueller

Kenneth Murphy

Jeff Murray

Pamela Myers

Walter Myers

Danielle Nafie

Susan Nail

Alex Nario

Richard Nelsen

Robin Nicholas

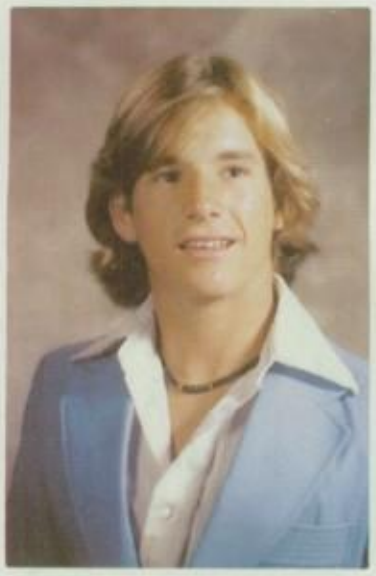
David Nicoll

William Noble

Kim Nowak

Therese Nugent

Members of the senior homecoming court, Bonnie Hendrickson and Steve LaMarca, proudly marched through the honor guard during half-time ceremonies at the Orange Glen game.



Billy O'Brien

Derek Okafugi

Emil Olaus

Debbie Oleson

Evangelene Ones

Cynthia Opalach

Derek Ostrom

John Pacheco

Telinda Palomares

Lisa Parham

Tom Koetter, Jerry Milani and Vance Harkson display senior togetherness.

Michelle Park

Julye Parker

Mike Parker

Kerry Paulson

Chris Payton

Teri Peake

Berry Pealstram

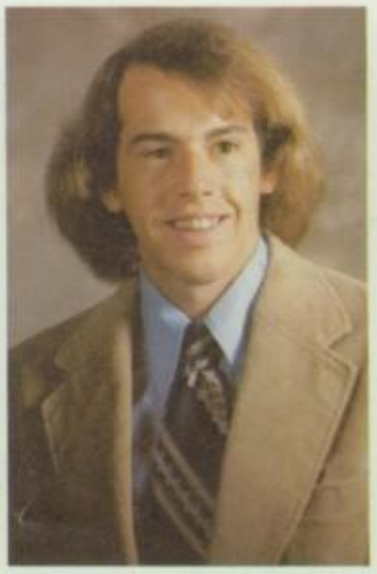
Ed Pearson

The senior homecoming float, "Tribute to the 30's" was driven by Jeff Batley.

Teresa Peddy

Michelle Peeters

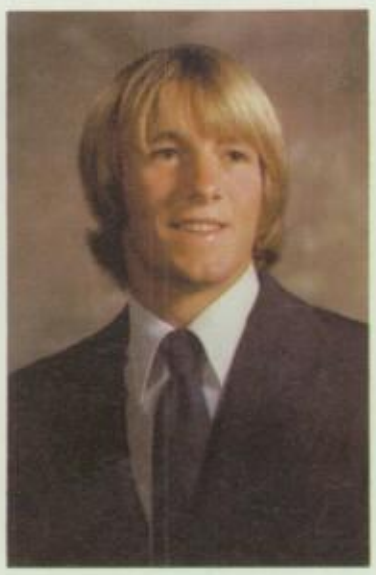
Ernie Pelina



Steve Perry

Brian Phelps

Michelle Phinney



Brian Pierce

Dorothy Pierson

Tony Pistilli

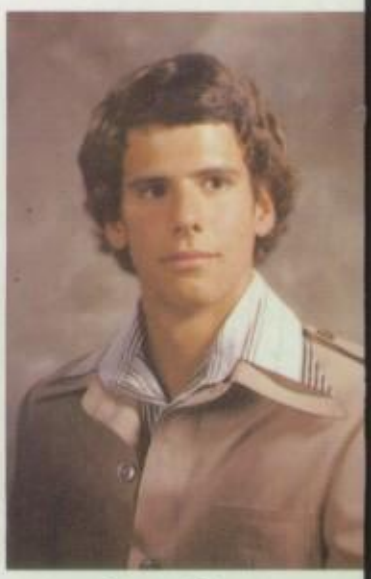
Becki Plunkett

David Popejoy

Scott Post

Julia Powell

Karen Pratarelli



Ernie Price

Patrick Priviti

Kerry Provence

Eric Puckett

Michelle Quaresma

Jessica Rabb

The senior girls pulled their weight in class competitions.

Janice Rathbun

Nancy Reguly

Debbie Reinhart

Kevin Rexford

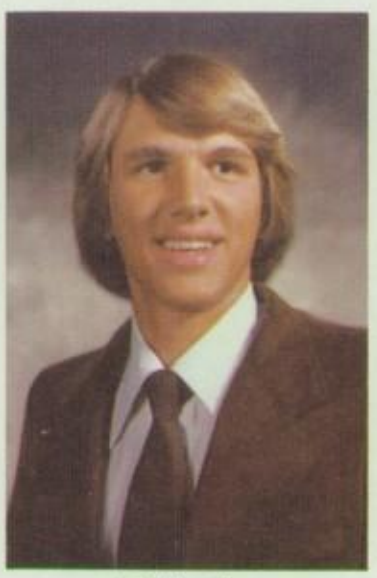
Patricia Reynolds

Eric Rheinhardt

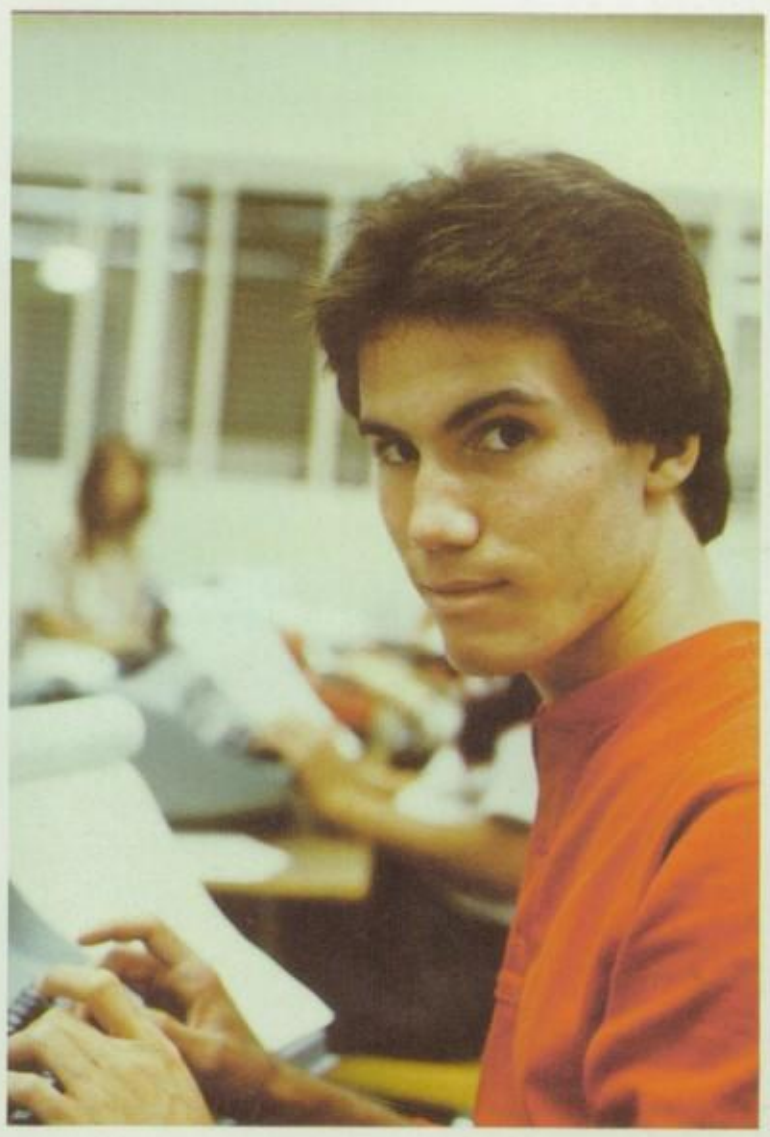
Michael Rice

Doug Richardson

Kathy Riley

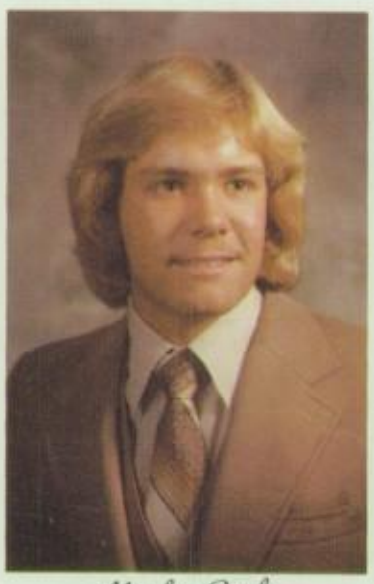


Bill Rives



Fulfilling his practical arts requirement, Tyler Henderson enrolled in a typing class.

Rhonda Robertson



Mark Roehr

Robert Rogness

Tim Rohrbeck

Randy Rolfson

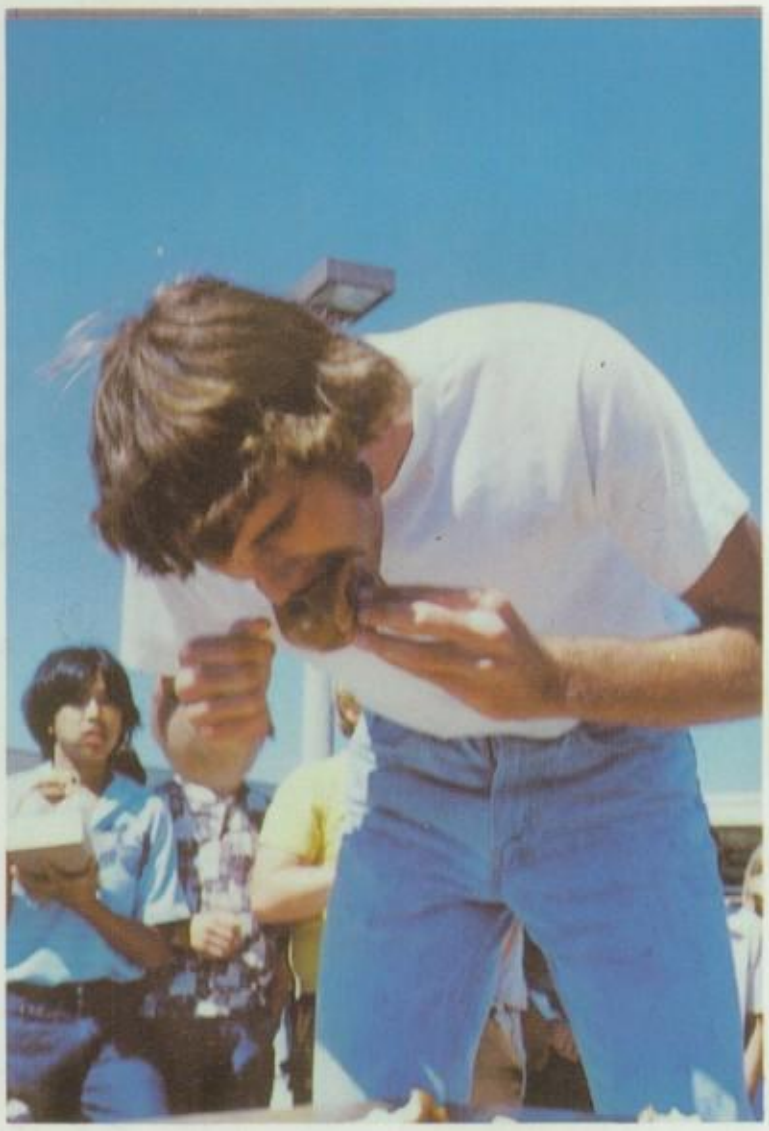
Mike Rowan

Helen Rowley

Aaron Ruble

Kevin Rusk

Donald Ryan



When it came to eating, Casey Beach wasn't particular about what was on the menu.

Laurie Ryan

Jerry Salcedo

Marites Salcedo

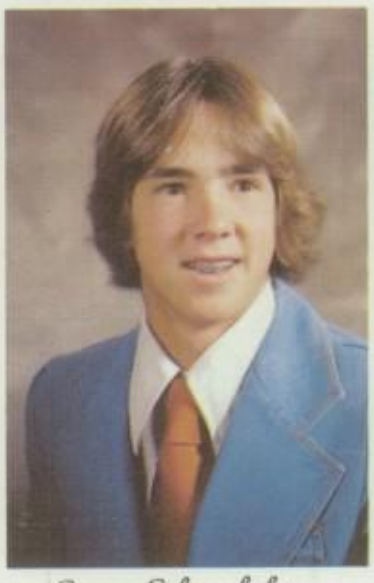
Tina San Emeterio

Susan Sandefer

Mark Sandzimier

Neil Santos

Lynn Saunders



Steve Schnoebelen

Rick Schoffstall

Kenneth E. Scott

Kenneth L. Scott

Klysta Scott

Laurie Scott

Phil Scott

Debbie Seale

Theresa Sechrist

Susan Senesac

Scott Senkir

Carol Setliff

Donald Sheehan

Robert Shimp

Sonja Shippard

Peter Shotts

Jerry Siebenthaler

Linda Siegel

Fred Signori

Michael Simpson

The entry of Billy Beane and Kathy Riley marked the start of homecoming parade.

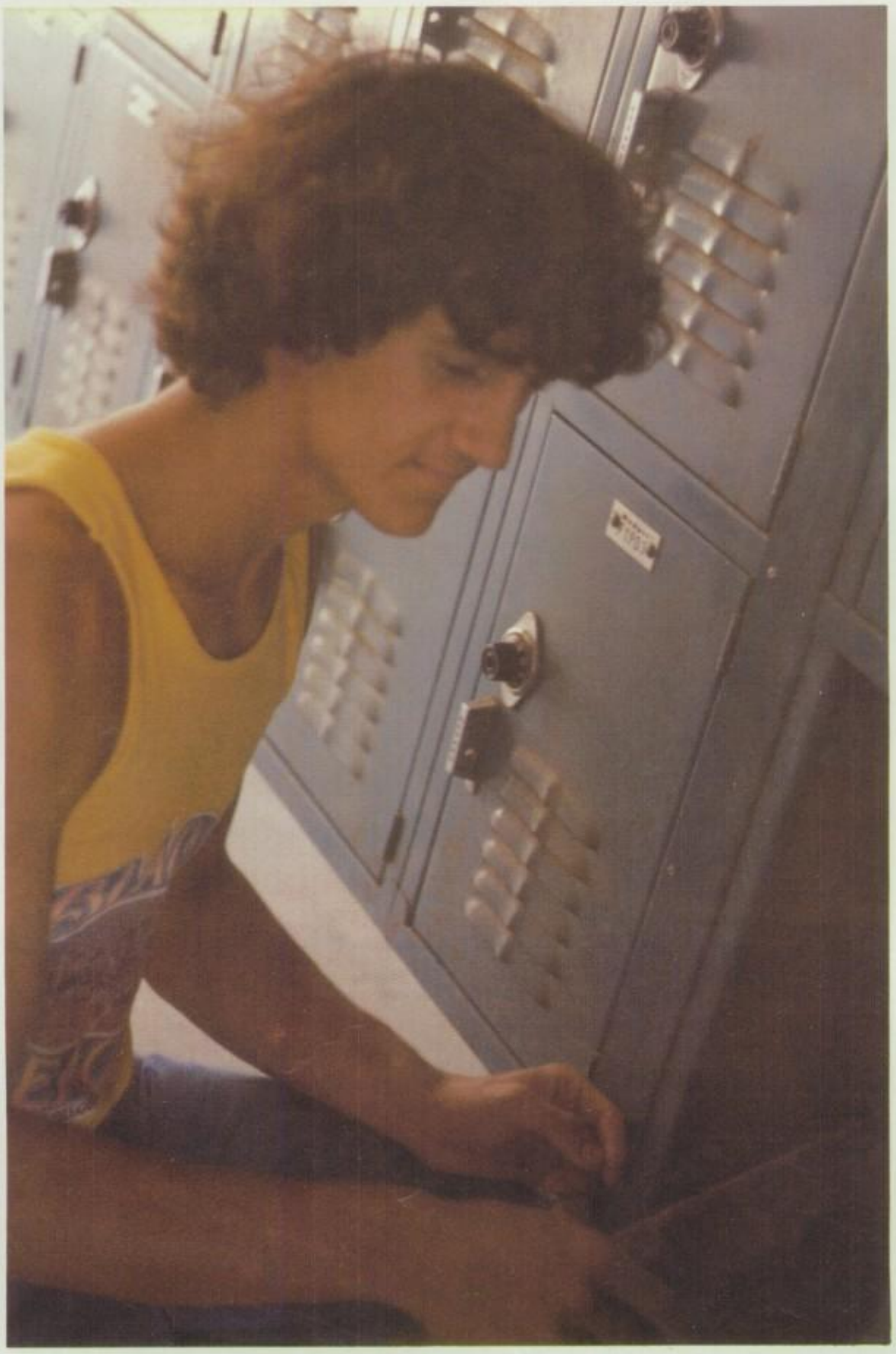
Donald Sinclair

Rene Sitzler

Brenda Sjodin

Laurie Skinner

Karen Skwartz



Kevin Rexford soon realized that being a senior was no guarantee of an upper level locker space.

Susan Small

John Smith

Robin Smith

Chris Spawn

Sandy Sredanovich

Lisa Starke

Andrew Starkey

Neil Starman

Colleen Stewart

Theresa Stewart

Debbie Stovall

Missy Sullivan

Mike Summers

Lori Tanner

Scott Taylor

Steve Teeples

Jenny Tentor

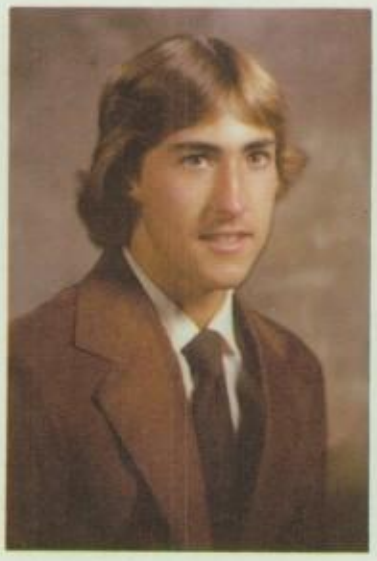
Elliot Teren

David Tharp

Cathy Thomas

Elaine Thompson

Sandra Thompson



Rob Tinley

Leona Tischer

Ramona Tischer

Roy Toft

Kathy Brewster and Kerry Wallace shared honors as members of the senior homecoming court.

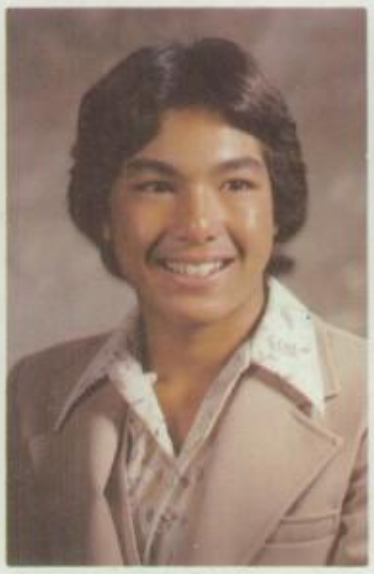
Connie Trask

Carolyn Ulshoffer

Carl Underwood

Kathy Van Tassell

Tracy Vaughan



Fernando Villacorte

Carolyn Villaruz

Randy Wager

Craig Walker

Kerry Wallace

Michele Warner

Kathy Wazak

William Weaver

Karen Weinberg

William Weiss

Barbara Welch

Dyan Welch

Bill Wells

Gail Cook, as the "Great Pumpkin," celebrated Halloween '79.'

Richard West

Scott Whaley

Victoria Whitaker

Debbie Whitehouse

Jane Wiesse[illegible]

Greg Wilkens

Daniel Williams

Kraig Williams

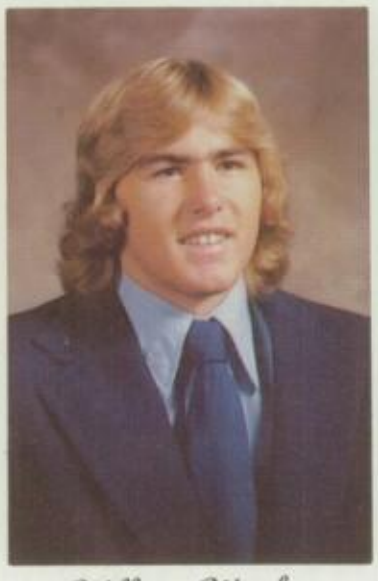
Daniel Wilson

Susan Wojtkowski

Members of the senior skit nervously awaited their entry during competition at the rally.

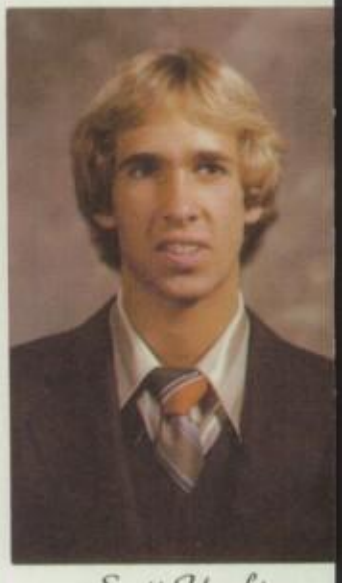
Sherry Wright

James Worley



William Wright

David Yamasaki



Scott Yankton

Misty Young

Pauline Yuson

Joanne Zeterberg

Tammy Zweifel

Julie Christensen

Theresa Christian

Frank Cirillo

Darryl Horton

Kevin Mitts

Sabri Ozun

Anne Peterson

Charlene Rathbone

Melissa Trew

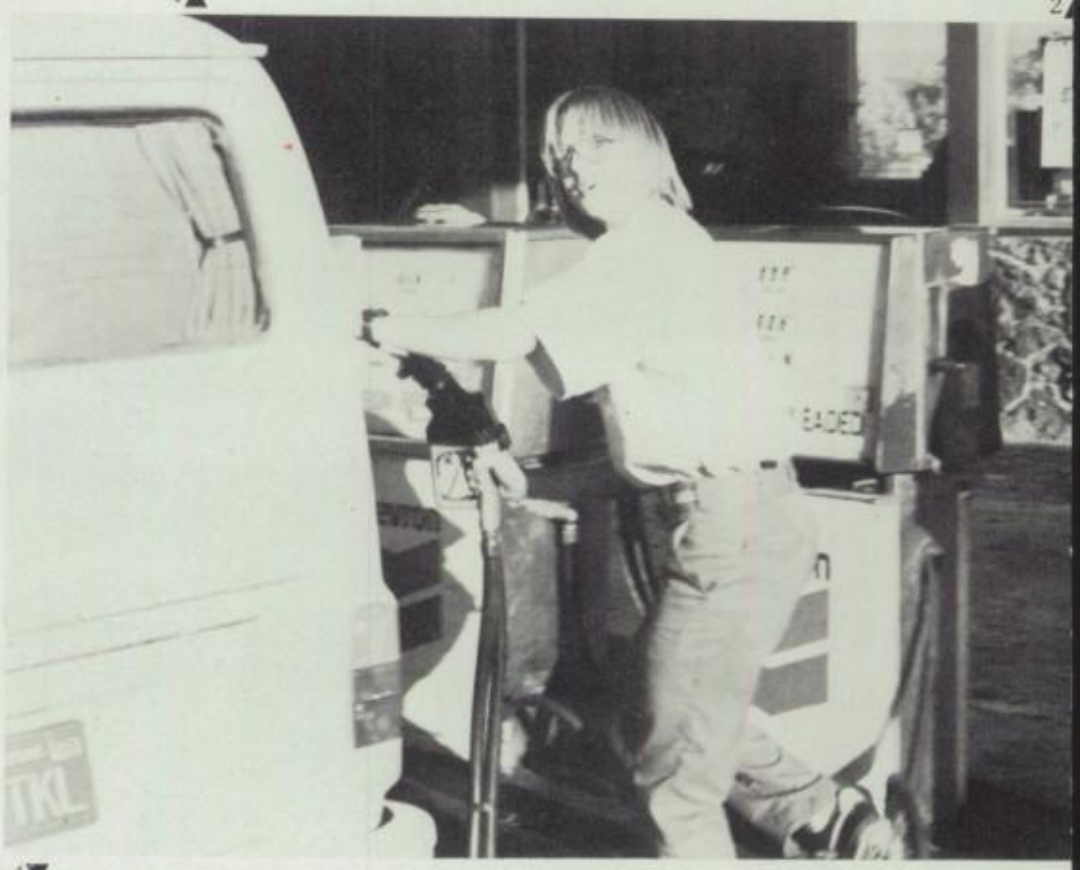
Baily, Buns, and Cook watch the stage activities amongst the senior crowd.

1▲ 2▲

Juniors Move Their Way Up

There were many good things about being a member of the Junior class. The fun Junior activities, the radical parties, and the wide choice of classes. The class of '81 is apart from any other classes. No other has so many uniquely different individuals all wanting a piece of the action, to be known as a person, not just a number. Being a junior means being able to drive and play varsity sports, but it also means looking ahead at college and a successful future in life.

1. Helping represent the Junior class are Susan Miller, Secretary; Caroline Ravello, Fund Raising; Rebecca Lopez, President; Jeanette Gearues, Treasurer; Randie Schwartz, Vice President.
2. Helene Lyons, Ann Moore, Michelle Dyas, and Debbie Kruck, catch the last rays of summer.
3. After a hard day at school Tony Kline looks up and says "I ONLY HAVE 5 HRS. OF WORK LEFT."
4. Kari Cash, Susie Kazemzadeh, Laura Johnston, Dawn Fusco and Donnie Rossin; Sit at lunch exchanging the new gossip.



4▼ 3▲

On 50's Day during Homecoming Week, Tami Schulz shows-off her flashy clothes and school enthusiasm.

Marc Adams
Dale Adcock
Julie Ahrensberg
Barry Alderman
Al Allard
Julie Anderson
Mark Anderson
Teresa Antrim

Lea Armas
Jeff Arne
John Ashbaugh
Bruce Atwell
Elaine Aufderheide
Cynthia Babida
Lance Bach
Joe Baily

Sheri Baker
John Bales
Tracy Barber
Chad Barnette
Gina Barnette
Mike Bates
Chris Beane
Doug Beard

Lori Beaulier
Natalie Beavers
Matt Beck
Robert Becker
Kari Beckman
Chuck Beeson
Ray Bellarosa
Caryn Bement

Kathy Bemiller
John Berglund
Diana Bergstrom
Jeanette Bernas
Larry Bertleman
Ray Bethe
Maria Bias
Dave Biddlecome

Lori Bishop
Mimi Blechschmidt
Mark Blueger
Carol Bojador

Mark Bolt
Bret Bowman
Steve Bowring
Andrew Brasington

John Bromma
Barbara Brown
Martin Brown
Kim Bryan

Laura Burhop
Mark Burling
Valerie Burton
Steve Cafferty

Tanya Carl
Henry Castro
Leticia Castro
Georgina Cavanaugh

After starving for 3 days prior to the junior class compition these 4 spirited students, Maggie Mathieu, Jack Berney, Bob Melvin, and Becky Lopez, bite the 'Big Bannana.'

Jade Chang
David Chase
Pete Cihelka
Brenda Clancy
Chris Clark
Heather Clark
Jenny Clark
Zoe Clausen

Don Claypool
Kelly Cochran
Robert Coffer
Theresa Collander
Doug Collins
Robert Cook
Tim Cook
Danny Cord

Dennis Cord
Corin Cordova
Cheryl Corindia
Carol Coulter
Mike Crim
James Crosthwaite
Paul Dages
Dexter Davis

Mike Debreceni
Cassie Dempsey
Denise Devlin
Kamran Dil
Jeff Divine
Chris Dixon
Roxanne Dlugokenski
Tim Dobias

Bob Donahue
Chris Doucet
Paul Drake
Michelle Dyas
Dan Dye
Joani Ebert
Richard Ebert
Tim Eby

Sheryl Edelstein
Gene Edler
Lynn Edmonds
Dale Eichberger
Park Elmore
Chris Ellefsen
Marty Elig
Burt Ellis

Joan Emmel
Teresa Engle
Elizabeth Etzler
Jess Eyman
Terry Fassbender
Cheryl Ferber
Jerry Fetzer
Dawn Feusi

Debbie Fierro
Greg Fisher
Glenn Fishman
Chris Fitting
Donna Foncannon
Kirk Fosterling
Ron Fralia
Mike Fredericksen

Dane Fricker
Beth Fritzsche
Tim Gaasch
Richard Gaboury
Bong Gaerlan
Judy Gaerlan
Mary Ann Gale
Ricardo Garcia

Lance Gayer
Denise Gentry
Annette Gill
Kevin Gillard
Robyn Gilman
Mitch Goeddel
Mark Gomes
Kevin Gooch

Lois Graves
Sherri Gray
Les Gripkey
Joseph Ha
Connie Hall
Cheryl Hallin
Amy Hamreus
Hope Hankin

Erica Hanley
Frank Hansen
Scott Hardison
Earl Harris

Wendy Harter
Brian Hartig
Bob Hays
Jackie Hays

Bill Hazard
John Heflin
Sue Heid
Leo Heimpel

Rita Helm
Denny Hendricks
Chris Hendrickson
Cindy Henry

Scott Herman
Juliet Hester
Shari Hetland
Steve Hilbert

One of Mt. Carmel's outstanding artist, Ray Belarosa adds the final touch.

COLD HANK!

Teresa Hill
Michelle Hitte
Anna Hoesch
Sherry Hallmark

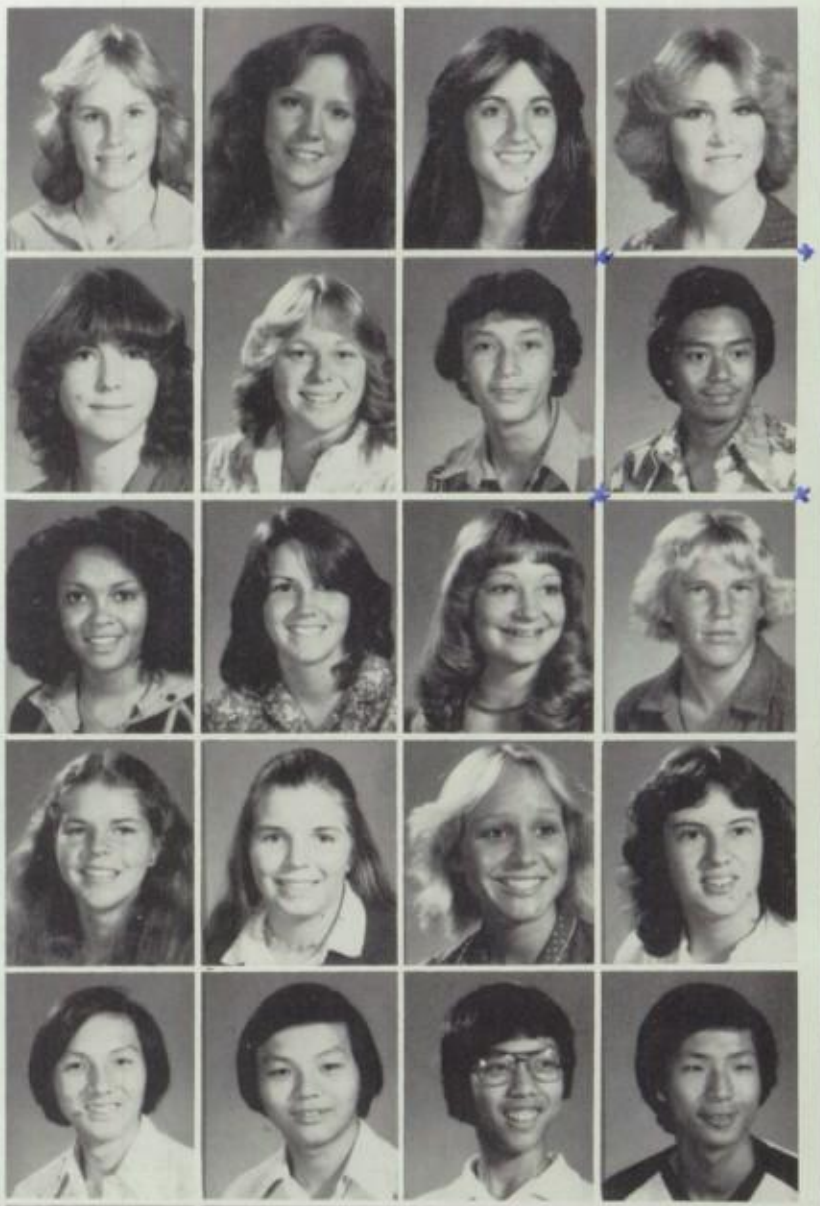
Vandy Hill
Sally Hogue
Roger Holdman
Wally Holgado

Jackie Holman
Cindy Hood
Renee Hopwood
Tom House

Mary Houston
Catherine Howard
Lori Howard
Patty Howard

Chiun D. Huang
Chiun S. Huang
Fred Huang
Wei Yen Huang

Hank Mendrella, working out to improve one's 'BOD.'



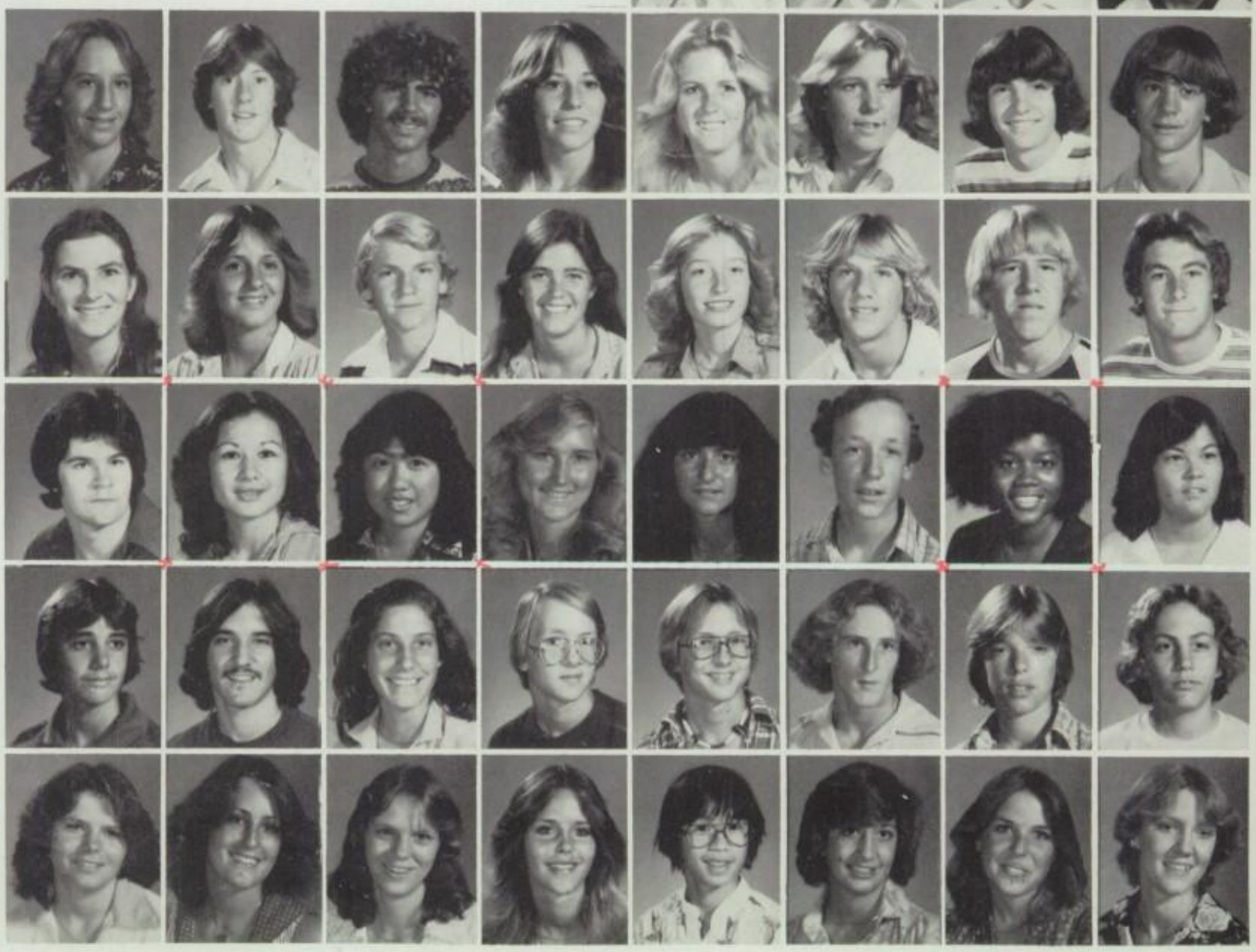
September Hunt
Tim Hunt
Tom Hunt
Sue Hydell
Kristy Ingalls
Chris Ingersoll
Jim Iseminger
Robert Jackson

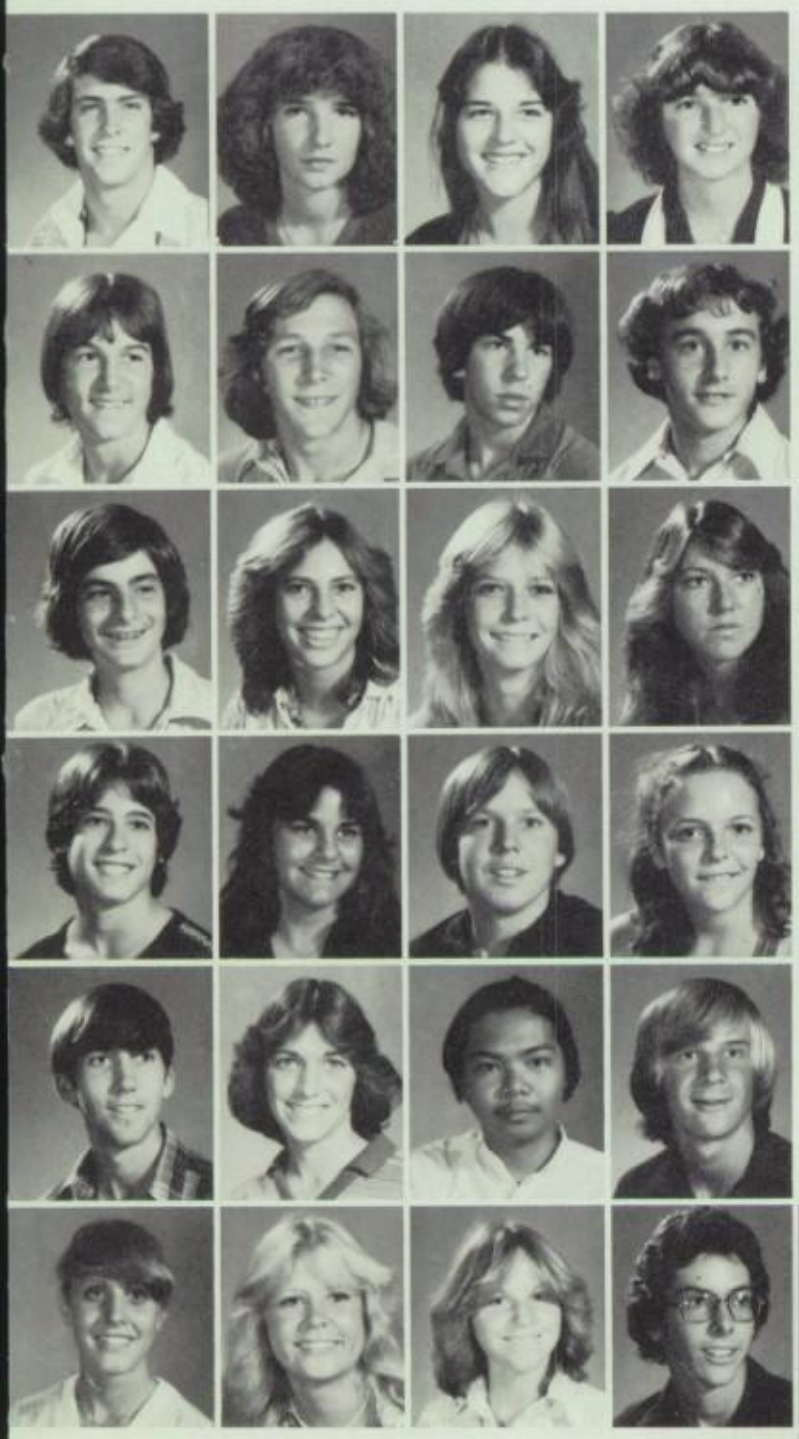
Rosemary Janes
Sophia Jantz
Scott Jennings
Whitney Jensen
Laura Johnston
Eric Johnson
Scott Johnson
Jim Jordon

Phil Joyce
Julie Juco
Elaine Kamantigue
Kari Kasche
Susie Kazemsadeh
George Kennedy
Sonya Kemp
Fay Kessell

Dave King
Steve King
Teresa Kleist
Todd Kline
Tony Kline
Tom Koetter
Rob Kolberg
Tom Konstas

Misty Kozar
Barby Krainock
Judy Krech
Debbie Kruck
Peter Kwei
Lori Lafferty
Kerry Lamparter
Debra Lancaster
Ray Langan





In chemistry Beth Taylor thinking hard tries to find the answer to her question.

Todd Landreth
Kaye Langston
Robin Lawson
Rebecca Lopez

Mark Larabee
Neal Larsen
Charles Layer
Les Lazareck

Frank Leamy
Teri Lewis
Sandy Liepe
Judy Linderman

Jim Lipson
Jodi Locke
Eddie Lofton
Kristy Lonestar

Merle Long
Laura Loop
Aarni Lozano
Brett Ludwick

Jeri Luce
Helene Lyons
Babbette Maccree
Brian Mahon
Greg Mahoney
Cassie Maloney
Allan Manangan
Lu Mann

Steve Marsh
Pamela Martin
Steve Martin
Mike Marty

Susan Monfort
Teresa Masewicz
Laura Mason
Sue Mason

Margaret Mathieu
Myra Mavis
Steve MacNeil
Ray Mangar

Mary Mathieu
Pat Mationg
Linda Mays
Kathy McCabe

Ed Tucker studying hard at his sports magazine soon looks up and says 'Aw, not me!'.

Laurie McCarthy
Crystal McCray
Suzanne McDowell
Jeff McIntyre
John McKamey
Mike McKenzie
Boyd McLane
Deanna McKnatt

Bethany McNeill
Ralph Meadows
Evelyn Medina
Jack Meerchaum
Lori Melone
Siobahn Mellow
Robert Melvin
Hank Mendrala

Erika Metrovich
Andrew Michael
Sheri Miguel
Cynthia Miller
Chris Miller
Greg Miller
Paula Miller
Suzy Miller

Teri Milligan
Allan Miranda
Wendy Mogelinski
Hope Montgomery

Ann More
Jim Moore
Chris Moredeck
Omar Morena

Melonie Morgan
Steve Morizono
Linda Mulvany
Alfred Murphy

Kevin Murphy
Mike Myers
Jim Nathaway
Kim Navalta

Gina Barnette, with a cookie or key chain? Which ever, she has a happy thought in her head.

Beth Neal
Tracey Nelsen
Kathy Nelson
Bob Nesbit
David Neumeister
Julie Niblock
Rainy Nicholas
Rick Nielsen

Renee North
Bitsy Nosredna
Beth Novak
Pam Omland
Debbie O'Neill
Christine Openshaw
Christina Orlin
Joey Orr

Kurt Ostrom
Dave Ouelette
Lori Ouelette
Susan Padilla
Austin Pankey
Steve Parker
Brad Parlin
Steve Pata

Julie Pavlovics
John Pearson
Cynthia Pepper
Missy Perry
Teresa Perry
Dave Pesta
Tom Peterson
Scott Petrie

Richard Pettit
Brent Phelps
Jack Phillips
Sandra Pierce
Tran Pierce
Mark Pierson
Paul Pina
Nere Pinerua

Dina Pisciotta
Robert Plant
Matthew Pogue
Terri Prewitt
Donna Previti
Kirk Price
Stacy Prigmore
Greg Prudham

Karen Pusch Quinol
Jackie Radsliff
Dave Rakoczy
Quintin Ramil
Jon Ranoa
Caroline Ravelo
Donni Rawson

Gary Reavis
Rebecca Rebelo
Jerry Reimer
Edward Reyes
Cindy Reynolds
Vandy Rice
Karen Rimington
Robyn Ringo

Dave Roberts
Kim Robinson
Sonya Robinson
Aaron Rodriguez
Vicki Rogers
Lisa Rollison
Jan Rooks
Jim Rosa

During a class compition the juniors, Becky Lopez, Karen Webb, Irene Swanson and others, give a big shout of 'Heave Hoe,' while enjoying the fun.

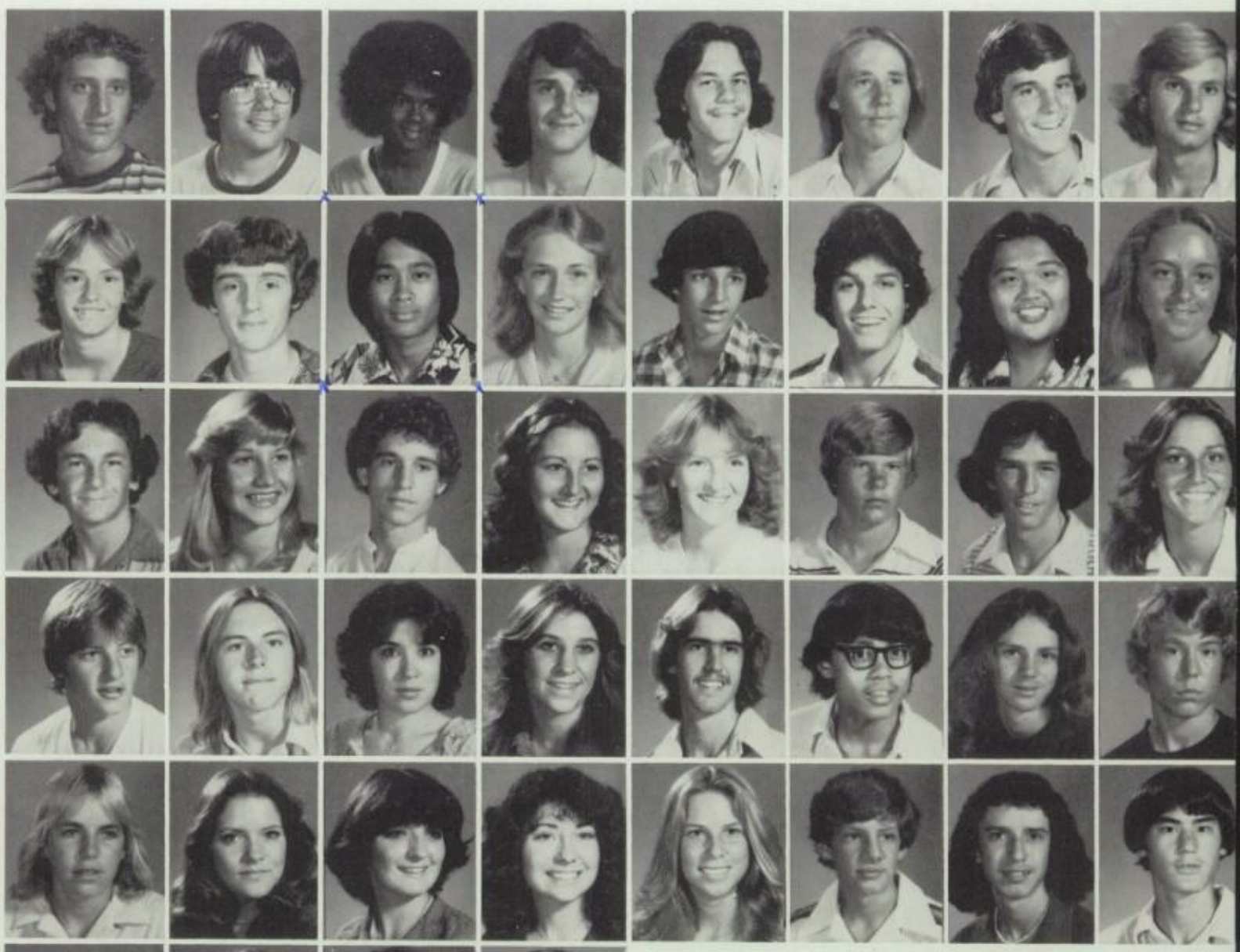
Gary Rose
Jim Ross
April Rothschild
Janyce Rowell
Dave Dudgers
Roy Russell
Mike Russo
Steve Ruth

Kathleen Ryan
John Ryan
Roy Salcedo
Lisa Salisbury
Rick Sanszimier
Dave Sanzi
Florence Sapinoso
Angie Schleif

Michael Schleuss
Renee Schnaath
Peter Schultz
Tami Schulz
Randie Schwartz
Bill Scott
Brian Scott
Lisa Scott

Randy Scott
William Scott
Gillian Scruggs
Melinda Selby
Shayne Selph
Manuel Seneres
Tony Serrano
Don Sheffler

Jim Sherrill
Jenny Shimp
Michelle Shotts
Chrysti Shoults
Starla Sills
Mark Skinner
John Slaten
Doug Small



Debbie Smith
Denise Smith
Frank Smith
Joni Smith

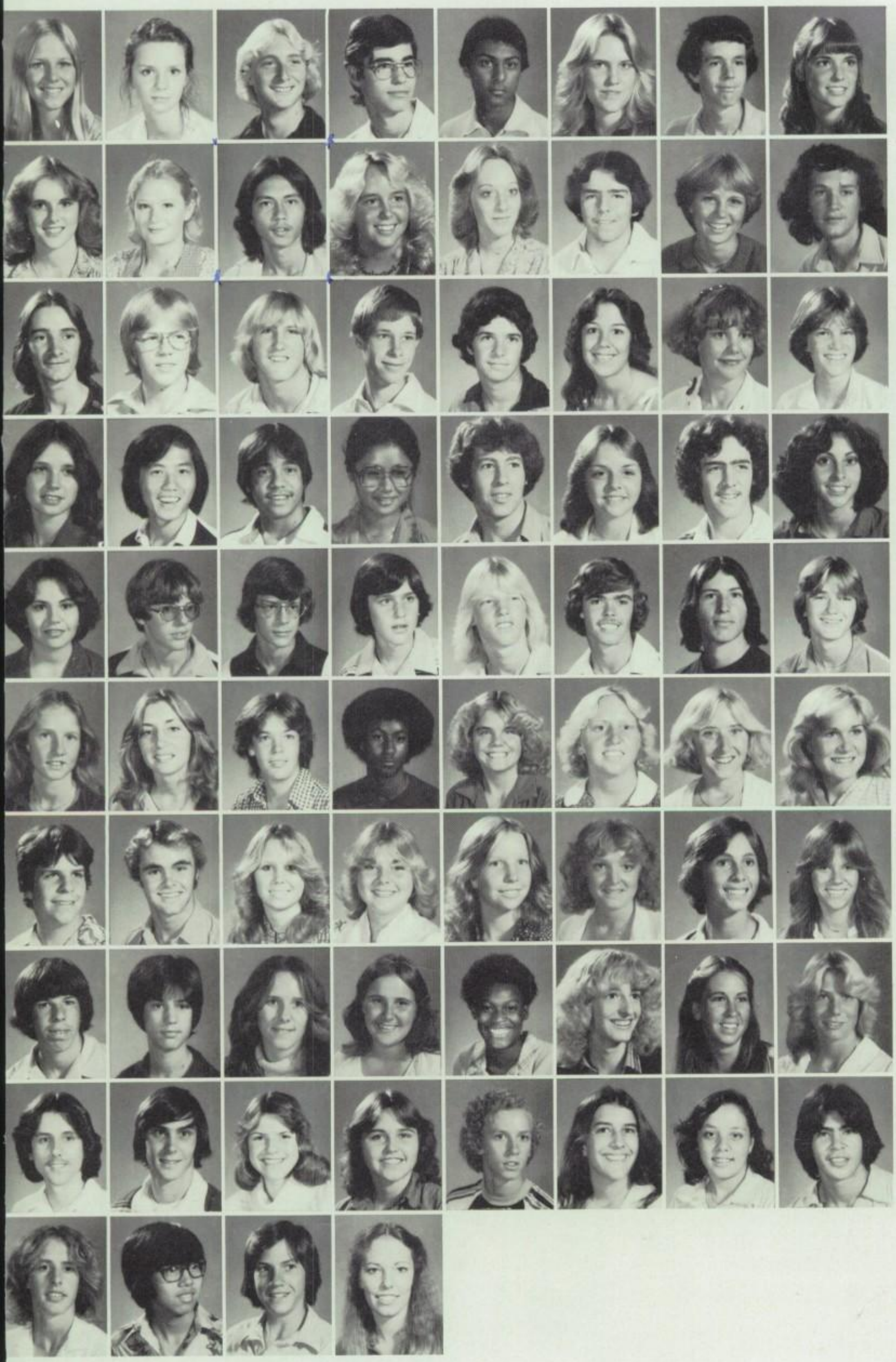
Patti Smith
Trish Soto
Michael Spearman
Tony Spinelli

Nicole Stansbury
Terry Starkey
Susan Stones
Karla Stout

Kelly Stuart
Matt Stuart
Cathy Sturdivant
Karen Sturtevant

Mary Sumpter
Cheri Surrell
Todd Sutherland
Geoffrey Swanson

Theresa Collander is finally able to find space and time f
home work.



Irene Swanson
Gerri Sweeney
Allan Takcett
David Taflan
Nitin Talwar
Lisa Tanner
Mike Tansey
Beth Taylor

Gayle Taylor
Robin Taylor
Claude Teague
Susan Teller
Cindy Tentschert
Orlando Terrazas
Lisa Thesing
Earl Thigpen

Maurice Thompson
Mike Thompson
Richard Thompson
Scott Thompson
Brad Thornberry
Wendy Torres
Jennifer Torresen
Suzi Trask

Bettina Trautmann
Dan Tu
Tim Tucker
Flordelisa Tupas
Darin Valley
Sally Vanderstoep
Kenny Vermillion
Madeline Villacres

Julianne Villalobos
Ken Vogt
Mike VonRadesky
Bob Voorhees
Tracy Wade
Steve Walker
Brian Wallace
Chris Walsh

Deanna Walsh
Melanie Ward
Chuck Waterman
Alan Watson
Karen Wazak
Karen Weas
Kim Weathers
Karen Webb

Mark Weddleton
Bill Weede
Tracy Weigel
Jennie Weingard
Laura Welts
Linda Weston
Miles Witcher
Diane Whitcomb

Paul White
Joshua Whitehouse
Becki Wilkins
Kim Wilkinson
Cynthia Williams
Kathy Williams
Robin Williams
Lori Winship

Mikael Winters
Art Wolfe
Wandy Worrall
Frances Wright
Bill Yelm
Lena Yernah
Sally Yorba
Mike Young

Stan Young
Peter Yuson
Kevin Zimmer
Michelle Zawislak

1▲

2▲

Sophs Advance With Pride

The class of '82 showed a lot of enthusiasm and pride this year. Through their classes, friendship, and spirit their pride has shown through. They have shown their support and pride by participating in the dress-up days, pep rallies, and their never ending enthusiasm at the games. They certainly gave the seniors a good fight in the class competition. With the end of their sophomore year they have achieved some status at Mt. Carmel and are no longer looked down on by the upper classes. With this added prestige they have gained maturity and some have a more definite idea of their identity at Mt. Carmel. Mt. Carmel looks forward to seeing their spirit and enthusiasm grow, along with Mt. Carmel.

1. Sophomore Class Officers: Marilyn Weinstein, vice president; Dana Ward, president; Ms. Newman, advisor; Michelle Burnette, treasurer; Ruth Black, secretary.
2. Using a new form of transportation, Maurice Williams and Jim Nusbaum, get involved in class competition.
3. Displaying the smile and enthusiasm of a spirit leader, Heather Parham cheers the sophomores on.
4. Yes, there is strength among the sophomore class!

4▼

3

Lois Aaron
Rod Abutin
Diana Acuna
Kelly Adams
Del Aguinaldo
Matt Alexander
Mike Alexander
Daryl Allen

Ronaldo Almario
Denise Almond
Brian Alport
Daemon Anastas
Jeff Anderson
Kim Angel
Amy Attig
Dwayne Aspaas

Kelly Baity
Mike Bajkowski
Sherry Bales
Darren Balsley
Mike Barnett
Michael Bartz
Patty Bass
Steve Bass

Tammy Bouserman
Valerie Beam
Beth Beck
Pam Beirne
Linda Bell
Monty Bell
Jodi Bellarosa
Marijess Belisario

Robert Belmain
Debbie Benzing
Cathy Bement
Kim Bennett
Jill Berman
Alvena Berry
Miriam Bessey
Cindy Beyersdorfer

Jenni Blanchard
Jim Bieger
Gary Billburg
Karen Bierke
Scott Bjoin
Heidi Bjork
Ruth Black
Laura Blake

A jester from Leo Foligno.

Heidi Blue
David Bluestein
Greg Bogdanoff
Steven Bondy

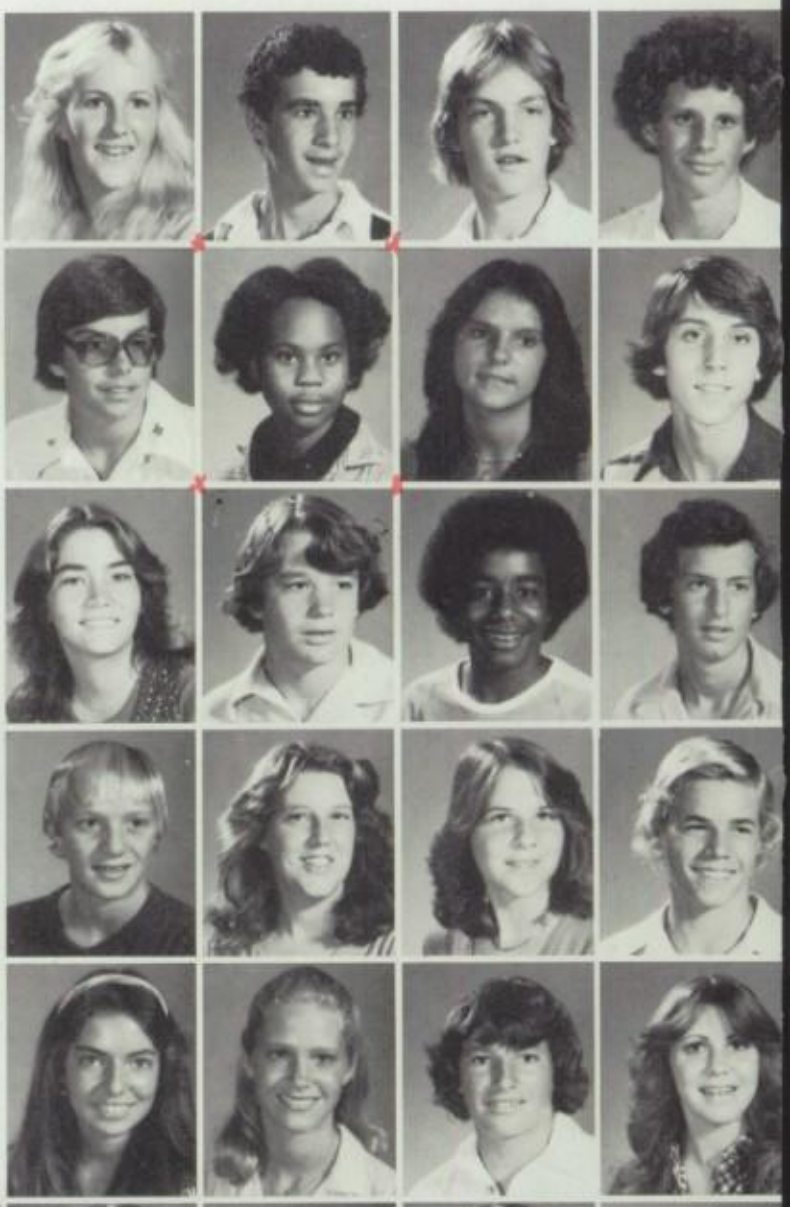
Jeff Boone
Valerie Bowens
Vanessa Bowman
Bruce Bowser

Tracey Brandt
John Brannon
Paul Breaux
Drew Breittholz

Roger Brisbane
Cindy Brown
Leslie Brown
Mike Brown

Shannon Bulman
Michelle Burnette
Gerry Burns
Beth Byady

Rich Freeze was busy getting some back up help for a game of tug-of-war.



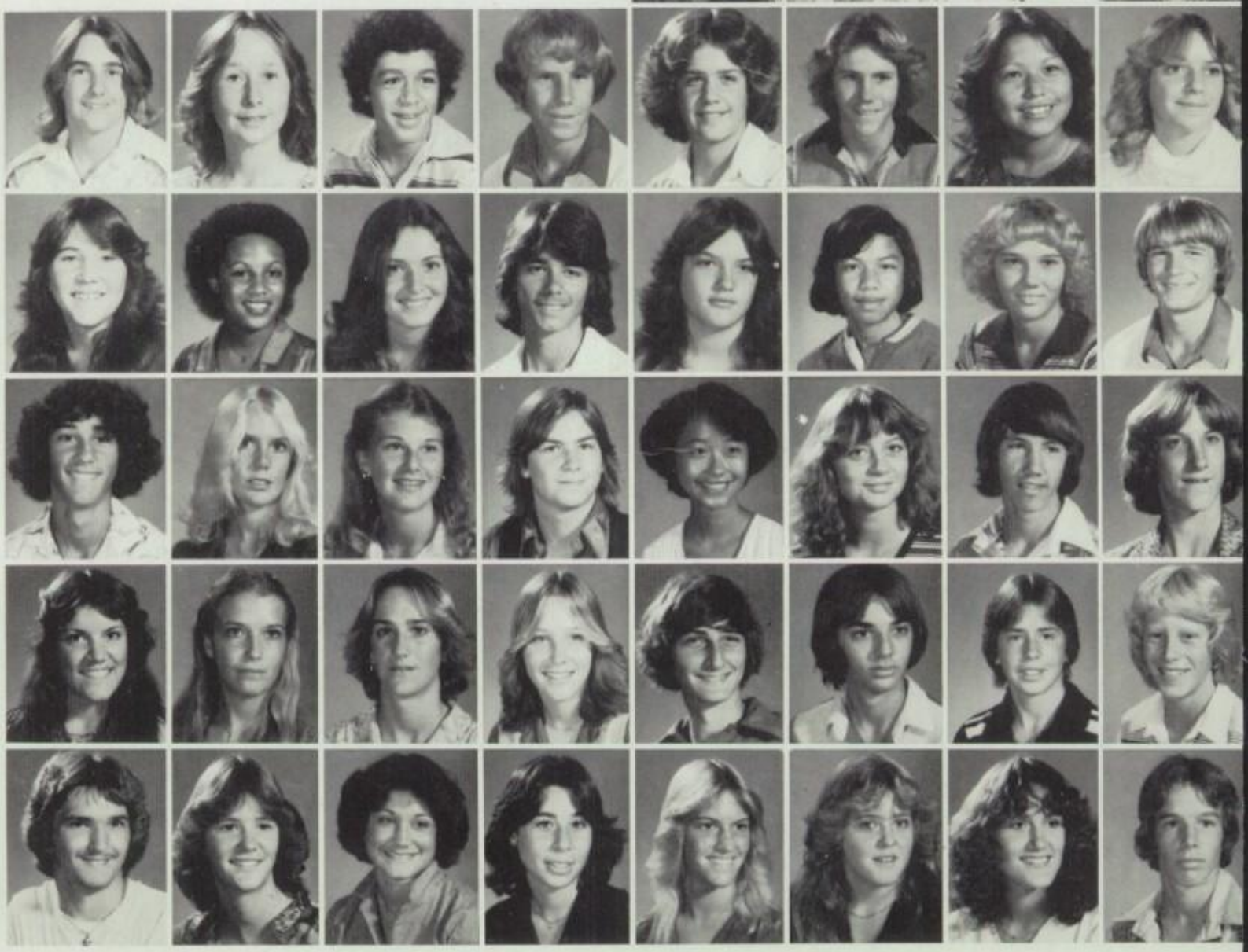
Chuck Byron
Kathy Cafferty
Rod Calcedo
Pat Callaway
Mark Campanella
Andy Canterbury
Kathy Canyon
Karen Carlson

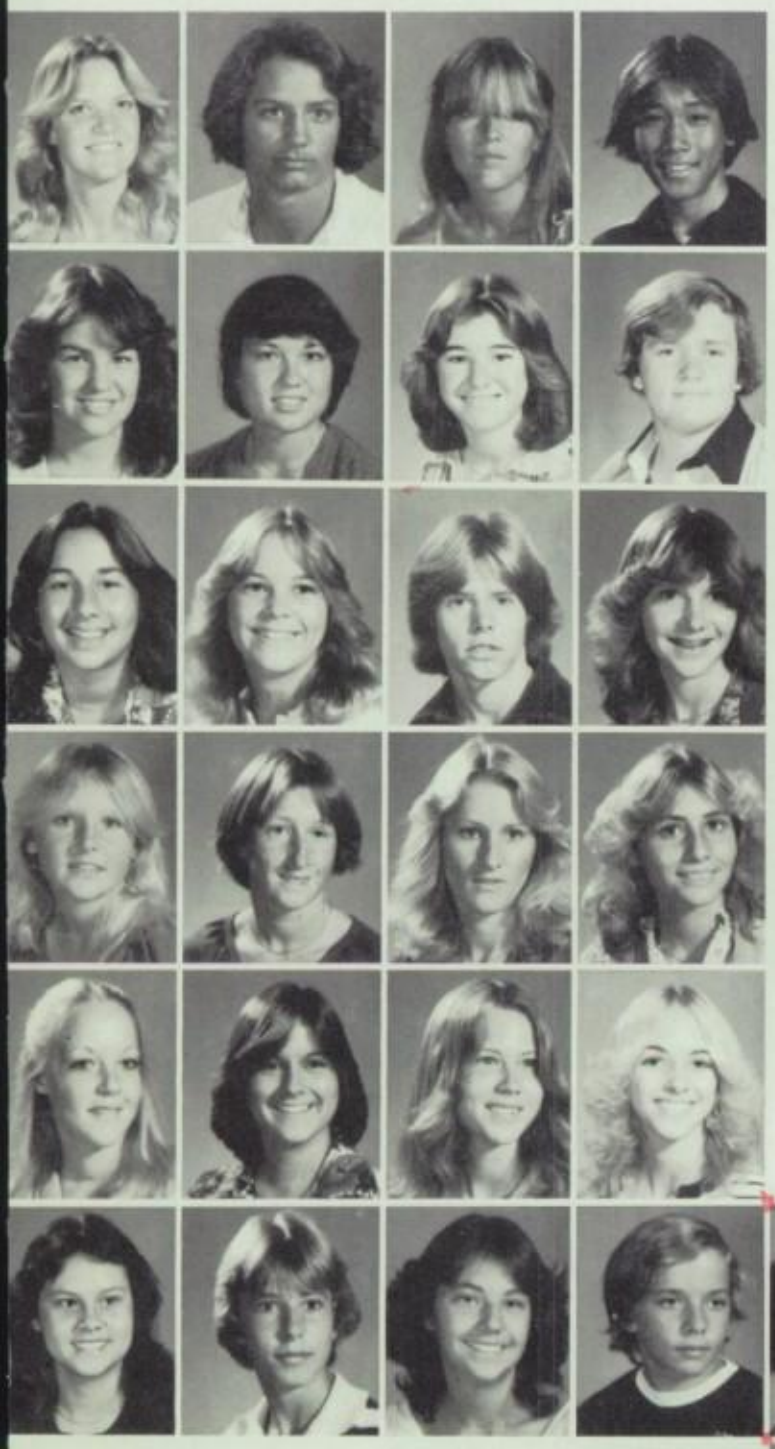
Jill Carney
Reneen Carter
Carlotta Cassidy
John Cassidy
Carolyn Castillo
Jay Castillo
Stephanie Castleberry
Steve Castleberry

Mike Cates
Diane Cawthorne
Margit Chandik
David Chaney
Sherry Chang
Susie Chapman
Kimball Chase
Les Cheney

Penny Chelios
Becky Cherry
Vicky Christensen
Sandy Christison
Joe Cirillo
Tom Cirillo
Jon Claypool
Mike Claywell

Anthony Clemons
Stacy Colborne
Alison Coleman
Linda Cohn
Darla Connot
Janeen Consla
Terry Conway
Doug Cook





Pam Cook
Kevin Cooper
Jennifer Cortes
Rick Cortez

Joan Courtney
Kathleen
Vicki Craven
Mike Crawford

Jill Craine
Michelle Crepeau
Jeff Critser
Kelly Crosthwaite

Cue Cindy
Curnow Fiona
Bernadette Daley
Vicki Dambrose

Shannon Daugherty
Leslie Davis
Tammy Day
Lauren Debreceni

Matt VonRadesky is utterly captivated by what he sees.

Melinda DeCastro
John Delaney
Debbie DelColliano
Bill Denzien
Kim Dillon
Larry Dillon
Sandy Dison
Donna Doerfler

Robert Doering
Wedy Domingo
Galyn Donaldson
Jill Dorsett

Rich Duby
Donna Duddy
Shawana Duggan
Dana Durniak

Tracey Earle
Judi Ellis
Mike Embick
Barbara Embry

Susan Embry
Mike Erickson
Diane Estrema
Colin Estwick

ry Fussel and Paulette were among the staunch supporters
he sophomore class.

Denise Etzler
David Eveland
Fariborz Fazeli
Angela Fels
Jennifer Ferber
Chris Filippone
Gregory Flood
Linda Flores

Angel Fogle
Beverly Fogleman
Leo Foligno
Michelle Foster
Kim Fosterling
Bob Fountain
Dawn Franchi
Deborah French

Mike Friedrichs
Rich Fries
Rona Fuller
Trent Funk
Mike Furtak
Tom Fusco
Mary Fussell
Kalyn Gabriel

Amy Gale
Mandi Galt
Debbie Gang
Pat Gant

Alicia Garcia
Darla Garrison
Mike Garrison
Martin Gates

Matt Gates
Sistiana Gebhart
Gary Gelinas
Rolando Geniza

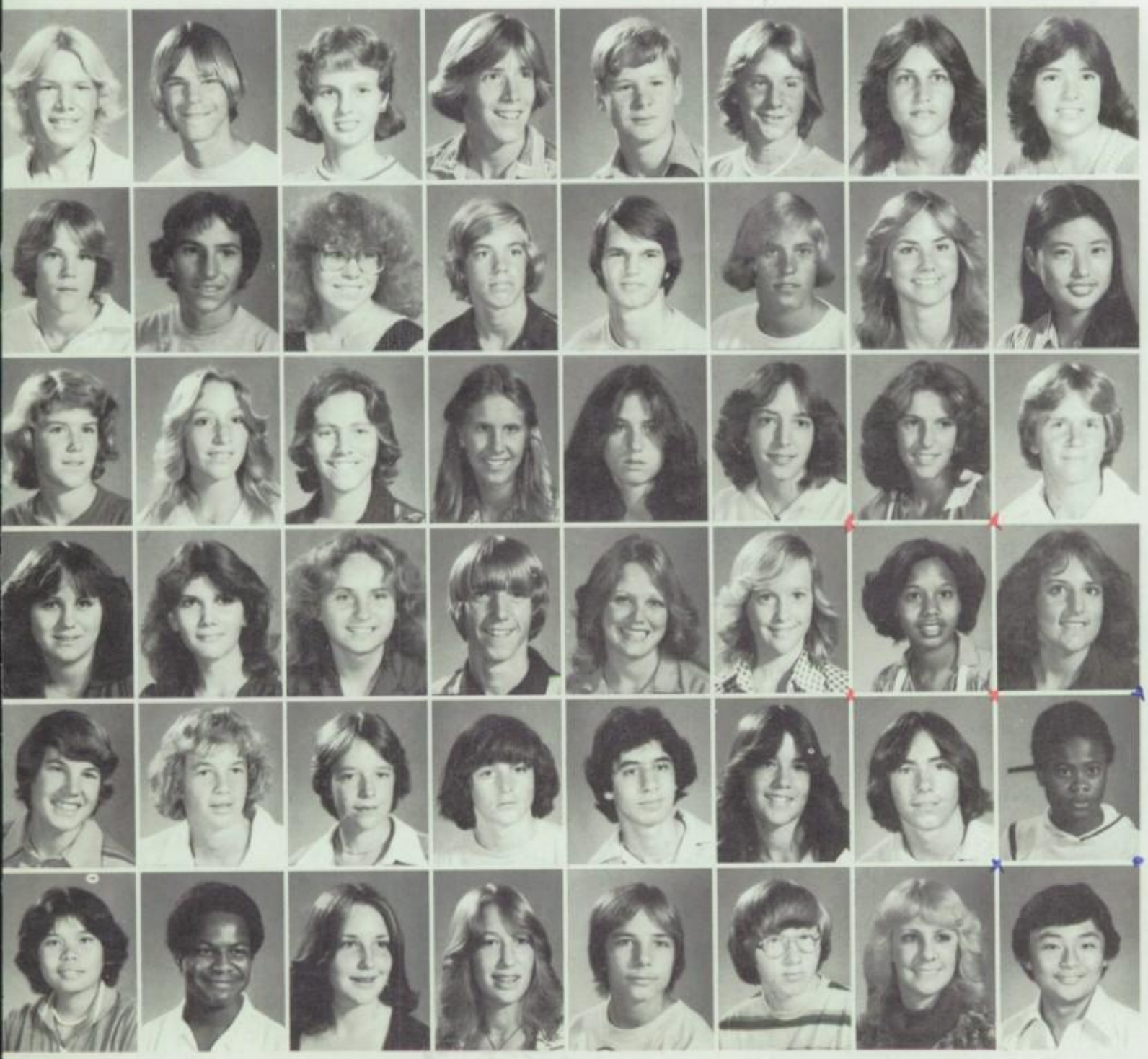
Pat Gibbons
Valerie Gibbons
Gordon Ginther
Mike Given

Jon Meyers attempts to steal the heart, of the Queen of Hearts, Carlotta Cassidy.

Julie Glazebrook
John Gonzalez
Sherri Goodman
Richard Gordon
Suzanne Gordon
Curt Gossett
Debbie Gotte
Frank Gotte

Greg Graff
Mickey Graham
Brian Grajkowski
Bonnie Gray
David Gray
Tom Green
Elizabeth Greer
Grant Grenoble

Ron Grey
Michelle Griffin
Mike Griffen
Bonnie Griffith
Laura Grim
Jacque Grimes
Nick Grivas
Lisa Groeling



Ron Groth
Mark Gunnett
Shari Gunter
Mark Haas
Joe Haddikin
Rod Magnio
Bobbie Hahn
Billie Hall

Jeff Hall
Mike Hall
Lujean Halverson
John Hamilton
Mike Hamilton
Kurt Hammel
Jean Hammett
Son Young Han

Nancy Hanlo
Denise Hardison
David Hargis
Lauren Harter
Suzanne Hartman
Shelly Hays
Shelly Hazelrigg
Joe Heberlein

Tita Heimpel
Laurie Henson
Tami Herd
Bob Hexter
Gina Hickey
Carolyn Hicks
Cynthia Hicks
Vicki Higley

Mike Hill
Tom Hillebrecht
Steve Hochhaus
Tony Hockaday
Wayne Hodgson
Mimi Hoesch
Craig Hoffman
Will Hoffman

Doda Holgado
Eddie Hollingsworth
Mary Beth Holmes
Jodi Honisch
David Hopwood
Dan Howell
Michelle Huff
Ching Hwang

The "group" from Penasquitos gather for an official family portrait.

George Iannetta
Dan Ignosci
Mark Isaacs
Bruce Jackson
Kristen Jackson
Cynthia Jaeger
Bob Janes
Veronica Javier

Jeff Jenkins
Rochelle Jensen
Steve Jerome
Mike Jewett
Donna Jones
Robert Jones
Millie Jones
Lisa Johnston

Johnny Johnson
Michele Johnson
Ross Johnson
Shannon Johnston
Susan Johnson
Todd Johnston
Kathy Kahl
Kim Kasten

Penny Katick
Dawn Kay
Dane Kealoa
Ronald Keating
Jerry Keeney
Kathy Kelly
Judge Kemp
Janine Kennedy

Desmond Kirkpatrick
Sarah Kirkpatrick
Steve Koehler
Todd Koetter
Scott Komorous
Doreen Konopacki
Marc Krauss
Connie Kruse

Tim Kruse
James Kwei
Lelslie Ladao
Bryan Lafoon

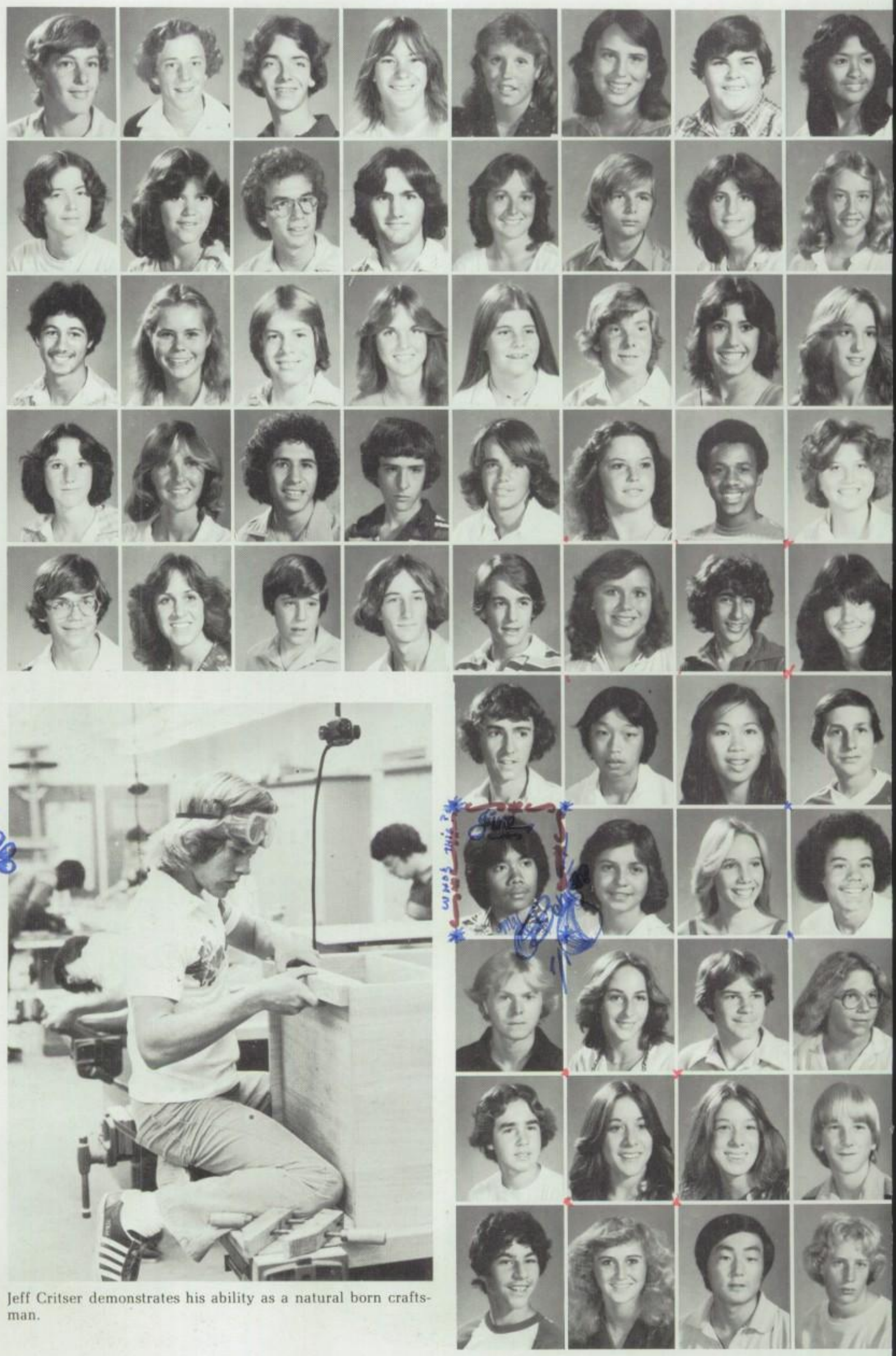
Fernando Laguda
Elena Lambatos
Stacey Land
David Lane

Bruce Landey
Melanie Langan
Brian Larson
Laurie Larsen

Rod Lascari
Beth Lascola
Lori Lascola
Randy Laub

David Leavitt
Lisa Ledford
Steve Lee
Roy Leggitt

Jeff Critser demonstrates his ability as a natural born craftsman.



Don't bother us we're conducting a very important experiment!

Sandy Lemmon
Virginia Lenosky
Traci Lentz
John Led

Bernard Leslie
Ken Lloyd
Kelly Loop
Marie Lopez

Sarah Lowe
Leslie Lowe
Robert Lowe
Karen Lubliner

Tracy Luker
Chuck MacDonald
Katie MacFarlane
Kathy Mahoney

Eddie Mallari
Liz Malloy
Mary Anne Manangan
Karen Manning

Cathy Mascardo
Denise Masewicz
Mike Mata
Craig Maze
Mike McBride
Tammy McCarron
Ben McCarty
Matt McClanaghan

Staci McClelland
Rod McCormick
Tom McCotter
Albert McCray
Randy McCray
Todd McCullen
Kandace McCullough
Mary McGair

Lorie McCarity
Pattie McGarry
Chris McGlothen
Bob McClain
Chris McLaughlin
Valerie McLaughlin
Matthew McMillin
Helen Meadows

Kim Meadows
Judi Meehan
Anne Mendelson
Bob Mendelson
Donnie Mendrala
Terri Merced
John Merkes
Theresa Metz

Jon Meyers
Shelly Millar
Britt Miller
Kim Miller
Melanie Miller
Jeff Modlin
Jodi Moore
Pam Moore

Raymond Moore
Lala Mora
Maria Morales
Johanna Moreno
Kim Morgan
Robert Morgan
Dennis Morrison
Melissa Moss

Keith Mueller
Paul Mueller
Paul Munsterman
Kevin Murakami
Joan Murphy
Kelly Murray
Joy Nussain
Allison Nafie

Emi Nakazawa
Kevin Navarre
Clark Nelson
Lori Nelson
Scott Nelson
Steve Nelson
Willa Nelson
Tina Neuberger

Andy Nicholas
Dawn Nicoll
Rick Nielson
Jill Nicewander
Kim Nohr
Erin Noll
Kim Noll
Jeanette Nuckols

Therman Nuckole
Jim Nugent
Larry O'Brien
Mary O'Connor
D. J. O'Drane
Kevin Omland
Marlene Ones
Terri Orr

Tim Ortiz
Todd Overson
Janet Padya
Shawn Palmer
Sonny Pangilinan
Chuck Pankau
Eloise Pantoja
Heather Parham

Cynthia Parker
Kristine Parker
Lisa Parker
Bob Perry
Dan Pasko

Dale Patterson
Shirley Pattynama
Kerri Paulsen
Ricky Paulson
Rene Paulus

Mark Pavlovics
Jenny Payton
Julie Peacock
Steve Pearc
David Pearce

Ingrid Pearced
Humphrey Pearcey
Melvin Pearri
Gwynevre Pearl
Penelope Pearlovic

Gaern Tentschert and Mike Reynolds displa

Carrie Pearson
Sherry Pearson
Angie Pence
Scott Penner
Lynette Perloff
Joe Perry
Ann Pesqueira
Sonda Peterson

Ken Peterson
Joseph Phansuf
Lisa Phillips
Linda Phinney
Doug Pierce
Kim Pike
Ben Pila
David Pina

Enrique Pinerua
Dana Pistilli
Dan Polcino
Sherry Polley
Judy Palvorosa
Bill Potter
Liz Powell
Billy Preston

Diane Price
Monique Price
Rick Puelhorn
Ken Pulstfer
Monica Ray
Vaughn Reavis
Carlito Redfern
Leslie Redman

Jim Reifeiss
Alan Remos
Mike Reynolds
Kurt Rheinhardt
John Rice
Amanda Rickert
Jim Riesenhauer
Ronald Rizzo

Darryl Roberts
Ingrid Robinson
Tanya Robinson
Bill Rodkin
Anavic Rodriguez
Becky Rodriguez
Tom Roehrig
Lisa Romano

Mike Rosensweig
Lucy Rostek
Rob Rowsey
Missy Rubia
Becky Ruddell

James Rudolph
Frances Ruff
Randy Rush
Lauren Russell
Tom Rutledge

Debbie Salcedo
Donna Sanchez
Jorge Sanchez
Josephine Sanchez
Steve Sandefer

Eileen Sapinoso
Karl Schlegel
Kurt Schleael
Caroline Schnelder
Jame Schoettmer

heir true feelings about the activities.

John Schoettmer
Dave Schoffstall
Carla Schuster
Shell Scott
Tanya Selby
Mike Salvaggio
Lisa Sesti
Tom Shea

Pat Sheffler
Beth Shelton
Jeannine Sheppard
Joanne Sherman
Gary Sherwood
Rob Shuman
Richard Sitzler
Chuck Skolds

Kim Smith
Denise Smith
Lorraine Smith
Rob Smejkal
Tami Smith
Jeannette Soderlund
Todd Soens
Denise Somes

Arlene Soriano
Donna Sowles
Steve Sprague
Jeff Stange
Kara Stangl
Lisa Stebbins
Keri Steiner
Tony Steiner
Rachel Stecks

Karen Stewart
Kim Stillwell
Ann Marie Stockard
Rod Strate
Barry Strayer
June Stuart
Davida Stubbs

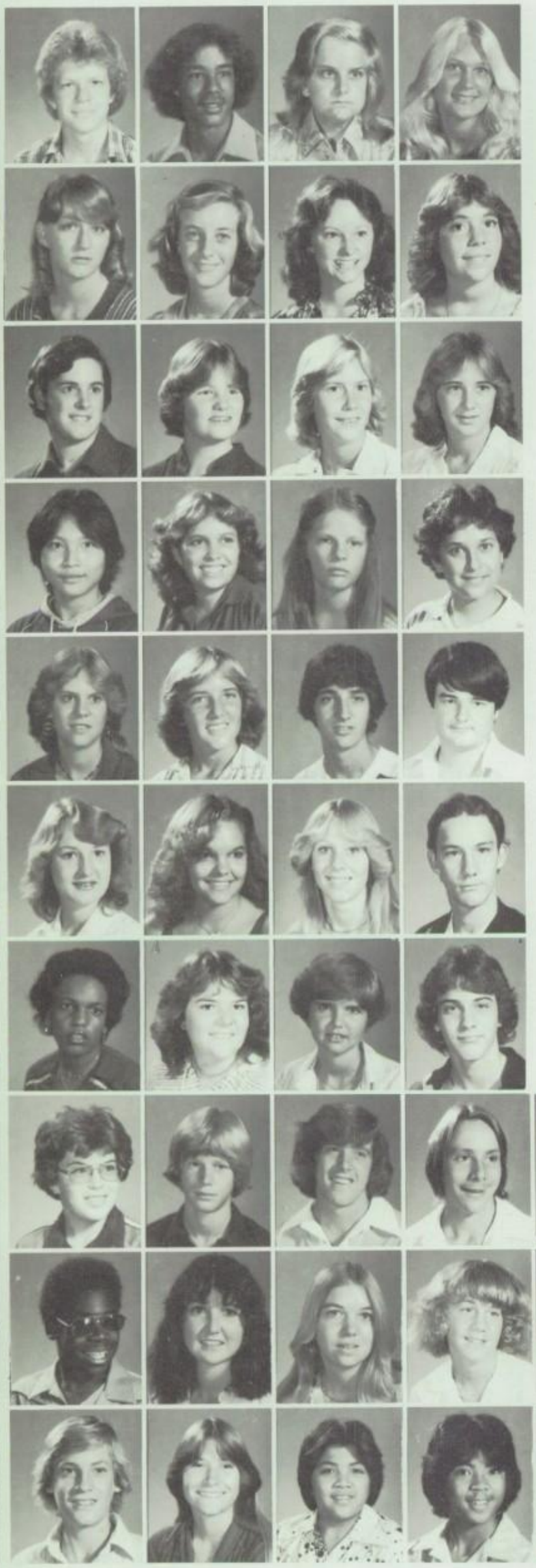
Aziel Suarez
Matt Sudac
Troy Syrios
Tracy Swanson
Bob Sweeney
Renee Sweet
Kris Swetman
Kathleen Sweeting

Betsy Swinney
Lorraine Szetchmiller
Diane Tahl
Greg Taal
Julie Tajalle
Laurie Tannahill
Duke Tanner
Roxanne Taylor

Garin Tentschert
Norma Testa
Jill Thigpen
Bob Thomas
Myoko Thomas
Dana Tillotson
Shaun Tompson
Robert Tow

Susan Trujillo
Roger Tupas
Pam Tyler
Steve Tyler
Meredith Tyra
Wade Undenberger
Peggy Vawter
Franklin Velasquez

Mike Vick
Melanie Villaraza
Emelia Villaros



The thrill of victory etched on his face, Joe Heberlein leaves the court.

Matt VonRadesky
Kelly Wallace
Miriam Wallace
Sandy Walscheid

Vicki Walsh
Elizabeth Walters
Corrina Ward
Dana Ward

Mark Wardlaw
Debbe Waldrop
Kim Warner
Karrie Watson

Allen Wei
Marilyn Weinstein
Paulette Wellborn
Jack Werbow

Stephanie Wergen
Julie West
Dave Weston
Karl Westwell

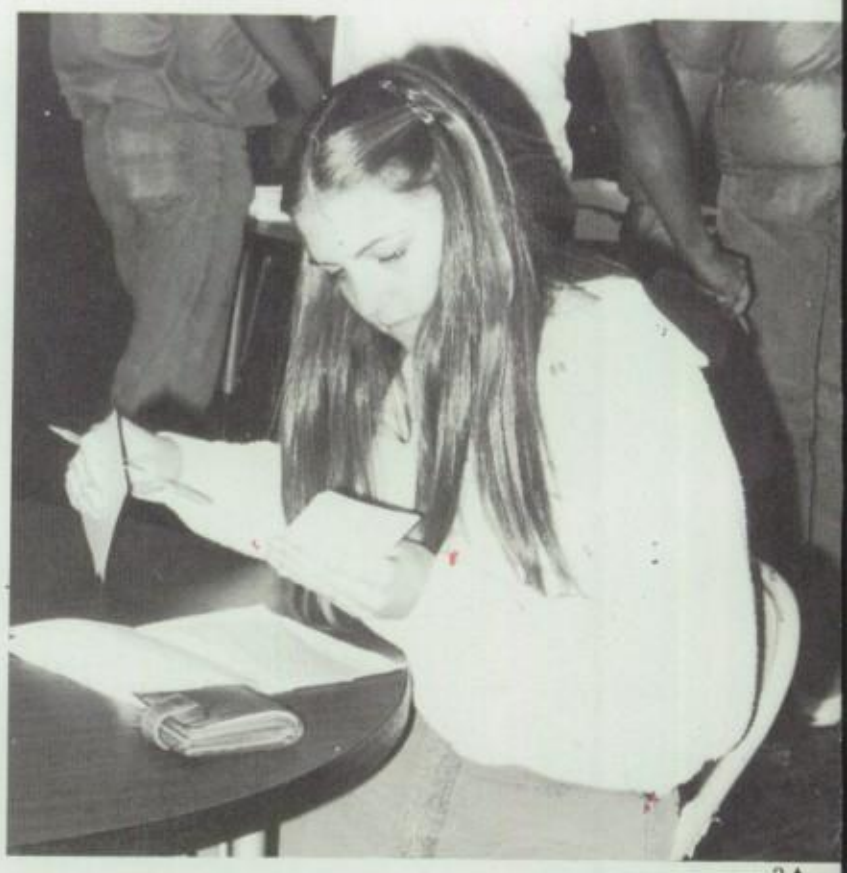
Martha Whatley
Debbie Wheeler
Tracey Wheelington
Don White

Lynette White
Elayne Whitehouse
Shauna Whitfield
Mike Whittington

Fred Whittle
Mike Whitton
Mike Wier
John Wilbur
Jason Wilkins
Beverly Williams
Brenda Williams
Kathy Williams

Maurice Williams
Ann Wilson
Nancy Wilson
Rob Woods
Robert Wright
Jack Yamasaki
Linda Yazzie
Laurie Zelmer

Greg Zimmer
Sheryl Zolkiewitz
Frank Bernas
Pat Bojador
Karen Burke



1▲ 2▲

Upward Struggle Begins for Freshmen

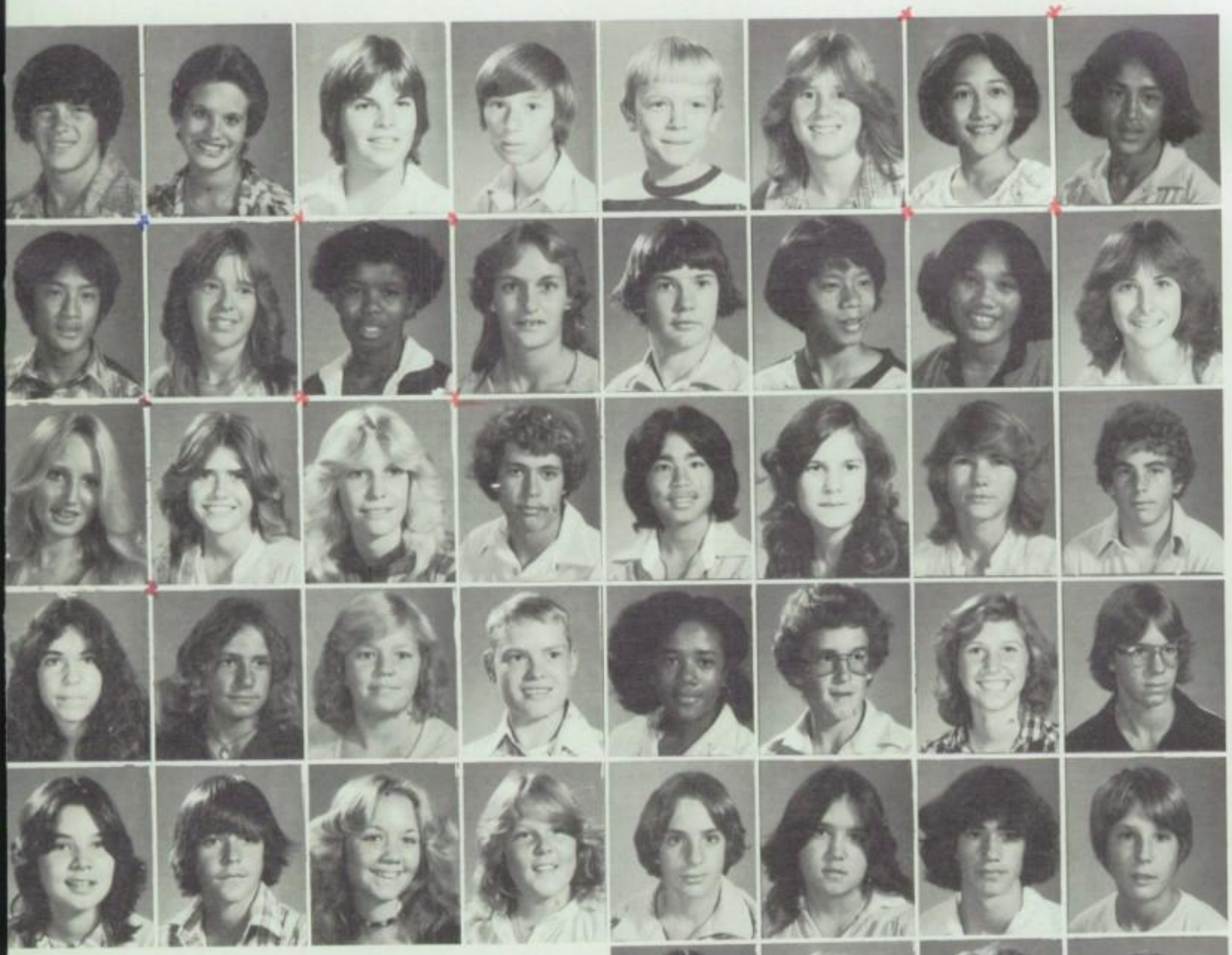
For the Class of '83, high school brought added responsibilities and often a drastic change of lifestyle. No longer the class on top, as they had been in middle school, freshman had to accept their place at the bottom of the ladder and begin their struggle upward. The sheer size of the school was enough to make most freshmen nervous, let alone the increased work loads and the greater expectations.

For most class members, however, it was an enjoyable and rewarding experience as they learned to accept their new roles and gradually blended into the mainstream of campus life. Their numbers, enthusiasm, and involvement soon became a force to be reckoned with. Their talent and ability to accomplishment is insurance that the traditions and spirit at Mt. Carmel will be carried on as the class advances.

1. One of the classes that a freshman must take is Developing Nations, and in this class many of the skills that a freshman has developed are used to their full extent.
2. Something new for freshmen was registration, which many, such as this frosh female, had problems with.
3. Members of the Freshman class often participated in class competitions, but others just watched.
4. The Freshman Sports teams did well all year, as exemplified by Dusty Sims, member of the frosh wrestling team.

4▼ 3▲

4▲



Tony Abrams
Leslie Adams
Rick Adams
Kevin Adamson
Don Adcock
Kim Ader
Charlene Aguillar
Ed Aguinaldo

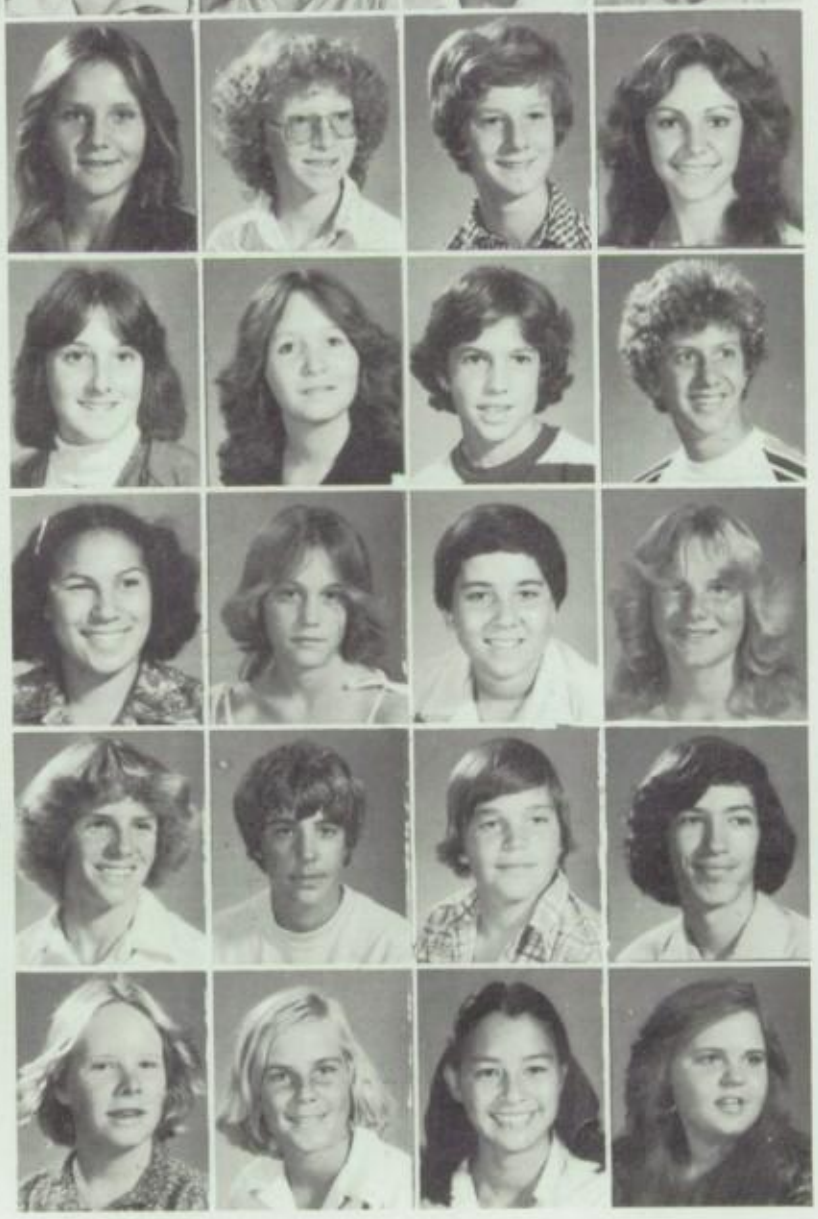
Chris Alarcon
Lisa Albright
April Anderson
Geri Anderson
Jeffrey Anderson
Ramsey Andrada
Susan Angel
Melissa Antrim

Carrie Aspaas
Leigh Apger
Melinda Apple
David Arbelaez
Glen Armas
Terri Arnold
Crystal Arthur
Todd Ashley

Lori Aten
Mike Averett
Yvette Baird
Scott Banker
Debbie Banks
Mike Banuelos
Juli Barsell
Richard Bayne

Rachel Beach
Jeff Beane
Lawanda Beard
Suzie Bechtold
Darrell Beck
Terri Behrens
Jim Bellarosa
Robert Bencivenga

Mr. Weiner and his "women," Denise Lane, Carrie Skinner, and Diane Meerchaum, posed for a "family" portrait.



Julie Bennett
Nathalie Bera
Scott Berhage
Cheryl Berlin

Dorothy Berner
Marlene Bessey
Greg Beutz
John Beversdorf

Mary Bias
Brenda Biddlecome
Richard Bierne
Sheila Bigelow

Larry Birdelman
Todd Blackburn
Scott Blanchard
Mardy Boden

Connie Bolt
Mike Booth
Alita Bortolutti
Anita Border

For many, lunch meant a lazy afternoon on the quad watching the class competitions taking place.

Jim Bowden
Kevin Braidic
Stacy Breaux
Linda Breimon
Dan Bridgman
Donna Brightman
Todd Brittan
Daniella Brockmeier

Sandra Brooks
Brad Brown
Cindy Brown
Mimi Brown
Alan Broyles
John Bryan
Paul Buckley
Alex Bukoski

Bryce Bulman
Bill Burch
Charles Burt
Danny Cabuco
Jeff Cadden
Cora Caeg
Lisa Camerino
Chris Callahan

Joe Callahan
Sue Callaway
Lisa Campbell
Shawn Cannon
Jay Cardinal
Theresa Carroll
Kim Carter
Derek Cartmell

Guy Castillo
Sam Castleberry
Mary Cavanaugh
Perris Chapman
Robert Chearo
Eleni Chelios
Betty Cheney
Sandra Chestnut

Debbie Childs
Tom Chintala
David Chmelir
Robin Christopher
Tracee Chuka
Becky Clark
Rich Clark
Ronda Clark

Kim Clasen
Ruben Cleary
James Clippinger
Marcina Cochran
Barbara Collier
Kim Collander
Cathy Conley
Dan Conley

Eric Conklin
Brian Connelly
Julie Connolly
Scott Connot
Lori Convirs
Dawn Cooper
Andrea Cook
Andy Cooper

Chris Cordova
Parris Cornell
David Cortez
Laurie Cortez
Linda Cossi
Robert Cottle
Patty Crain
Dolph Crane

Jackie Crane
Beth Crawford
Daniel Cruz
Tom Dages
Keith Davidovich
Tracey Davis
Matt Davis
James Dean

Rod DeCastro
Mike DeFabio
Michael Delcasale
Greg Dettit
Jeffery Domingo
Mike Dimirjian
Ken Deremer
Denise Devault

Two of the dapper members of the class, Bob Holdman and Steve Rheinhart, pose for a photo.

Danny Devlin
Tony D'Olaes
Peter Dobias
Lisa Dohm

Jim Dohrer
Bill Doll
Lee Dorr
Dawn Douglas

Vince Douglas
Ben Dover
Bruce Dowhan
Jack Duby

Becky Dilla
Rob Dypaya
Michelle Dyson
William Earl

Jodi Eddy
Lisa Edler
Suzanne Elbert
Lynn Emer

Andy Esserman
Julie Evans
Judy Everett
Scott Ewalt
Bob Falconer
Sherry Ficken
Valerie Fierro
Annette Fischer

Todd Fletcher
Michele Flick
Lynn Flora
Mike Foncannon
Rae Ann Ford
Lisa Foster
Carlotta Funk
Tom Gaasch

Jim Gaboury
Lynn Galliher
Alika Gassoway
Joe Gelormini
Brett George
Annette Getchel
Kevin Ghrer
Alisa Gibbs

Kenneth Gibby
Chris Gilligan
Shawn Gillis
Aaron Gillingham

Rene Gillum
Dwayne Gilman
Kathy Giordano
Scott Goebel

Lisa Goff
Pam Gomper
Victor Gonzalez
Craig Gordon

Sheryl Gordon
Karen Graham
James Graves
Kelly Green

With a stern look on her face, Christine Langlet attacks the problem at hand.

Mike Greed
Marty Greenwalt
Scott Gregor
Nancy Groth
Lori Gulf
Maria Hagan
Kenny Hall
Mike Haden

Skip Hall
Michelle Hall
Bruce Hallmark
Grace Halstead
Brenda Hames
Linda Hammond
Mi Young Han
Vicki Hankowski

Nancy Hanks
Robert Hansen
Bill Harrison
Crystal Harvey
Mary Haselius
Tazeem Hasham
Vivian Hathaway
Karen Hatos

Mark Haughelstine
Rich Hawkins
Jeff Hayes
John Heberlein
Joanie Heil
Scott Hellwig
Robin Hersch
Michelle Hickey

Steve Hicks
Holly Higgins
Kelly Hilbert
Audrey Hillary
Kirk Hill
Tammy Hill
Rick Hinckley
Bill Hoard

Darren Hobbs
Jeff Hockaday
Karyn Hochberg
Bob Holdman
David Hollingsworth
Robyn Holloway
Mark Holman
Eddie Holmes

Cherie Holt
Paul Hondros
Mike Horan
Jeannette Howard
Laurie Howell
Scott Hudson
Oscar Huerto
Rich Humes

Jim Hurley
Chiun Huang
Monica Ingle
Amy Ingles
Jeff Jacob
David Jacoby
Kelli Jennings
Chris Jensen

James Jernigan
Jodi Jones
Lisa Jones
Tammy Jones
Dejesus Jose
Marc Jose
Mike Joyce
Sharon Juhn

Exercise was frequently the order of the day if you were in the freshman P.E. classes.

Tippi Kalpinski
Ross Kallen
Suzanne Kelly
Elizabeth Kennedy
Patti Kennedy
Symantha Kennedy
Kyowol Kim
Rick King

Jeff Kingman
Cheirie Kinley
Richard Kinner
Scott Kinnear
Kathy Kirchmeier
Mike Kleist
Brian Klimpke
Holly Klide

Margie Klinger
Nicosha Knight
Eric Koch
Sharon Konopacki
Danny Koss
Elisa Koss
Rick Krey
Cindy Kurtz

Miho Kuwahara
Larry Ladao
Valentin Laguda
Sophia Lambatos

Bill Landreth
Denise Lane
Paul Lane
Todd Larabee

Debbie Larsen
Quan Le
Ramona Leach
Pat LeClair

Dan Ledger
Melissa Leininger
Rob Lemay
Martin Leslie

Tami Levine
Alina Lewis
Caryl Lippe
Suzanne Lloyd
Blair Loftis
Teresa Long
Sharon Longanilla
David Loop

Chris Lopez
Carey Lozano
Laura Mackey
Kim MacCree
Dan Mahoney
David Mallari
Eileen Mamaril
Ted Manalo

Bill Martin
Mark Martinez
Anthony Mathias
Bobby McClanahan
Patty McDonald
Matt McGee
Kim McGlothen
Rick McKinney

Jim Rotondo was caught in a pensive mood

trying to complete a project.

Susan McCabe
Tracy McCaughtry
Chris McKnight
Michelle McNeill
Diane Meerchaum
Beverly Melad
Andee Melba
Matt Mendrala

Kathy Mensik
Clayton Meyer
Hope Michael
Kevin Michaelson
Dwayne Miguel
Bill Miller
Jon Miyasaki
Marcia Mohrmann

David Monahan
Nathaniel Mondy
Cathy Montemayor
Billy Moore
Pat Moore
Paul Moore
Victory Morales
Rheynard Morgan

Liz Morris
Melissa Morris
Stephanie Morton
Leah Moyer

Lisa Mullinix
Greg Mundt
Karen Murakami
Brian Murphy

Carole Murray
Steve Nario
Eric Nash
Kelley Nason

Tina Nelson
Larry Nesbit
Rey Nicholas
Mag Nicola

Bob Noble
Mark Nohr
Leanne Nordike
will Norris
Dion North
Natalie North
Holly O'Brien

Bob O'Connor
Erin O'Drane
Hanna Olivio
Scott Olson
Steve Olynn
Emily Ones
Helena Orloff
Karen Ortega

John Ott
Henry Painter
Lori Palma
Kathy Palmer
Roger Pamachena
Annette Panganiban
Kristi Park
Lori Payne

Steve Parks
Lisa Parlin
Troy Parry
Nancy Pavlovics

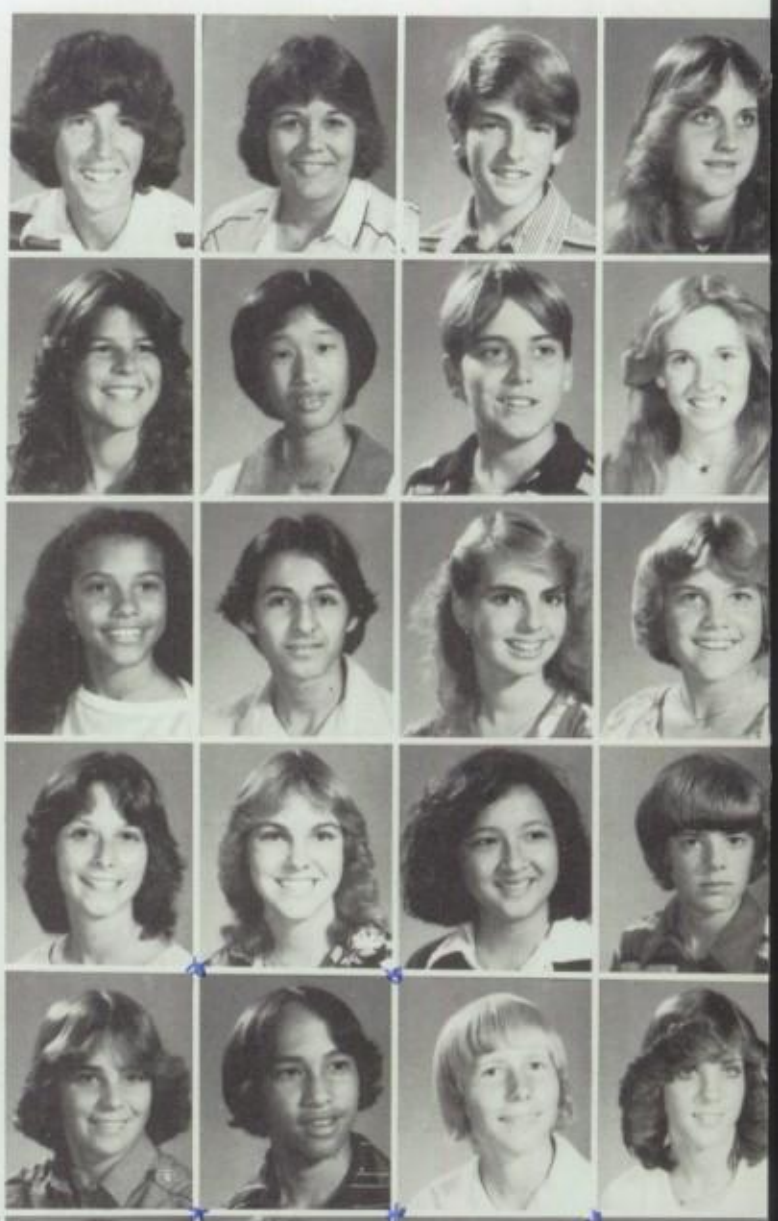
Penny Peeters
Eileen Pelina
Rodney Penrod
Mary Penner

Gina Perkins
Vincent Pesqueiro
Elaine Pesta
Jeanine Peterson

Samantha Peterson
Rhonda Phillips
Rowena Pineda
John Piskor

Tina Pistilli
Anthony Polvorosa
Keith Popejoy
Cindy Porter

The second period often found Mary Haselius and Dave Zimmerman taking a typing break.



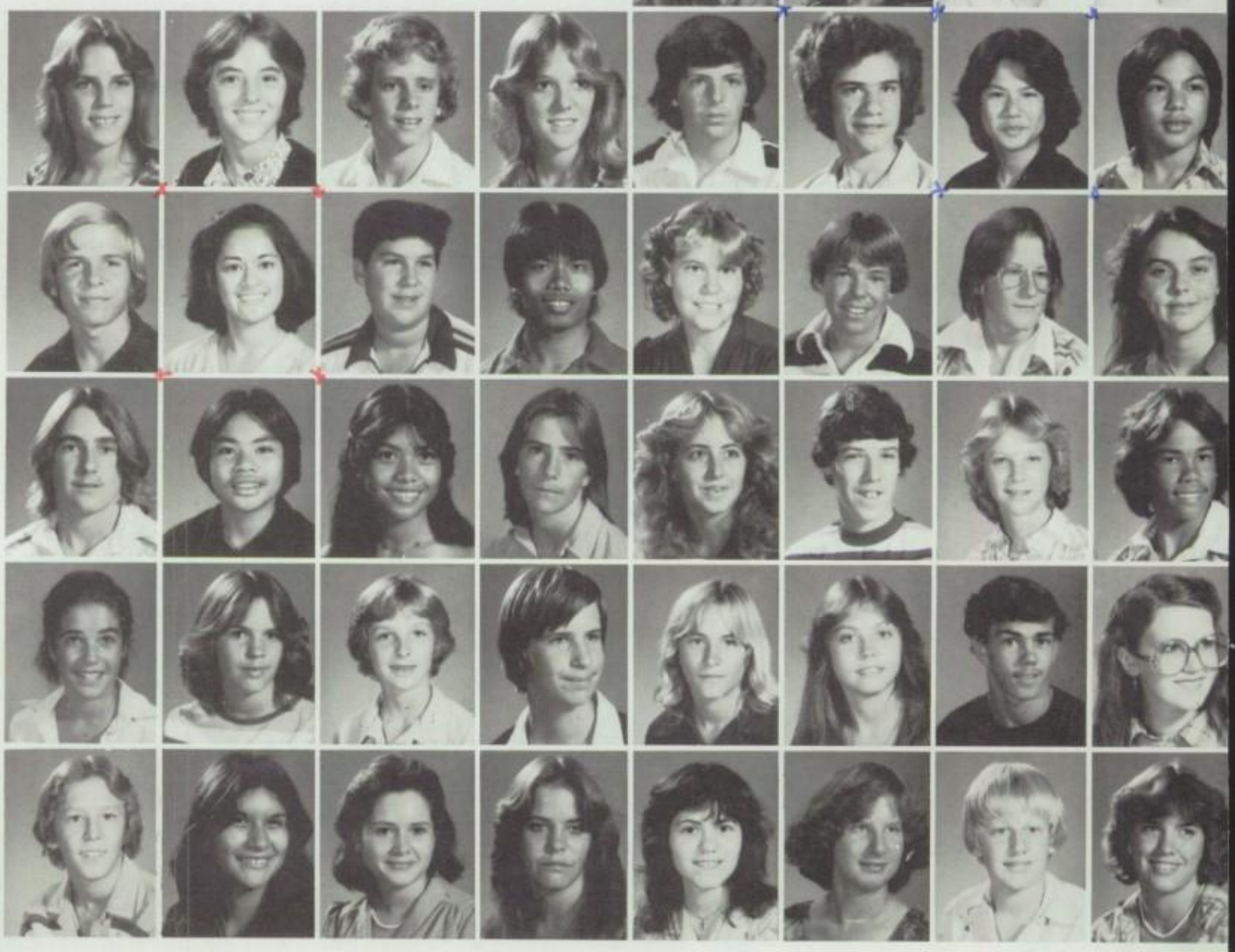
Jonna Porter
Dawn Posey
Chris Pride
Laurie Prudham
Craig Puelhorn
Richard Radsliff
Arnel Ramirez
Ray Ramil

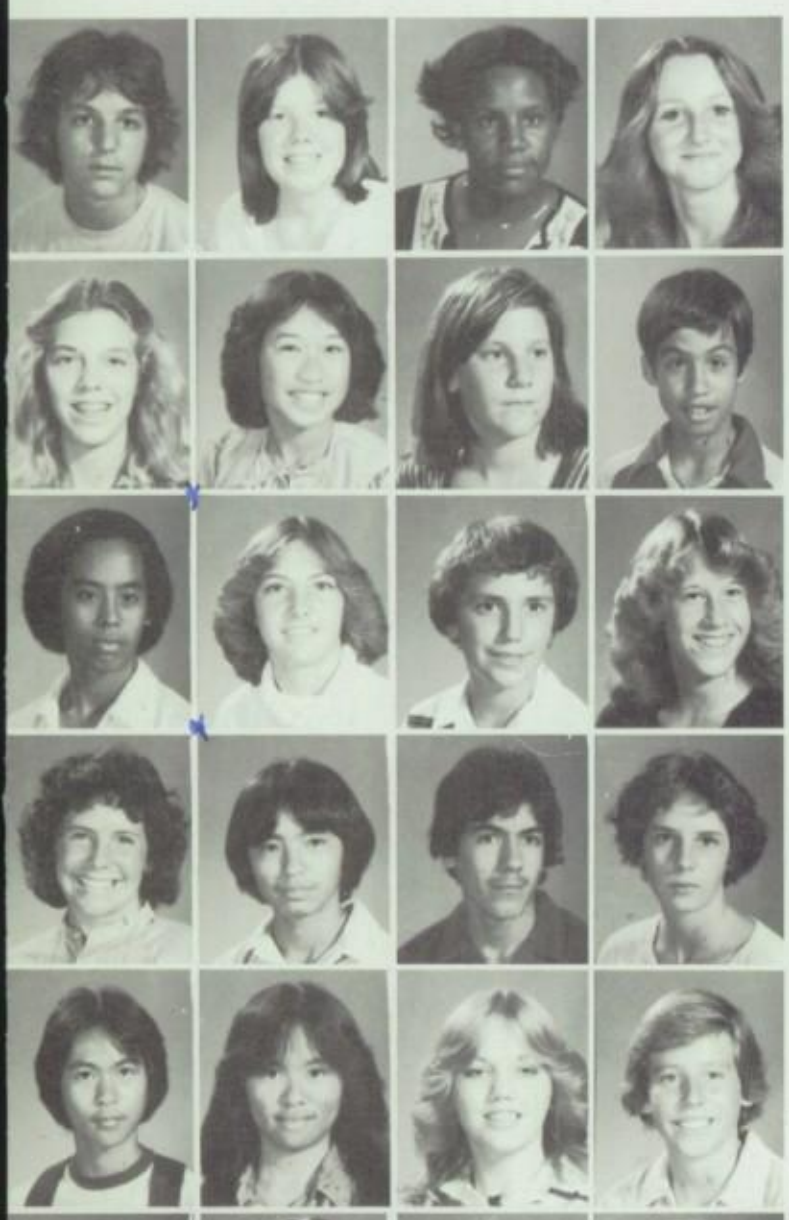
Marc Ratchford
Jocelyn Ravelo
Manuel Rebelo
Paki Rebucas
Stephanie Reed
Bob Reinhart
Richard Remington
Tina Renko

Steve Reynolds
Eric Reyes
Stephanie Reyes
Pat Reynolds
Karen Rheinhardt
Brett Rhoades
Kelly Rice
Mark Richards

Susan Richardson
Susan Rimington
Steve Rinehart
Frank Robbins
Mark Roberts
Karsha Robinson
Scott Robinson
Tara Robinson

Jerry Rodgers
Eva Rodriguez
Yolanda Rodriguez
Jenny Roehr
Tina Rossi
Susan Rothschild
Jim Rotondo
Jodi Ruddell





The potter's wheel was a source of therapy and relaxation for Tracey Davis

John Rudgers
Lisa Ruff
Debbie Runnels
Ann Russell

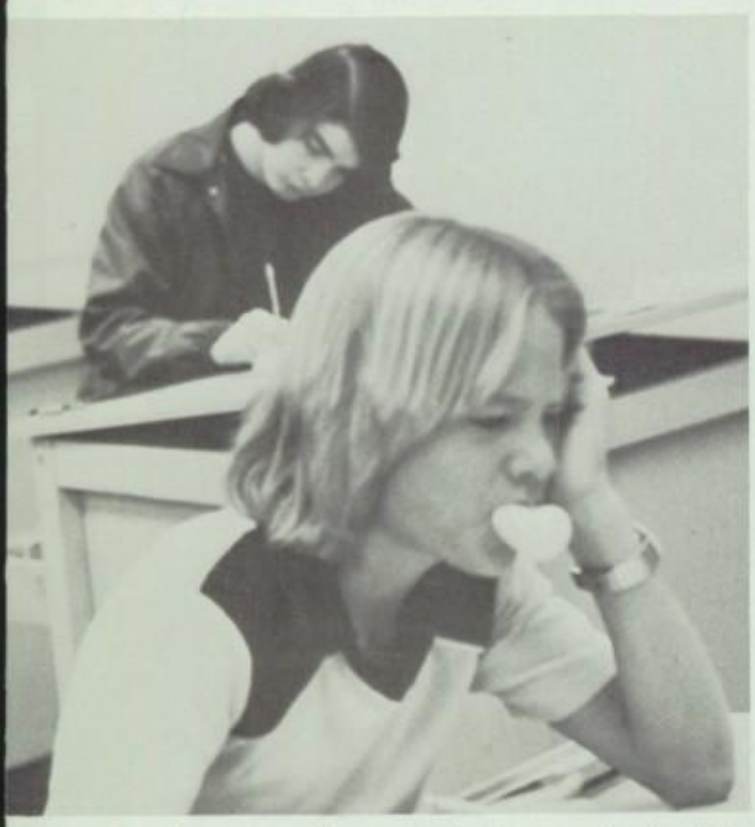
Cathy Sachs
Blesseda Sacramento
Sharon Sagi
Cyrus Salam

Jordan Salcedo
Natalie Salinetro
Brian Salisbury
Carol Sallay

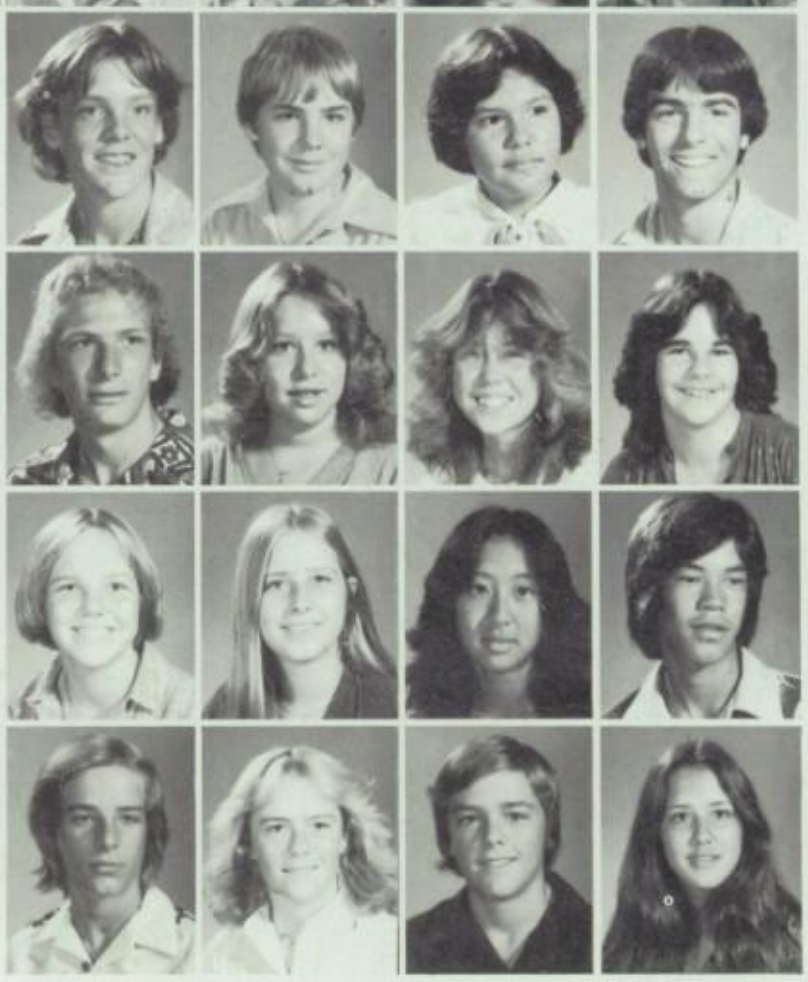
Julie Salamone
Phillip Sammulz
Dave Samson
Sherri Dandefer

Erwin Santa Anna
Maria Sarmiento
Nanette Schenk
Greg Schierholz

Andy Schleuss
Laurie Schmidt
Donna Schoffstall
Don Scott
Mark Scott
Marla Scott
Sharon Scott
Darin Schulman



Solving complicated problems in drafting required a little thought for Dave Grayson.



Doug Scoville
Michael Scruggs
Carol Seamster
Jeff Senkir
Todd Sharp
Sandra Shean
Kelli Sheffler
Jennifer Shelton

Susan Shepler
Tina Sheppard
Kerri Shew
Rod Shibley

Mike Shofstall
Kelly Shoults
Brian Sim
Geri Simmons

Martha Simmons
Dusty Sims
Tim Sinclair
Debbie Slames
Joanne Slaten
Rhonda Sloan
Carrie Skinner
David Smedley

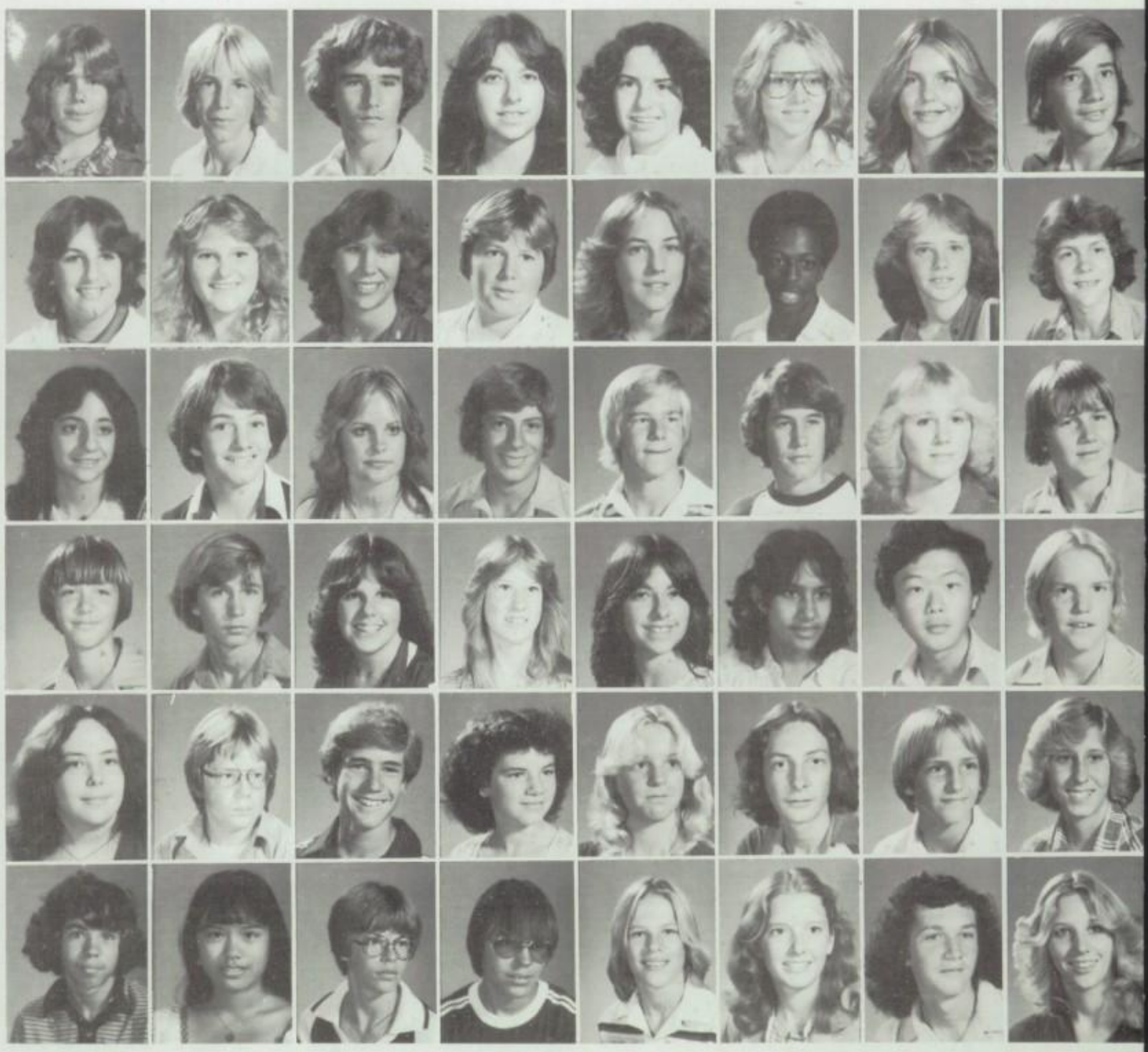
Dina Smith
Kim Smith
Valerie Smith
Bob Snyder
Michale Soffe
Jenarold Southern
Bev Spellman
Jeff Spencer

Denise Spinelli
Scott Sproul
Edie Stark
Richard Stark
Shawn Stinson
Bert Stones
Tina Strattman
Shelby Sumne

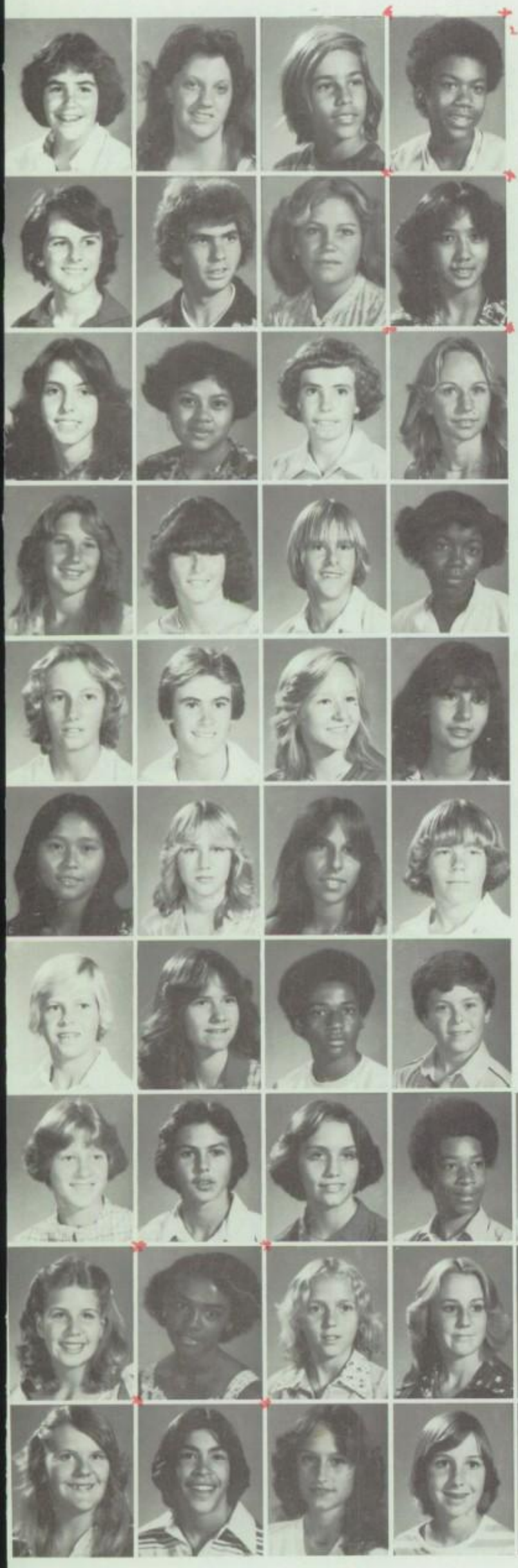
Dennis Sweeney
Michael Sweeney
Dorene Swenton
Laurie Swenson
Debbie Szames
Niroo Talway
Leon Tan
Mark Tanner

Jackie Taylor
Karl Taylor
Scott Thesing
Cynthia Thomas
Heather Thompson
Michael Thompson
Russ Thompson
Sherri Thompson

Mike Thrasher
Beverly Tintman
Sean Tipps
Ron Todd
Loren Torres
Lesley Torresen
Pat Travers
Stephanie Trago



The sheer force of numbers was often sufficient to carry the class teams to victory.



The freshman year will hold some extra memories for cheerleader, Stacy Brown.

Julie Trujillo
Kelly Tupper
Robert Twardy
Yolanda Tyson

Joe Valencia
Eric Van Velzer
Jennifer Varley
Lisa Velasco

Estelle Villacres
Sherry Vizconde
Philip Walker
Mary Walters

Darlena Walsh
Kim Ward
John Wasilk
Staci Webb

Jill Weckerly
Mike Weede
Betsy Weeks
Nanette Weins

Michelle Wei
Tina Wells
Lisa Welsh
Stuart Wheeler

John Whitcher
Jenny Whitcomb
Chris White
Jonothan Whittle

Theresa Whitton
Tony Widerburg
Cyndi Williams
David Williams
Eric Williams
Kelly Williams
Wark Williams
Scott Williams

Janie Willing
Varanda Williams
Mark Winso
Kathy Wood
Brent Woods
Celeste Woodward
Candy Wright
Donna Yavorosky

Renay York
Andrew Young
Sandra Young
Nancy Youtkus
Patrick Yuson
Henry Zarboe
Tonya Zalenski

GALLERY

A Collection of Photographs by Students at Mt. Carmel

Dearest Fernando-

It was really great when I finally metcha after the talent sho I thought that from there we'd be super frenz even boo & sis but as it appears things didn't turn out so terrific. For a while I thoug everything was workin' out but like you said - I got DEFENSIVE! - To tell ya' truth I think our friendship was bad timing. something happened to me that wasn't too thrilling & so I felt really bad. Maybe over the summer things'll get back to normal but really I think its my fault. I'll call ya' up someday & we'll really get to talking (I hope) I know that we're both busy people but I hope we'll both take time out for our beautiful friendship.

Thank you for supporting me as a cheerleader & I only hope that its clear in your mind that I'll never change my attitude towards people & I hope you'll always look at me as that same person you met me as! Oh and if you think I'm beginning to change please tell me.

I hope over the summer that you'll remember me cuz you promised you'd teach me how to - BOOGIE BOARD - Don't go back on your word now!

Well I guess I'll go & let's hope that over the years that we'll begin to see each other more often.

Take Care & God Bless!

P.S. - I really did & do want to get close it's just the timing was bad. Hope ya' can wait!

Love always
Joyce Rolelo

SORRY!

Love me

Reserved for My Lady,

Emilyn

Fernando's

Hiya Babe! Well I'm glad we met like we did and that I hope our "relationship" last a long time and ya know, that I will always love you ♥ You are really "sweet", "sexy" and a very "fine" looking man ♥ "I Love You" for all of that but I Love You mostly cuz you're just you ♥ My love for you will never change and hope our love together will last forever ♥

Out of all my "x" years that everything I always was dreaming in a guy ♥ Really, you're something special and you are a very "special part of my life" every time you come over I feel happy and I don't know ..... like excited ♥ Plus alot of people says to me that .....

I'm always Quoting to have you ..... ♥ Believe that I'm Quoting to have ya

2▼

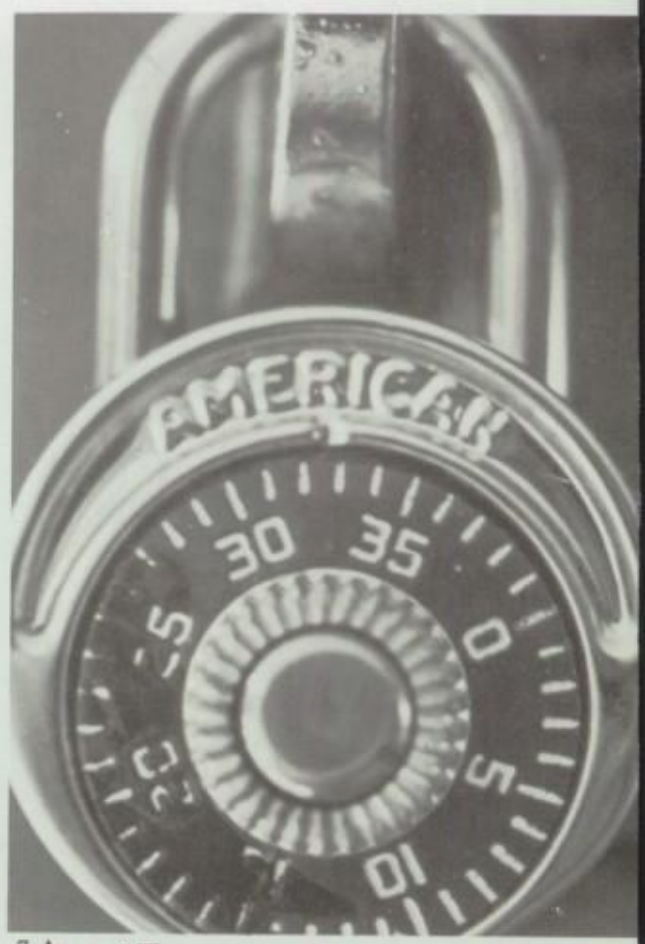
3▼

4▼

5▼

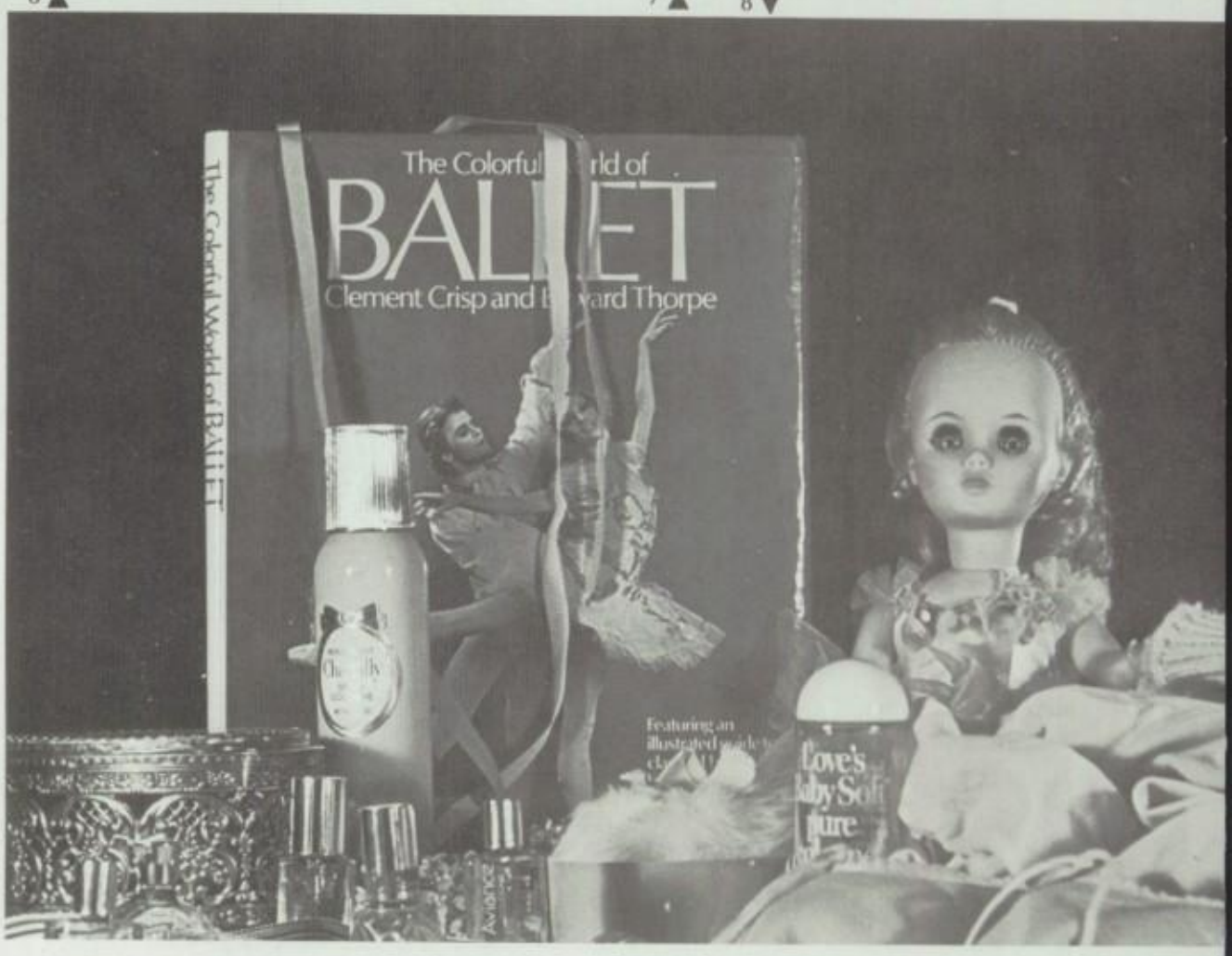
too .... !!! You know of all the guys that I went with .... You're not different from all of them ♥ I mean .... they don't treat me as sweet as you do ♥ You're more like a man and a really "sexy" gentlemen ♥ Crashing my writing is getting messy huh .... Well I'll try to get better on the way ♥

con. p. 236



6▲ 7▲ 8▼

1. Lisa Parham
2. Bob Bjorquist
3. Renee Sitzler
4. Kurt Ostrom
5. Renee Sitzler
6. Bob Bjorquist
7. Roy Gelinas
8. Lisa Parham

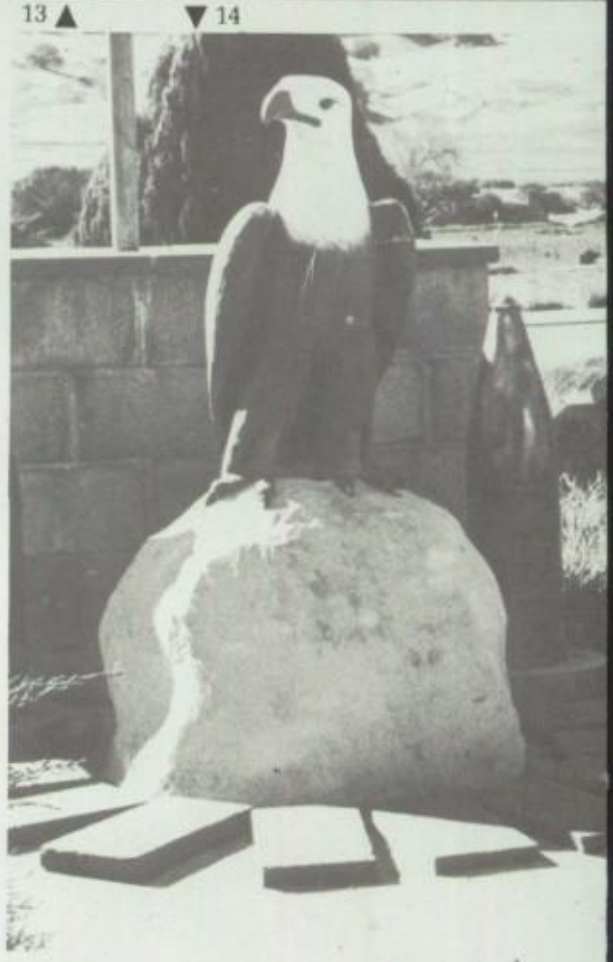


9 ▲ 10 ▼ 11 ▶

9. Betty McKinney
10. Terri Milligan
11. Bob Bjorquist

12 ▲

13 ▲ ▼ 14



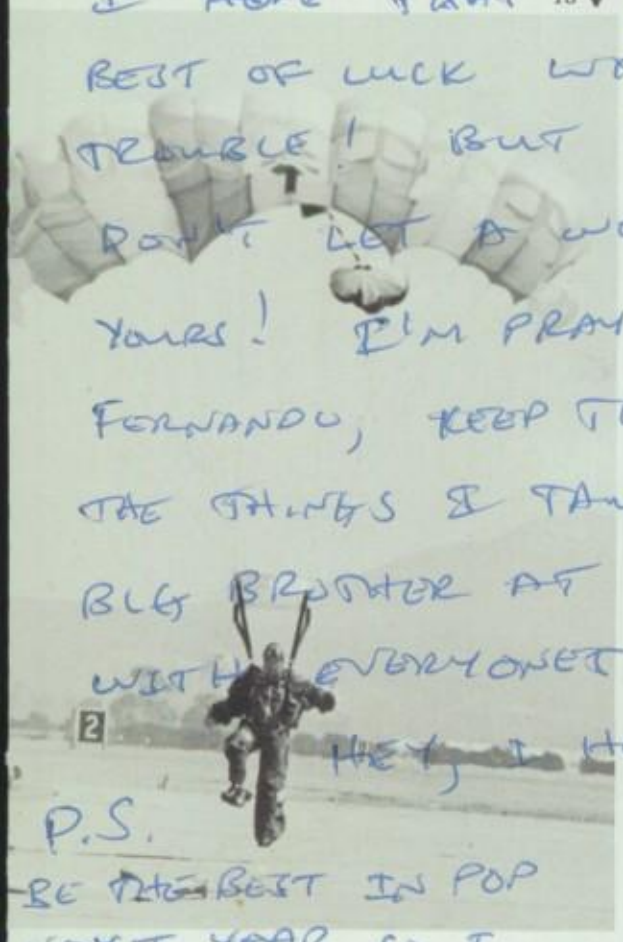
12. Danny Kozielkowitz
13. Mike Conroy
14. Bill Scott

6/11/80

WELL FERNANDO, I'M GONNA BE GONE NEXT YEAR, BUT I'M ATLEAST DURING THE SUMMER IF YOUR HERE, WE'LL BE ABLE TO HIT THE BEACH A COUPLE OF TIMES. BRENDA WILL BE IN TEXAS SO SOMEONE'S GOT TO KEEP ME HAPPY. I DON'T THINK I'LL BE GOING OUT AT NIGHT TO MUCH, BRENDA'S GOING TO BE KILLER ANYMORE. SO NOW I HAVE FERNANDO (HE'S THE NEXT LADY KILLER OF P.S. HEY, WHEN I COME DOWN FROM COLLEGE WE CAN GO OUT SOME TIME. FERNANDO, ABOUT YOUR MOM, YOU'VE GOT TO LEARN HOW TO PLAY HER GAME WITH HER. YOU KNOW, USE SOME PSYCHOLOGY ON HER. SO THAT YOU'LL DO WHAT IS EXPECTED A KIND OF TIME THEN YOU'LL GET WHAT YOU WANT. BRUDDY) I'M REALLY GONNA MISS YOU WHEN I'M UP AT COLLEGE! IF YOU EVER NEED A FRIEND TO TALK TO BE-CAUSE OF A PROBLEM, ASK MY PARENTS FOR MY PHONE NUMBER WHERE, AND GIVE ME A CALL. I HOPE THAT YOU'LL GIVE ME A CALL SOMETIME AND TELL ME HOW YOUR DOING. WELL MR LAGUNA, DON'T KICK TO MANY LADIES.

15. Ron McKinney
16. Betty McKinney
17. Dave Walker

I HOPE THAT 15▼ YOU16▲ DO BETTER 17▼ IN SCHOOL NEXT YEAR. THE BEST OF LUCK WITH ALL THE LADIES & DON'T GET INTO ANY TROUBLE! BUT MOST OF ALL TAKE CARE OF YOURSELF AND DON'T LET A WOMEN STILL OR BREAK THAT HEART OF YOURS! I'M PRAYING THAT THIS GIRL IS THE RIGHT ONE! FERNANDO, KEEP THAT GOOD FRIENDLY PERSONALITY. REMEMBER THE THINGS I TAUGHT YOU. YOU'RE NOT RUDDY FILIPINO MR. CARMEL, SO DON'T GET TO INVOLVED PROBLEMS.



P.S. HEY, I HOPE YOU NEVER FORGET THE GOOD OLD TIMES. BE THE BEST IN POP NEXT YEAR, SO I CAN COME DOWN AND WATCH YOU PERFORM!

TAKE CARE OF YOURSELF, BE A COOL, SMART, HANDSOME FILIPINO LADY KILLER!

VICTOR ELVIS BERGADO STARBUCK VEGAS JR!

BE "1" NO. 1

CLASS "1"

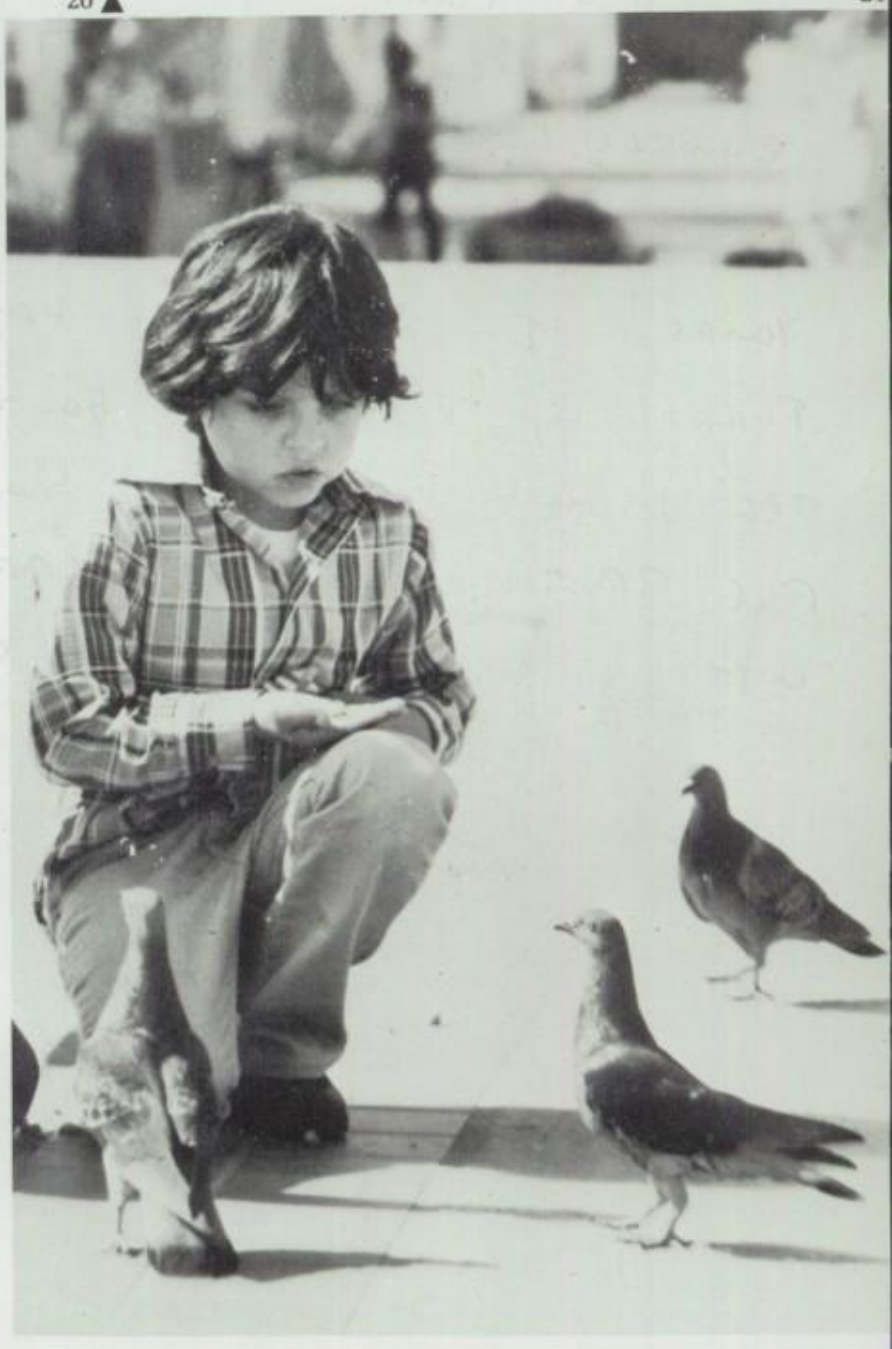
18 ▲

20 ▲

21

19 ▼

18. Kathy Malone
19. Beth Stern
20. Micki Quaresma
21. Dave Walker
22. Bob BJorquist
23. Betty McKinney
24. Dave Walker



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23 ▼

24 ▲

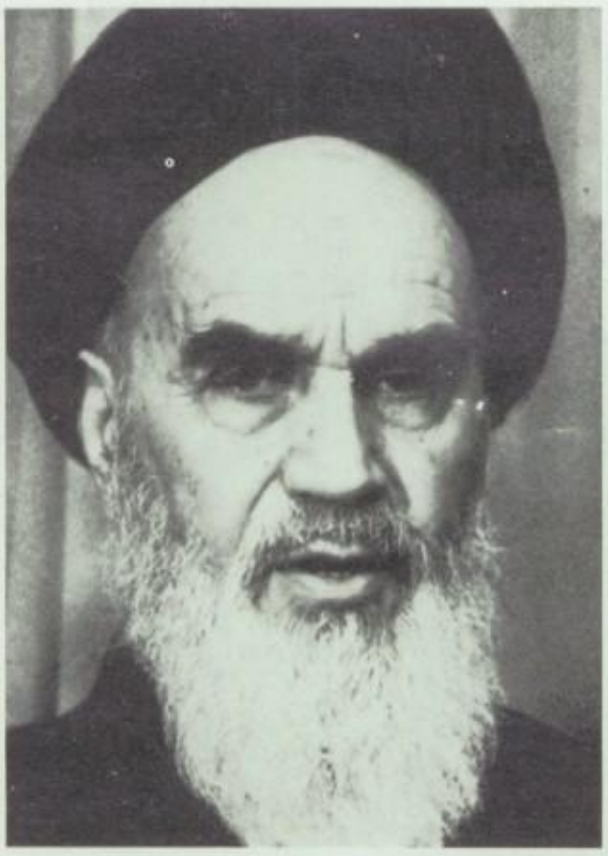
. . . HISTORY

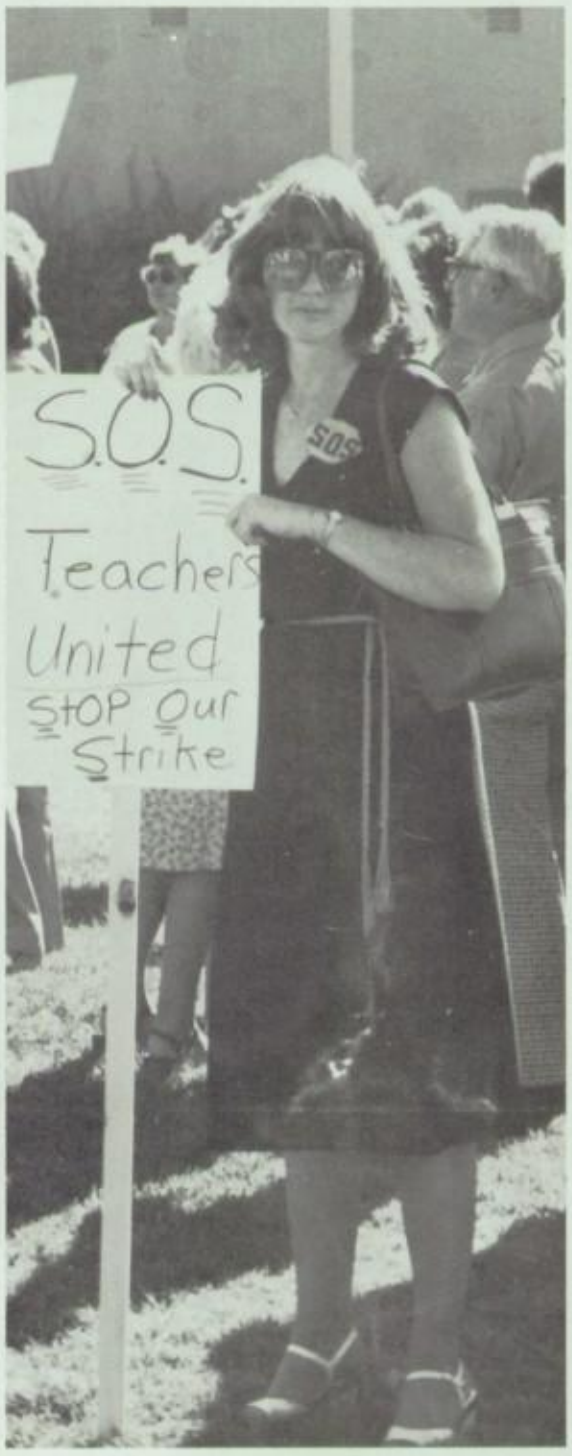
At the beginning of the 60's folk singer Bob Dylan produced a record in which he sounded the warning that "The times they are a changin". The decade that followed was one of the most tumultuous in U.S. history. As the 70's came to an end and the 80's began, the warning seemed just as timely. The year past witnessed changes in the world and nationally that could well produce drastic and dramatic consequences for us all.

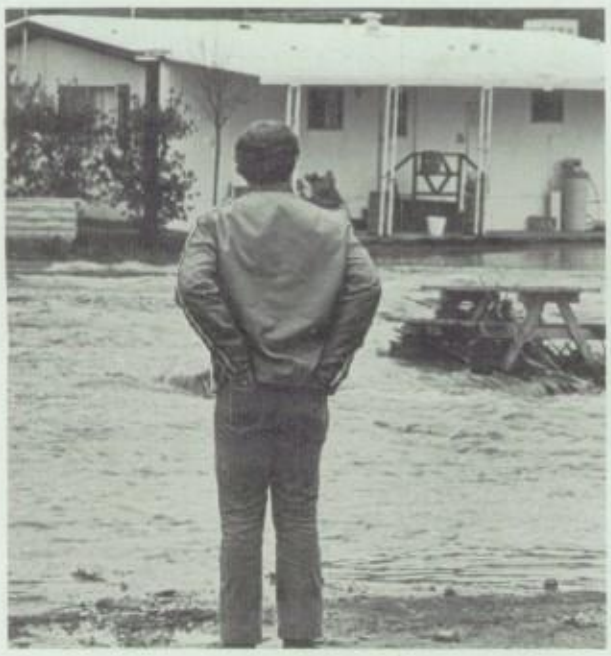
In the Middle East, a revival in religious ferver equivalent to a declaration of holy war occurred. Led by Iran and the Ayotollah Khomeini, it centered around a rejection of everything western and produced a ripple effect throughout the world. Gasoline supplies dwindled, calls for vengeance arose throughout the land, and a change in life styles for Americans became a reality. World economics began to tremble. Moslems throughout the Middle East joined the call for a return to Islamic law.

Pope John Paul left the Vatican on a quest for world peace, while Russian troops invaded Afghanistan and in the United States, a return to a cold war posture brought back the draft. The reaction on college campuses was immediate and definite. The long quiet halls once again resounded to the chants of "Hell no, we won't go!"

Local changes also had some pretty dramatic effects. A change in weather patterns over southern California produced the most violent storms in a 100 years. The San Diego Chargers, lead by player of the year Dan Fouts, made it to the play-offs, and local teachers displayed a new militancy, as they took to the streets to demand settlement of a contract. The building boom continued to transform the area into a Los Angeles South.







World Events

Russians Invade Afghanistan

On Christmas Day, while most of the world celebrated a time of peace and giving, 50,000 crack Russian troops poured across the border of neighboring Afghanistan. In a calculated invasion, a systematic campaign was launched to eliminate what the Soviet government termed "a danger" to the puppet regime which it had established and supported.

Insisting they had been invited into the country, heavily armed soldiers moved quickly to occupy key centers and cities and crush all resistance. Reports reaching the West told of mass executions and nerve gas being used to quell any opposition.

The United States responded to the invasion by imposing strict sanctions on grain, and technology shipments to Russia, and by announcing that American athletes would not attend the summer olympics in Moscow.

UPI

Middle East Undergoes Change

Profound changes occurred in the Middle East which could forever alter the nature of international relations and have serious repercussions for Americans. Change began with the ouster of the Shah from Iran by the religious zealot Ayotollah Khomeini, and continued with a general upheaval throughout the area as Islamic nations began a rejection of Western culture and a return to Islamic Law. In the process, the American Embassy in Teheran was occupied and 50 hostages were taken. At the time of this printing, the captivity is in its 180th day, with no release in sight.

Perhaps most significant however, was the curtailment of crude oil shipments to the west, and the resultant economic chaos. The nations of the Middle East came to the realization that oil could be used as a weapon.

British Elect Woman

For the first time in its history, Great Britain elected a woman prime minister. Margaret Thatcher, representing the traditionally conservative Torrie Party, formed a coalition to oust the incumbent James Callahan. Callahan's Labor Party, which had been in power for only a short time, was unable to come to grips with mounting inflation and labor problems facing the British. Mrs. Thatcher joins Golda Meir and Indira Ghandi as the only women to serve as leaders of major world countries in the past decade.

UPI

Gold Prices Soar

Reflecting the turmoil around the world, gold — the standard of value for most of the world's nations — began an inflationary spiral that threatened to wreck economic havoc everywhere. Pessimists predicting a cost of $1,000 an ounce were not far off as gold sold for $814 per ounce in January when it peaked. Riding the tails of the increase was a jump in the price of most precious metals, including silver. Of particular concern with the latter was a increase in the price of photographic film, a considerable amount of which was consumed in the production of this yearbook.

World Refugee Problem Mounts

Frequently among the unseen victims of war are the millions of refugees who wander aimlessly about the countryside just trying to survive. The year 1979 produced a number of such people throughout the world.

The continuing war in Southeast Asia was the prime contributor as Vietnamese troops launched a genocide program apparently designed to eliminate the Khmer Rouge tribes of Cambodia. Crowded into camps along the border of Thailand, in apparent safety from the pursuing Vietnamese, the thousands of refugees gathered and starved as nations of the world tried desperately to get relief supplies to them. Despite major relief programs, bureaucratic haggling, government corruption, and outright interference by the Vietnamese prevented the aid from arriving. Many people did not survive.

Some of the refugees from the Asian conflict made it to the United States as the "boat people," and attempted to start life over. For them, many of whom have settled in California, life became a challenging and difficult experience.

Elsewhere, the refugees were victims of nature but faced the same fate. On the continent of Africa, years of drought have drastically curtailed crop production, and entire populations were forced to began a march in search of arable land on which to grow food. Reports by officials in Africa testify to the disappearance of entire tribes and nations of people as a result of death from starvation.

UPI

Pope Begins Quest for Peace

Living up to his name as "The Traveling Pope," John Paul set off on a historic world quest for peace. Departing from tradition, the pope visited countries throughout the world offering a message of hope and promise for mankind. Countries included in his itinerary were visits to Ireland, Mexico, and his native Poland. The response from the crowds coming to see him was overwhelming, almost spiritual at times. Particularly moving were the crowds of Mexico which often numbered several million as they strained for a glimpse of the Pope.

Of special significance was the visit to Poland, a strongly Catholic country existing under a harsh communist regime. In his speeches before his countrymen the Pope called for the re-establishment of a national Poland and the guarantee of religious freedom for everyone.

The Pope's travels ended with a historic visit to the United States, the first such visit by a reigning pontiff. Included in cities visited were Boston, New York, Philadelphia, Iowa, Chicago and Washington D.C. where he met with the president. Wherever he went the message was the same — preserve world peace.

UPI

Nobel Prize — For Teresa

Amid all the grief and dispair facing the world in 1979, one shining beacon emerged to serve as a symbol that there is still basic goodness in mankind. Her name was Mother Teresa, and she had dedicated her life to helping the poor and the suffering of India. With unselfish devotion, she cared for the sick, the lepers, and the homeless, and did whatever she could to eliminate suffering and pain among India's masses. For her caring and dedication, Mother Teresa was awarded the Nobel Prize for Peace by the international committee. The cash prize was destined for purchasing more supplies and building more facilities to carry on her work.

UPI

Energy Woes Plague Nation

Energy, the cost and a short supply were major problems for Americans in 1979. As a result of the upheaval in Iran, the oil flow to the United States was reduced by 3%. This reduction was apparently sufficient to cause considerable chaos with supplies and pricing in much of the world, and in the United States in particular. The cost of gasoline and heating oil rose as much as 100% during the year, with the price of a gallon of gas reaching as much as $1.50 in some states. Long lines at the gas pump and colder public buildings were only two of the more visible signs of the energy problem.

If gasoline shortages were posing a problem, equally perplexing was the search for alternative energy sources. With the major oil companies quickly buying up all other possible sources such as geothermal fields, shale oil deposits, and coal mines, the country seemed destined to dealing with a oil market that showed no sign of stabilizing. Some predicted gasoline would cost $2.00 per gallon by Christmas.

The promise of nuclear energy also proved false. As a result of the near disaster at Three Mile Island, Pennsylvania, many states and investments committed to nuclear power suddenly withdrew funding and cancelled orders on new reactor units. This, combined with a growing public suspicion of nuclear safety, left America in desperate need of energy.

Abscam Visits the Congress

The name stood for Arab Scam, and it was an elaborate scheme devised by the F.B.I. to test the honesty of American politicians. More than 100 agents posing as Arab businessmen approached congressmen and government officials, offering money in return for political favors. Those accepting were unknowingly filmed in the act, and were eventually brought to trial for their actions. More than a dozen public officials were caught in the trap, and indications are that more would follow. While some leaders opposed the action, accusing the F.B.I. of entrapment, most agreed that a way had been found to insure the honesty of our elected officials.

On

The Nationa

A New Mood Surfaces

The year past witnessed the emergence of a new mood in America, and it was an ugly one. From New York to California, on college campuses and in the staunchly conservative Wall Street, people rose to protest. They were protesting the hostage situation in Iran and the rising inflaton rate, the gasoline shortage and the possibility of the draft being reinstated.

What was noticeable was the nasty mood involved as normally calm Americans begin calling for the deportation or the internment of Iranians, and in some instances openly assaulted anyone of Iranian descent. In other situations, gas station owners began carrying guns to protect themselves, and people were killed waiting in gas lines.

Scene

Draft Move Reappears

No other issue of 1979 had a greater impact on the youth of the United States than did the announcement by the president that congress was moving ahead with plans to requiring registration for the draft by all 18 year olds. Hardly had the news left the White House when the demonstrations of protest began. College campus which had once been hotbeds of activity during the 60's again resounded to the sound of chanting, marching and singing.

A new twist had been added to the new proposal, as the president expressed the view that young women should also be included in the registration. This drew angry and mixed reactions from feminist groups and civil liberties organizations throughout the country. Some felt women should go only if the E.R.A. were ratified. Others felt women should not be included.

UPI

Olympics Come to Lake Placid

UPI

It was an Olympic year and athletes from around the world came to Lake Placid, New York to compete in the winter games. In an event that was supposed to be non-political, athletes from Taiwan were not allowed to compete, while the People's Republic of China was. In addition, the president announced that American athletes would not be attending the summer games in Moscow to protest the Soviet invasion of Afghanistan.

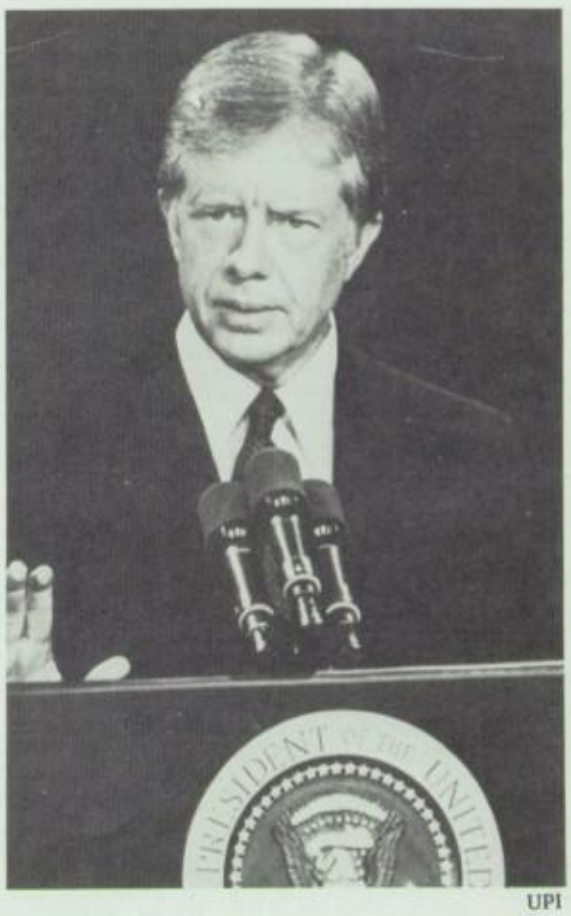
From the standpoint of accomplishments, it was the best performance yet for an American team. Eric Heiden accomplished an olympic first, winning five individual gold medals in speed skating, and the U.S. ice hockey team accomplished the seemingly impossible — defeating the Russians 4-3, and going on to win the gold medal.

Election Issues Complicated

With 1980 being an election year, 1979 saw the beginning of the American game of politicing and vote gathering. The candidates comprised a variety of viewpoints, and as usual made a number of promises to the American voter. On the republican side, Ronald Reagan appeared the man to beat, while the incumbent Jimmy Carter succeeded in diffussing a bid by Ted Kennedy for the Democratic nomination.

The issues were complicated in the primaries. They ranged from inflation, energy problems, and price-wage controls, to a declining American foreign presence and the frustration brought on by the Americans held hostage in Tehran. In terms of energy, Americans were most concerned with the rising cost of gasoline, and in some state anti-nuclear referendums appeared on the ballot.

From a foreign policy standpoint, there were some who thought America should exert more force in the international arena, resorting to military intervention if necessary to protect interests around the world. In another area, a difference of opinion arose regarding the degree of support that should be extended to Israel if it meant threatening a cutoff of oil supplies by Arab nations.



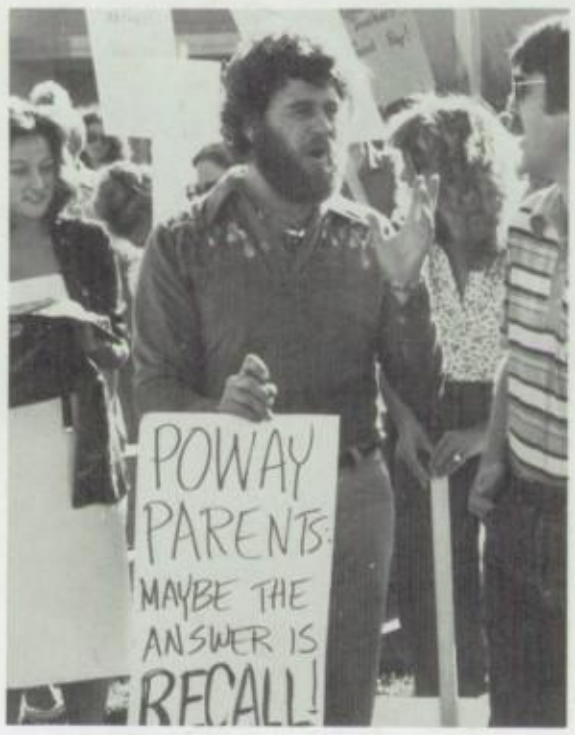
UPI

Locally

Growth Brings Problems

Perhaps the biggest local story of the year was the almost unbelievable growth rate in the area. To add to the approximately 1,500 homes under construction in the Penasquitos area, Avco developers announced that a construction project of 5,500 new homes would begin in spring, in the open area across the freeway from the Penasquitos shopping center. This, coupled with the construction under way in Rancho Bernardo and North City West, threatens to make the area another Los Angeles.

While realtors and developers view the situation with delight, problems are already beginning to mount. The most obvious is the increase in traffic and congestion on roads feeding into the freeway. In addition the area is experiencing an increasing crime rate. At Mt. Carmel, plans are being formulated to incorporate a staggered or split session next year to accommodate the anticipated enrollment of close to 2,700 students. Worst of all, perhaps, is that fact that the open spaces we all enjoy so much aren't going to be around much longer.



Teachers March For Contract

Poway came the closest it ever has to feeling the impact of a full-fledged teacher's strike. After the breakdown of contract negotiations that began last March teachers of the Poway Unified District took to the streets to make public their frustration and anger. At issue was the alledged unwillingness of district officials to negotiate in good faith with members of the teacher's union.

The teachers were seeking a contract that among other things would include a cost of living increase, revision in transfer and evaluation policies, and other issues involving classroom size and extracurricular responsibilities. The issue was finally settled after the October march as the teachers accepted a three-year contract with a 5% cost of living clause included.

Nature Ravages Southland

The weather always makes the news in California, but 1979 was especially newsworthy. First came the fires of late summer, fueled by lush vegetation which resulted from two previous rainy years. The Ramona and Rancho Santa Fe areas were particularly hard hit. In one blaze, flames came as close as 200 yards to the Mt. Carmel campus.

When the fires were put out, it was the rains turn to wreak havoc on the area. San Diego experienced the wettest winter in close to 100 years as reservoirs filled with waters from over 15 inches of rain. The resulting floods inundated much of the Fashion Valley Shopping Mall, and washed out roads and bridges from Oceanside to El Centro. Lake Hodges reached maximum capacity and spilled over in a wall of water that flooded out the Del Mar Fairgrounds and race track.

Added to all the confusion was an earthquake in the Imperial Valley that was strong enough to destroy a few buildings, and two tornadoes which tore through Solana Beach and Rancho Santa Fe.

Klan Activity Increases

Racism reared its ugly head as the area witnessed an alarming rebirth of the Klu Klux Klan. Somewhat dormant over previous years, the klansmen once again donned their white hoods and marched in parades in San Pasqual, Escondido, and at frequent rallies along the border of Mexico. In addition, a major assembly in Oceanside, ended in violence.

Particularly disturbing was the effort of the klan to recruit members on high school campuses in San Diego, and the apparent success they had in doing so. In addition, klansmen willingly formed a vigilante patrol to assist in preventing illegal aliens from crossing the border into the United States.

Overall, it was a development that showed the depth and scope of racism that exists in surrounding area.

Sports

Hockey Team Brings Home The Gold

It was almost a Cinderella story as the unsung, actually unknown American hockey team, walked away from the Lake Placid Winter Olympics with a gold medal. Together for only 60 games prior to the Olympics, the average age was 23, and the total years of playing experience wasn't anywhere near that of the other teams in the games. But a new philosophy of playing that involved a wide open game, combined with the enthusiasm and exuberance of the young players, enabled them to accomplish the unthinkable.

Enroute to their medal, the team defeated a Russian amateur team that had been playing together as a team for the past twelve years, and which only the previous fall had defeated all professional teams they had played in America and Canada. The score was U.S.A. 4 — Soviet Union 3, and the celebrating went on for weeks.

Walton Joins Clippers

Bewildered, disenchanted, and disgusted with the treatment he received in Portland at the hand of the Trailblazer's medical staff, an injured Bill Walton let it be known that he wanted out. In a bidding war that ran into the millions, the premier center of the N.B.A. was up for grabs by anyone willing to pay the price.

The San Diego Clippers emerged victorious and for the sum of $7,000,000, obtained the former Helix High star, and with him the hope for a future N.B.A. championship. Unfortunately his injuries required that he sit out most of his entire year with the Clipper, and the team failed to make it to the playoffs.

Chargers Make it to Playoffs

Super Bowl fever ran high in San Diego as the Chargers put together a 12 — 4 season and earned a berth in the playoffs for the first time since the early 1960's. Mostly on the arm of quarterback Dan Fouts, and by way of the sure hands of receiver John Jefferson, the locals overcame such powers as Oakland, Denver and even managed to humiliate the world champion Pittsburgh Steelers, 35-7.

The playoff game saw the Chargers face the Houston Oilers who came to town minus the services of their star runningback, Earl Campbell. Despite this, the limited passing offense of the Chargers was insufficient, and they lost to Houston, 17-14.

Sports Briefs

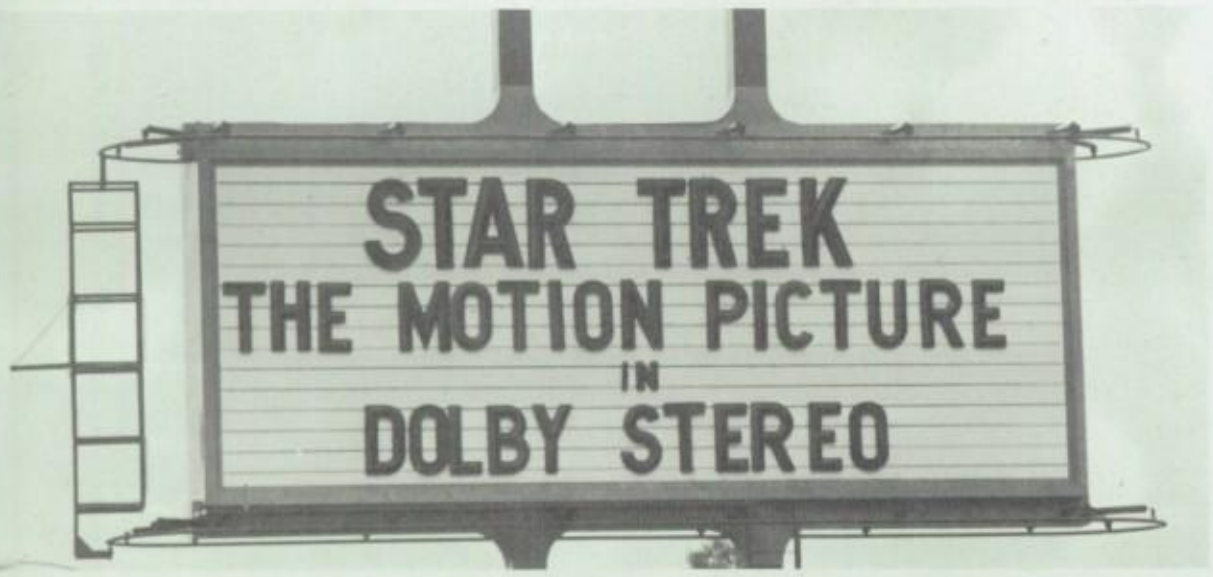
Pittsburgh proved to be the cream of the crop in the professional baseball world as the Pirates defeated the Baltimore Orioles in seven games, after trailing in games, 3-0, to win the 1979 World Series. Later in the sports year, the other half of the Pittsburgh sports machine, the Steelers, defeated the Los Angeles Rams to win the Super Bowl crown for an unprecedented fourth time and for the third year n a row.

****

For the first time since the school opened, Mt. Carmel made it to the league playoffs by finishing with a perfect 14-0 record and the league championship. The team won the first round, 69-65 over Kearny High, but lost in the second round to Morse, 57-56. At season's end, Mt. Carmel had been ranked 4th in the county.

For his outstanding year, Billy Beane was named to the first team all-county at the forward position.

Fads, Major Productions Dominate Year



Disco Popularity Declines

To the relief of its opponents, and the chagrin of its most zealous advocates, the national craze that was "disco" began to show signs of a slow death in 1979. Born of the movie "Saturday Night Fever" in 1976, the craze swept the nation affecting everything from clothing styles and dancing techniques, to life styles and language. After a successful run that saw the whole disco philosophy gross millions of dollars in sales, the end appeared near as radio stations began playing less disco music and night spots made famous for their light shows began to close.

Also on the way out was the punk rock music fad which enjoyed a fleeting popularity in America. Gone would be the often disgusting performances involving vomiting and urinating on stage to the beat of harsh, blaring music.

Music Fans Enjoy Year

Rock concert enthusiast enjoyed a very good year in San Diego. The season opened with the spectacular "Summer Jamb" at the stadium in August, an event featuring a gathering of some of the top names in rock music. The rest of the season only got better as such groups as "Rush", "The Knack", "Cheap Trick," and "Fleetwood Mac" played to full houses.

Fitness Craze Going Strong

If the disco fad was on the way out, interest in physical fitness continued to make remarkable growth. The whole nation was jogging, jazzercising, and aerobic dancing its way into health. Marathon races and jogathons became a weekly event, with a 10,000 k.m. race or a 26 mile event available almost for the asking. Always up for grabs was the inevitable T-Shirt which could be worn as a badge of accomplishment for having competed.

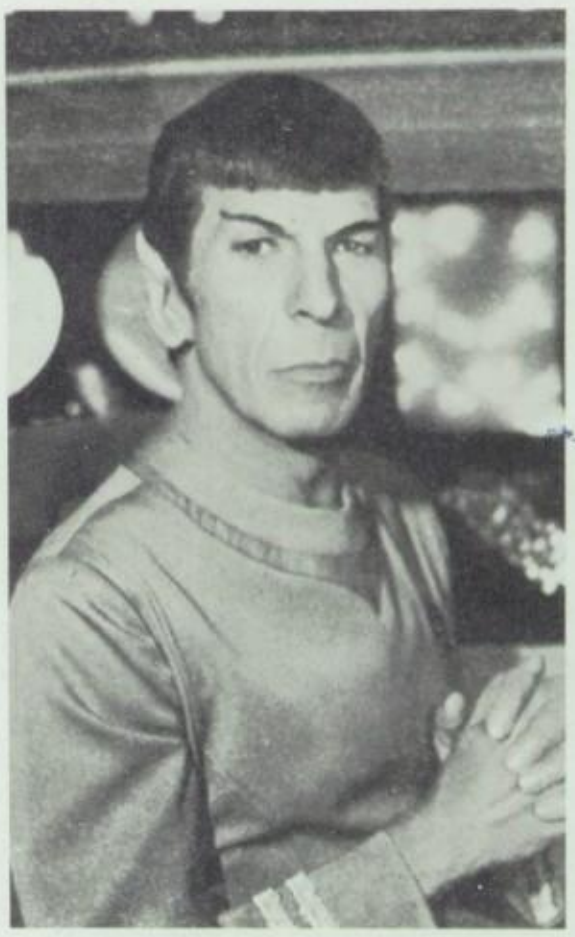
Also showing a revival in interest was the sport of roller skating, with the southern California area leading the move in terms of sophistication of equipment involved and the styles in clothing associated with it. It was definitely a year when Americans took a definite interest in how they looked and felt.

Major motion pictures with some of the largest production budgets in history dominated the silver screen during the year. Heading the list was the Vietnam War chronicle "Apocalypse Now" starring Martin Sheehan and Marlon Brando. Filmed over a four-year period at a cost of $39,000,000, the movie was nominated for eight academy awards.

Probably one of the most frequently seen movies was the long awaited film version of the television hit "Star Trek." The film's producers succeeded in bringing back the entire cast of the original Star Trek set to film the epic. William Shatner and Leonard Nimoy starred as the executive officers of the star ship "Enterprise as it set out ... to boldly go where no man has ever gone before ..."

Also high on the list of box office and audience hits were the "China Syndrome" which became a prophetic vision of a major nuclear accident which would later occur at Three Mile Island, Pennsylvania, and "Kramer-vs.-Kramer," which dealt with a situation wherein a divorce led to the father maintaining custody of the children.

In all, attendance at theaters was establishing records lending much needed support to a sagging film production industry.



. INVOLVED

A major part of a student's life is in becoming involved. Those who ignore this chance are missing out on improving themselves socially and academically. Being a part of a club or organization gives us the social poise we need to work successfully with other students. Through participation, we learn about other people's interests, our own potentials, and just how to have plain good fun! Mt. Carmel provides so many opportunities to choose from.

If your interests lie in the area of entertainment, there are drama groups, the band, and various vocal groups. Maybe you're into publications and would like to be on the "Horizon" or "Sun" staff. There are groups of service, such as the Key and Keywanette Clubs; and a group of intellect — the CSF club. Or maybe you'd like meeting people — try the AFS or French Club. If you like the outdoors, try the Ski Club. If you like to express yourself orally, try the Speech Team. Or would you rather take part in student government through ASB offices, the nominating convention, and the student Review Board? Those are just some of the many opportunities given to you.

1. Maurice Williams rounds the corner towards the finish of Mt. Carmel's own "Big Wheel 500."
2. Dance Designs '80 provided Dawn Feusi, with a chance to perform "Dawn's Song."
3. One of Kathy Riley's jobs as Pep Commissioner was to give a speech at the ASB Nominating Convention.
4. Nelle Eisberg took a break from the pit of the Indianappolis 500 to represent the state of Indiana at the convention.
5. Chuck Waterman turned up as a sheik at the Drama Club Halloween party.

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Fernando,
So what up!
Bro. Well i sure am glad
i got to meet ya this year.
Ya seem to be real nice
Opps I mean cool that's right
ya say you aren't a bissy. What? Did
that a long time ago. See Val told me
that. Cp head ya could thrill Val

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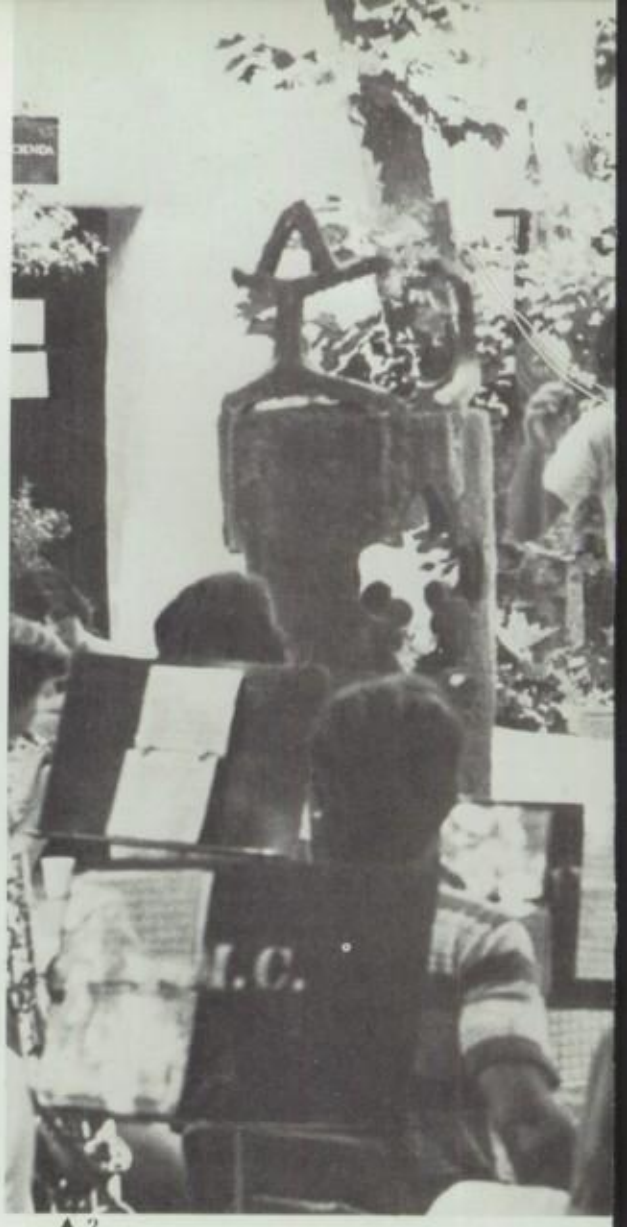

1. A familiar sight at half-time of the football games, Drum Major, Derek Okafuji led the band into the stadium.
2. Practice was the order of the day during the summer session at Camp Mataguay.
3. Buried in the midst of the wind instruments is saxophone player, Will Norris.
4. The Tall Flag Corps formed an integral part of the half-time performances and shows.

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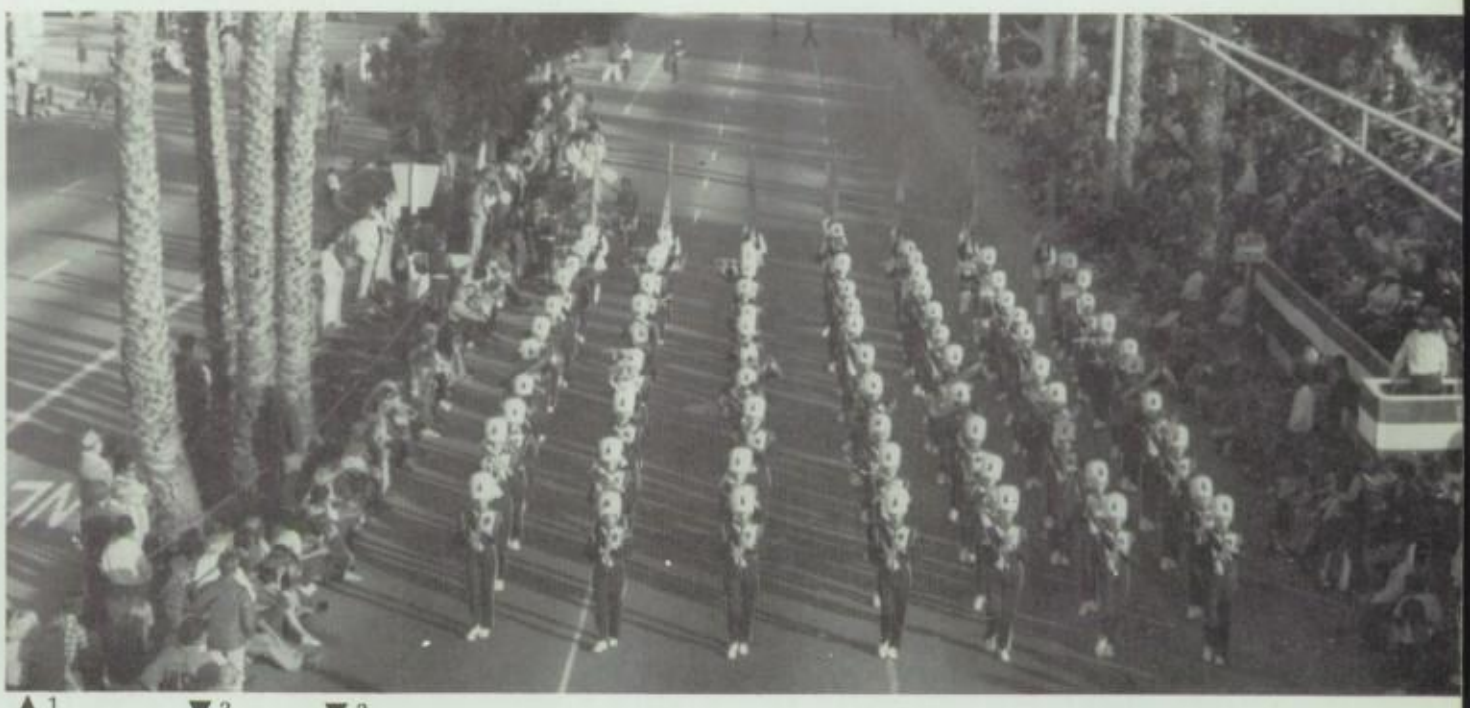
Trophy Collection Grows for Band

If they continue at the present rate of success, the major problem facing the Mt. Carmel Marching Band will be one of finding adequate space to store their trophies. The 1979-80 season saw the band depleted of experience by a considerable loss of seniors through last year's graduation. Admittedly the expectations weren't very high. To the surprise of everyone, the band once again emerged as one of the strongest in the entire area.

Following an intense program at Camp Mataguay in August, the 90 member unit continued right where last year's group left off. Long hours of practice and total dedication brought first place finishes in competition at West Covina, Chino, and Chula Vista tournaments. In addition, Mt. Carmel finished second overall at a 78 band competition in Escondido, and was named the tenth best band in Southern California, as a result of its performance at Long Beach.

Keep that Islander's Pride

1. Pictured in competition at Long Beach is the 1979-80 Mt. Carmel Marching Band: B. Atwell, Y. Baird, M. Bartz, K. Bemiller, J. Blancard, B. Brown, J. Callahan, T. Chuka, H. Clark, R. Clark, M. Claywell, L. Cossi, B. Crawford, R. Dilla, J. Duby, R. Dupayo, T. Eby, D. Etzler, E. Etzler, G. Fischer, C. Fitting, G. Flood, M. Friedrichs, T. Gaasch, D. Gang, J. Gary, E. Hardt, S. Hays, O Huerto, Isaacs, C. Jaeger, R. Jaeger, M. Joyce, P. Joyce, R. Kolberg, J. Krech, R. Kallen, K. Langston, M. Le Clair, T. Long, C. Lozano, K. Lubliner, M. McBride, R. McCray, T. Miller, P. Moore, T. Manalo, S. Marsh.



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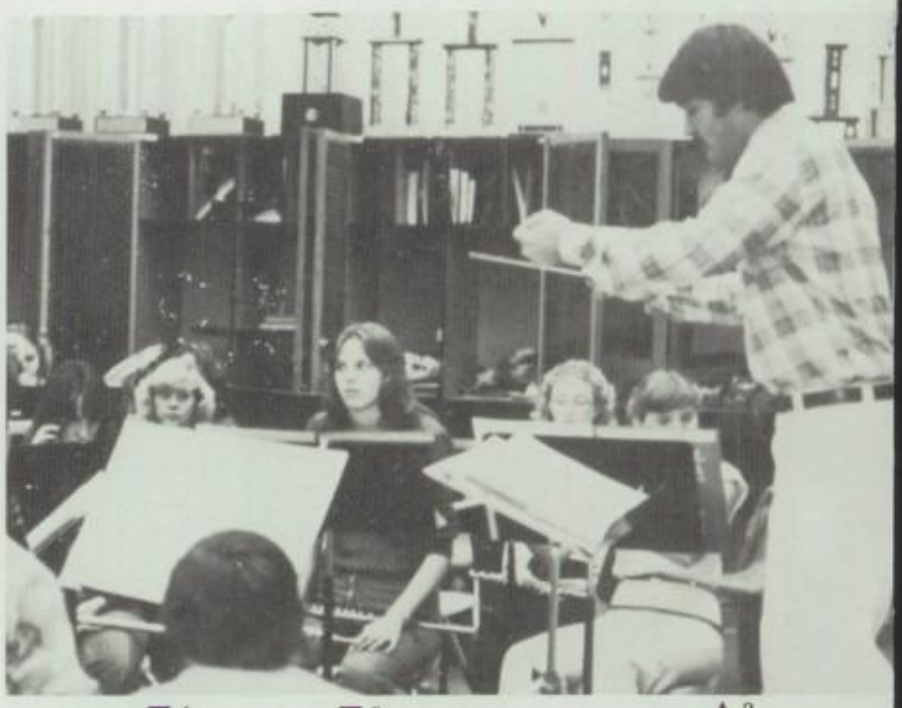
D. Nicoll, D. Nicoll, W. Norris, D. Okafuji, K. Park, T. Parry, D. Patterson, L. Payne, B. Phelps, K. Popejoy, J. Reifeiss, K. Rice, J. Rooks, J. Rosa, S. Rothschild, J. Rowell, T. Russell, B. Salisbury, L. Salisbury, P. Schultz, D. Scoville, K. Shouts, M. Simmons, R. Smejkal, L. Smith, S. Sprague, R. Stecks, M. Stuart, M. Thompson, B. Timtiman, S. Tipps, M. Wei, J. Werbow, M. Whately, S. Wheeler, M. Whitton, S. Wojtkowski.

2. Carrying the letters for Mt. Carmel are: (L. to R.) Jill Thigpen, Renne Sweet, Pam Omland, Sue Monfort, Sandy Dison, Theresa Whitten, Tina Neuberger, Lois Aaron, Kelly, Baity.

3. Randy McCray gets in a few last moments of practice.

Weeks Of Rehearsal Yield Result

Muscial talent may be something an individual is born with, but developing that talent to a degree of achievement worth of awards is something that takes TIME. This is a fact that many tend to overlook when they see a precision performance at half-time or listen to a well-played concert. Most people associate practice with a given sport that lasts one season and then affords the participant a rest for the remainder of the year. Such is not the case with music, however, for the bandsman, the season begins while most of us are enjoying the summer sun at the beach, and co tinues as a daily discipline until we are back in that sar sun. As early as a month after school is out, practice separate instruments begins and continues at a mounti pace through the summer. In fall, the average band me ber devotes 12-15 hours per week just in practice sessio alone. After the marching season is over, the practice co tinues. In the end, it seems well worth



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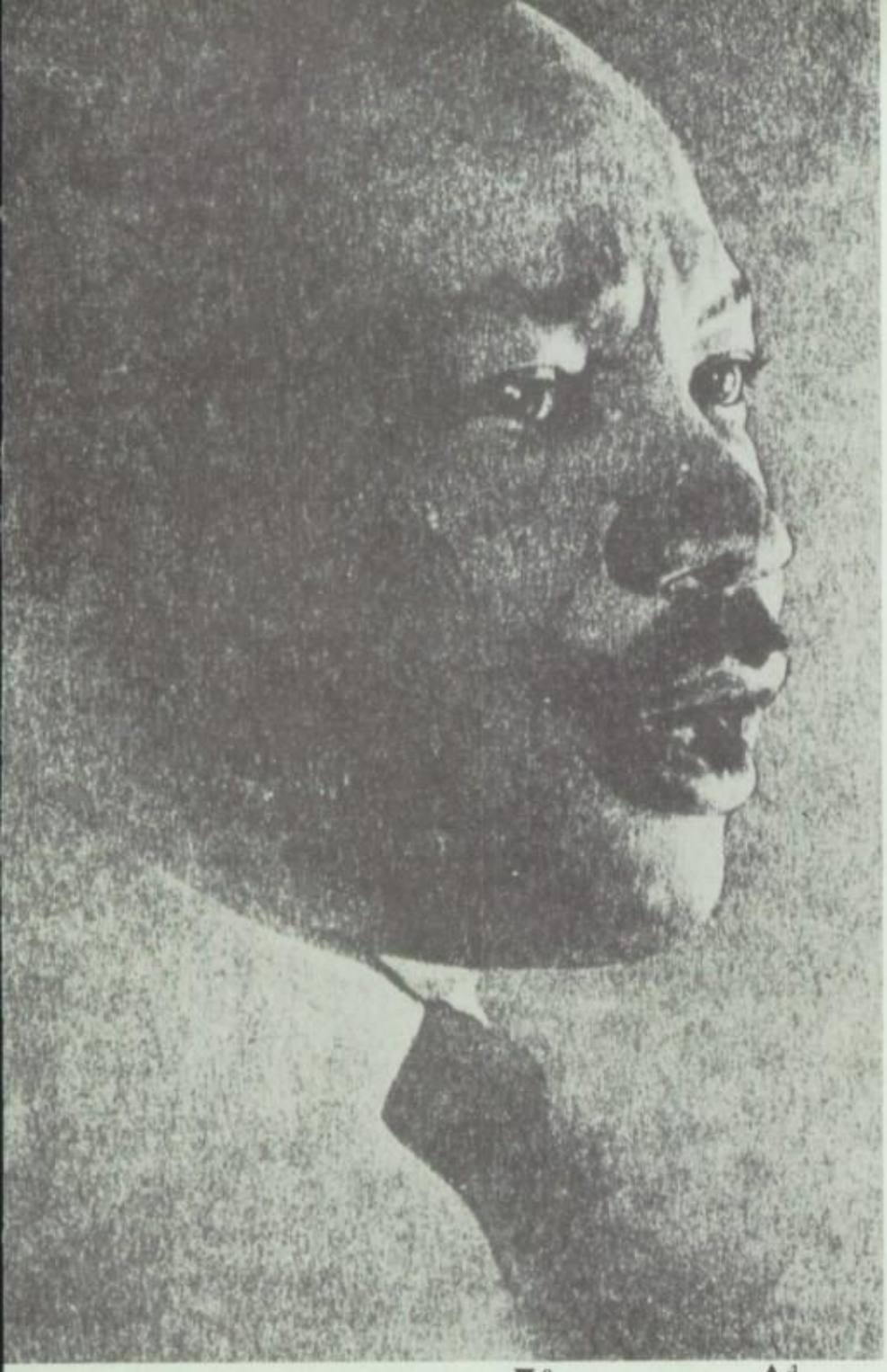
1. Putting in time as a unit in rehearsal are Bryan Phelps, Tim Gaasch, and Bruce Atwell.
2. Jennifer Blancard, Judy Krech, and Tracie Miller are members of the wind instrument section.
3. Watching over everyone, encouraging gently to greater achievements is the ever-present Mr. Tom Cole, band director.
4. For Brenda Clancy, a skilled performance also takes weeks of practice.



Luncheon Honors Rev. M. L. King

On January 15, students and faculty members at Mt. Carmel gathered to commenorate the contribution made by Dr. Martin Luther King to the civil rights movement in the United States. At a luncheon honoring Dr. King's birthday, testimony was given to the code of non-violence which he preached, and to the many accomplishments his work brought about for black Americans. The pot-luck dinner held in the home economics room was attended by approximately 60 people. In addition to a wide variety of delicious foods, these in attendance listened to a presentation by assistant principal, Louise Dunbar, and to the recitation of Dr. King's final speech, by Glenda Simmons from the English department. In all, it was a fitting tribute to a man who gave his life for the betterment of his fellow man.

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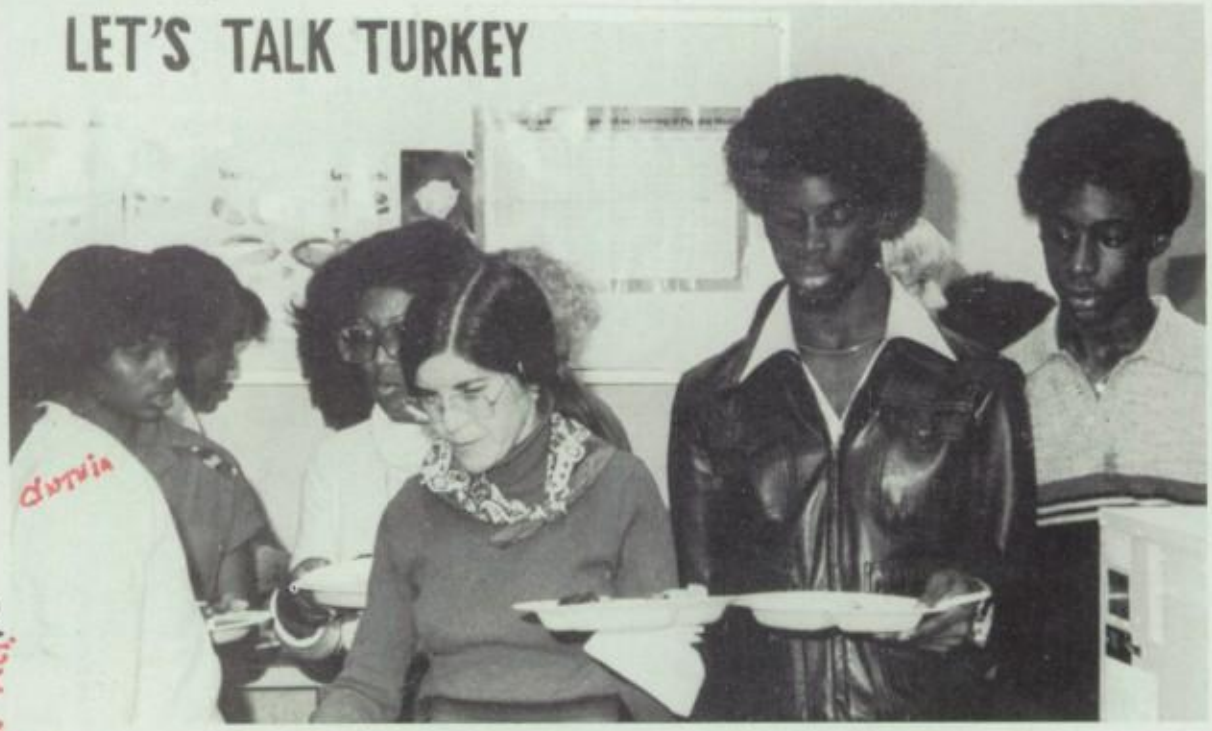
LET'S TALK TURKEY



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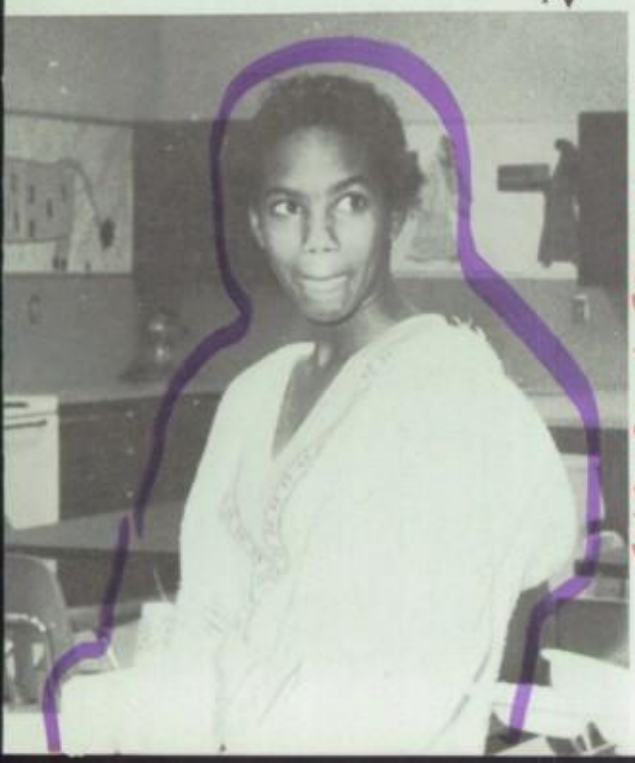

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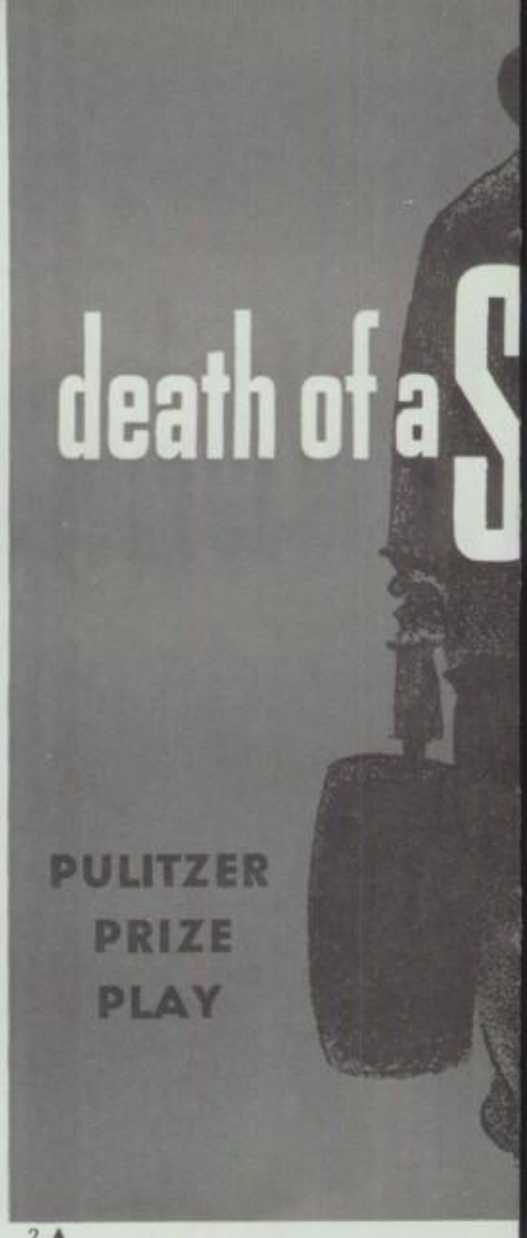
COLD SUZY GOT HER PIC!

1. Taken from the program distributed at the luncheon, the portrait represents a moment in Dr. King's life.
2. Sampling the food at the luncheon is English department member, Sue Sheeley.
3. The line moved slowly but steadily as a group of hungry students savered the offerings.
4. Patiently waiting in line is Susan Gordon.

1. Jim Malone (Biff), Jon Meyers (Happy) and Keith Butterworth (Bernard) pose for a group shot after the plays run.
2. The program for De'*Salesman*
3. Willy asks his brother Ben (Robert Merrill) for his secret of success.
4. Assistant director Wendy Worrall and Mr. Baily oversee a rehearsal.



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Salesman is Reincarnated

Death of a Salesman, one of the most difficult plays to be performed on the high school level was the MCPW'S first offering of the year. The play, "adult" and "heavy" in its theme was quite a contrast to past productions and was more of a learning experience for the participants then a successful economic venture. Ron Hofmann tackled the role of Willy Loman, the salesman, Sheila Kielty protrayed Linda and Jon Meyers and Jim Malone his sons. The rest of the cast included: Chuk Waterman, Keith Butterworth, Robert Merrill, Teresa Peake, Anne Peterson, Carole Anderson, Nickie Stansbury and Doug Richardson. The complexity of the play taxed all but everyone came out relativly unscathed.

lesman

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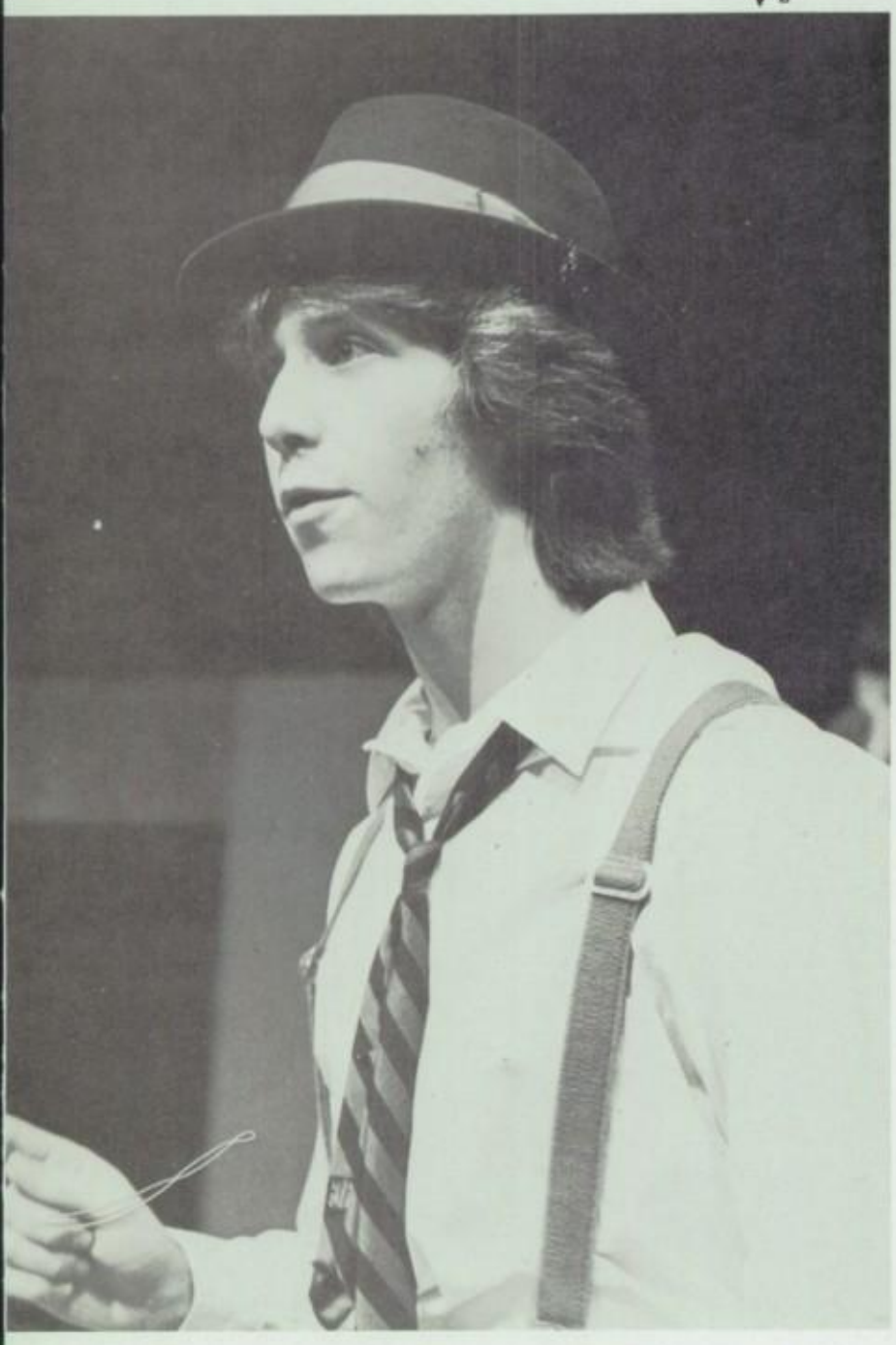

1. Bernard (Chuck Waterman) and Willy play a late night game of cards.
2. Ron Hofman as Willy Loman, the salesman.
3. Chuck Waterman and Anne Peterson talk before the day's rehearsal.

1. President, Ken Earle, conducted the meetings which were held each Monday during lunch.
2. The '80 Key Club: Jim Reifeiss, Lee Crowell, Ms. Newman, Dana Pistilli, Frank Cirillo, Mike Hamilton, Derek Okafuji, Andy Michael, Rick Puelhorn, Vic Gorospe, Craig Walker, Greg Wilkins, Mike Garrison, Leon Amen, Steve Etzler, Tom Courtney, Sandy Chevalier, Greg Austell, Craig Hall, Ken Earle, Bob McLain, Chris Price, Bryan Phelps, Matt Gates, Kevin Cook, Joe Cirillo, Steve Teeples, Mike Spearman, Mr. Mills, Bruce Bowser, George Ianetta, and Elton Aguilar.
3. Acting as Security Guard at the Convention, Steve Sprague keeps an eye over his territory.
4. An enthusiastic Lee Crowell, attempts to coach the Key Club to victory on the sidelines.

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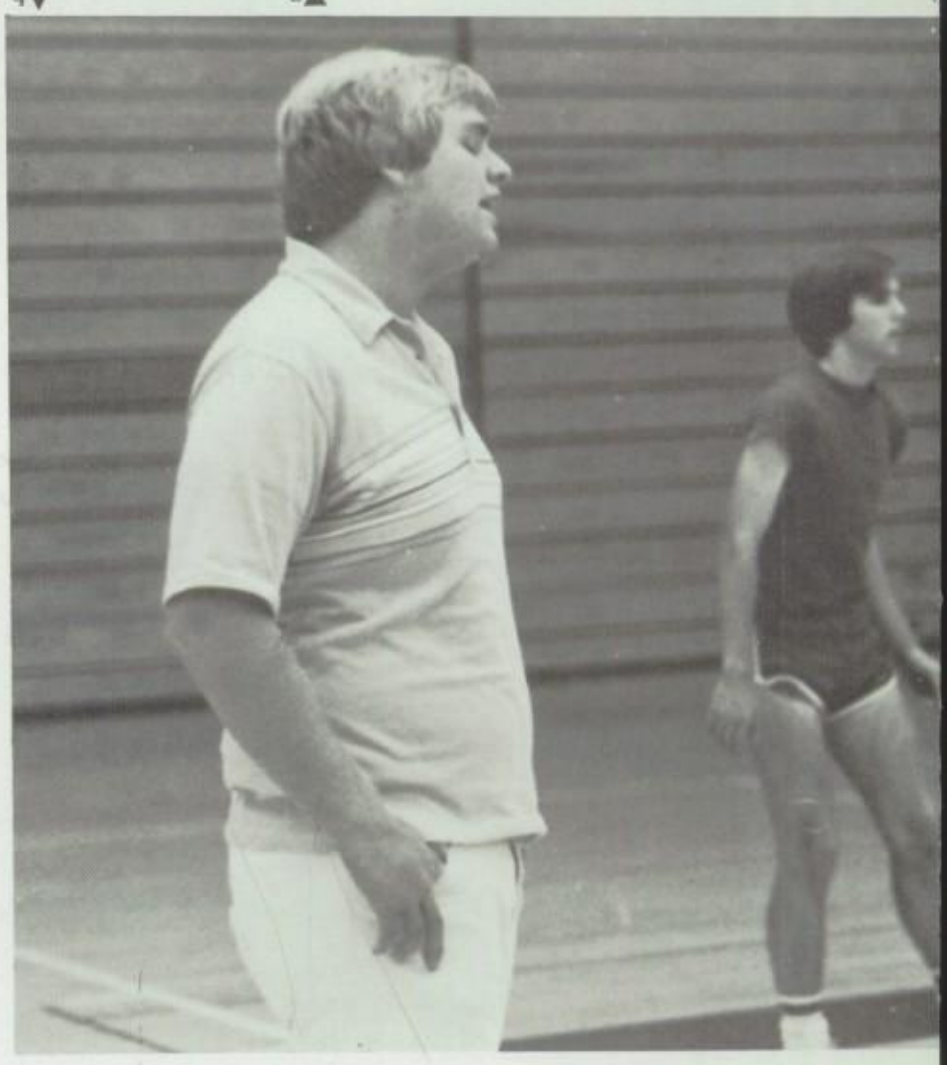
Key Club Enjoys Successful Year

Name an organization that gets things done, and it's sure to be the Key Club! This spirit-oriented groups is frequently seen cheering at football and basketball games, initiating their members on blocks of ice, and beating the drum prior to the Mt. Carmel — Poway football game. Aside from this, the Kiwanis — affiliated club sponsored many activities devoted to service. During Thanksgiving and Christmas, members gave dinners to needy families. The most outstanding activity was the 3rd annual Dance Marathon for Leukemia, for which the club was awarded by the Leukemia Society. Other activites were: the "Legs" contest, concessions, and a victorious volleyball challenge against the Keywanettes (who kindly sponsored a chicken luncheon for the members). This fast — growing group hopes to sustain the success they've had this year, for the future.



1. Participating in the Keywanette vs. Key Club volleyball game, which the Key Club won, is Wendy Harter.
2. The '80 Keywanettes: Diana Antonetti, Mimi Blechschmidt; Secretary, Laura Breimon, Kathy Cafferty, Eleni Chelios, Dana Durniak, Suzanne Hartman, Joan Lui, Joan Murphy, Tracey Nelsen, Willa Nelson, Teri Orr; Vice President, Jackie Radsliff; Treasurer, Amanda Rickert, Tina San Emeterio, Kelly Stuart; President, Elayne Whitehouse; Corresponding Secretary.
3. An avid member, Laura Breimon listens to future plans for the club.
4. All smiles, Diana Antonetti displays her good attitude at all the meetings.

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Keywanettes Involved In Helping Others

A "willingness to help others" is the only requirement to be a part of the Keywanettes, said Ms. Liebler, advisor. The highlight of the year, was the "Give A Kid A Christmas" drive, which raised over $800 and hundreds of canned goods and toys for needy families. For the Cancer Society, the girls sold suckers and M&M's and raised over $100. They also gave their help to the Poway Kiwanis during their Halloween party at Poway Lake. The girls even played volleyball against the Key Club, but lost. Their punishment was to buy lunch for the victors. The Valentines Dance was also successfully sponsored by the Keywanettes. The club have tied for 1st place with Point Loma, as an outstanding service group. With this acheivement, the girls may again gain the title of "Club of the Year".

Greening Of Campus, Carried Out By FFA

After a successful year in which the main goal was building a membership for their organization, the FFA took on the biggest challenge yet — landscaping the campus. With plants and trees grown in the newly completed greenhouse, FFA members began designing the many landscape displays which appeared on campus. With plans in hand, and working in conjunction with the agricultural and horticulture classes, the group then began the actual planting. The results are obvious to anyone who looks at the new greenery that sprouted.

In addition, the club members also carried on their traditional role of raising livestock for competition and sale at the Del Mar Fair in June. In addition to rabbits and pigs, a number of students also raised lambs and steers this year. In terms of contributions made to the campus, FFA is among the leaders.

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1. FFA advisor, Bill Schall, gives some advice on rooting plant cuttings to Jim Ross.
2. Club member, Martin Moore, performed the almost daily task of brushing down the pig he was raising.
3. FFA members for 1980 included Bob Cook, Jeff Farr, Martin Moore, Jim Gibson, Sue Teller, Vicki Rogers, Annette Fisher, Colleen Stuart and Carolyn Hicks.
4. Members of the horticulture class prepare some trees for transplanting on campus.

Noontime Listening Provided By KMCS

A carefully planned format also allowed the station to experiment with different theme and mood-oriented programs. The offerings varied from disco and acid-rock, to folk music and a special performance by some of the top jazz performers of the recent past. Overall, the station was a definite asset to the campus during 1980.

In its third year of existence on campus, the Mt. Carmel radio station KMCS continued its goal of providing musical listening enjoyment for the noon time crowds. With a record collection appraoching the 1,000 mark, a highlight of the year was the variety in listening which the station was able to provide.

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1. Preparing for a break in the music during his time on the air, Scott Taylor readies the control board for another record.
2. Station members included Back Row: David Lane and Tony Edler; Middle: Joe Mendehlson, Gene Edler, Paul Lane, Jenaire Southern, Laurie Rose, and Scott Taylor; Front: Mike Crim and Steve Huber.
3. David Lane takes his turn on the air.
4. Laurie Rose makes some final adjustments before starting her program.

AFS Lure is World Wide

One of the faster-growing clubs here is AFS-International. Mr. Fousek, advisor, explained that the club, "brings foreign students to MCHS, sends students to other parts of the world" promotes "cultural experiences" and "fun"! This year, MCHS had two foreign students, Anke Posega, from Germany, and Sabri Ozun, from Turkey. Sabri likes MCHS because "the work is easy." This year, AFS had a Halloween party and sold candy-grams and suckers for fund raising and even sponsored the successful Donkey Basketball game! In the six years since it was formed, it has, and will continue to grow.

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1. Diana Antonetti successfully leads her club as President, during th announcement of the new AFS-International Club T-Shi
2. Karolyn Roberts proudly displays her anxiously awaited T-shi
3. The AFS Halloween Party provided a moment of relaxation for Jose Dej sus and Ronie Saavedr
4. The '80 AFS-International Club: Back Row: Anke Posega, Tawnya McKe Kathy Howard, Ronie Saavedra, Christopher Fousek, Mr. Fousek. Midd Row: Maria Cervantes, Lynn Morgan, Barbara Emory, Jana Fite, Jose Dej sus. Front Row: Joan Looi, Diana Antonetti, Susan Embry, and Diana Ce vantes, and Ms. Kleppe

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1. Debators Walter Meyers, Rich Crepeau, Drew Lettington and Jim Mason all competed in the Lions Club Tournament and Jim took first place.
2. Randie Schwartz, assistant debate coach Mark Williams, Sue Nail and Babette Atwood at the La Mirada Tournament.
3. Members of the debate team take time out during a lunch time meeting.
4. Julie Doyle feigns shyness in La Mirada.

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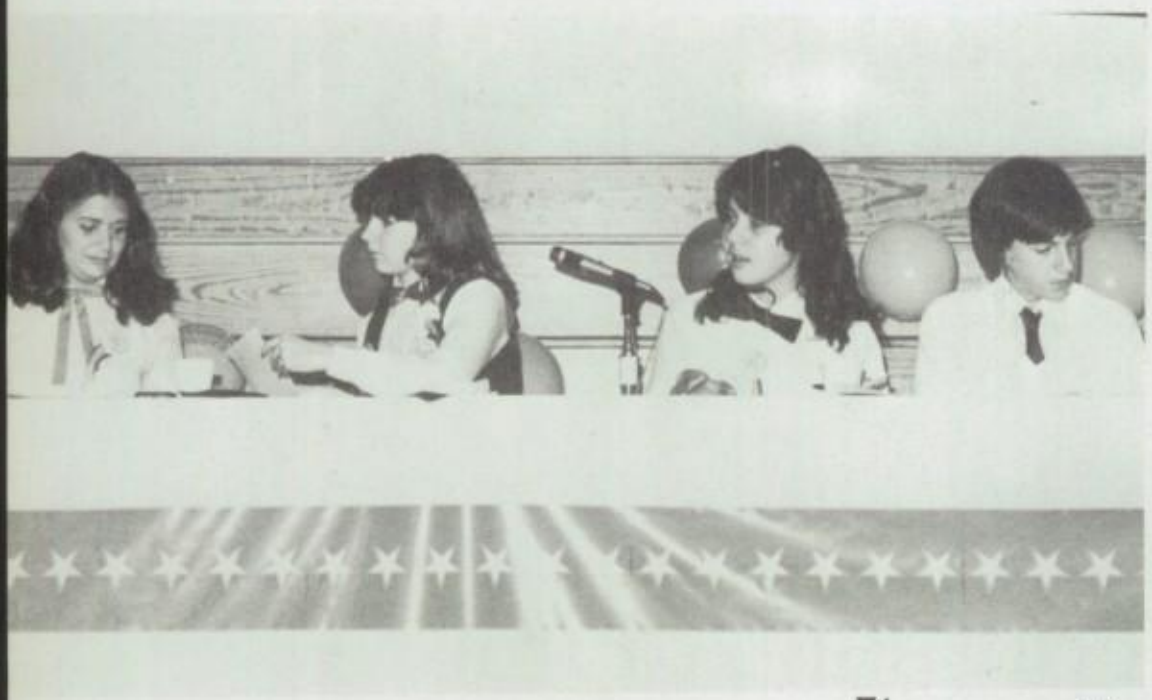
NFL — Not Just for Football Anymore

"We have accomplished so much that it's hard to believe," are the words of speech squad advisor Mr. Pacilio. The speech squad is a member of the National Forensics League (N.F.L.). Its goal is to prepare debate teams and other speakers to do well in state-wide and national competition. This year's success is due to the "highly" respected debate team of Jim Mason, Walter Myers and Drew Lettington. Drew was the top "B" debater at the U.S.C. tournament. Jim and Walter were invited to the Tournament of Champions at the University of Redlands. Of the six states and fifty debate teams, MCHS finished in a tie for seventh place. '79-'80 activities have been the Reader's Theater production "Your Town," the U.C. Berkley Tournament, the Halloween party and the third annual N.F.L. banquet. Mr. Pacilio boasted, "We have won four major sweepstakes awards in two and a half years. The Reader's Theater will be the highlight of the year. Last year it drew over 1,300 people." The only prerequisites for joining the squad are past experience, or Introduction to Speech.

SRB's a Constitutional Conscience

As outlined in the MCHS constitution, the Student Review Board acts as the Judical Branch of student government for MCHS. The SRB interprets school laws made by the ASB and is responsible for explaining any rule, so that no problem can arise as a result of a person or group misinterpreting the school constitution or its bylaws. The board also ovesees all school elections and makes sure that they are run according to their provisions in the school constitution. The SRB also acts as a channel for complaints from one party against another, or as a judicial board presiding over a trial where some aspect of the school constitution has been broken. Most members joined the SRB because they wanted to have a say in student government without running in an election. The SRB is limited to 7 students, representing most of the classes.



1. SRB members Karen Loop, Diana Attig, Kim Beach and Kevin Zimmer tabulate votes during the ASB convention. Not Shown: Andy Michael, Jennifer Tentor, and Will Weiss.
2. Senior, Will Weiss pensively listens to members of the group.
3. With a questioning look, Senior, Karen Loop, takes part in an SRB discussion.
4. Kim Beach busily sorts papers as Mr. Weiner thinks about his new-born baby girl.

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Ski Club Has Mammoth Time

Through successful Fund-raisers the Ski Club was able to take to the slopes of Mammoth. From selling plants to magazines, the club raised a portion of the cost for the trip. Nevertheless, there was a good turnout, as the buses were loaded up for the 8 hour trip. According to Mr. Blalock, chaperone, they stayed at the Silver Pines Chalet, which was "dump." Still, the members felt at home. A few members encountered trees and T-bars, resulting in a few minor injuries, Skiing was "crowded," said Kathy Krainock, but "the first day was the best." All in all, the club had a high time on the slopes. Officers are: Carol Davidson, Julie Powell, Allison Nafie, Denise Coulter, and Cheryl Ferber.

1. Having had enough skiing, are Mike DeFabio, Robert Aguais, as they board the bus.
2. During a playful moment are chaperones: Kathy Baczynski, Sam Blalock, Becky Baker, and Mr. Hazell.

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3. The 1980 Ski Club: Back Row: R. Aguais, C. Corindia, T. Sinclair, M. DeFabio, S. Chevalier, R. Sitzler, M. Roehr, N. Beavers, D. Lane, J. Beavers, D. Valley, P. DeFabio, C. Ferber, M. Trew, A. Elserman, K. Krainock, M. Whicher, A. Hillery, R. Cry, V. Christenson, M. Schofstall, J. Ferber. Front Row: B. Twardy, R. Toft, K. Rusk, J. Powell, K. McCabe, K. Thomas, D. Coulter, M. Foster, V. Gibbons, T. Fassbender, G. Fishmen, J. Dorsett, S. Stills, A. Nafie, L. Powell, Carol Davidson, D. Nafie, M. Quaresma, G. Cook, J. Pester.
4. Giving one last look at the slopes are: Danielle Nafie and Kevin Rusk as they get ready to leave.

1. Diane Henry and her alter ego pose for the camera.
2. Figures of the past, Laurel and Hardy, meet a figure of the present, a Playboy bunny, at the Halloween party. The people in the costumes are Ron Hoffman, Jim Melone and Terri Peak.
3. Carlotta Cassidy (secretary), Leo Foligno (President) and Wendy Worrall (vice-president) lead the Club through the second semester.
4. Members of the MCPW. The entire club includes: B. Anderson, J. Emmel, J. Meyers, J. Hathaway, S. Kielty, A. Allen, E. Pearson, R. Merrill, J. Boone, M. Witcher, C. Anderson, M. Mavis, N. Stansbury, D. Attig, J. Melone, K. Putsh, S. Fitting, S. Bondy, S. Sheppard, D. Gentry, V. Hathaway, J. Willing, R. Helm, L. Tischer, A. Peterson, M. Morgan, K. Butterworth, C. Waterman, B. Atwood, T. Schulz, K. Jennings, S. Embry, B. Embry, S. Klapwyk.

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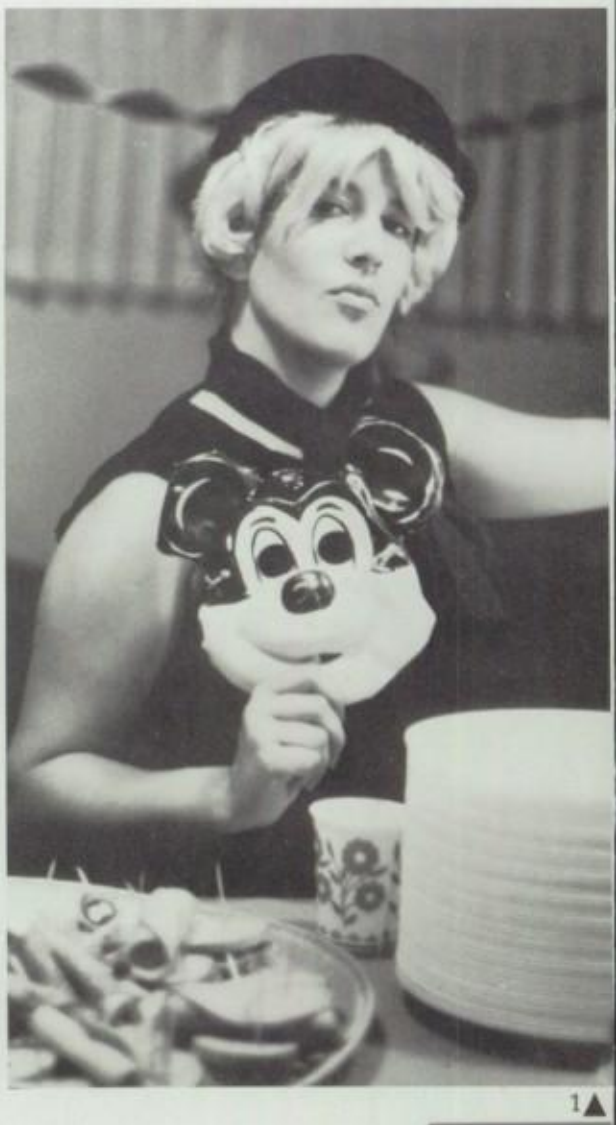

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Drama Club Acts Up!

"The enthusiasm of the officers and members of what improved the club financially and socially from last year." Leo Foligno, second semester president (Teri Peak was the first semester president and graduated mid-term.) The other officers are vice-president Wendy Worrall, and secretary Carlotta Cassidy. The club has strived for one group activity each month. Among these have been trips to see *Godspell!* and to *Disneyland* The MCPW has also sponsored Halloween and Christmas parties. The club's officers hope to build a stronger program each year and are well on their way to doing so.

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FEN is Alive!

A new and unusual club on campus, formed by alumni math analysis students, is Friends of Emmy Noether or FEN. Emmy, a woman mathematician, is famous for her theory on rings and "equations full of pi." The Find Emmy Noether's Living Relatives Committee has been put into action by faithful members. Emmy devotee, Diana Antonetti, explains, "we feel that only advanced math students have the level of skill required to fully comprehend Emmy's mathematical achievements." Emmy was nominated for this year's Homecoming Queen, but failed to place. A birthday party was also held by members, in tribute to her.

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1. Donna Sowles participates in The Ode to Emmy Noether.
2. Club President, Laura Breimon, dons the sacred robes of Emmy Noether.
3. FEN Club: Top Row: Sheila Suarez, Laurie Skinner, Son Young Han, Súe Small, Brian Burnett, Sue Nail, Steve Teeples, and Diana Antonetti. Middle Row: Tony Pistilli, Eric Williams, Laura Breimon, Shelia Keilty, and Alex Martinez. Front Row: Tina San Emeterio, Mr. Gordy Mills, Mari McNeil, Ken Vogt, and Donna Sowles.
4. FEN Officers: Son Young Han, Sergeant at Arms; Sue Small, Vice President; Eric Williams, Secretary; Laura Breimon, President; and Sheila Keilty, Treasurer.

Fernando,
It was nice meeting you this year. I think you're Super nice and Pretty fun to be around. Keep your personality. I'll see ya next year. Have a great summer.
Love
Varanda W.

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1. The Freshmen Cheerleaders: Melissa Antrim, Stacey Breaux, Sherri Gordon, Varanda Williams.
2. Motivating the masses during lunch is a big part of the cheerleaders duties.

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3. Ingrid Robinson at one of the many night games.
4. The Varsity Cheerleaders: Bottom Row: Patti Doll, Karen Webb, Debbie Gray (mascot), Lynn Edmonds. Top: Kathi Brewster, Beth Taylor, Carol Setliff, Carol Coulter, Lori Howard.

Cheerleaders Live Up to Their Name

"I have enjoyed myself and working with them (the cheerleaders) has been a pleasure. They all are talented, intelligent and caring girls." These are the words of Ms. Kris Robertson, the cheerleader's advisor for the past two years. The cheerleaders, under Ms. Robertson, have maintained their position as the most active and spirited organization on campus. The cheerleaders' goal is to represent MCHS as spirit leaders and spirit *initiators* in all function on campus. Indeed, the cheerleaders are directly involved in activities that touch every student at school. The girls are responsible for selling spirit - ribbons, working on the programs for basketball and football, setting up the Sadie Hawkins dance and they sponsored the rain-postponed Senior/Junior powder-puff game. They also provide support for a majority of school functions, the band and community events. Although there is no one "captain" on the squad, Carol Setliff seems to be the outstanding cheerleader. At summer camp, Carol was chosen one of the five best cheerleaders out of 200 attending. The girls were successful as a group for it took top honors, trophies in Song and Cheer routines, many ribbons and the spirit award.

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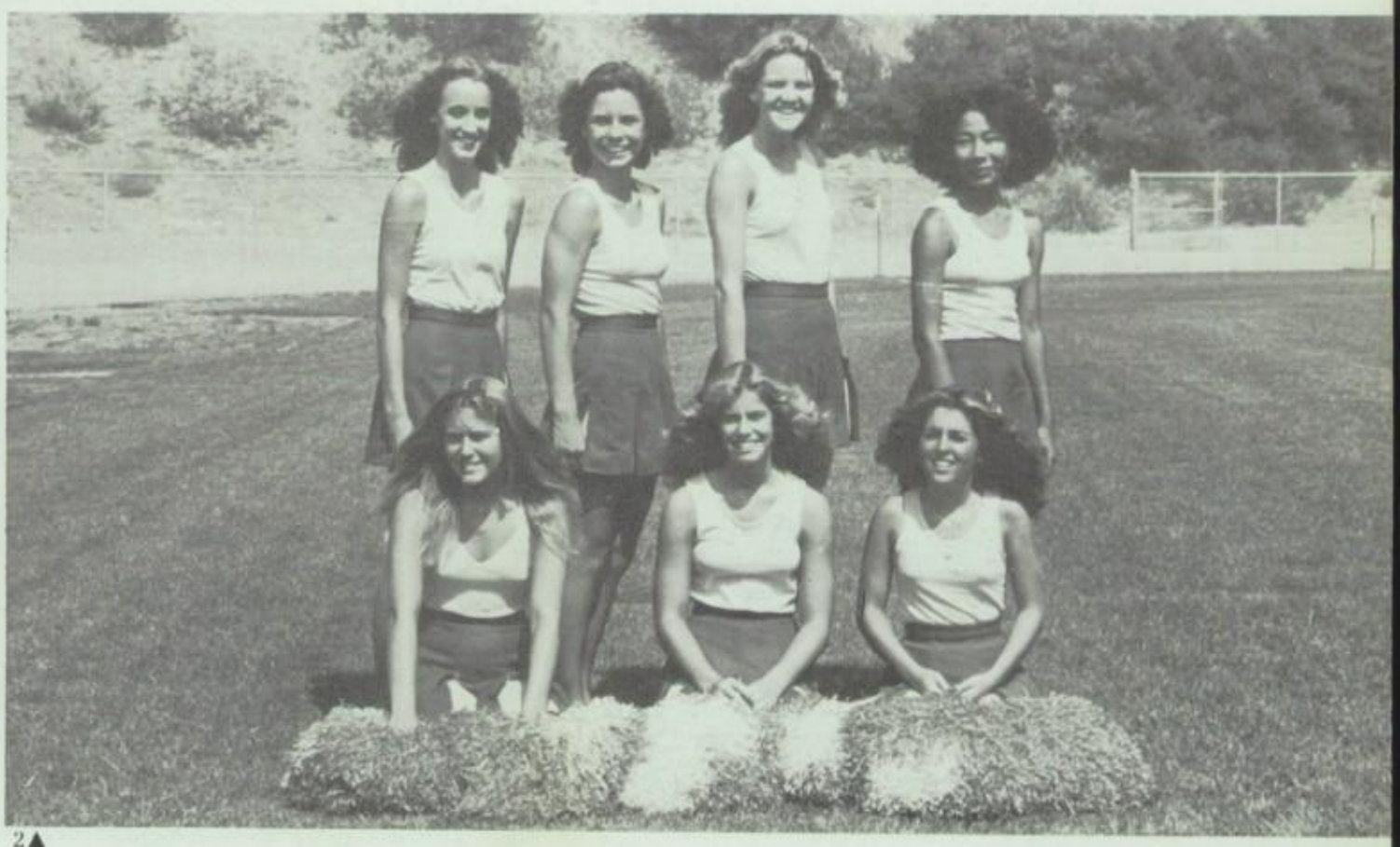

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1. By the look on Darla Garrison's face, it doesn't seem as if things were going well for the Sundevils.
2. The J.V. Cheerleaders: Bottom Row: Ingrid Robinson, Heather Parham, Darla Garrison. Top: Kim Kasten, Donna Sanchez, Pam Cook, Kim Dillon.
3. Patti Doll and Beth Taylor take time out from the crowds during lunch.

1 ▲

1. Shawn Fitting firmly applies the final shove that will push his son, Jim Hathaway, into manhood.
2. Pictured in the infamous sneeze scene are: Kristine Parker, Vickie Dambrose, Leona Tischer, Miles Witcher, Doug Richardson, Alysia Sagi, Jeff Boone, Lori Rosa and Ramona Tischer. Other members of the cast are Gaylene Cross, Amanda Allen, Lisa Tanner, Elouise Pantoja, Jim Hathaway, Susan Shepler, Carlotta Cassidy, Kirk Gossett, Neil Morgan, Myra Mavis, Dawn Goin, and Shawn Fitting.

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3. In the scene "Too Late for Happiness", Susan Shepplan has the opportunity to reveal her melodic voice in her protrayal of a woman whose time has passed her by.
4. Doug Richardson, in an aside to the audience, reveals his true intentions concerning the unsuspecting Carlotta Cassidy.

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Newcomers' Theater Makes Stage Debut

The 1979-1980 theater season saw the debut of the Newcomers' Theater Program. The aim of this program is to get those who have never acted in a play before to get in front of an audience to gain experience without pressure. "The Good Doctor" was the programs first selection. The play was produced by seniors Ron Hofmann and Teri Peak. Each separate act was handled by different directors. The play was written by Neil Simon and was based on a series of short stories by Anton Chekov that reflect life in turn of the century Russia. Try-outs were in October and after many cast changes and several twelve hour rehearsals, it ran January eleventh through the thirteenth to receptive audiences.

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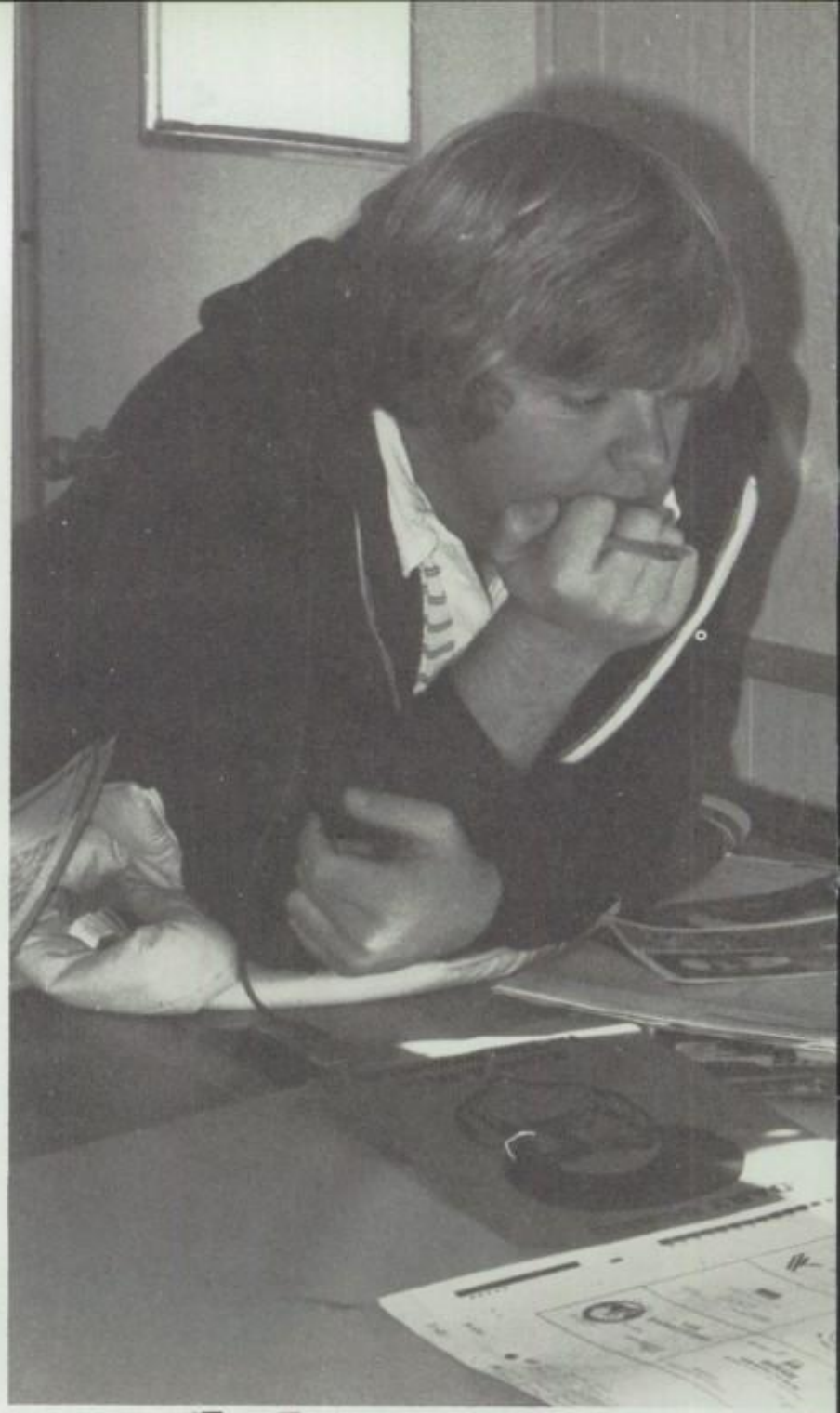
1. Pictured are the student directors for the "Good Doctor": Laurel Gibby, Ann Peterson, Lori Vascola, Terri Peak, Becky Anderson, Ron Hoffman, Nicky Stansbury, Carole Anderson, and Diane Henry.
2. In "The Surgery", Tami Schulz and Alysia Sagi deal with the patient/doctor relationship.
3. Dawn Goin climbs atop a block to make sure she gets her point across to everyone.

Yearbook Staff Produces Winner

The staff of the '80 *Horizon* brought together a variety of different people. With the support of their advisor, Dave Walker, they put together the best yearbook Mt. Carmel has ever seen. The staff was led by their editor Robin Baily. With the combined effort and insistance of the advisor and editor only the best was put forth and accepted. Robin Baily was most ably backed up by her staff. Responsible for the Senior section and Faculty was Janice Rathbun. In charge of the Juniors was Elaine Aufderheide and the Sophomore section was done by Tami Schulz. The freshman section was done by Denise Gentry. In charge of Student Life was Robert Merrill and Tina San Emeterio. The Sports section was put together by Percy Bojador and Gail Cook handled advertising and sales. Lee Crowell was editor of the classes section and assisted Robin Baily in the special year in review section. Debbie Gillette was the copy editor. The staff also consisted of four photographers, Dave Roberts, Mary Dosek, Eileen Schumacher and Tom McCotter.



1. Lee Crowell studies the proofs, looking for errors.
2. The 1980 Horizon Staff: Janice Rathbun, Percy Bojador, Eileen Schumacher, Gail Cook, Tina San Emeterio, Mary Dosek, Robert Merrill, Lee Crowell, Elaine Aufderheide, Debbie Gillette, Robin Baily, Tom McCotter, Dave Roberts.
3. Percy Bojador arranges the pictures for the girls' tennis pages.

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Fernando,

I'm glad I met you this year. Youre a really sweet guy. I hope I get to know you better during the years to come.

Have a nice summer and take care of yourself and your "Special Someone" Till next year...

Annette Panganiban

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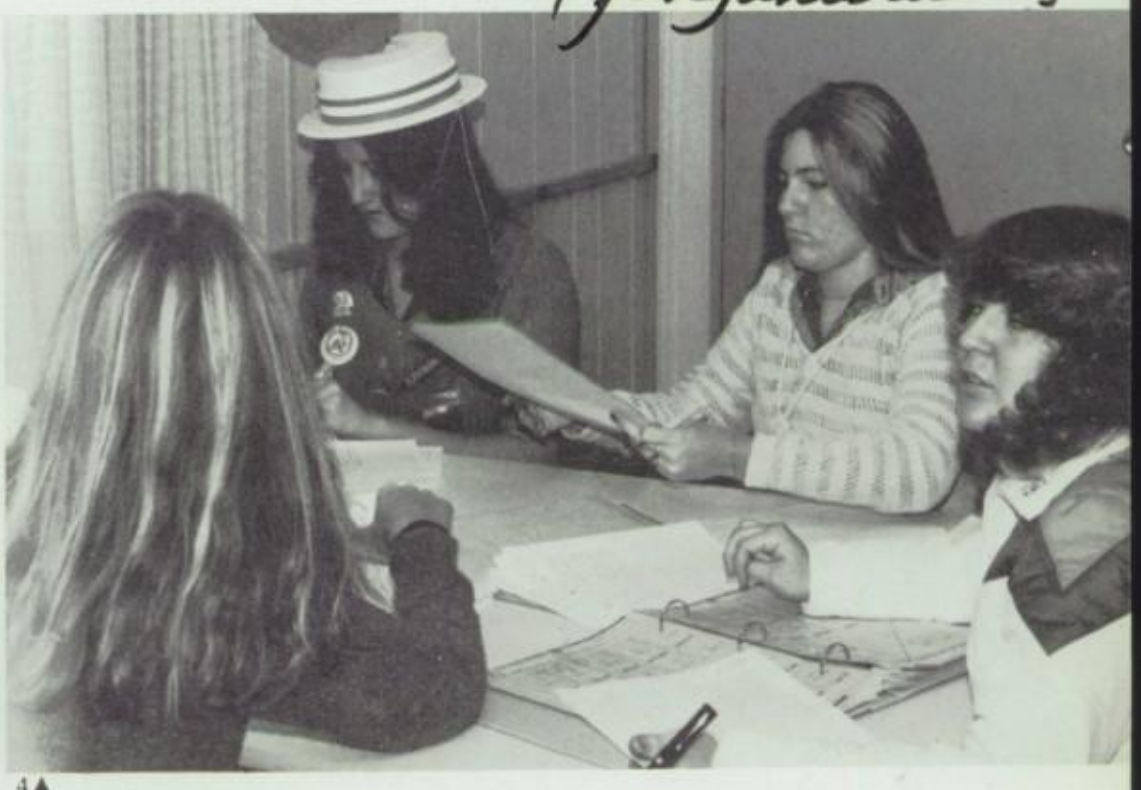

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1. Robert Merrill finds a bit a humor in the underclass section.
2. The pressures of deadlines were not always present as shown by staff members Mary Dosek and Lee Crowell at the staff Christmas party.
3. Denise Gentry organizes the underclass pictures.
4. A great deal of time was spent putting together the index by Tami Schultz, Denise Gentry and Elaine Aufderheide.

MCHS Goes Conventional

Convention '80 was proof that politics and democracy were alive and well at Mt. Carmel. Picking up where the enthusiasm and involvement left off from last year's elections, the participation in this year's gathering was a resounding success. The Honors Civics Class, under the direction of Mary Bowers was once again in charge of organizing the event. The aim was to provide an even greater access to the political decision making process for the student body, and to duplicate the atmosphere and mechanics of a national political convention.

The delegates this year numbered 250, and the major elected position had at least four people running for office. Surprises abounded as nominations were brought up from the floor, and some "established" candidates failed to even make the ballot. After a long day of caucusing, dealing and compromising, a list of candidates was prepared and handed to the student body for a vote. The results saw Carol Coulter elected president with Maggie Matthieu as vice-president. In all, better than 90% of the student body participated.

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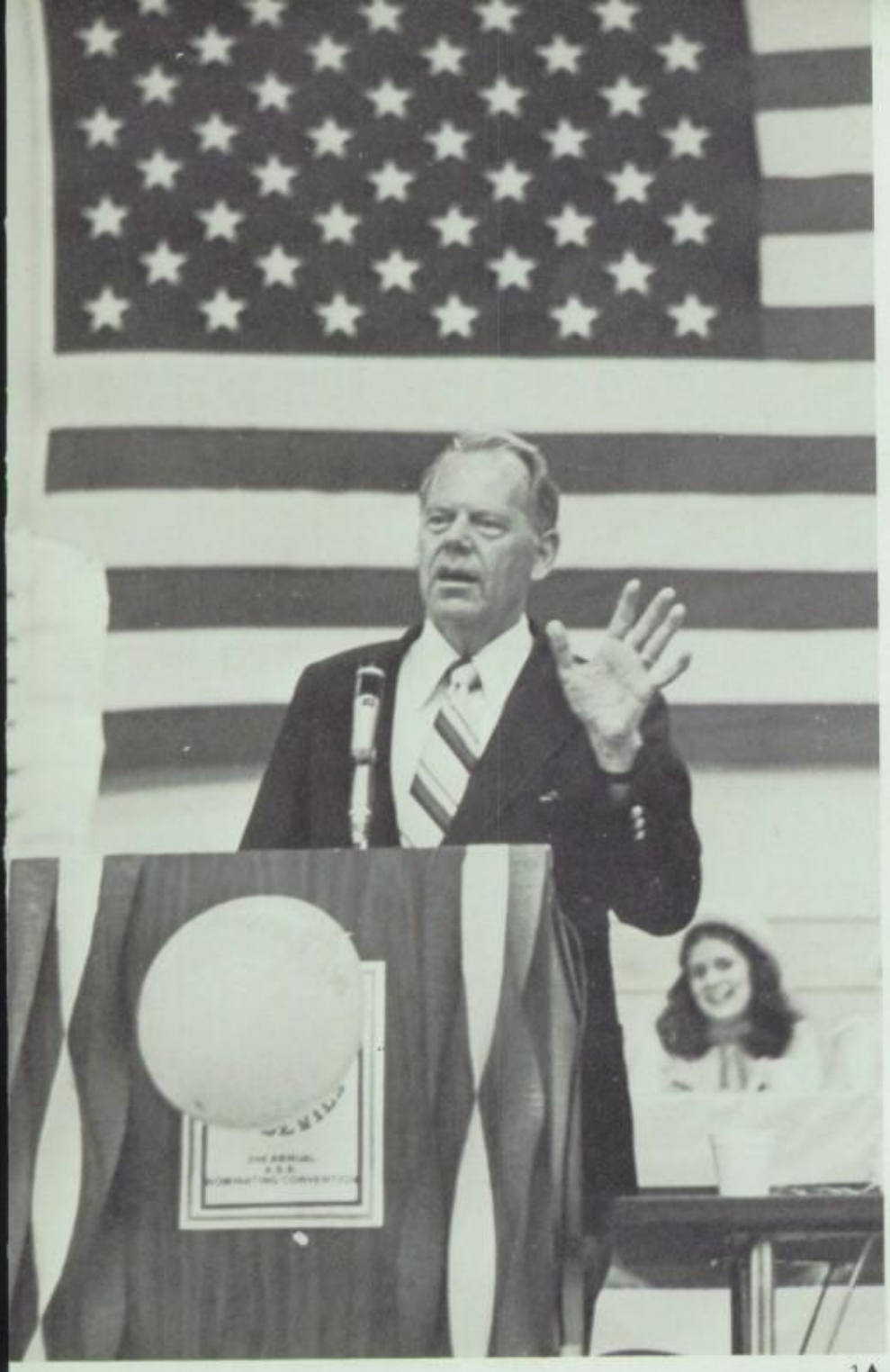
1. Security guard, Elton Aguilar insured proper decorum as Crystal Arthur participated in the roll call vote.
2. President elect, Carol Coulter took to the podium to present her views to the delegates.
3. Members of the Honors Civics class, Rhonda Robertson and Laurie Skinner, view the proceedings.
4. Representing the state of Wisconsin, Nancy Reguly was one of the 250 delegates at the convention.



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1. Keynote speaker, Congressman Clair Bergner delivered a message of thanks and encouragement at the convention.
2. Awaiting the start of the voting are Eric Williams, Bev Mendoza, and Drew Lettington.
3. All was not serious business as a few lighter moments were provided by the antics of mimes Leo Foligno, Jim Hathaway, and Carl Foster.
4. Delegates Cheryl Gordon and Terri Prewitt exchange a few comments about one of the candidates during a roll call vote.

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1. Ms. Bowers, "Mother of Convention", carefully watches over the preparations.
2. Studying all the possible choices for candidates is an Alabama delegate.
3. A hopeful candidate for the treasurer's job, as well a being a new student at our school, is Michelle Burnett who patiently awaits the results of a vote count.
4. Handling the duties at the registration table are Honors Civics students, Doug Richardson and Kim Elgier.

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Planning Resulted in Successes

Conventions just don't happen by themselves. They take weeks of careful thought and planning. Convention '80 was no exception, as the ground work for the actual event was begun in early October in the Honors Civics classes taught by Ms. Bowers. Students were required, for a semester grade, to plan and execute the entire event — from making all the state placards and campaign signs, to drawing up the actual delegate slates and conducting the preliminary selection process in the contact classes. The candidates also needed plenty of time to get ready, everything from collecting signatures on petitions to making campaign posters and buttons. For their part, the A.S.B. carefully monitored the qualifications of would-be-candidates, and carried out the procedures on stage during the voting. The Student Review Board became involved in insuring the conduct of the convention according to the constitution.

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1. For Suzie Kazemzadeh, the time spent making campaign buttons paid off as she won the nomination for the activities commissioner position.
2. One of the guest speakers was Mr. Don Hurst, Mt. Carmel's new principal, who warmly addressed the audience.
3. Checking on a few last minute details prior to the start of the convention are Bob Shimp, A.S.B. president, Ken Earle, and Kathy Riley.

ASB Mountain Retreat Turns Into Snow Ball

Continuing the tradition established last year, the newly elected ASB officers held their annual leadership retreat over the semester break in February. The purpose was to receive in-depth training in various aspects of leadership, and to begin plans for their term in office. A series of presentations and discussions by faculty members and invited speakers once again set the mood for a very successful program.

The serious business out of the way, the group made use of the newly fallen snow to engage in an old fashioned tobaggan session. As the photos indicate, the group had a real ball.

1. The cold didn't seem to bother Michelle Burnett, the new A.S.B. Treasurer.
2. For Larry Dillon, Pep Commissioner, more time was spent in the snow than riding on it.
3. For Suzie Kazemzadeh, Acitivities Commissioner, and Maggie Matthieu, Vice-president, keeping warm was the main goal.
4. Outgoing Vice-president, Rommel Karganilla takes a final ride down the hill.

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1. In addition to her role as varsity cheerleader and the new ASB President, Carol Coulter also found time to run the popcorn machine during basketball games.
2. Outgoing officers Kathy Riley, Dana Ward and Pauline Yuson pause for a photo at the Thanksgiving Dinner.
3. Pictured are the outgoing cabinet and ASB officers for 1979-80.
4. Lea Armas wasted no time in attacking the many duties of the secretarial position.

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"79-80"

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Fernando,

Hey dude. What it is! Well how's life been treating ya? I'm glad that we've become closer in our friendship! I hope to keep it up! Gosh I've known you ever since ya moved in. Right.

Well, hope that ya have a Bitchin summer! well you probably hear alot of this surfer talk! right? Well have one anyways & K.O.

Take Care n' God Bless!

friends forever,

Audrey Dufner

Class of '83

1. Dana Pistilli, Brenda Clancey, Chris Beane, Cheryl Corindia, Rob Aguais, Renee Schnaath, Ken Earle and Tony Pistilli get together for a group shot.
2. Bob Shimp and Anita Goodhart take a break from dancing to catch their breath.
3. Steve Kelchin and Tracey Brandt were one of the many couples at the Dance Marathon.

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Marathon Benefits Leukemia

There were 13 couples involved and they danced from 11:00 a.m. until 11:30 p.m. When it was all over, approximately $600 had been raised to support research for finding a cure for leukemia. The event was the annual Key Club Marathon held on Saturday, February 9, and this year's proceeds were donated to the San Diego Leukemia Society as part of the club's ongoing committment to helping the community. Also occuring on the same evening was the Valentine's Dance sponsored by the Keywanettes. In all, close to 500 people turned out to support the activities.

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1. Advisor Ms. Liebler and Keywanettes, Becky Lopez and Susan Whitehouse, relax during the Valentines Dance.
2. Brian Hartig gets energy from "NRG" with his Valentine sweetheart, Cathy Harmon. Following in their dancesteps are Mark Isaacs and Brenda Clancey.

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3. Working hard on preparations for the Valentines Dance, Keywanettes gather for more instructions.
4. Keywanettes Vice President, Teri Orr, displays the handmade 'carnation corsages' made by the girls.

1. Carol Knox and Monica Ray work on "Walters Rapple" in Concert Choir.
2. Sherman Nuckols and his partner, Leona Tischer, attend a Wednesday night rehearsal.
3. Kelly Maunder warms up before going to the Pt. Loma Festival.
4. Classical Ensemble: Back Row: Duke Tanner, Tim Rohrbeck, D. J. O'Drane, Kelly Maunder, Ron Hofmann, Becky Anderson, Mark Roehr. Middle: Sandy Thompson, Barbara Davis, Jan Rooks, Jim Melone, Kathi Brewster, Robin Williams. Front Row: Michelle Park, Jeniffer Torreson, Anita Goodhart. Not Shown: Robert Merrill, and Dawn Feusi.

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Singers Best Yet

Mt. Carmel's music department had remained strong all year. The largest group, which encompasses all of the ensemble groups, the Concert Choir, attended the 1000 Voice Choir at Palomar Dome under the direction of Dr. Ben Bollinger.

The Classical Ensemble has been going strong and Mr. O'Drane felt that it was one of "the best groups" he has had in years. This group competed in several festivals, including one at Pt. Loma College and has done many shows for local groups. Classical Ensemble also sent several people to the Honor Choir which takes the best singers county wide and combines them into one group. "Touch of Class" kept active by doing paid shows at such places as the Scottish Rite Temple. Pop Ensemble's spectacular costuming cost upwards of $1,600 and were designed by Mr. Ann Pine. Both of these ensembles did the annual Christmas tour of six schools, performing twelve shows in three days, not including the show at Mt. Carmel. The Girls' Ensemble has grown in strength and will go to festivals in the spring. Mr. O'Drane boasted that his singers are among the best in the county and that his women singers were, perhaps, the finest.

1. Mr. O'Drane, the vocal director, calmly gives instructions as only he can.
2. Kelly Maunder, Victor Bergado, Duke Tanner, and Mike McKelvey, read through "Good Guys." The entire group includes: Becky Anderson, Keith Butterworth, Leo Foligno, Anita Goodhart, Earl Hams, Sonja Kemp, Fernando Laguda, Stephanie Merriam, Sherman Nuckols, Robert Merrill, and Patricia Williams.

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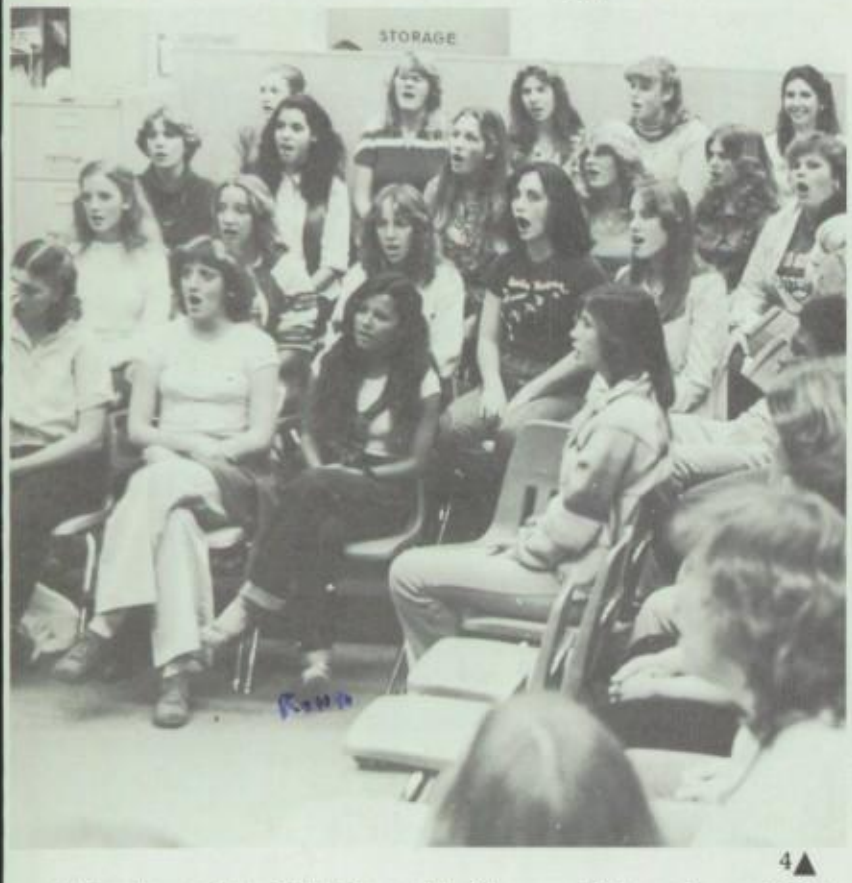

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3. Members of the Girls' Ensemble: Shannon Bulman, Laurel Gibby, Sistiana Gebhart, Kristen Jackson, Lori Melone, Debbie Olson, Donna Previtti and Joanne White. Not Shown: Charlene Rathbone, Lisa Salisbury.
4. Members of the Concert Choir Rehearsal for 1000 voice. The entire group includes: G. Anderson, P. Ainsworth, A. Allen, D. Balsley, D. Bank, L. Beaulier, V. Bergado, D. Berner, J. Boore, R. Colte, J. Consla, N. Chapman, J. Crane, B. Davis, J. Eddy, Lynn Emer, M. Flick, R. Fuller, L. Gibby, M. Gillen, A. Gill, V. Hankowsky, V. Hathaway, L. Hammond, W. Chick, J. Hulse, C. Harvey, D. Henry, J. Kennedy, T. Kleist, C. Knox, G. Martin, L. McGarity, P. McGarry, S. Merriam. D. McMurry, L. Melone, J. Melone, E. O'Drane, D. Olesen, A. Pence, G. Perkins, M. Phinney, T. Porello, M. Pratarelli, D. Powell, M. Ray, K. Riley, S. Rothschild, C. Rathbone, N. Stansbury, E. Stark, L. Strom, H. Rowley, C. Thomas, S. Thompson, Sherrie Thompson, E. Thompson, L. Tischer, R. Tishcer, L. Torreson, K. Sturtevant, D. Walters, C. Williams, E. Underwood, K. Van Tassel, R. York, E. Villacres, N. Youtkus, J. White, Barbara Welch.

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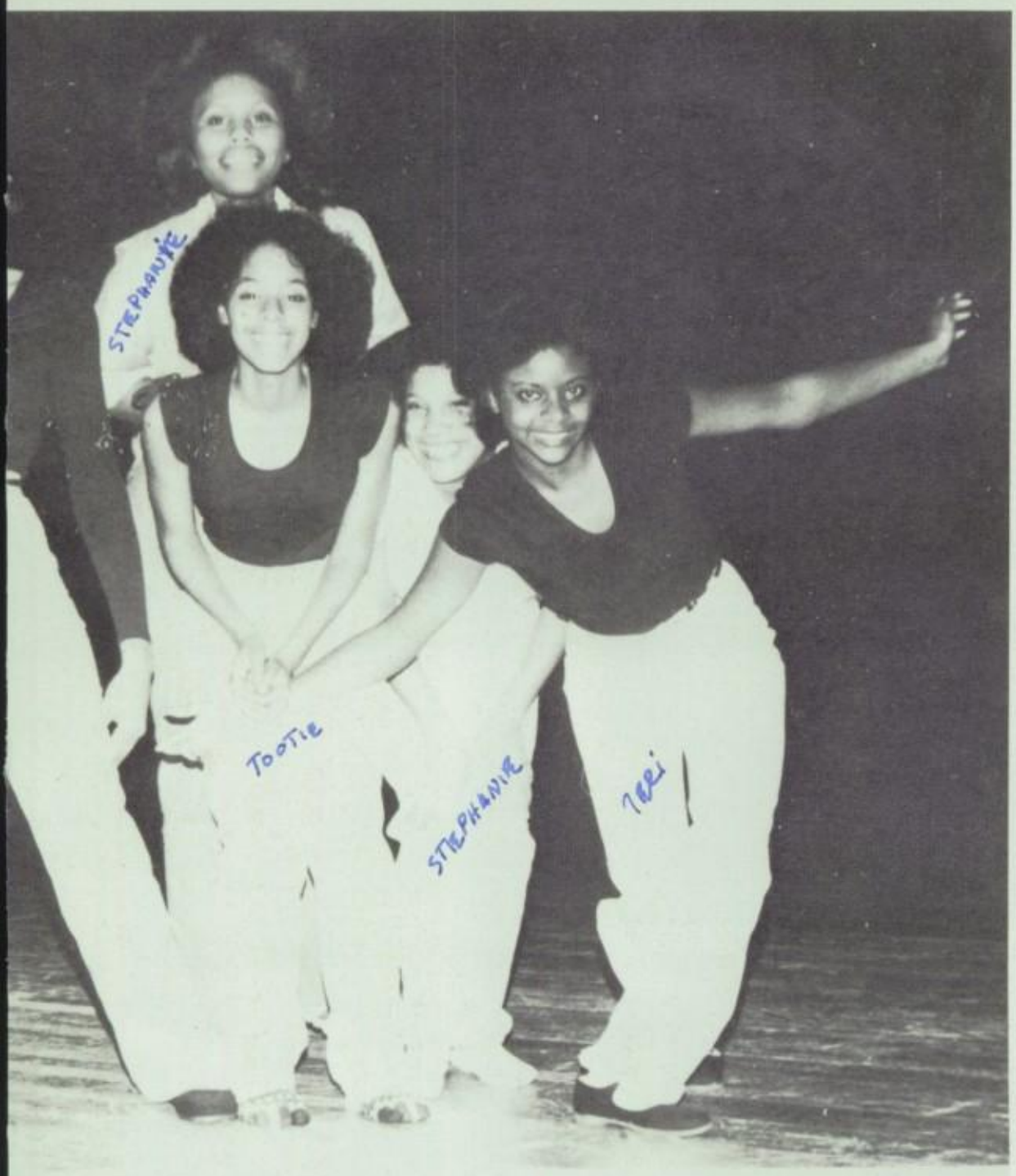
1. Becky Lopez in costume for the dance "Chicago".
2. Stephanie Thrower, Linda Bell, Elizabeth Crockett, Stepahnie Willoughby, and Terri Prewitt on stage before the night's performance.

3. Theresa Collander in rehearsal for Dance Designs '80.
4. Dawn Franchi, Ruth Black, Bechy Lopez, Carlotta Cassidy, Amanda Allen, Diane Henry and Nickie Stansbury in a kick line from the selection "Chicago."



Dance Into the 80's

Dance Designs '80 was held in January in the Center for Performing Arts. The dances ranged from ballet, to satire and jazz. The dances were choreographed and performed by Ms. Oliver's two dance classes. The music accompanying the dancers included jazz and contemporary. According to Ms. Oliver, "The purpose of Dance Designs is to make dance part of the performing arts workshop, to continue the dance program at MCHS and to offer more opportunities to the students." The students practiced for twelve weeks in class and three weeks extensively. Ms. Oliver plans to have another dance program next year. The show contained no props or scenery in order to have the dancers use just their bodies in expressing themselves.

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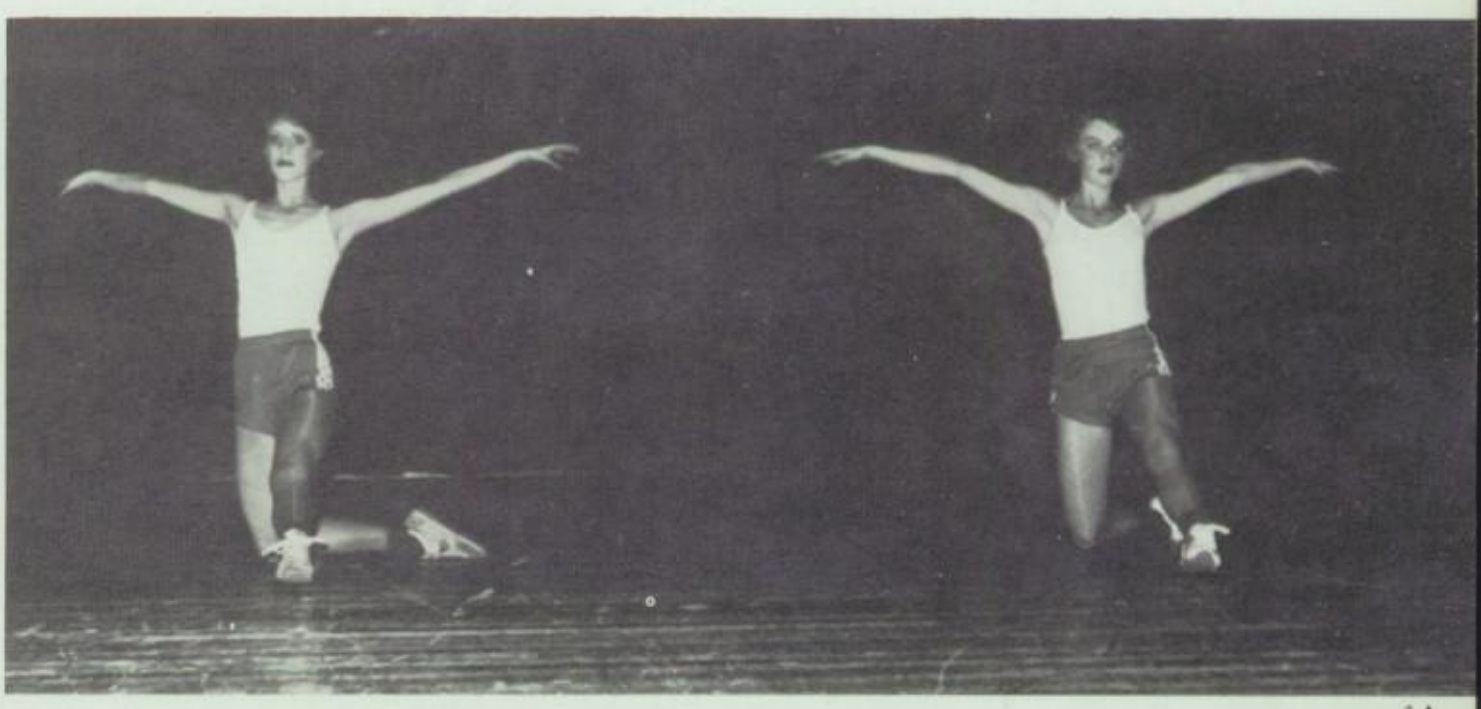

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1. Jeri Luce and Donni Rawson look almost like twins in their performance.
2. Terry Conway asks the musical question, "Do you think I'm disco?"

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1. Kris Robertson's contribution to the show was her rendition of the theme from the movie *Ice Castles.*
2. Bob Bjorkquist gives a "thrill" to the audience by revealing his legs as well as his dancing ability with Leslie Frumin.

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3. Becky Baker dons a tiara and pom-pons for her imitation of Kathi Brewster.
4. Filling in on "The Goodnight Show" for Johnny is Brad Johnson.

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Staff Gets Rave Reviews

In order to raise money for the faculty fund, Mt. Carmel teachers put on their Second Annual Faculty Talent Show. Gordy Mills, with wit (somewhat) intact, emceed the show. The performance opened with a beautiful piano solo by Tim Luey and an instumental by Tom Cole, Bill Gills and student Bill Wells. A group of eight foregin language teachers rocked MCHS with their own version of "You're No Good" by Linda Ronstadt. Similar to last year, another mock Johnny Carson show was performed and retitled "The Good Night Show" with Brad Johnson, and Ken DAvis as Doc Severinson. Guest stars on the show were cheerleader Kathi Brewster, excellently protrayed by Becky Backer and everybody's "yumbo" Kathy Riley in the form of Vicki Broughton. Bill Bailey, Susan Newman and student Ron Hofmann acted out a scene from "The Good Doctor" called "The Arrangement." The "turn-on" of the evening was Bob Bjorkquist who, along with Leslie Frumin, presented an exaggerated "Paz de deux," a ballet. All this, combined with Tony Orlando and Dawn parallels Rudy Casciato, Linda Anderson and Louise Dunbar, provided fun and excitement for those who came out in spite of the rains.

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1. Susan Klepper provides back-up vocals during the performance of the "Foreigners."
2. Linda Anderson finds out that there is more to being a star than just walking out on stage.

Reader's Looks at *Your Town*

"After all, what is wrong with what we did. Did we do harm to anyone?" These are the words of the M.C. in this year's Reader's Theater, *Your Town* (an updated version of Wilder's *Our Town*). The play asks whether or not the decadence of today's youth, which can be closely paralleled to that of pre-Hitler Germany, really harms anybody.

Those who saw the production were able to answer that question for themselves. Mr. Pacilio, the author of the play, as well as the speech and debate coach, stated: "This show is about the values, morals and dedication of today's youth and how they are going down." Mr. Pacilio noted an interesting twist in the production of the show. Whereas the *Your Town* is about kids who do not care about anything except self-gratification, he feels that those in the cast were exactly the opposite, dedicated and aware.

It took thirty people to bring Your Town together. At the top of the list are Mr. Pacilio as author and director and Mark Williams as the technical director, Reader's Theaters are known for their intricate technical effects and those who handled this area were: Mark Isaacs, Steve Bondy, Jeff Kingman, Kevin Adamson, Brad Brown, Eric Van Velzer and John Beversdorf. And, of course, the cast members.

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1. Jim Riefiess, Drew Lettington, Bobbie Benzing, Jim Mason, Neil Morgan, Linda Phinney, Robert Merrill, John Rice, Rich Crepeau, Debbie Childs, and Diana Attig take their positions for the camera.
2. Matt Beck, Kim Beach, Kathy Riley, Randie Schwartz and Dan Wilson on stage for a group shot.
3. Jeff Senkir, as George Gibbs, and Babette Atwood, as Emily Webb sit in the Soda Shop.
4. Robert Merrill portrays the M.C. of a cabaret in 1929.

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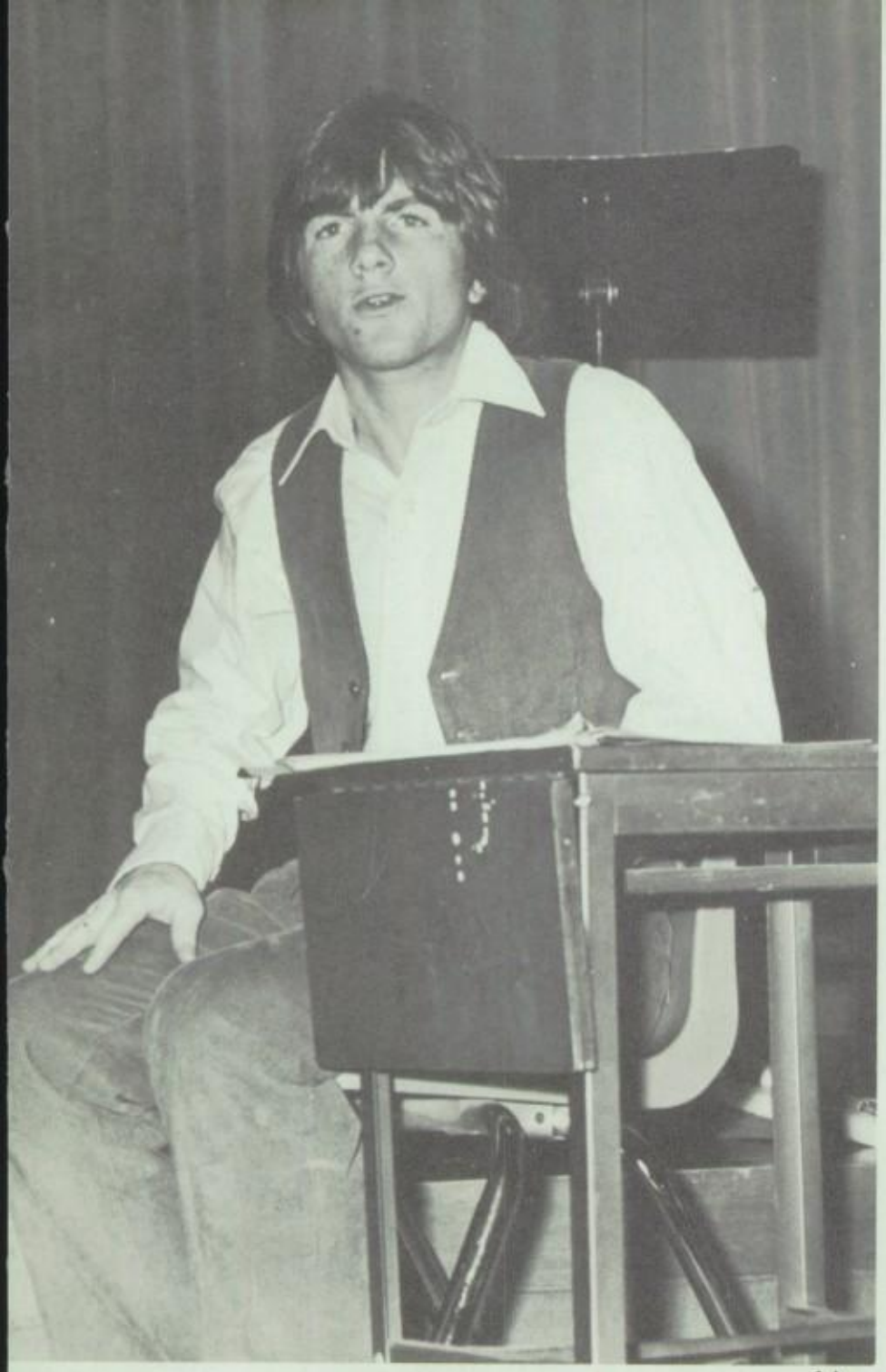
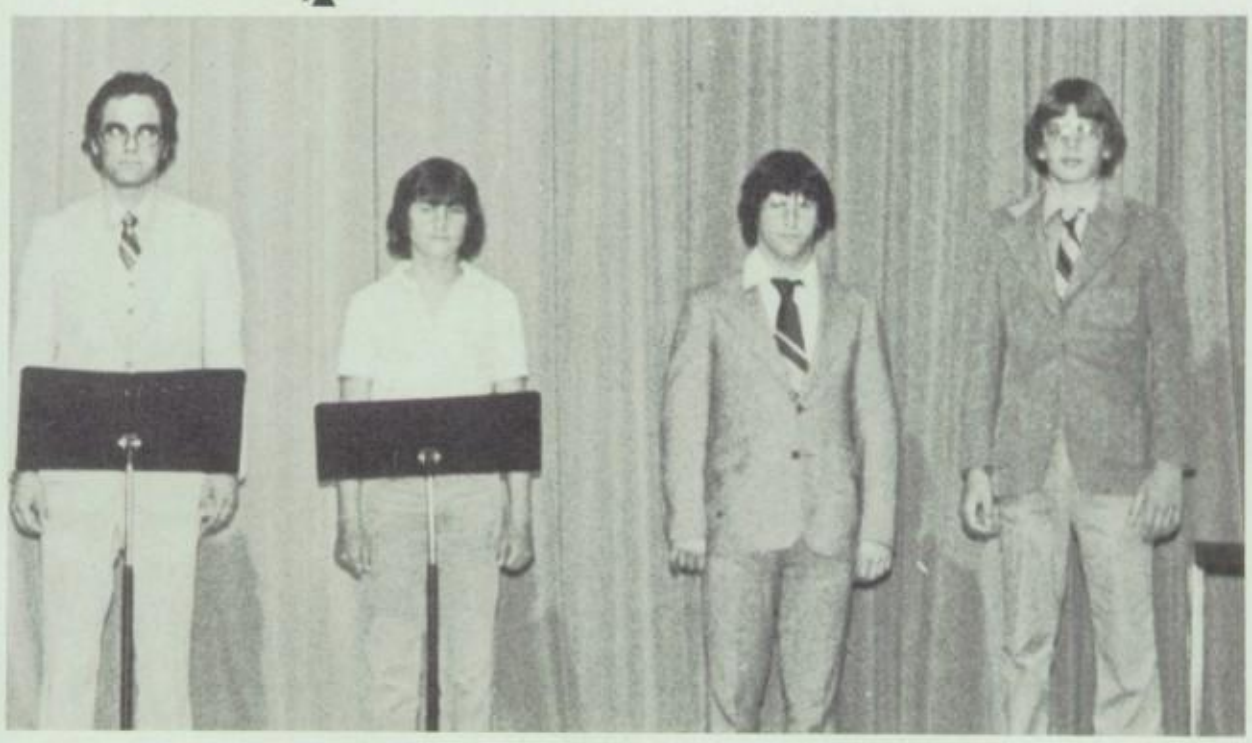


1▲

Mt. Carmel is one of only three high schools in California to produce a Reader's Theater. Last year's Reader's Theater, *Whitewash*, drew much acclaim and media coverage. KPBS, the local Public Broadcasting station, asked to borrow the scripts for both *Whitewash* and *Your Town*.

1. Jim Mason opens the first act in the role of the Stage Manager.
2. Walter Meyers, Bill Miller, Andy Michael and Rick Krey, in position for a rehearsal.



2▲

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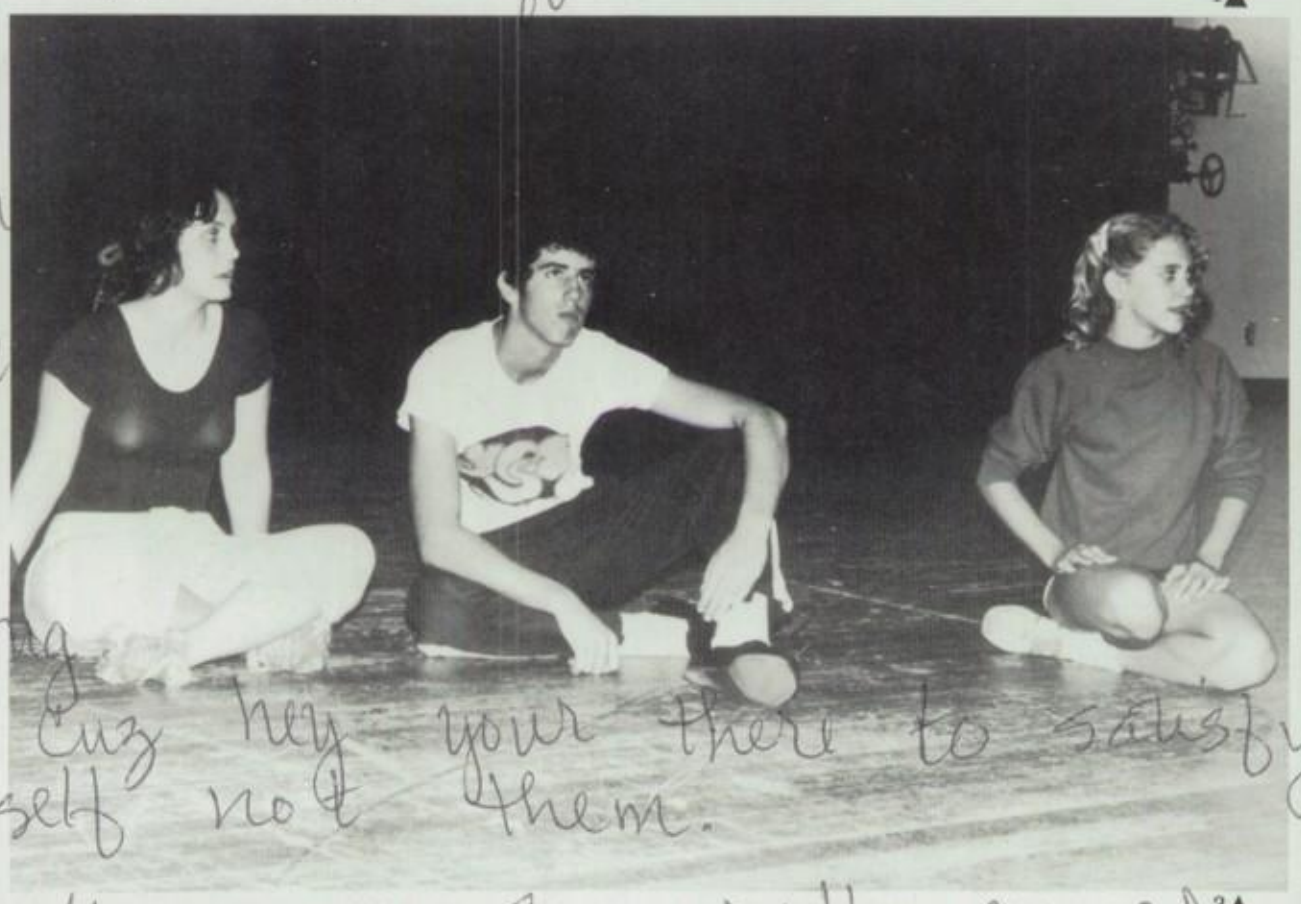
4▼

3. Susie Shepler, as the Newscaster, gives one of her reports.
4. The author and director, Mr. Pacilio, concentrates on the evening's rehearsal.

screw up! Seriously! Just try your best and hey they'll always be time for goofin around! NO - MORE - DITCHING!!!!!! Got it!! Good!!! No but take care of yourself first and then later you'll be better off. Don't let other people influence you in doing the wrong thing cuz hey - your there to satisfy yourself not them. Well I guess I pretty much said almost everything. And hey Vando - Take Care and Thanx for being a brother that I could count on!! God Bless you Always =

1▲

▲2



3▲

1. Watching the action from the wings are Bob Sweeney, Carlotta Cassidy, and Moe Gillen.
2. Moe Gillen, Becky Anderson, Leo Foligno and Marge Klinger prompt the audience into action at the start of the performance.
3. Taking a break between scenes are Cindy Williams, Leo Foligno and Marge Klinger.
4. Performing in one of the vocal numbers is Ron Hoffman as the leading player.

Kapa Kids P x Q (1980)

1. Pictured are some of the cast members from Pippin. From left are Mike McBride (Pippin), Jeff Boone (Charlemagne), Doug Richardson (Lewis), Cindy Williams (understudy), Michelle Park (a player), Becky Lopez (a player), Amanda Allen (a player), and Maureen Gillen (Pippin's grandmother).
2. Waiting for Charlemagne to finish his scene are Amanda Allen and Michelle Parks.
3. Offering a friendly bit of advice to the cast is the Assistant Director, Wendy Worrall.

1▲

Pippin Plays to Full House

As their offering for this year's spring musical, the Performing Workshop presented "Pippin" during the last week of April and the beginning of May. It was about the young son of Emperor Charlemagne and the problems he encountered in adapting a lifestyle befitting his noble heritage.

Mike McBride played Pippin, the troubled youth who tried to make his boring life more interesting by experimenting with different lifestyles. In the process, he overthrows his father, the emperor, assumes the throne, and then realizes that he is still nothing more than an average, ordinary guy. He then resigned himself to marrying Catherine and leading life accordingly.

The play, which played to appreciative audiences on all nights, had a blend of satire on love, politics, war and education. It involves a total of thirteen characters and eight understudies.

▼3 2▲

and Remember I'll always be here if ever your in the dumps or tripping in the sky!! Love Always class of 81 P.Q. #2

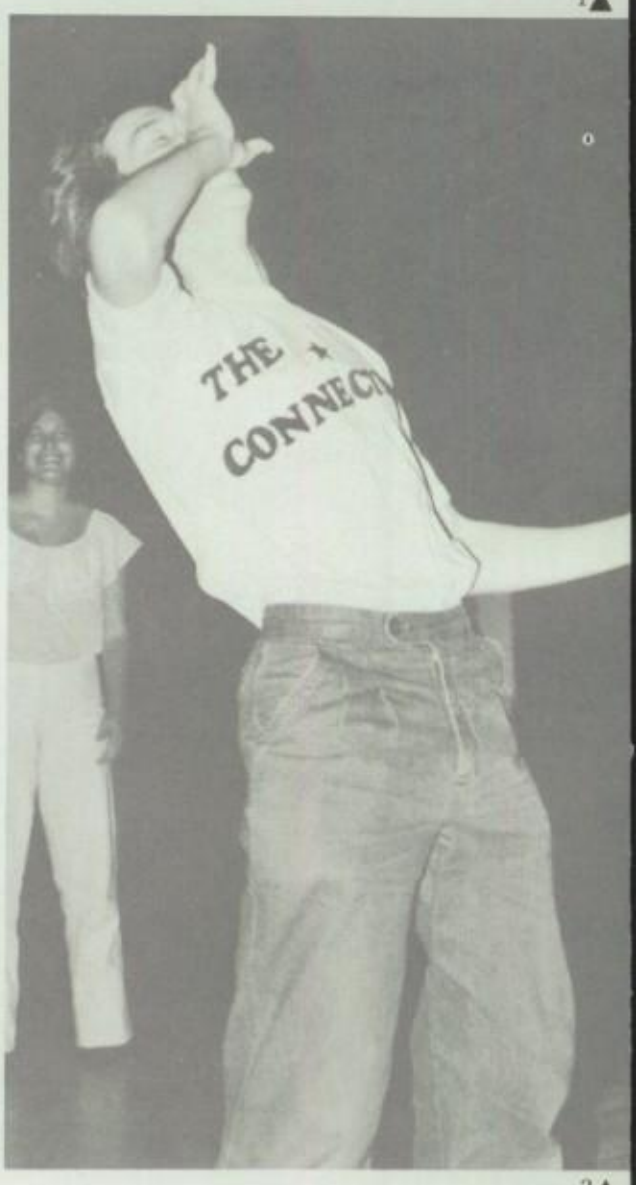
'Connection' Connects With Students

For those who became tired of eating cold hamburgers out in the rain or had finished cramming for a fifth period test, "The Connection" offered a tempting alternative to sitting on cold cement. "The Connection" was formed early in the year with members of the Drama Club, drama classes and anyone else who was interested. "The Connection" is an ensemble group which performs improvisational and spontaneous theater as well as pantomine. There are "set" games that are played each time the group comes together: The Radio Game; Freeze Tag; Doctor Know-it-All. However, because the audience is different each time and the input they give is varied, the same shown is never duplicated. One of the favorite games was "Famous People." In this, the audience gives the names of two famous persons and a place for the two to meet. Two of the favorite characters were the Ayatullah Khomeini and Dolly Parton.

Mr. Bailey, the director, said that the purposes of the group are: to teach improvisational theater, keep performers tuned up and, most of all, to have fun. The audience reaction has been encouraging and hopes are that the group will continue next year.

1▲

2▲

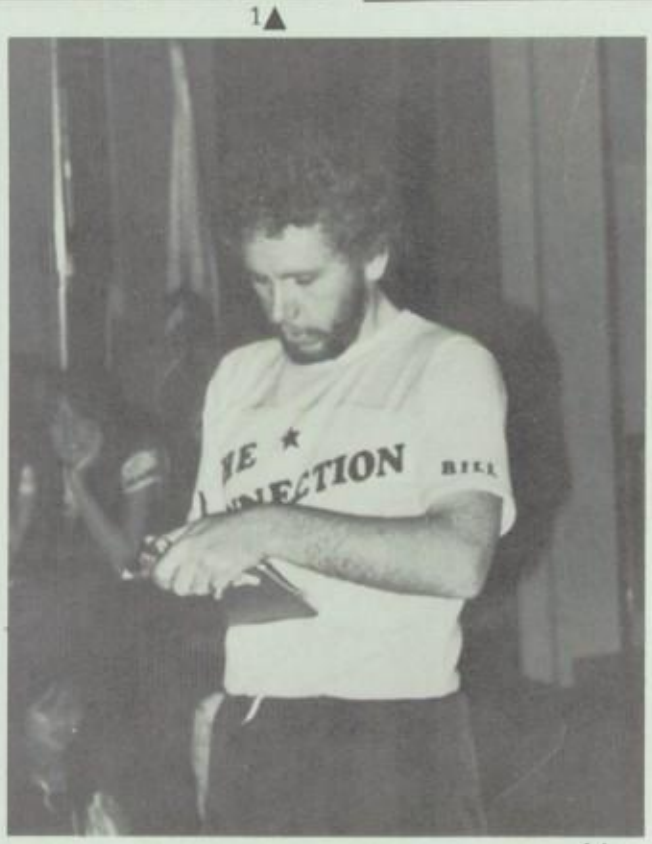


3▲

1. Carlotta Cassidy and Jon Meyers perform a pantomine.
2. Jon Meyers, Celeste Wegryn, Carlotta Cassidy, Ron Hofmann, Alysia Sagi, Ed Pearson, Mr. Baily and Amanda Allen are among those who make up "The Connection."
3. Being in "The Connection" gets people in all sorts of strange positions.

3▼

1▲ 2▲



4▲

1. Members of "The Connection" wait for a chance to get into the action.
2. The audience's reaction to the lunch time performance is reflected in their faces.
3. Mr. Baily and Ron Hofmann waltz to some imaginary music.
4. Mr. Baily goes over some last minute details before a show.

Farewell '79-'80

fernando,

I don't even know why I'm signing this. I don't even know you. Jus' goshin' you. I'm sure we'll get to know each other better in the futures to come. Have fun in the summer. And I'll see ya 'round. Take care cuz I care.

Class of:
83

New acquaintance,
Reggie Montura

M*M*

Fernando,
Well, so here it is. Kinda hard to sign your annual after just being introduced to you. So all I can say is good luck in your future years and may care bring you the finest. So take care and live your summer up * take your time finding your loved one, don't rush make it worthwhile and it'll (hopfully) last *

Just Me.
Joanne
Boromeo *

1. Ms. Panfili seeks advice for layouts from Rene Ehmcke and Karen Ortega.
2. The 1980 Sun Staff: Back Row: Ed McCoy, Karen Ortega, Ms. Panfili, Bill Wells, and David Yamasaki. Front Row: Ron Topp, Katie MacFarlane, Fidel Encarnacion, John Dempsey, Rene Ehmcke.
3. Hard at work composing her story is editor-in-chief, Katie MacFarlane.

Class of '83

2▲

3▼

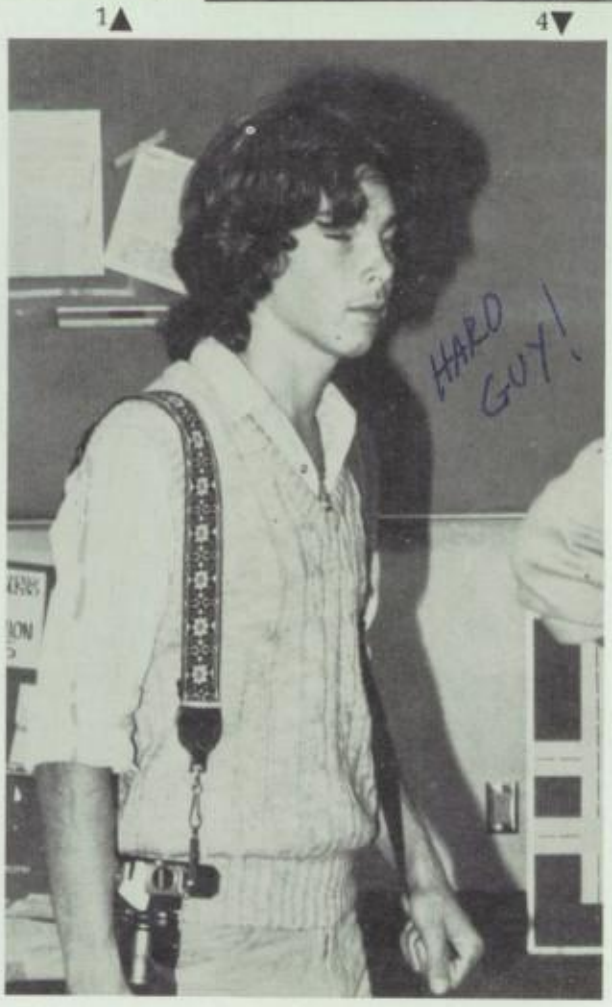
1▲

Sun's Everything Under the Sun

According to the Sun's new editor, Katie MacFarlane, the "newspaper has definitely been a success . . . with the ever-present insatiable desire to improve the paper." In achieving the goal of providing news coverage to the community, the Sun faced a few problems first semester. Advisor, Mrs. Panfili, responded concerning the old staff, "They had no training and no idea of what is meant by 'responsible' journalism." Among the new staff is managing editor John Dempsey, who organized an ad campaign and brought in many new ideas. Also, Jim Cook, a free-lancer, is the paper's cartoonist. The sections are as follows: News — David Yamasaki; Feature — Ed McCoy; Editorial — Bill Wells; Sports — Rene Ehmcke, and numerous reporters and photographers. The staff attended the San Diego Journalism Education Association (JEA) write-off competition, where students viewed a 1 hour presentation and have an hour to produce a news story. The staff ended the year by attending the J.E.A. convention at Disneyland Hotel.

3▼

1▲ 4▼ 2▲



1. Jotting down an idea for a great report, is News Editor, David Yamasaki.
2. It takes staff meetings like this, to keep the newspaper circulating.
3. Karen Ortega puts her journalistic talent to use as Sports Editor.
4. It looks as if Jim Crosthwaite needs an open eye to continue his job as staff photographer.

2▲

1▲

1. With careful aim, Michelle Shotts lets fly a hopeful basket for the student team.
2. Mr. Mark Baldwin took time out from the game to have a friendly discussion with his mount.
3. Pictured are members of the winning student team.
4. Susan Klepper appeared to have a few problems trying to get on her donkey.

3▲

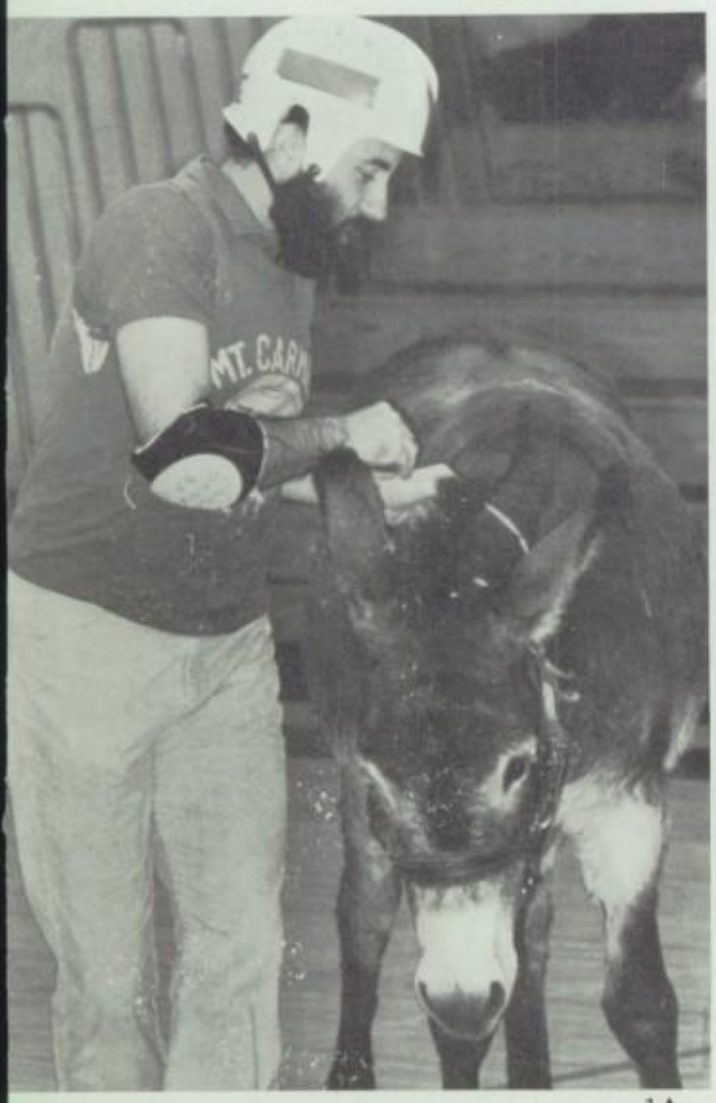
4▲

Donkies Take to the Court for AFS

In what had to be one of the most hillarious events ever held at Mt. Carmel, the A.F.S. organization sponsored the first annual student -vs- faculty Donkey Basketball Game on Friday, March 7. For close to two hours, a crowd of approximately 500 people watched a group of students and faculty members try to conduct a normal game of basketball under some not so normal rules. Passing and shooting, for example, had to be done while sitting aboard a not too willing stubborn. In addition, all other action could only take place while the players maintained some form of contact with their noble steeds.

The resulting action was a comedy as players fell to the court, were thrown over the top of their mount, or were chased across the court by kicking, biting creatures who seemed to show no particular interest in playing the game.

In the end, it was the student team which prevailed, thanks to a particular donkey who sat under one of the baskets, allowing the student rider to shoot at will.



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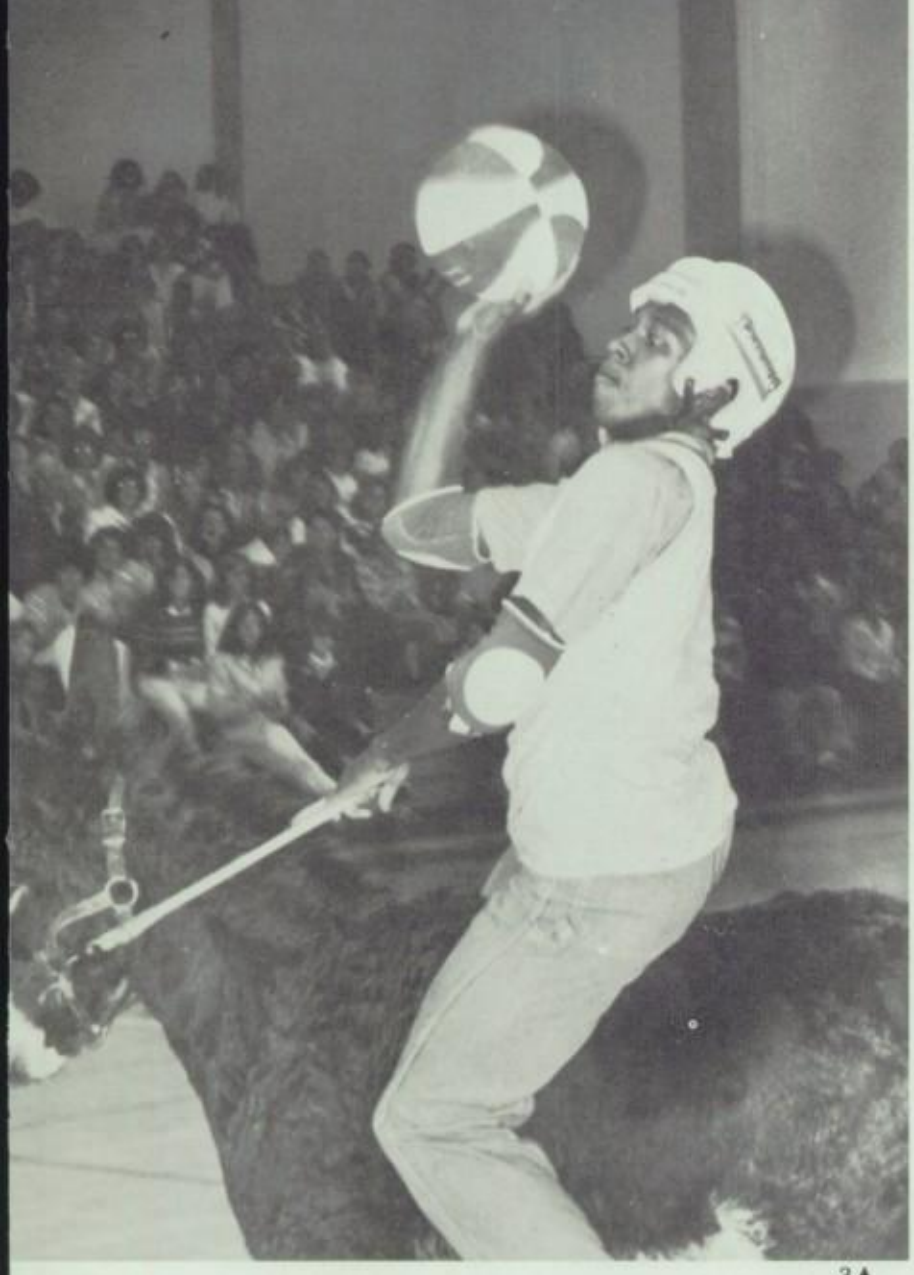


3▲

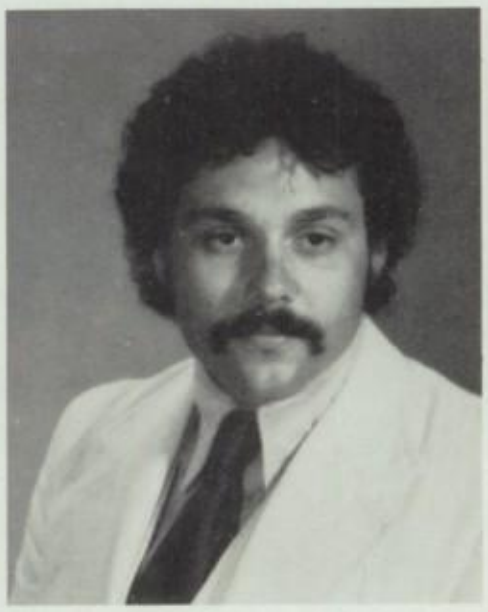
1. According to Mr. Mike Olesiuk, it was first necessary to establish who was in control of the situation before beginning the game.
2. Despite their pregame confidence, the faculty team was destined to eventual defeat.
3. At the end of one of his patented fast breaks, Joe Leakes, representing the student team, sets for a basket.

Susan Chapin
Counselor
University of Missouri

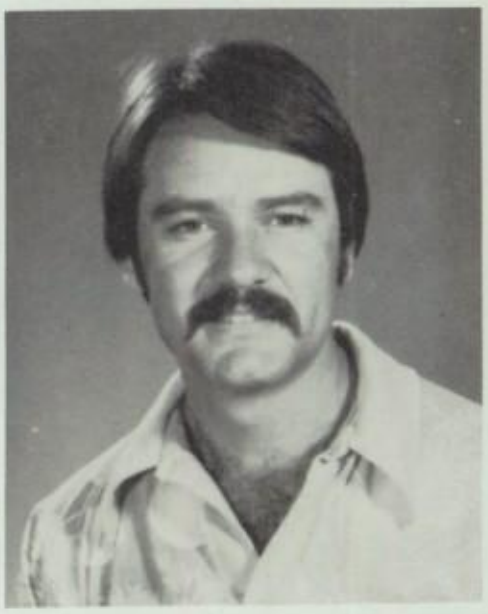
Barbara Charlebois
Physical Education
San Diego State

William Christopher
Physical Education
U.C. Riverside

Kathy Clapperton
English
University of the Pacific



George Colberg
English
San Diego State



Tom Cole
Music
Cal State Fullerton

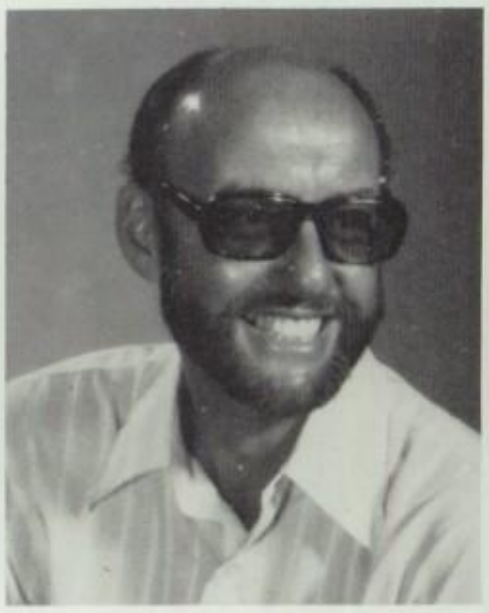
Neill Crawford
Work Experience
Cal State Hayward

Warren Cummings
Physical Education
Cal Western

Joyce Daubert
Foreign Language
Hiram College

Ken Davis
Counselor
University of Redlands

Lea Debien
Librarian
University of Toledo



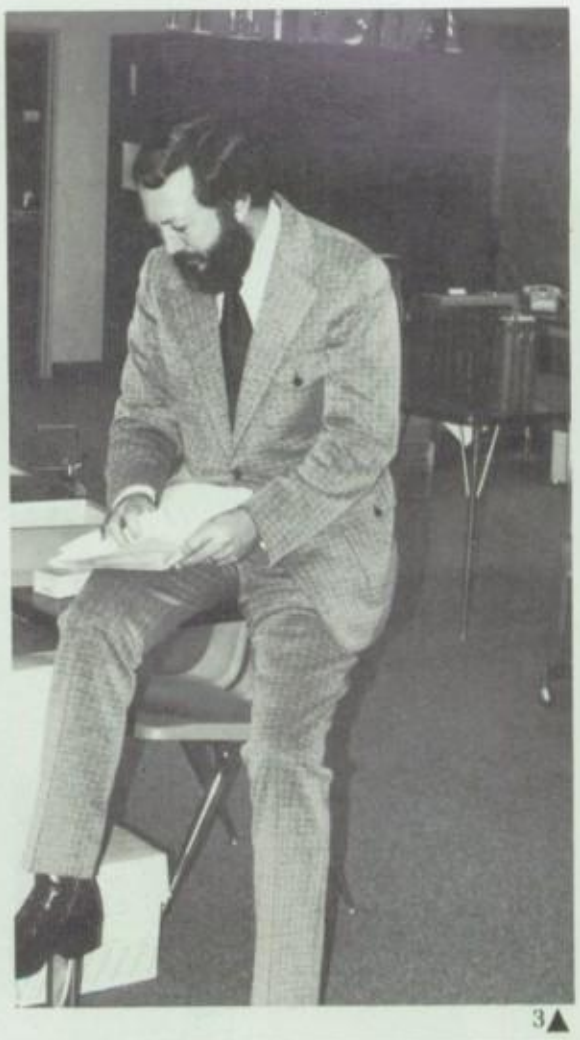
Joe Decanio
Mathematics
Loyola of Chicago

In coming to Mt. Carmel from the middle school, the new principal, Mr. Don Hurst, was eager to accept the challenge of dealing with a facility the "size and complexity" of "The Mount."

The challenge that awaited him exceeded even his expectations, as Mt. Carmel continued to have the highest growth rate of any school in San Diego county. The result was an increase in size of the faculty to a new high of 130 teaching personnel, and a jump in total attendance to nearly 2,500 students. Not only did this necessitate changes in scheduling and room allocations (thirteen new trailers were added), but the growth in size moved Mt. Carmel into a new league for athletic competition. Handling the enrollment increase also saw the addtion of another assistant principal to the staff. Through it all, the goal of the principal and the staff remained a constant one — "to achieve excellence in as many areas of endeaver as possible, and to make the name Mt. Carmel synonymous with quality education."

1.For assistant principal, Mr. Bill Gills, the task was one of making sure every student and teacher had a place to be at the right time.
2. Mr. Holligan continued the task of keeping the Mount's athletic machine well-oiled.
3. Joining the staff as the new assistant principal was Mrs. Louise Dunbar, shown here taking a lunch break during the convention.
4. In charge of school improvement and curriculum, Dr. Gretchen Wheelwright is pictured at work during registration.
5. Mrs. Sharon McManus, secretary to the principal, was frequently able to answer questions nobody else could.

2▲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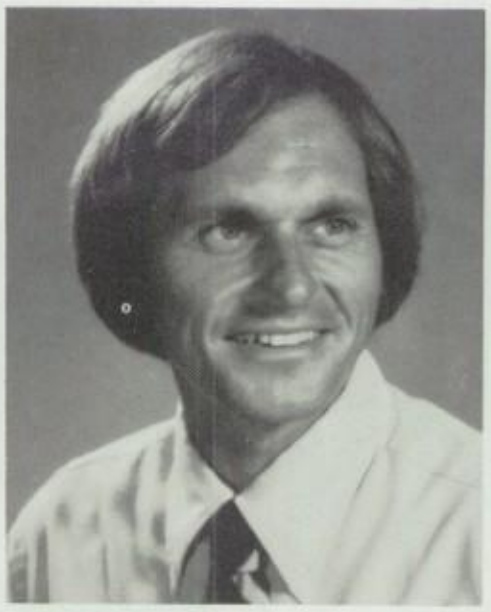
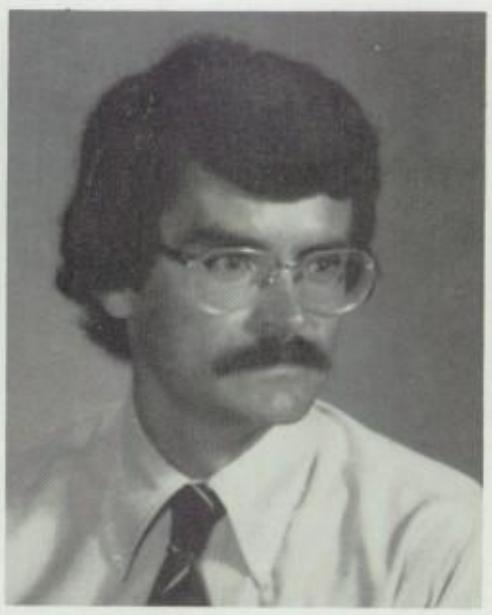
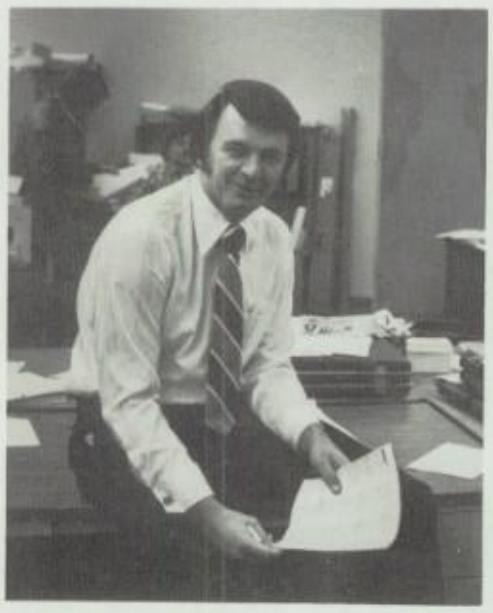


Henry Acquarelli
Business
University of San Diego



Bill Adams
Social Studies
San Diego State

John Adams
Industrial Arts
San Diego State



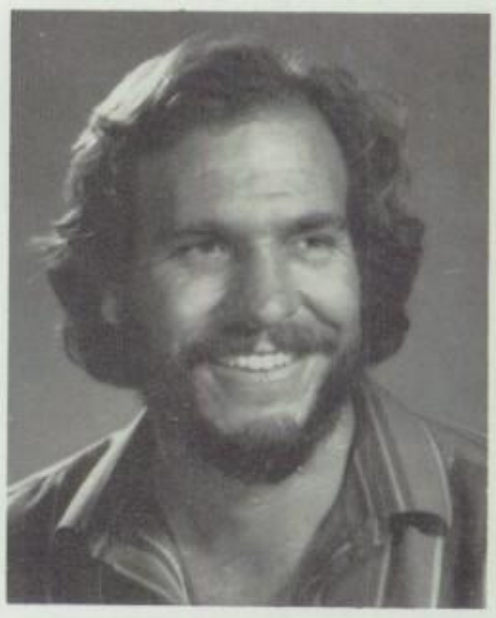
Frank Andruski
Special Education
University of Utah

Mariane Astarola
Foreign Language
San Diego State

Kathleen Baczynski
Home Economics
San Diego State

William Bailey
English/Drama
Cal State Fullerton

Becky Baker
Foreign Language
Biola College



Mark Baldwin
Social Studies
U.C. Irvine

Janet Baulch
Business
San Diego State

Anne Birkhoff
English
Bridgeport College

Cathy Bishop
Mathematics
San Diego State

Bob Bjorquist
Science
U.C. Davis

Sam Blalock
Physical Education
San Diego State

Eric Bourdette
Art
San Diego State

Barbara Bowers
Social Studies
Sonoma State

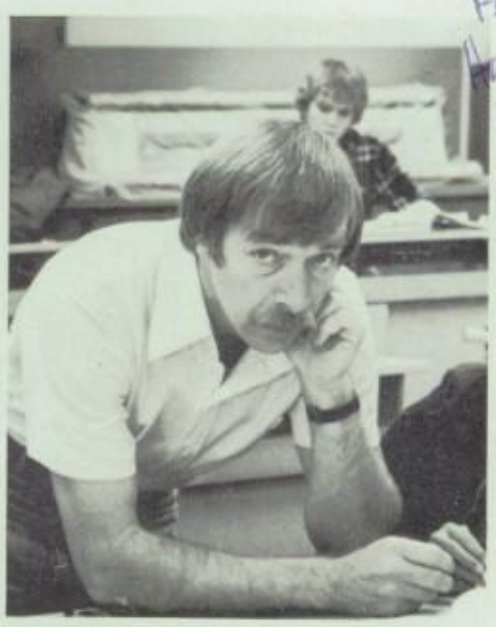
Sally Bree
English
Los Angeles State

Phyllis Bridenbaugh
Mathematics
Holy Family College

Fernando—
Have a great summer +
next year come to class!
Take care—
Ms. Bridenbaugh

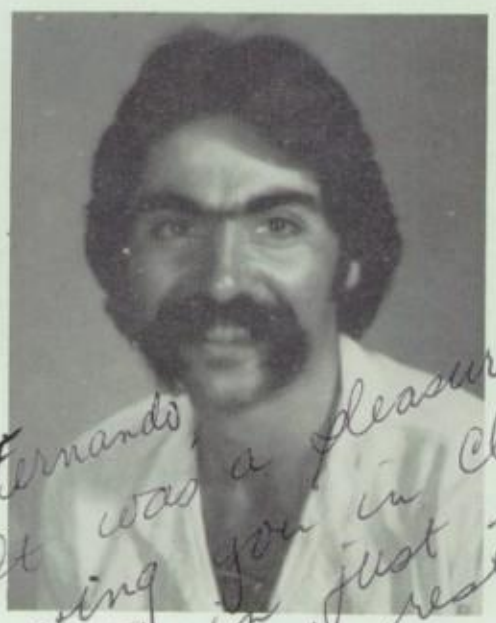
Peggy Brose
Physical Education
U.C Santa Barbara

Vicki Broughton
Foreign Language
College of Notre Dame



Bill Bussard
Vocational Arts
San Diego State

Dennis Carunchio
Mathematics
Arizona State

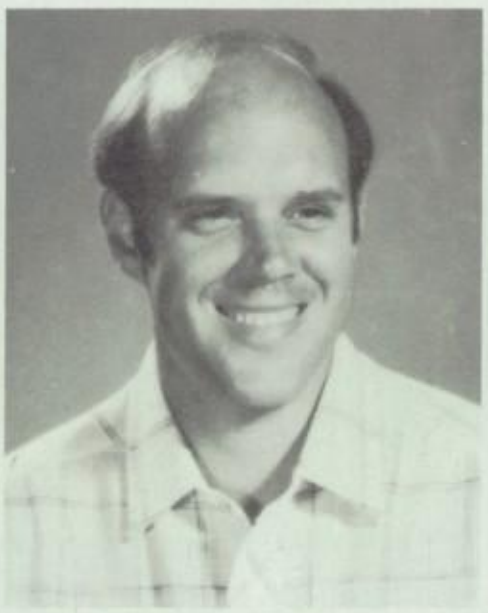


Rudy Casciato
Mathematics
Santa Clara College

Jerry Chabola
Social Studies
St. Mary's College

Fernando,
It was a pleasure
having you in class
you fit in just right
with the rest of the
home boys.
Rudy Casciato

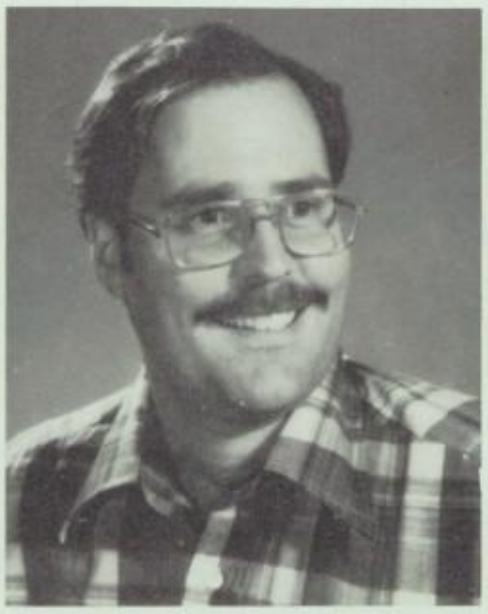
. . . IN CHARGE



Doug Dickson
Special Education
San Diego State

Steve Eisler
Science
Air Force Academy

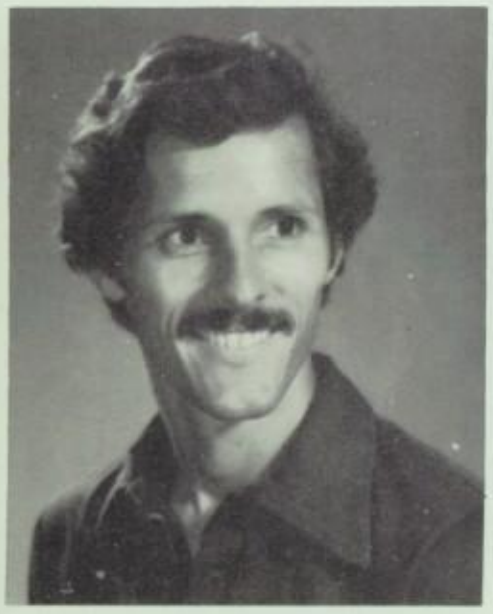
Linda Englund
English
Northwestern University



Phil Factor
Social Studies
U.C. Riverside

Paul Fagette
p Social Studies
Cal State Fullerton

Diane Fitch
Home Economics
San Diego State



Alex Fousek
Foreign Language
San Diego State

Mary Freeman
Social Studies/ Health
U.C. San Diego

Laurie Freudenberger
Fine Arts
San Diego State

Leslie Frumin
Special Education
Calif. School of Psychology

Pauline Gillis
Special Education
San Fernando Valley State

Pauline Girouard
Foreign Language
Eastern Michigan U.

Tony Goffredo
Health
San Diego State

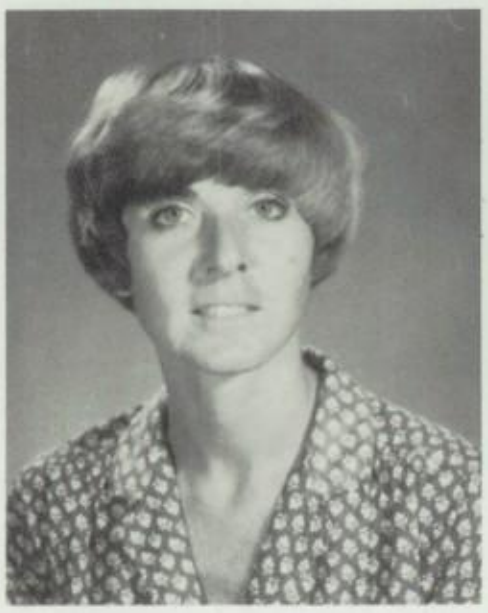
Bill Gross
Mathematics
Brooklyn College

Jim Hansen
Special Education
San Diego State

Marge Hanaway
Home Economics
Chico State

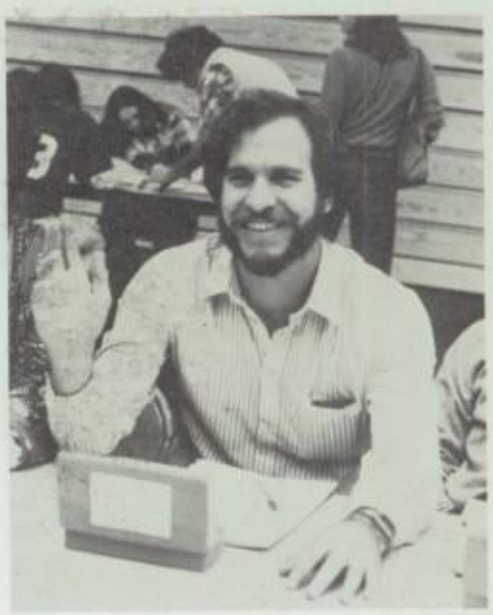
Tim Hazel
Industrial Arts
San Diego State

Gary Hepler
Science
San Diego State



Lori Horner
Foreign Language
Thiel College

Peggy Hughes
English
Whitworth College



Al Jansci
Mathmatics
San Jose State

Steve Jensen
Health/Drivers Ed
San Diego State

Brad Johnson
Business ASB
Biola College

Glen Johnson
Opportunity
Los Angeles State

Gary Jolk
Drivers Training
Cal State Northridge

Norma Kerby
Home Economics

Susan Klepper
Foreign Language
San Diego State

Ann Krapf
Health
San Diego State

Ron Kull
Mathematics
Kent State

Ann Kunisch
English
U.S.I.U.

Liane Lane
Physical Education
San Diego State

Steve Levy
Counselor
Marietta College

Anne Liebler
Mathematics
U.C. San Diego

Sherry Ludwig
Foreign Language
Brooklyn University

Timothy Luey
Mathematics
U.C. San Diego

John Marincovich
Physical Education
U.C. Santa Barbara

Dennis McClanahan
Social Studies
San Diego State

Joe McEachron
Mathematics
U.C. Davis

Bert McIntosh
Science
San Diego State

Betty McKinney
English
Oklahoma University

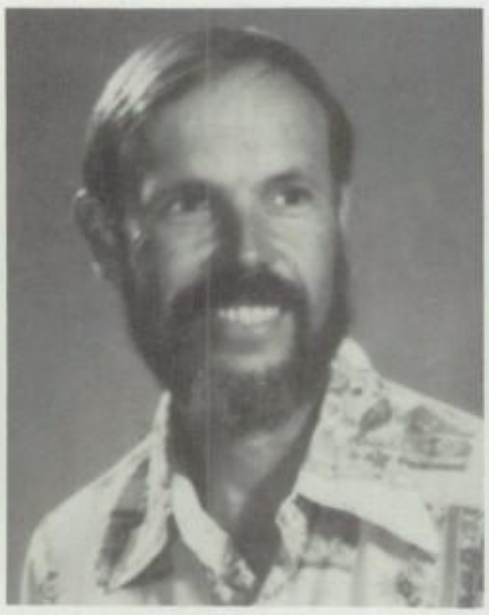
Tom McKinney
Physical Education
Cal State Fullerton

Virginia McMorrow
Mathematics
San Diego State

George Melbrod
Business
New York State U.

Lynne Miller
Special Education
San Diego State

Gordon Mills
Mathematics
West Washington State



Ron Netzley
Science
San Diego State

Suzanne Newman
English
Point Loma College

Mark Ochsner
Social Studies
University of Colorado

Ed O'Conner
Drivers Training
Cal Poly Pomona

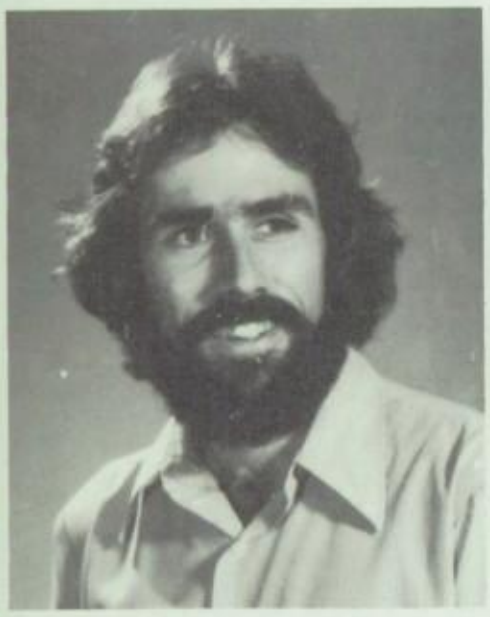
William O'Connor
Social Studies
U.C. Riverside

Kirsten Odegard
Science
Cal Lutheran

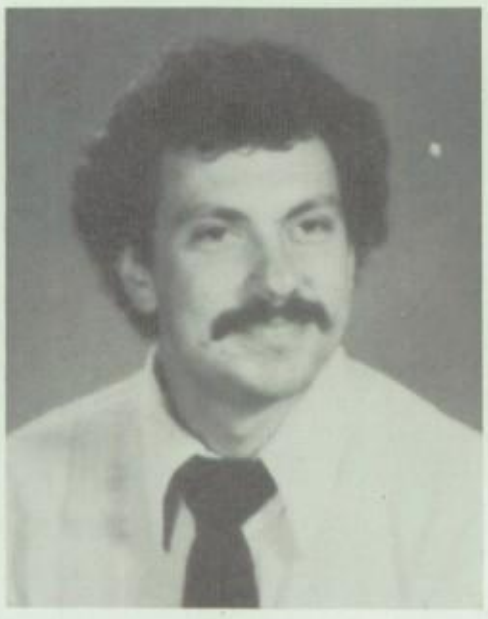
Dennis O'Drane
Music
Chapman College

Michael Olesiuk
Mathematics
Whittier College

Lyn Oliver
Physical Education
San Diego State



Tom Oliver
Science
Humboldt State College



Bob Pacilio
English/Speech
Cal State Fullerton

Ron Page
Special Education
Pepperdine College

Natalie Panifili
English/Newspaper
Yale University

Jacque Pennington
English

Phil Piscope
Industrial Arts
San Diego State

Bruce Poole
English
San Diego State

Eric Reis
Fine Arts
Art Institute of Chicago

Josie Rhodes
Social Studies
U.S.I.U.

Estelle Ricketson
Social Studies
San Diego State

Nancy Ringewald
Counselor
Pitzer College

Kristine Robertson
English
San Diego State

Lee Rambo Robinson
Science
Ursinus College

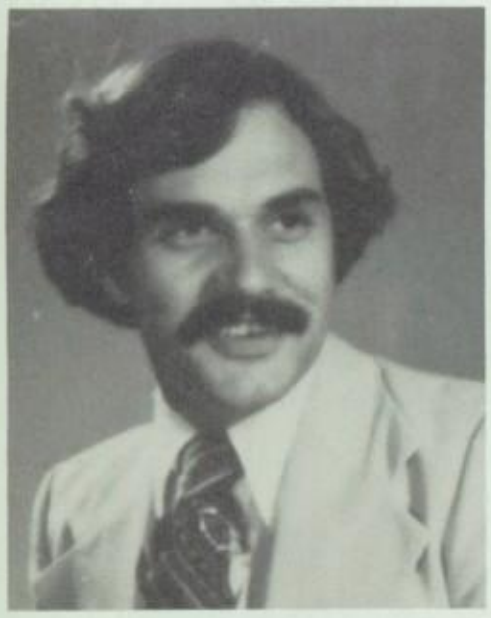
Pat Roehr
Business
San Diego State

Nancy Rolan
Physical Education
San Diego State

Bill Schall
Agriculture
Cal Poly SLO

Rachel Semco
English
Art Institute of Chicago

Gail Sheely
English
University of Nebraska



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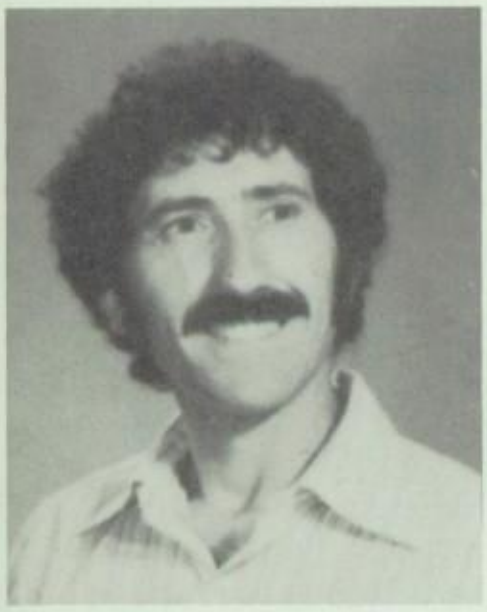

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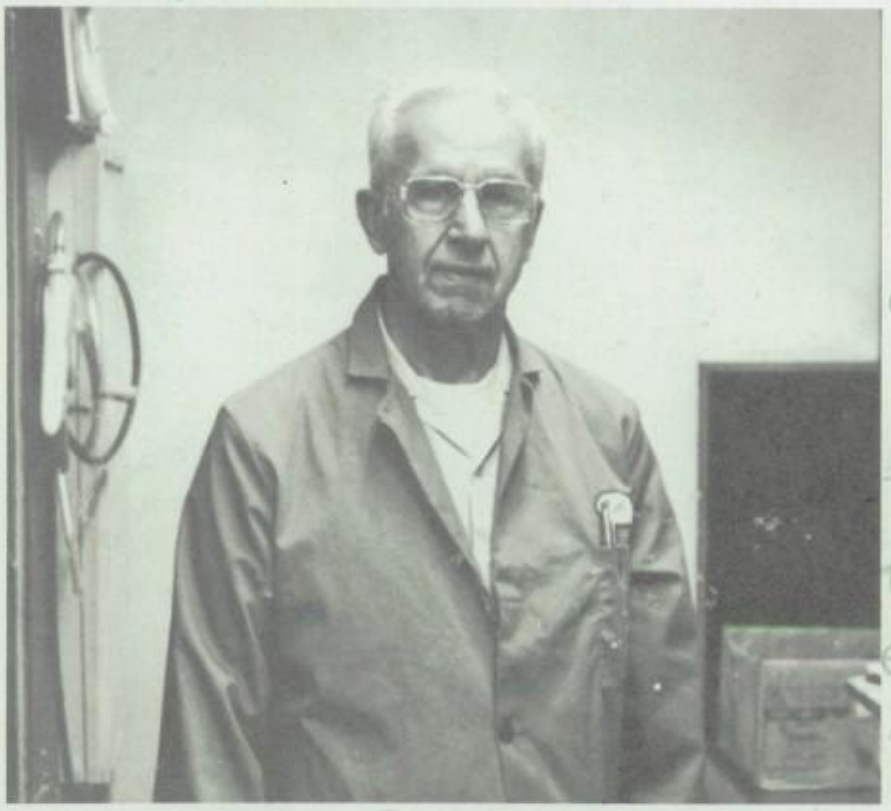
with your Mom you just have to learn how to cope with her and understand her ways Then work things out to where you and her both benefit from stuff or at least hang until your Mom lets off on you! But anyways Me and your are the tightest of bro's and sista's and I'm glad to know theres someone I can talk to when I need it! And hey you know I'll always be there to help you out! Next year your gonna be a junior and I'm gonna level with you. Don't goof off to much in your junior year cuz hey thats where it really counts and you'll really regret it if you

P. 206

and id have to listen to all your funky jokes (just joshin') and when we'de bash each other down then hang up on each other and call back. Hernandez, I wish we would of became good friends sooner like for instance i made a boo boo! anyway remember the first time we saw each other? it was when I first moved here and I was riding my bike around and you were walking around on Deron Remember? Remember when you wanted to commit suicide? Are you laughing yet? What about when we went to Mira Mesa at Cindy's house and left you and Carlos there? You are one very true friend. If you ever need any advice or what ever please think of me. Never forget all the happy memories and try and forget how sloppy I wrote this corny, mushy, crazy-but with Love-Letter. At least it's in green. Cont. on page 71



. . . Are We?

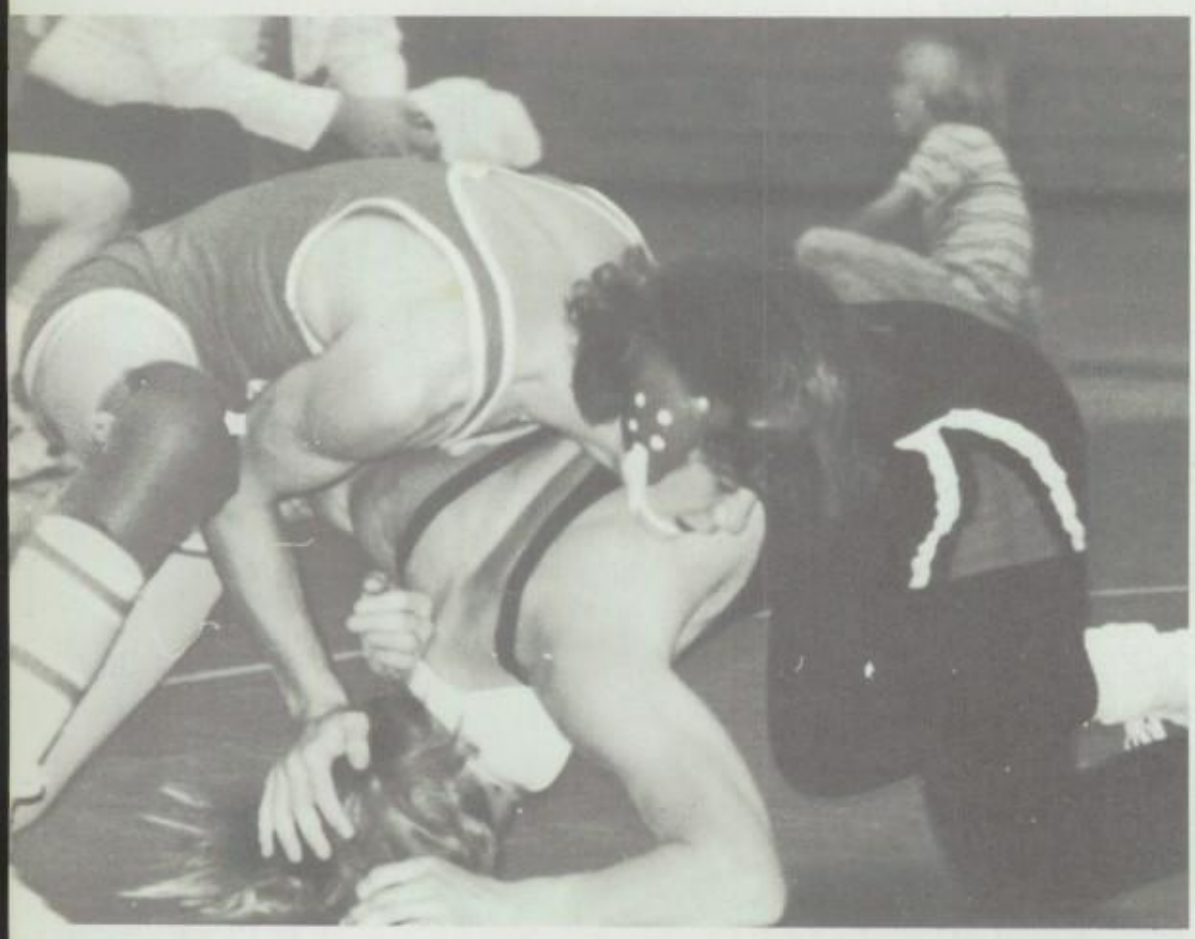
Throughout this book, the main theme has been, I am. The different aspects of what a person is, was explored. Through such sections as I am a competitor, I am a part of history, and I am a student, the *"Horizon"* staff found exactly what the students of Mt. Carmel are, as individuals. That was the easy part, the hard part came when the staff tried to find out what the students of Mt. Carmel are, not as individuals, but as a group.

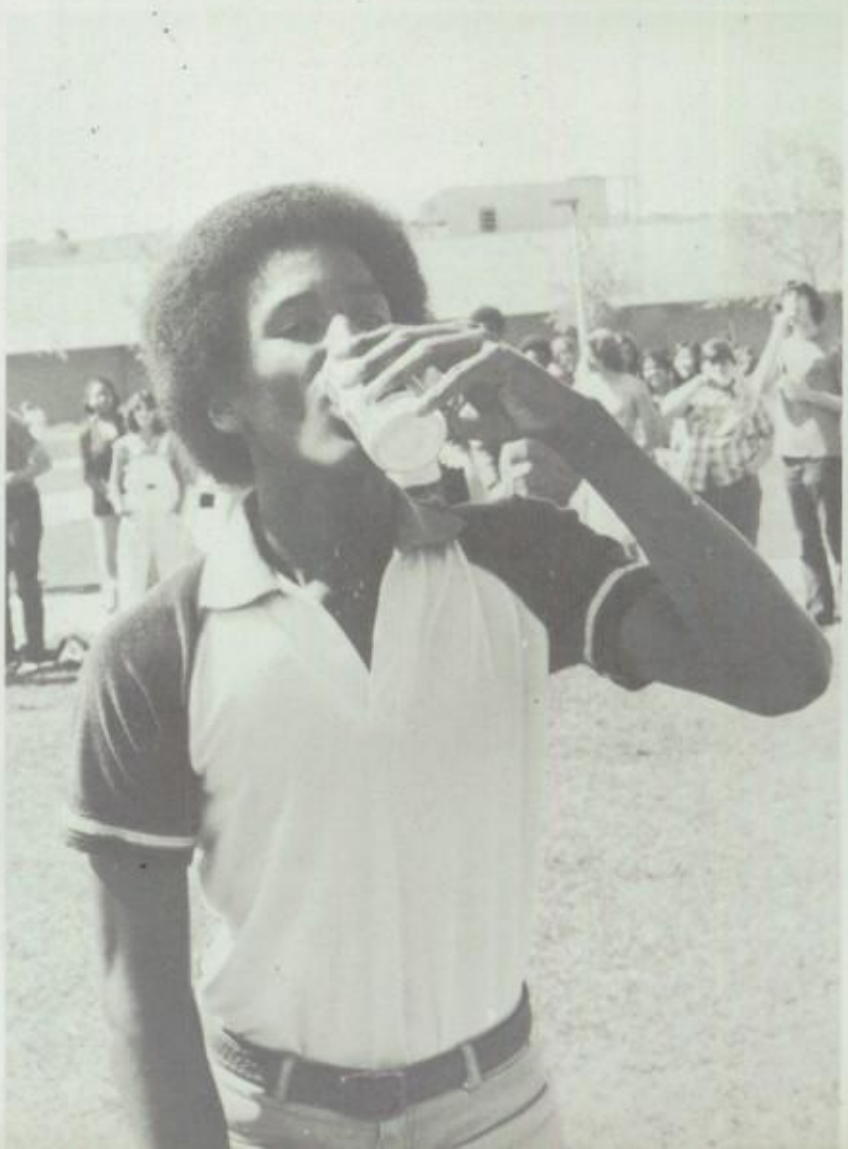
Sure, Mt. Carmel has many groups. These groups are called cliques, and that is as far as it goes. The cliques can be classified almost like the "I am's" found earlier in the book. What is the difference of saying, "I am a competitor," or "I am a jock and this is my group?"

Of course it is not fair to say that this only happens in the fields of athletics or other activities, because it doesn't. This same attitude is on our campus in the form of racism. The main idea seems to be if you're white you stay with the whites, if you're philipino you hang around with the philipinos, if you're mexican you stay with the mexicans, and so on.

The whole idea of life is not to find a group and stay in it for the rest of your life, but to merge. Explore all the possibilities, especially while you're young. Mt. Carmel offers many opportunities for students. All that is needed is the student's wanting to explore.

When it comes right down to it we know that Mt. Carmel has a great number of individuals who excel in different areas. But is that as far as it goes? Is Mt. Carmel only a school of individuals and not a united group? The unanswered question seems to be, I am . . . but are We?





Fernando,

It's been a trip dis year, messin' around wit all them w h o e folks. We were all pretty rad. I'm glad dat we became close friends, cause it's good to have someone like you to stick up for them. (Especially wit your build!) Well, you just take it easy. See you around in the summer. Take care and Did Bless You.

"Stay out of Trouble."

Love Your lil Sis,

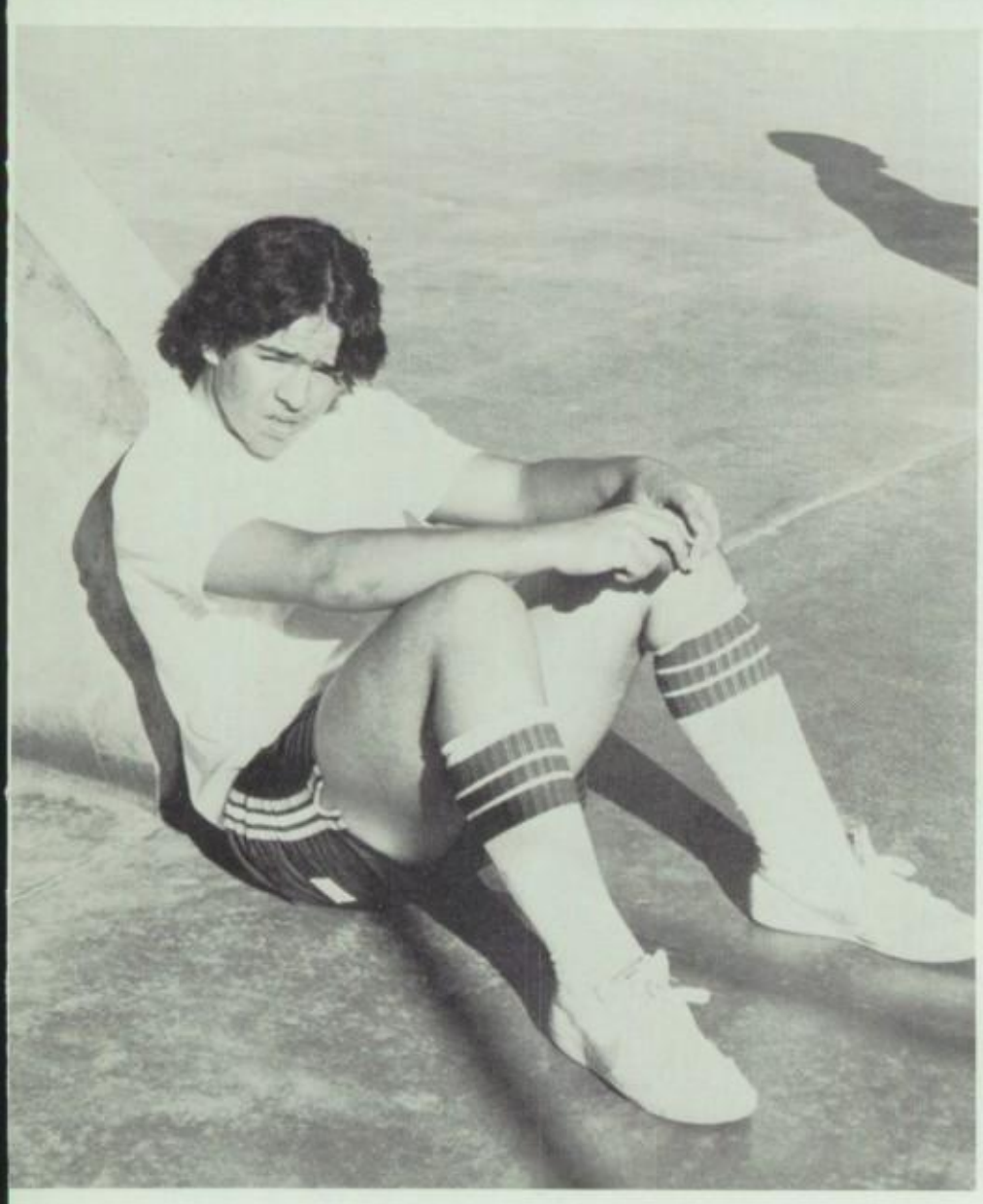
Baby Ddee

P.S. Member two summers ago?

Fernando,

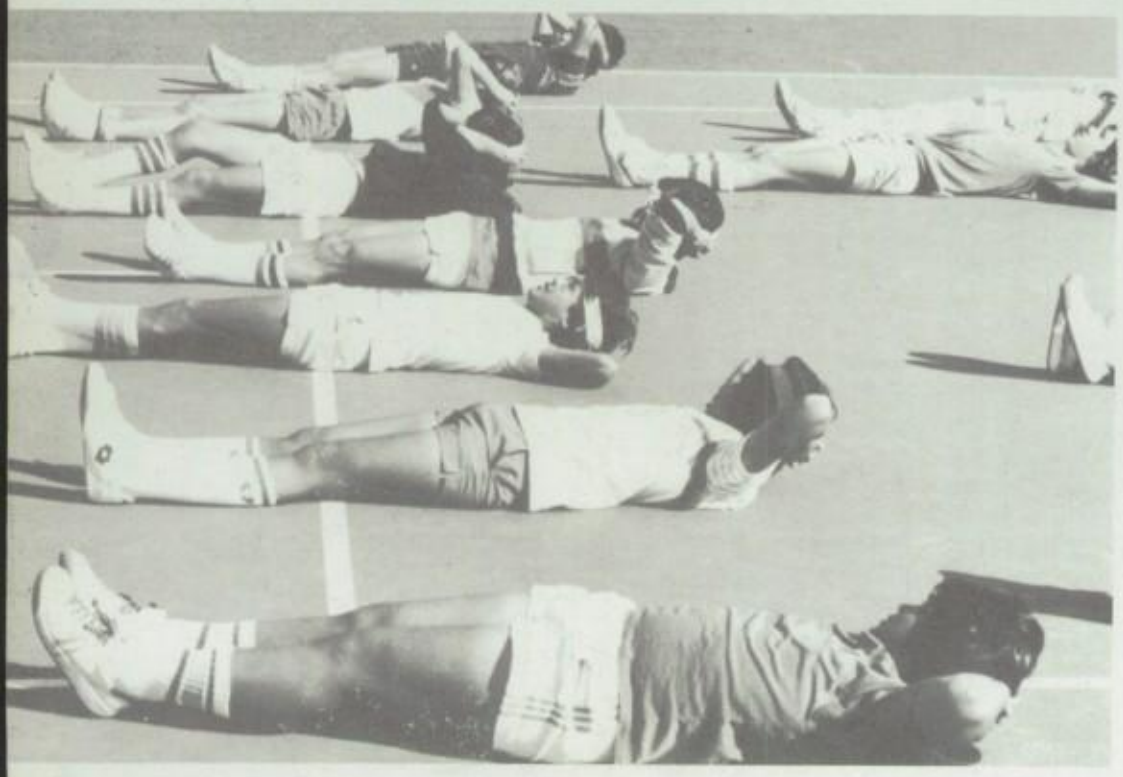
hey, boy!! Its been fun knowing you and having you as a good friend. Youre really sweet and kind and cute and deserve all of life's treasures. Youre a treasure yourself ya know? Keep me always in your heart and mind and you and your memories will stay always w/ me. Luv u,

Maria Morales



Fernando,
It's been nice knowing you for the last 2 years.
I think your a real nice guy. Keep in touch. Talk ta ya later
LOVE Sonaa

GLORIA



Fernando,
Hey cuz well its time for me to go to college and work Some-more. But that'll be later! Hey you better remember me cause I'll remember you. See ya round! Take care "k"! Bye!

Love,
Marina
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The 1979-1980
Horizon Staff

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Say Goodbye.

Well, I guess this is long enough to write in your annual. Ok-fine cuz I gotta jam. "Luv ya"

FERNANDO LAGUDA

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Mahal Kita (forever)

Emily

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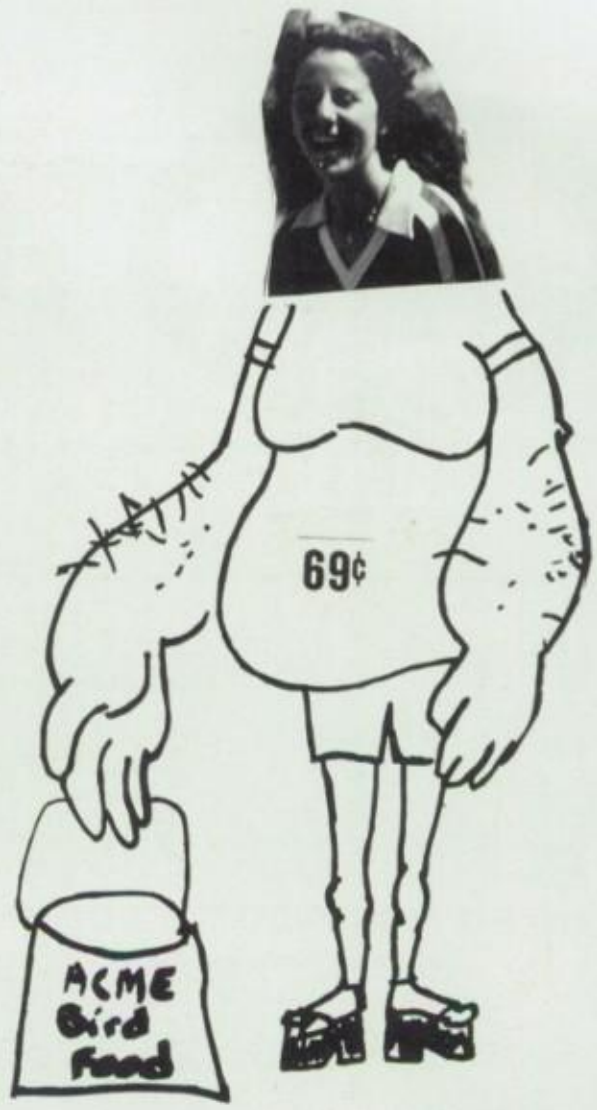
The Gail Cook Board

The best of wishes
and luck to all my
dearest friends and
the class of '80.



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"Emmo" — Life . . . is like a good friendship . . . it is full of sharing, learning, compassion and most of all, understanding. I thank you for your friendship, for your warm smiles, and for your kindness — You have brightened all of my days. May you find happiness in the coming years and may life meet with your expectations. I'll miss you . . . All my love

— "Toots"

Happiness is found along the way, not at the road's end. Thank you for the special friends that have made the journey so memorable, — Renee, Kari, Mr. "O", Nelle, Tony, Mr. Fousek, Maggie, Dawn, Mr. "B", Karen, Susie K, Mr. Weiner, Mari T.

— Love, Therese

Thanks mom and dad! I know it hasn't been easy. I couldn't have made it without you.

— Binky

In honor of our founding spirit, we'll never forgetcha Emmy Mother. Long live the F.E.N. P.S. That's E.

Kelly,

Remember the good and remember the wierd times we had? It was great having a best friend like you.

Jeff:

Without slop where would we be today? Not in the sun under a bungabunga tree. Long live chocolate chip ice cream!

— Margar

Sandy:

Let's meet at Black's Beach every 4th of July to celebrate. You'll recognize me. I'll be wearing . . .

— Tony

Galyn:

I've always wanted to meet you but never had the courage. Now it's too late. I'm graduating.

— Bob

In Memoriam

BOB JOHNSON

"Let's be pleased for the few moments
we spent with this fine person. Let's remember
those times for they are sure to keep a smile
aglow."

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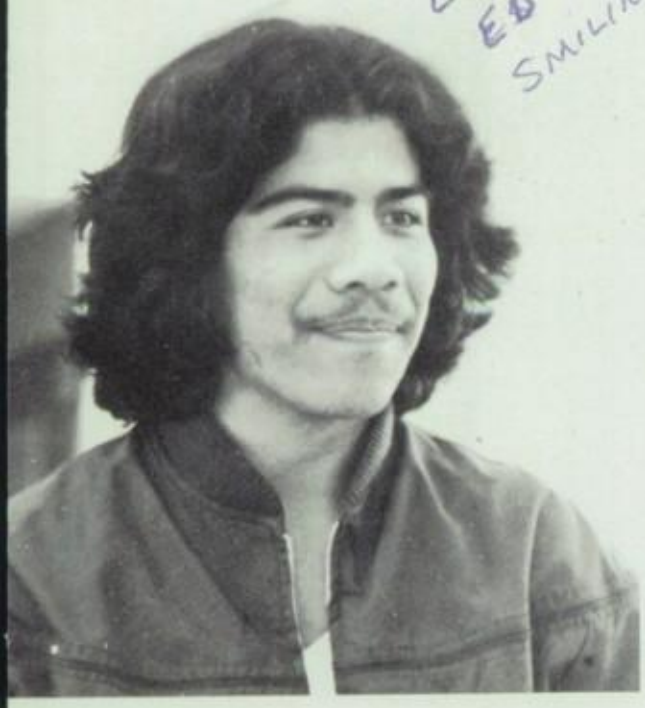

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Fernando!

Hey, whatsup?! You're a real great guy and I'm glad I'm privelage to know you. You're so sweet and cute, stay that way! Have a radical summer and enjoy your life to the fullest! Take Care of yourself & I'll see ya this summer

love ya,
Lisa Hsieng
"81"

Smile always

Fernando,

It was really nice knowing and I'm glad I got a chance to meet you here and also everybody else. It was a real experience here. Different but not so bad. I'm glad I was a part of this year here because it gave me a chance to meet new friends. Well Take Care of Yourself for me and Enjoy the rest of your High School years.

Always
Glenda
L. Ocampo

An
'81
Super Grad
BAAD!

FERNANDO:

You're a really nice person, and I'm glad I met you. I Hope that ~~we~~ ORPS! we ORPS AGAIN! could become closer friends. Too bad you weren't in any of my classes, I wish you could be in some of mine, next year. ~~He~~. See ya in the summer, cuz you only live a couple of houses away. SORRY SLOPPY

Luv,

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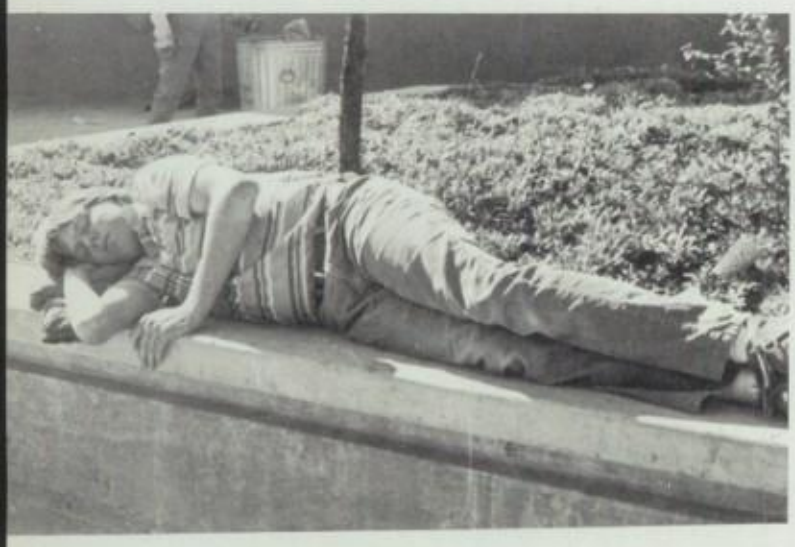

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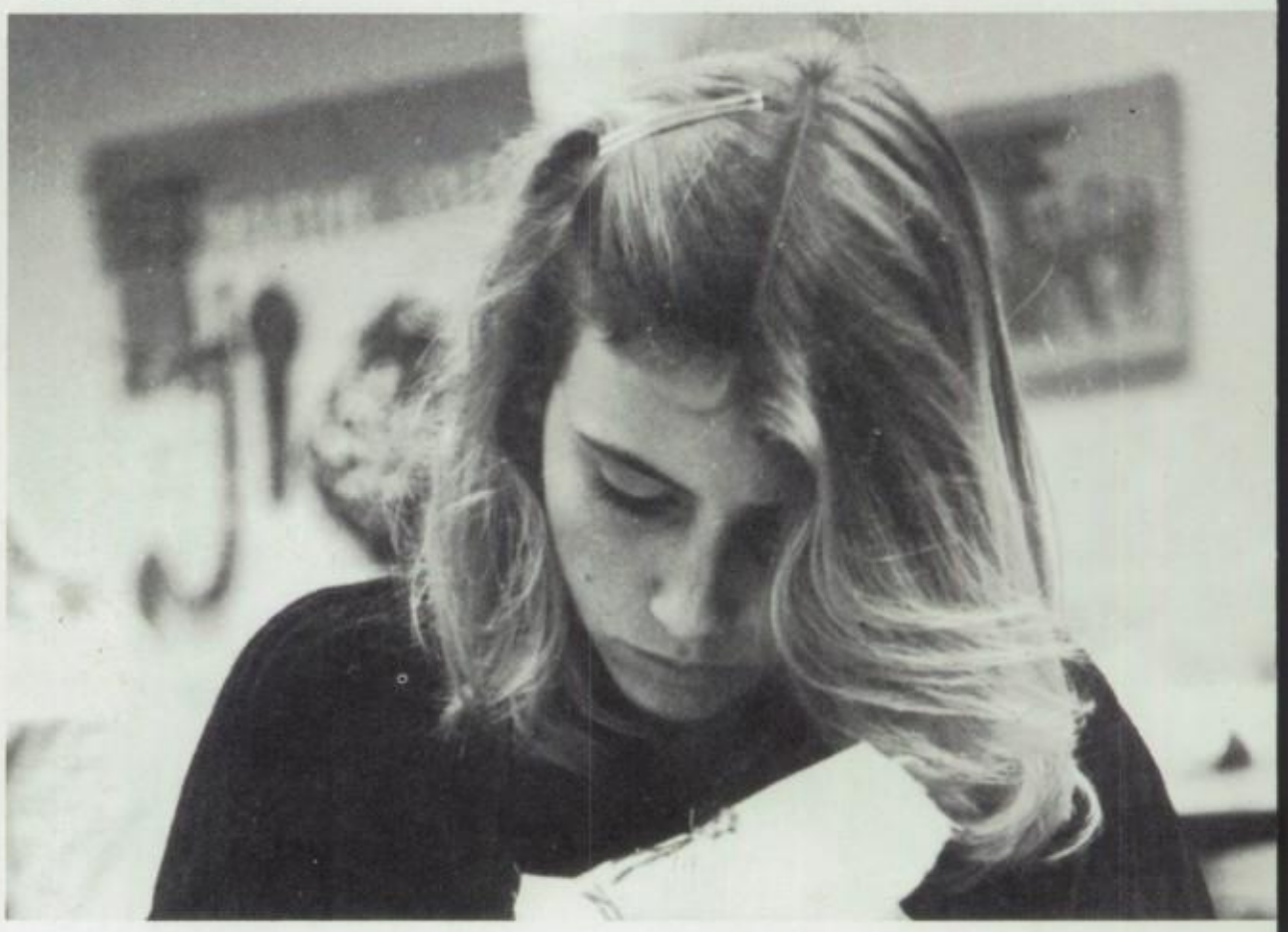

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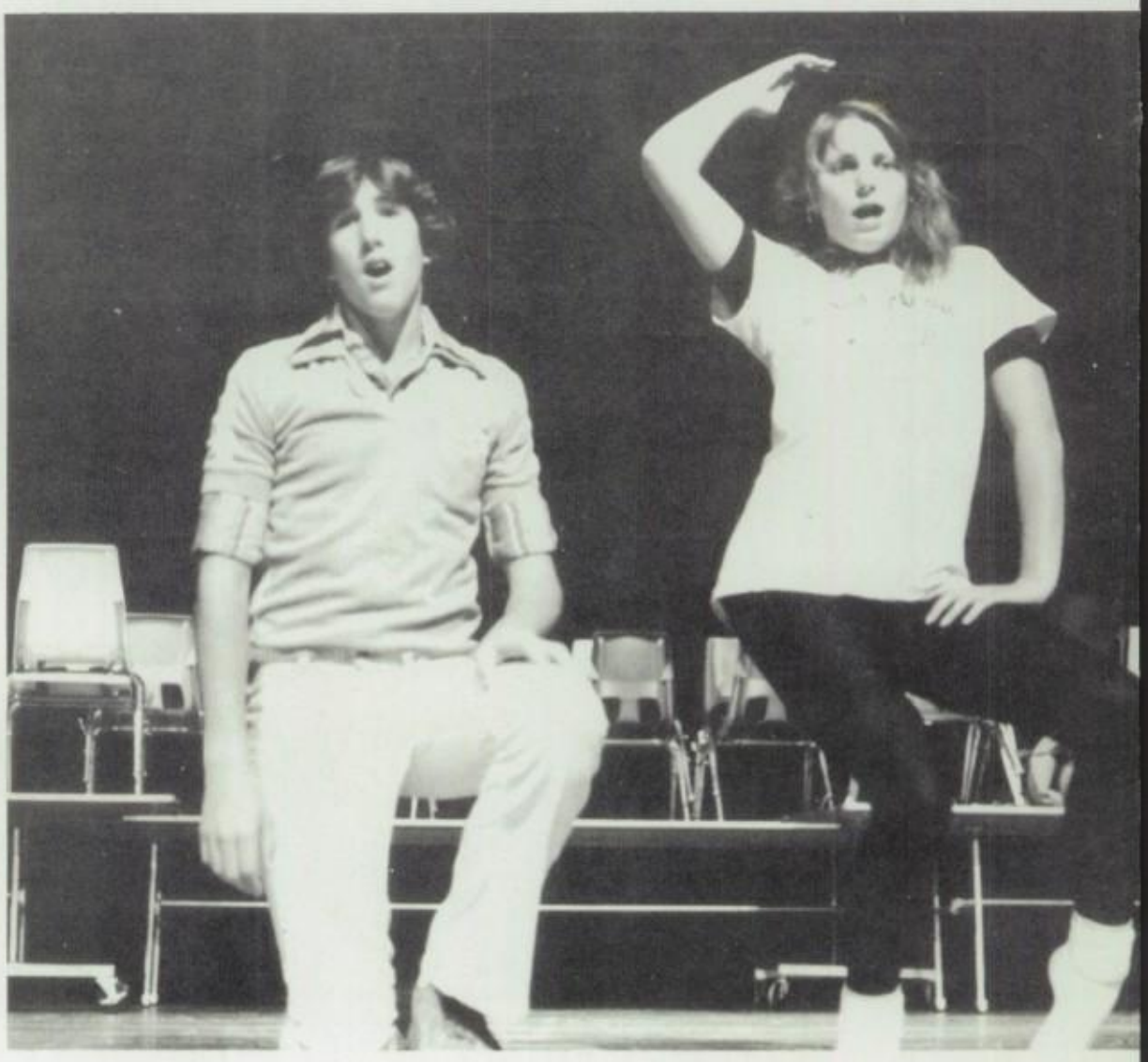

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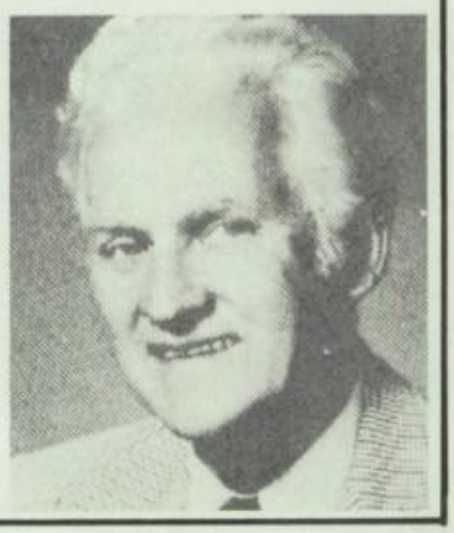

Reserved for Julie

6/27/80

Hey Nando

Well another year has gone by! You know Nando we weren't as tight a family as we were when we tripped last year! But times and people change! Even if our "family" did break-up & never felt like & lost our friendship - Me and you well we share alot of common things and secrets that no-one else but you could share with me. Theres yet another year to go by for me and & I'm glad you'll be there to share it with me.

You got to start takin care of yourself "k" & don't want to see you turn out all messed up liked alot of other dudes! But & shall be there for one more year to watch and yell at you from time to time - Hey don't ever take it the wrong way when & yell or tell you something cuz & only do it cuz & really care what happens to you.

Remember when you left to San Francisco Boy weren't you bored stiff! But your back now and & I'm glad - just try to stay cool

Continued P. 226

reserved for Cheryl my lover

Fernando;

It's really been really nice knowing you. I'm hoping that we stay friends forever. Just remember that I'll always be here when you need me just call. Remember I'll always love you as a brother. (smiles) Remember you owe me three trips over the summer to your uncle's house, the beach and to where youire gonna be working that's if you work this summer. Please stay sweet and always remember that you have a baby big sister

Love Always

Cheryl Gordon

P.S. Remember my phone number I'm always there for you.

748-4192

reserved for Susan my lover

FERNANDO, IT'S BEEN REALLY NICE KNOWING YOU, P.E. CLASS WAS FUN WITH YOU VALERIE AND CYNTHIA I HOPE THAT WE CAN GET SOME CLASSES TOGETHER, I HOPE WE CAN STAY FRIENDS FOR A LONG TIME, BECAUSE YOUR A VERY NICE AND SWEET PERSON KEEP IN TOUCH OVER THE SUMMER WITH ME AND NOT RALPH!!! LOVE AND KISSES

Suzy Gordon

reserved for Dana

Fernando;

Well since im glad you reserved me a page especially in green. You are my tightest friend that I have here. Even though we dont talk that much any more. You know everything about me. I hope we will see alot of each other this summer. I'm glad you didnt move cause now you're still close. I want to thank you for being there when I needed you and I hope the times to come we will be the closets ever. We've got off to a good new beginning lets keep it going strong. Fernando if ever you need me, ill always be there, no matter where or when please — you can always count on me.

Remember all the past times: freshman homecoming (sorry about that) slow dancing (you were suppose to teach me how to dance not get your thrills — na im just joshin' ya!!) Telling each other secret secrets (remember Eileen? Ugh!) I'm really glad that this year rolled around like it did. Remember writing on the desk in Mr. Kulls class? Then theres Victor. I don't even wpant to talk about that. Whats about all my troubles that we'd talk about all the time over the phone

Continued on page 227

reserved for Grace

Fernando—

Well, haven't we been through a lot. Anyways, how was your sopa. year? I hope your year was liveable. Even tho I know, it wasn't. Fernando, I have so much to say but can't all say it, I mean, when you read it, it'll not make sence. Well here goes... back down memory lane. When you first moved here everything was a trip! You guys were all funked-out and trippy. Then, I had to inform you dudes of the style and the "NIGGER" music. The times I would over at your house till 3:00 A.M. And you guys always be basing on me. Boy did we have some trippy times or did we have some trippy times. When we have fun, we went all out. Remember, (Brock) Donny at the bowling alley? what a

2 queer run? How about the times when we use to sneak-out. That was so much fun. You guys be tokeing out while we girls just watch you guys make a fool of yourself. We all use to be so tight! Everything changes so much, but I know one thing that won't ever change. My love for a certain cousin... you. Fernando, you've helped me so damn much. It's more than I would expect. I hope in all the times that you have helped me I have deeply appreciated it. Now what am I gonna do when I have a problem. You're one of the few people that know me that well. You were always there when I needed you. I mean every time. I can truelly say you are one thoughtful and sweet person. I am the luckiest cuz to have someone like you. You treated me like a sis, a real one. Everything I say here, comes from my heart and I'm truelly sincere in what I write. It's only this year that we have really became best friends. When I leave, all I ask, is that you'll keep in touch with

3 me and think of me. There's one thing, I'm sorry for my mom's actions or mine if I have let you down. But I'm only human. I just hope I was a good cuz to you as you were to me. Always remember the good times we have shared together, and believe me, there are a lot. Hey, I just thought of something? when I'm gone whose gonna store the drinks and the rides. Well, look at one thing, at least you won't have to worry about me getting in trouble. That's a load of your mind. I'm gonna miss you a lot Fernando and your ways to make me laugh. So when I'm up in Georgia I'll be trippy with the redneck, kkk and the peanuts. I will mail you some. Anyways. This year was one wild year. Our once tight group splitted up or else turned against each-other. There were somany fights, it's disgusting. Even I got into a fight. What a trip! I hope you next year turns out for you. By now you should have learned from your mistakes, I know, me too, Right now, all I want for you is that everything goes well. That you get every thing you want in life. I say that because you deserve it and your one hell of a guy for anything less to come your way. You've been through too much shit.

4 Always remember, that you can count on me ~~to~~ for advice or just to cheer you up. I hope that all your fantasies and dreams become realities. I know you'll succeed in life because I have faith in you. Just remember you always deserve the best, so don't settle for second. About the dudes... take it easy, and don't get too carried away with them. You'll get the best one. Just remember I'll always remember you and love you. Don't let anyone put you down. In the future we'll laugh about everything. Well I better jam. Take care of yourself for mom because I do care and may God be with you always. Goo-bye!

write me

Mahal kita,

#3 Trapper Ct.

Ulyanie

Miriandy, GA. 31820

Andy

Class of 80 2) Tuff

Fernando;

Take it easy over the summer. Maybe we'll have the same English next year too. Hughes' class was alright.

Brian Mahon

Fernando,

This year was one to remember we had alot of fun partying next year we could do it more often. Take it easy over the summer and stay bad and kool and maybe me and Earl will recruit you into the "Wanderers" The Kid Classic Pat Maloney

- Fernando -
I haven't known you very long but while we were friends it was nice. Take care and keep in touch over the summer.

Love Ya'
Stacy
Brat

Fernando,

Take CARE OF YOURSELF.
Im glad to HAVE met you because you ARE a great person
Remember me ALWAYS.
With lots of love
Alicia Garcia

Fernando
It a real nice guy, & nice the last. Have been great knowing you. Stay, your smile the back must your work for, I know a great Summer now. Hope to see you Always
Your friend
Michi

P.S. You wanted me to write more so here goes: I know you are a intelligent person and you have alot going for you. Use your reputation only for the best and you will make it to the top. Remember your dreams and fulfill your goals and life. Don't forget to call me over the summer at 748-0768 or [redacted] Doop's write me I'm listed in the Yellow Pages under THE KID

write me sometime and we can become better friends.
8107 Hesta St.
Downey, Ca.
92064

fer.
what up HEAD Sp
how are you
I wanna
summer, what
know to do

Cold Feerrnando,

Straight Out Brother

So you and Carlos better muscle around them white boys next year. Keep pump them wheights and maybe youill be in 3's sometime take it slow and keep low.

Ed Hobgarden
class of '80'

LATER.

AU PEND

FERNANDO HERO
GOOD PUD. WHAT BEEN HAP.
NAH I'LL BE WAITING FOR THAT
GREAT MARIHUANA— MAN ALL MATCH
UOM SOMBRERO GOLD HIRED BOY

Hi Fairdale'
So what ya been up to
lately? How was your Passbolly
at Mt. Canuel? You Huh? well,
had a lot of fun, didn't I guys.
Mina Maya is alright pia. pals in
Tamarabra when cal the pool Fumig i ua
musa guys played pia. so were you in any
football did. so were you weren't uau
sports this year? Right? Now you
maybe next year. Estrella
to ya later. Soony I couldn't sign
whole page.

Fernando,

It's been really nice knowing you. I'm glad that I met you. don't forget you have to teach me to boogie board or what ever you call it. Well if you ever need some one to talk to call me. Youn a real sweet guy stay that way. I hope to see ya at the beach this summer. No room to write that much so I'll let ya go for now.

P.S. Class of
thanks '83
for your
Phone #.

Always,
Roseana
Gonzales

Fernando,
Even though I didn't
know you really well the
year that I did get
Next year and the years
to come. I know that
you are a very nice
person and that you
and I hope to see you
again next year. Estrella
would and have a nice
summer.

Pinoysquitos